

A Global Affiliation of New Energy Teachers

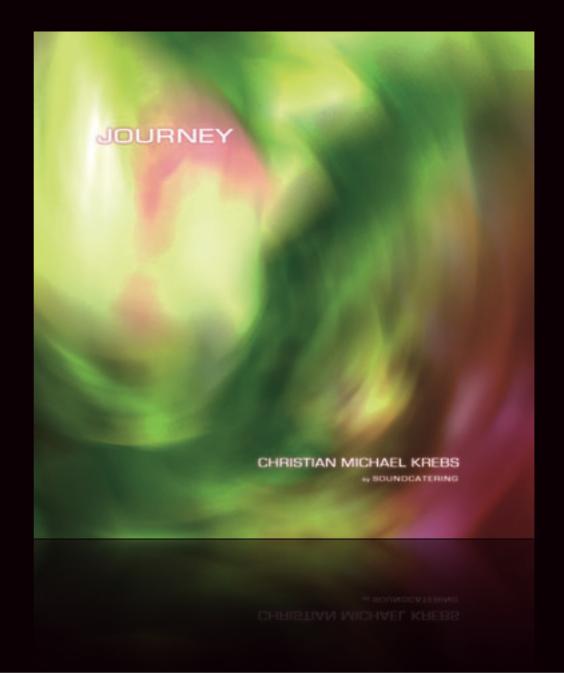




#### Today's Music:

### **Christian Michael**

Lucerne, Switzerland www.soundcatering.ch





"Timely Tips" featuring Tobias

November 1, 2008
The Returning Series
Shoud Four



Carl Jung was a leader in his time, developing new ideas and new consciousness. While there was such a movement toward science and technology, he said, "It's not ALL about science. There's something more. There's this thing called the spirit, and that should play an important role in any person's life – the understanding of their consciousness, of their inner self, and the thing that does go beyond the mind." He was a pioneer in his time and that's why he has asked to come back and see the new pioneers of this new age.

As we observe the energies from Angel's Peak, we observe how it's not just the ones who are going to the voting places and moving the lever, but behind every voter are ten or twenty other voters – consciousness from people in other places around the planet who are also participating. This is the first sizable election of its kind that has had that kind of energy where it ties in more than just the one person who's voting, but they are also feeling the consciousness of others of a similar vibration around the world. You could say this is the first truly global vote that's ever taken place.

# BEAP

**B** – Breathe. Breathing is the best thing you can do for yourself. Breathing moves energy. Breathing gets you back in your body. Breathing gets you back centered, gets the energy flowing. You get stuck a lot. Breathing helps. Breathing is spiritual lubricant. Saint-Germain says breathing dumbs you down, meaning you get out of your head. You stop thinking so much.

E - Ease. If you're finding that there are a lot of struggles in your life, everything is difficult and challenging, you're doing it wrong. What is with all of these ailments you're suddenly getting? It's because you're making it difficult. Your Self is trying to tell you it should be with ease. Do it with ease. You'll find how amazingly easy it can be, particularly if you're back in the breath and back in yourself.

A – Awareness. When you're aware of your body, when you're doing the breathing, it's going to bring more life-force energy into your body requiring less food nutrition. Your body will operate at a more efficient level. Be consciously aware of the air that you breathe, of the trees outside, of the sky, the birds, everything in nature. Be aware of sounds. Be aware of things you see and smell. Be aware of the other energies around you, they are coming in like never before.

### P – Point of Presence.

Where are you right now? Where is your presence? Where is that brilliant flash of light or enlightenment or awareness? Is it off into tomorrow? In this Point of Presence everything comes to you. When you're out there, it doesn't. It's as simple as that. When you're here it comes to you. When you're here and you're making conscious choices it magnetizes you. It causes those things to now start flowing into your reality.

# Tobias' Timely Tips

Where to Invest –
Land; agricultural research; energy research

# Where to Live – More sunshine; less city

Where to work —
For yourself (or at the top of a company)

# What to eat — Unprocessed, live essence food

How to heal —
Get off the meds (they are hypnosis)

# About your mind – Love it, and lose it

# Recent Events

# ASPECTOLOGY Frankfurt, Germany November 14 - 16













# EXPANDING YOUR INTUITION Athens, Greece November 22 - 23

Host: Maria Grigoraki



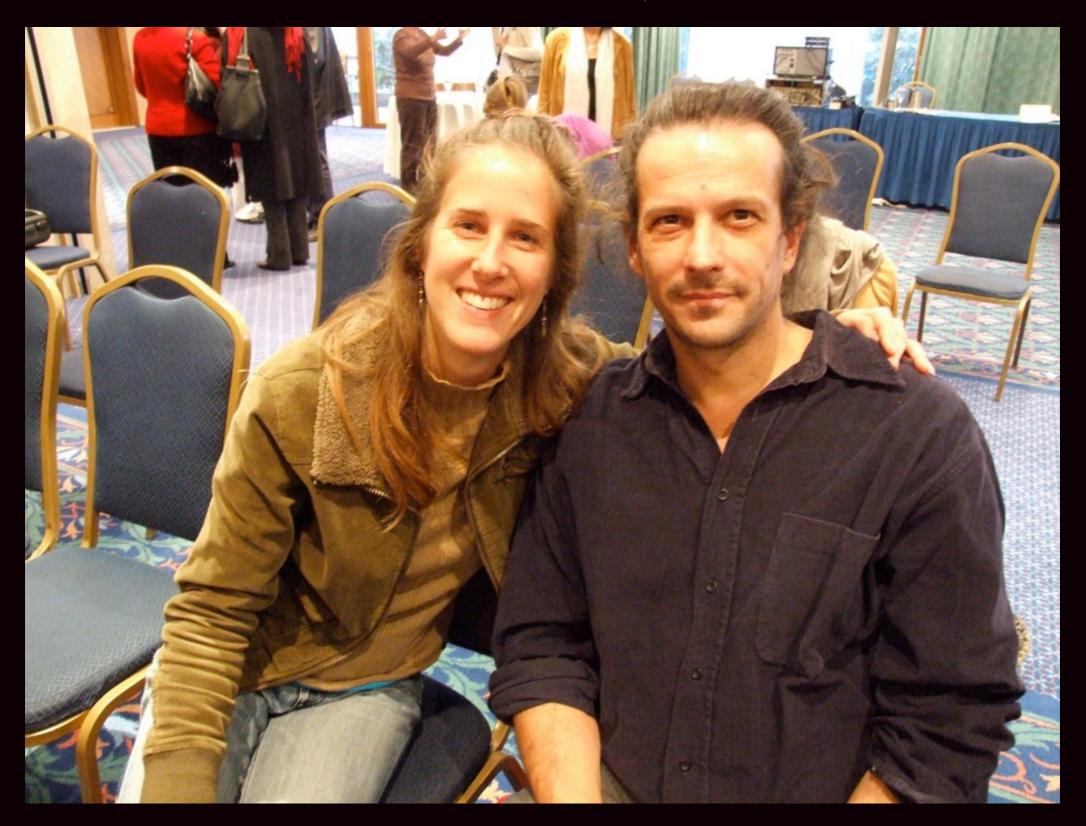
















#### Intuition - Athens, Greece



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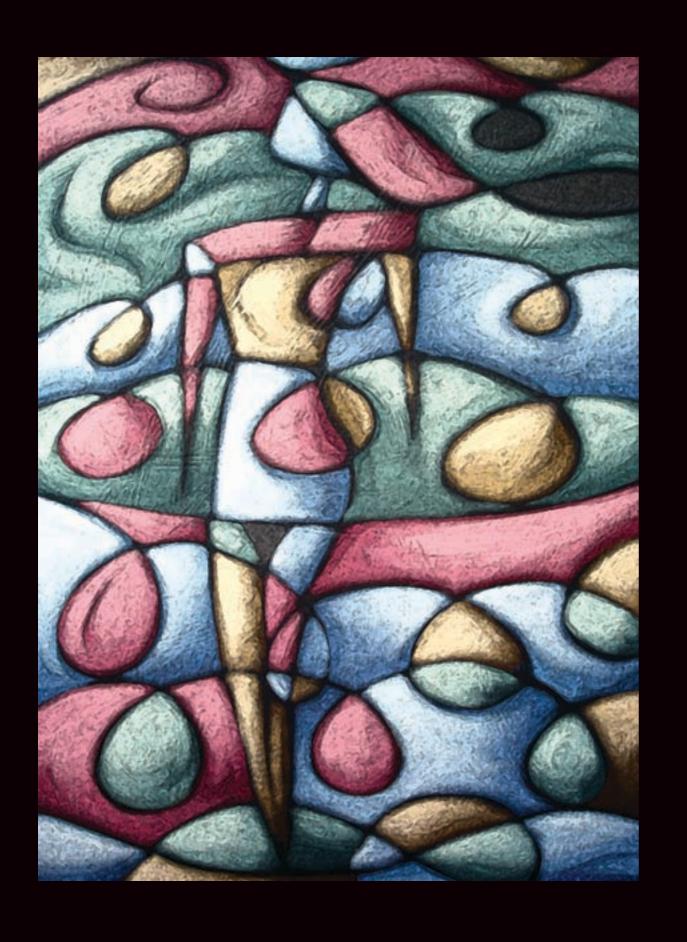


ASPECTOLOGY™

#### Tobias' Aspectology School

Tokyo, Japan January 10 - 12, 2008

Hosts: Kuniaki Yamazaki and Megan Husby



### Tobias' Sexual Energies School

Seoul, South Korea January 16 - 18, 2008

Hosts: Sunghee Bang and Amora Kwak

www.shaumbra.x-y.net



#### Tobias' 6th Annual (and final) Kauai Retreat

Kauai, Hawaii January 25 - 30, 2008



A Day of New Consciousness Tel Aviv, Israel • February 14, 2009



#### "Back to Egypt" Shaumbra Tour

February 14 - 24, 2009

- Pyramid Tours
- 4 nights on the Nile
- Channels
- Cairo tours
- Professional guide
- Many meals and extras



## The Gathering • February 14 - 24, 2009 Solothurn, Switzerland

Featuring Geoffrey Hoppe, Jonette Crowley, Cecelia Sifontes, Caroline Cory, Reindjen Anselmi, Wulfing von Rohr

www.gathering.nu



TOBIAS & ADAMUS'
INTERDIMENSIONAL
WORKSHOP

Mallorca, Spain March 28 - 29, 2009



#### Tobias' Aspectology School

Sydney, Australia April 17 - 19, 2009

Host: Marisa Calvi

ASPECTOLOGY™



# TOBIAS & ADAMUS' INTERDIMENSIONAL WORKSHOP

Auckland, New Zealand April 25 - 26, 2009 Host: Michelle King



#### **Teacher Training Classes**

Sexual Energies School

Amersfoort, Netherlands January 30 - February 2, 2009

Aspectology

Mallorca, Spain March 24 - 27, 2009

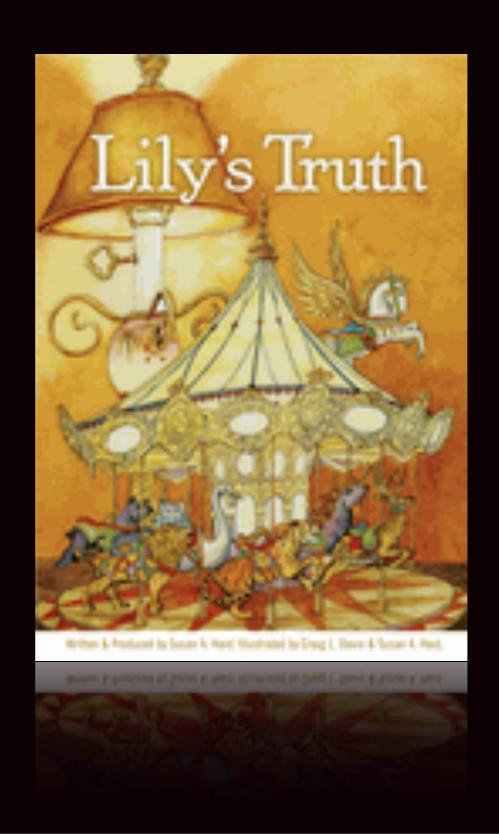


The Shaumbra Launch Pad

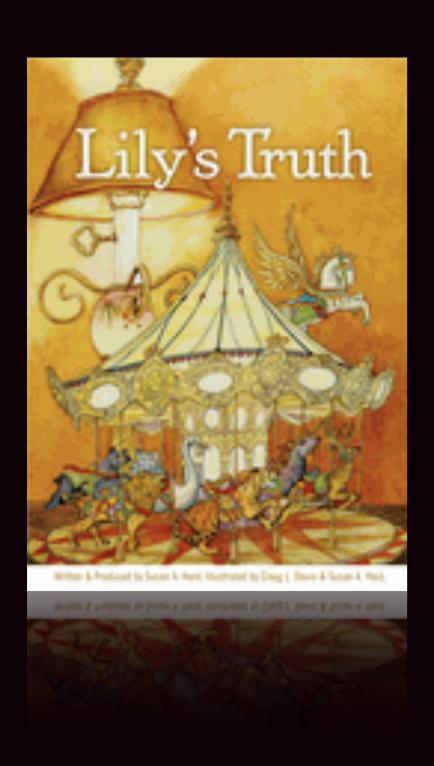
#### THE SHAUMBRA LAUNCH PAD



Susan Haid www.lilystruth.com



#### www.lilystruth.com



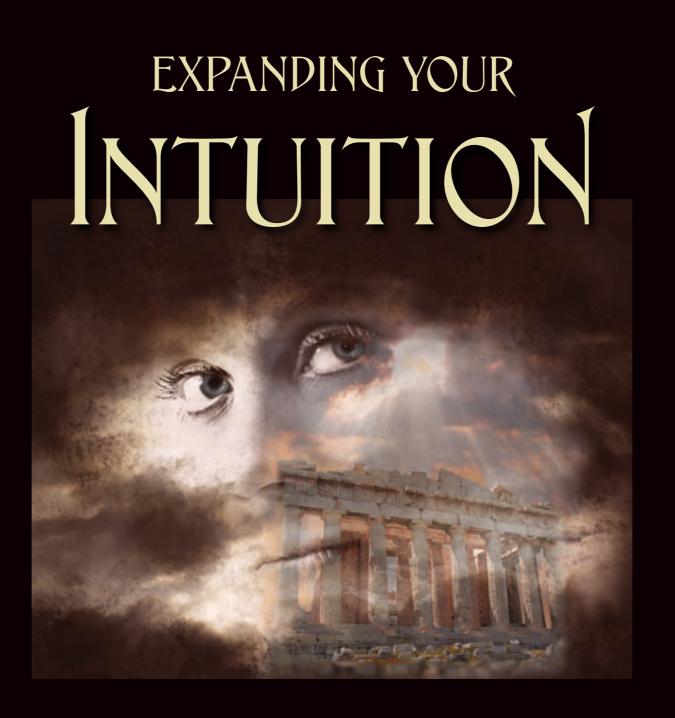
This book on DVD is a magical tale about a teenage girl who embarks on a wondrous dream journey. She has a mystical visionary experience in which she meets seventeen Master Teachers who lovingly impart the wisdom that ultimately leads her to a greater understanding of herself, her life and her world.

- DVD book
- 52 Printable Contemplation Cards
- Printable Coloring Book

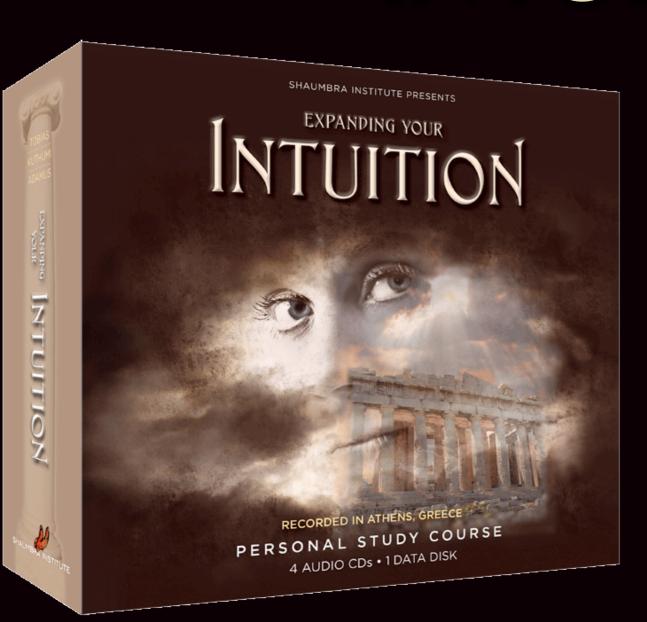


### New Products

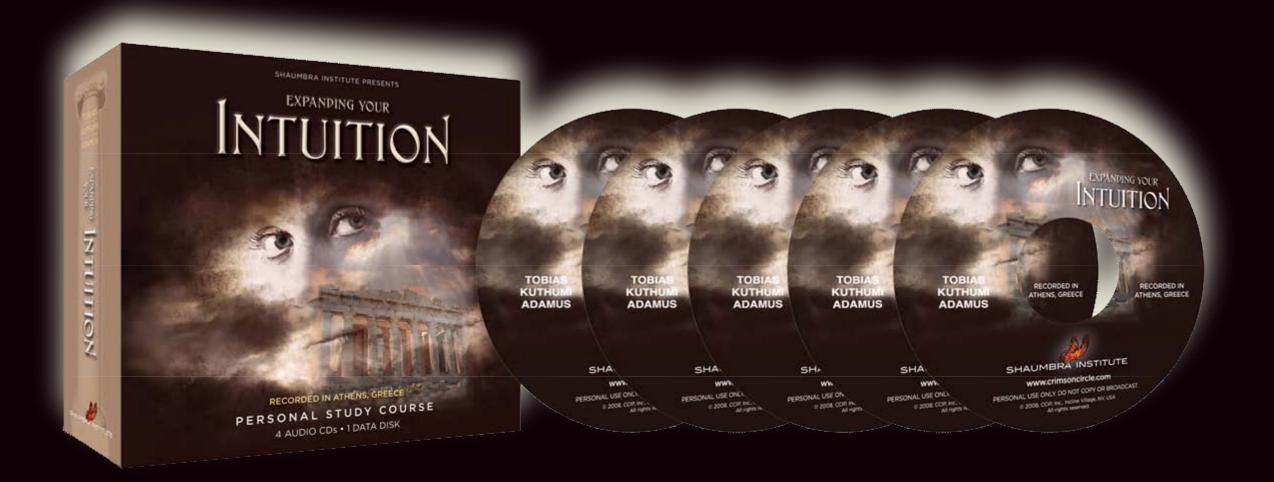
#### FROM THE ATHENS, GREECE WORKSHOP



## EXPANDING YOUR INTUITION



- Tobias, Kuthumi and Adamus Saint-Germain
- Expanding Your Intuition
- Intense "opening" experience guided by Kuthumi



4 Audio CDs, one data disk with text transcripts

Digital Download \$95 Physical CD Set \$120

## Shaumbra Gift Certificate



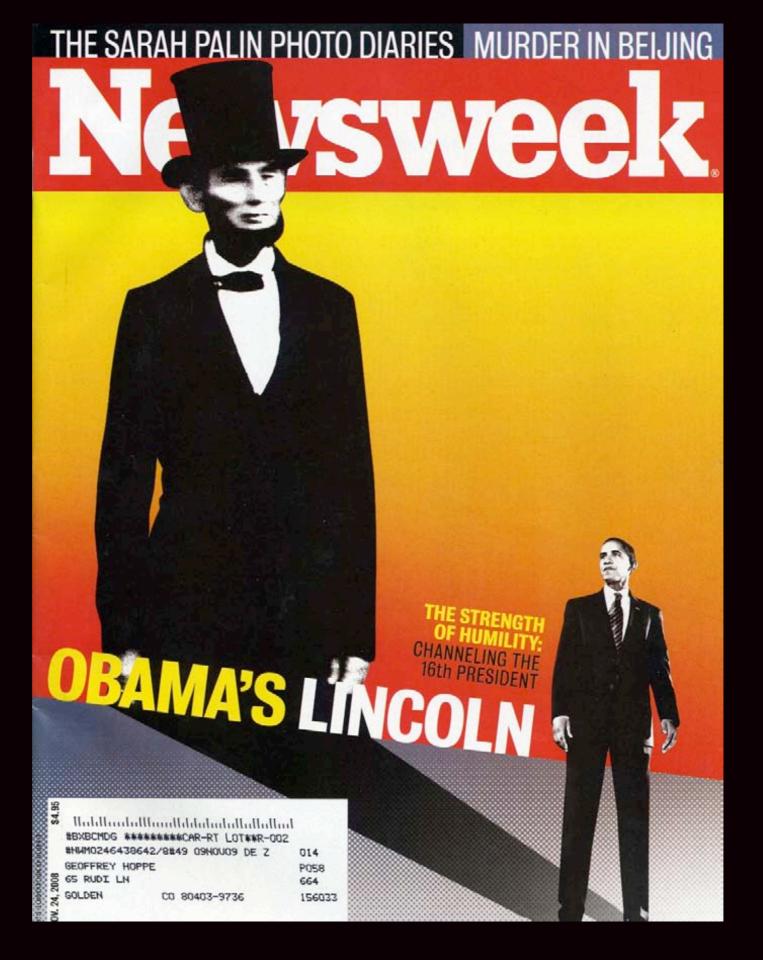
## Take \$12 off *any* product or event in the Shaumbra Shoppe online.

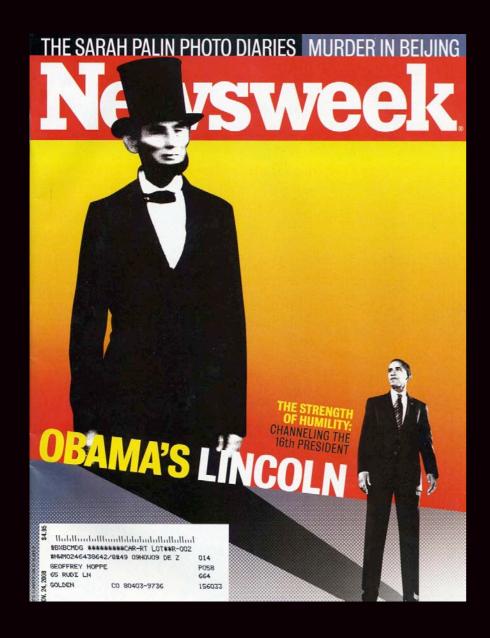
Enter "gift12" during checkout.

Offer good through December 31, 2008.

## World News

Actual cover from Newsweek, November 24, 2008





#### **SHOUD 1, August 2, 2008**

Do you know who Barack Obama used to be in a previous incarnation? I'll give you a few clues here. Sixteenth president of the United States, came from Illinois, was a congressman, fought for one of the greatest causes - not just in America, but on Earth. Put the picture of Abraham Lincoln next to Barack Obama. Look, it's right there! Just paint a little beard on Barack, change the skin of color of Lincoln – you got it. Abraham Lincoln comes back as Barack Obama to help take not only this country, but the world on to a new level.

#### WEBCAST CREDITS

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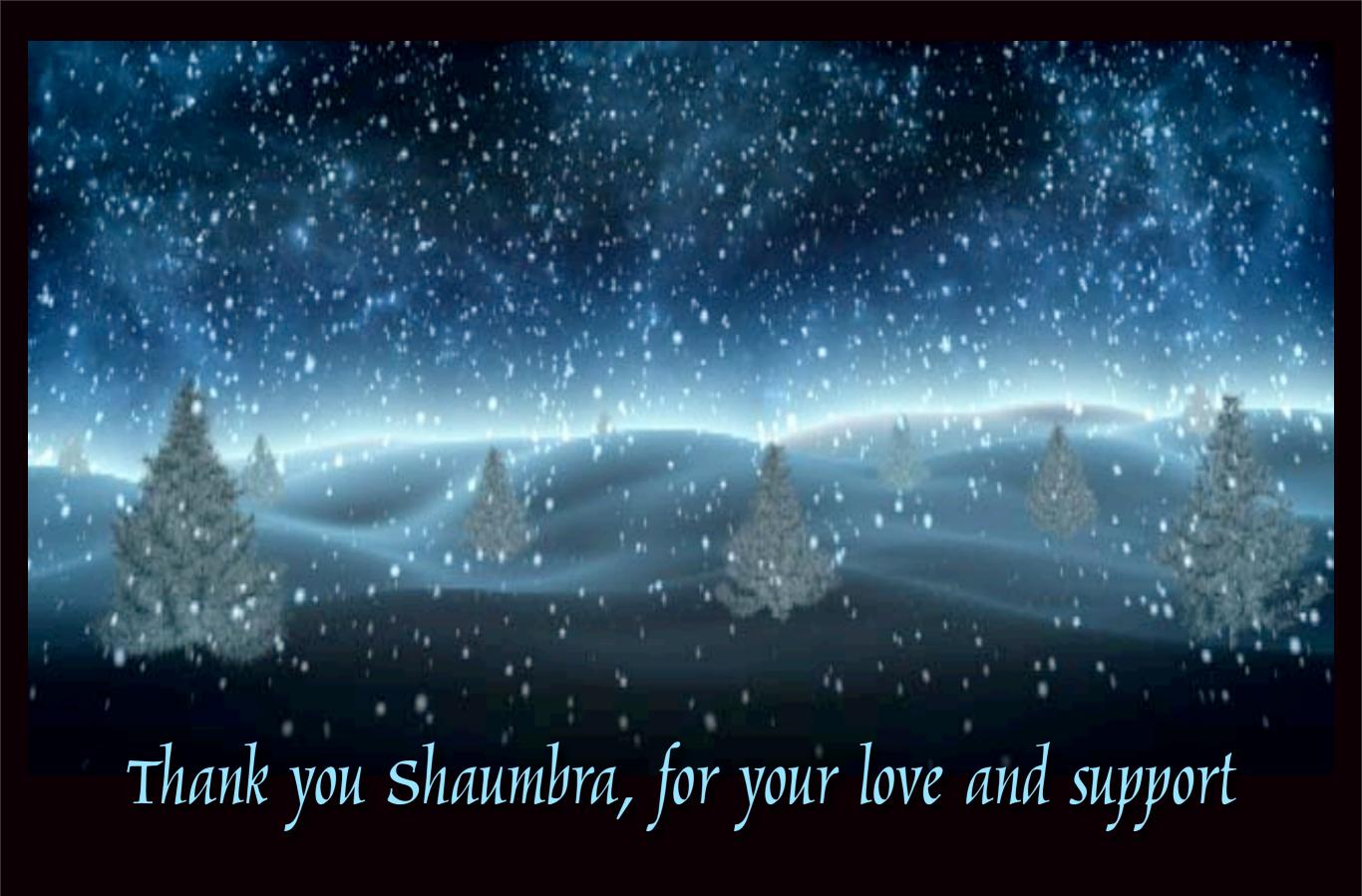
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