

SHAUMBRA™

INSPIRE CONSCIOUSNESS

MAGAZINE 0123



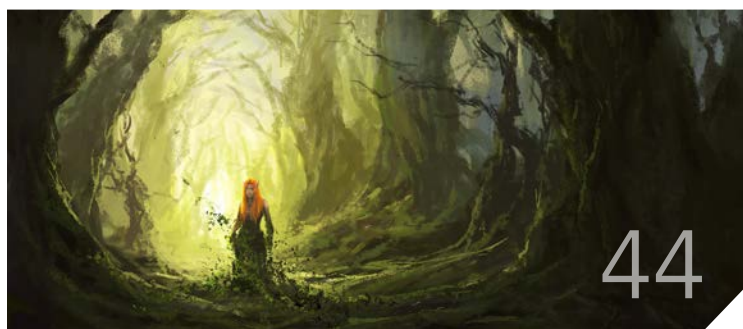


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OUR STORIES

Adamus has been chatting with me recently about "Our Stories." He's going to talk about it at the January 7 Shoud but I'm going to get the jump on him in this article.

Our lives are a collection of stories; we all have them. They are very real in the physical and psychological sense, yet they are just stories. Even Tobias, Kuthumi and St. Germain have their stories.



By Geoffrey Hoppe

Tobias, the pious Jew who played by the religious rules, only to be punished by God by losing his eyesight, and then eventually having his property taken from him. Tobias died in a prison cell but not before a bird came to his jailhouse window and inspired his Realization.

There's Kuthumi, with his story about going through a mental breakdown and lying in bed for two years, during which time he conversed with his soul Ah-Kir-Rah until he allowed his Realization. His story continued as he walked from village to village for the next 20 years.

And then St. Germain. I saved him for last because naturally his story is bigger. One of his (highly theatrical) stories is about his 100,000 years trapped in a crystal prison. Then his life as St. Germain, where he was raised by the Rákóczi family in Romania, sent with empty pockets out on his own at age 20, and eventually becoming one of the wealthiest and most influential figures in 18th century Europe. (mic drop)

It's challenging to look at our stories as "just stories" when we're in the midst of scripting and living them. We get blinded by the details, entangled in the dramas and at times overwhelmed with anxiety about how the story ends. We have the tendency to look at the ugly under-belly of the story rather than the sacred overview. And so often we think it's more a matter of cruel destiny rather than a very creative and fluid story.



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CRIMSON CIRCLE

As Shaumbra, I think we tend to interject a lot of suffering into our stories so that someday we can tell the New Ones (and ourselves) about the hell we went through in order to be among the first to come to Realization in the Time of Machines era. After all, the elements of suffering, drama, and hardship make for good stories, or so we have believed.

We all have stories, and we all have the free will to look at our stories however we want, from any angle or direction. From the perspective of full consciousness, we are able to see every part of our story, from the good to the ugly. But with a more limited spectrum of consciousness, we tend to look at our stories from more emotionally-charged perspectives. Some people have almost no perspective, meaning that they are barely aware of their story. We can look at our stories from the perspective of the Dramatic, the Loveless, the Victim, the Hopeless Wanderer, the Righteous Warrior (Cause Worker), the Pathetic, the Clueless, or perhaps the Anointed One. We can look at our stories from the perspective of our Soul's eyes, where the Soul is like the spiritual parent watching her child fall off the bike time and time again but not being able to interfere with the experience of learning to ride the bike, no matter how many scrapes and bruises happen along the way.

Your stories are a series of human and divine experiences, and how you perceive the story is entirely up to you. No matter how you view your stories, you will eventually arrive at the same final chapter where you come to Realization and live joyfully on the planet. I can almost see it.... Sitting on my favorite park bench with a big smile on my face while reading "My Stories: The Life and

Times of a Once Struggling Human, Now a Wise Master." I see myself reading that book over and over, crying at the appropriate places, in suspense at certain turning points, haunted by doubt and uncertainty, but with an angel as a secondary character that comes in at moment of greatest need and desperation. The angel never says anything; just the presence alone brings comfort and solace to me in my stories. In the last chapter of my Life Book I ask my Soul "Who was that



angel that dropped in during my darkest hours?" My Soul laughs and tells me it was my Self from the future coming to assure me that it all works out. My Future Self jumps from the final chapter into the earlier chapters to make sure I write and experience the final chapter.

You can look at your story any way you want. That's actually the thrill of being the author, editor, main character and publisher of your Book of Life. For example, I could perceive my own life in many ways and still get to the final chapter:

Poor Geoffrey: I was born into a large, dysfunctional family where I received little guidance or attention from my parents. I was tasked with taking care of my younger siblings, leaving no time to enjoy my boyhood. My parents couldn't afford to send me to college so instead I joined the Army at age 17. In the ensuing years, I had to crawl and scrape for everything in my life. People took advantage of my naïveté and because I was working so hard all of the time, I never got to enjoy the pleasures of life. Blah, blah, blah. Boo-hoo. And then in the darkest moment of my life, an angel by the name of Tobias appeared to me one night and said, "I am here to work with you." What? More work? Poor me.

Wise Geoffrey: I was born into a large dysfunctional family, but the good news is that I learned a lot about human nature. My parents were busy fueling their craziness so I was able to do what I wanted without much interference or micro-management. I left home at age 17 to see the world, and that I certainly did. My career took me on several paths, but everything was designed to hone skills I would use later in life with the Crimson Circle. As a Public Information Specialist in the Army, I learned how to take highly technical aerospace documents and turn them into magazine articles and press releases that could be understood by the average reader. During my 20 years in marketing, I learned how to develop communications for my clients and their products. I also learned the importance of concise and focused communications. In my years with the aviation telecommunications company I helped to create, I learned how to take a rough concept drawn on a paper napkin into a full-blown company traded on the NASDAQ stock market. I learned how to overcome seemingly insurmountable challenges, how to run a tight business, and how to know when it's time to move on. And then at one of the busiest times of my life, an angel by the name of Tobias appeared to me one night and said, "I am here to work with you." I had always had a passion for my human work, but now my true lifetime passion was upon me. A few years later the Crimson Circle was founded, I was fired from my aviation company (thank goodness), and Linda and I began traveling to every corner of the world to meet Shaumbra. I was living the dream life.

The fact is, we usually see our stories from many different perspectives. In the past I would often see my story from the Poor Geoffrey viewpoint because in that story I had a huge cross to bear, and for some strange reason I thought cross-bearing was my destiny. Ha! Now I realize that I was mistaking the Cross of Burdens for Heaven's Cross. Duh! They're both crosses, but with very different perspectives.



What's your story? How do you want to see your story? Are you quite ready to look at it with bright clear eyes rather than old dreary eyes? I know some Shaumbra who have designed incredibly brilliant lives that were focused on their Realization, even at the expense of enjoying normal muggle experiences, but because they were so deep into their story they couldn't see the brilliance of the life path that would eventually lead them to embodied realization and beyond.

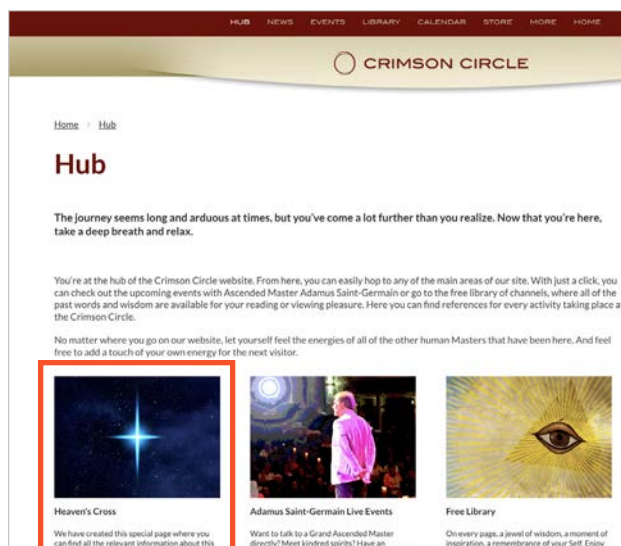
One last point before Adamus stops me for stealing his thunder: The stories of our lives and past lives are very much alive. They continue playing out on Earth and in the other realms. Every sad story of mine that I have revisited was ready to be turned into a wise story. The past is not finalized. It is simply waiting to be rewritten in accordance with your new wisdom and perspective.

HEAVEN'S CROSS

INFORMATION PAGE

THE HEAVENS CROSS ON MARCH 22, 2023

NEW!



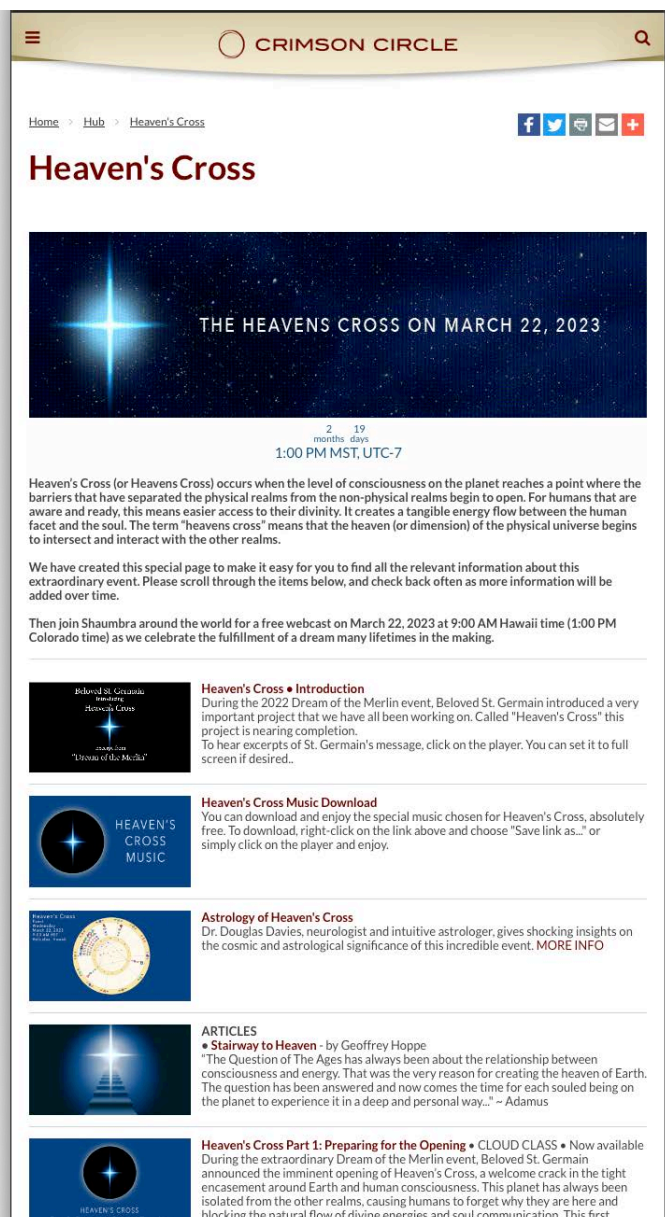
We have created a new web page where you can see all the information about Heaven's Cross.

To find it, simply enter the [Crimson Circle website](#) and click on the Heaven's Cross icon. There you will find a short video from Beloved St. Germain where he introduced it during *Dream of the Merlin*.

Also available is a countdown timer to the March 22 event, information about the astrology of Heaven's Cross, downloadable music and more.

We'll add new information as soon as it becomes available, so check back often!

HEAVEN'S CROSS PAGE



NEW!



MASTER'S PAUSE SERIES

I AM *Potentials*



A NEW MASTER'S PAUSE

I AM POTENTIALS

Into Your Secret Garden

FEATURING KUTHUMI LAL SINGH

Health, happiness, abundance, love. While everyone wants to bring the best potentials into their lives, most people are limited to the probabilities of yesterday. But even in Realization there are new things to learn, choose, sense and experience in the unlimited energy of the soul. In this beautiful "walking story," Kuthumi describes a Secret Garden in which every potential exists and explains the human sense that can help you find the ones you want. At this point in the journey your Secret Garden has changed. The weeds are gone and now, with the integration of past lives and the completion of the Self, anything is possible.

After staying on Earth for more than 20 years after his Realization, Kuthumi became an expert on living as an embodied Master. Now, he shares deep wisdom about the journey and accessing the potentials that are always available to you. In this humorous and delightful story he tells of the search for answers that led to his breakdown, the blissful silence of completion, the complicated relationship with his soul and the learning that still takes place after Realization.

*My intent is to
just get you to laugh
a little bit, to relax, because
when you do, the energies
around you relax.
Life becomes a lot easier.
Life becomes
actually fun.*

~ Kuthumi

MORE INFO

WATCH EXCERPTS

HIGHLIGHTS

- Explore the Secret Garden of your potentials
- Let the sense of smell guide you
- Make each choice just for you
- Every potential serves your Realization
- Feel the magic, it's always here
- Bring it with you every day

Length: 1:13:49

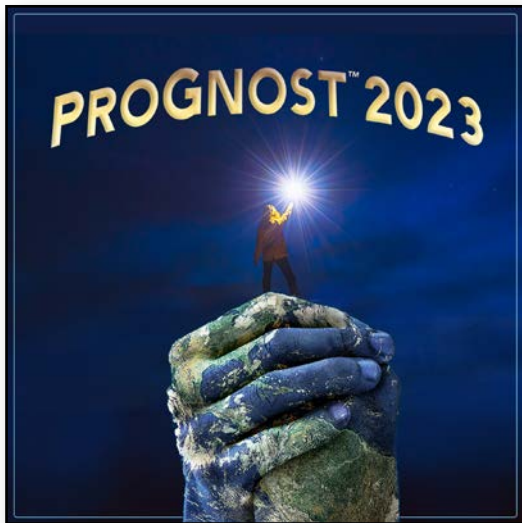
Format: Downloadable
audio, video & text

Cost: \$25 (through April 3,
2023, \$33 thereafter)

Featuring: Kuthumi,
Geoffrey & Linda Hoppe

Recorded at the Shaumbra
Pavilion in Kona, Hawaii,
October 2022

UPCOMING ONLINE EVENTS



PROGNOST 2023 **QUANTUM WEIRDNESS** **ONLINE • JANUARY 14, 2023** **TAMBIÉN EN ESPAÑOL**

Since 2014 ProGnost has become one of the most sought after and discussed Shaumbra events of the year. Adamus, dedicated to guiding us into our embodied Realization, doesn't usually address the state of the planet, politics, aliens, the environment or the future. But twice a year he opens his cloak to reveal what he and the other Ascended Masters foresee for our planet in the years ahead.

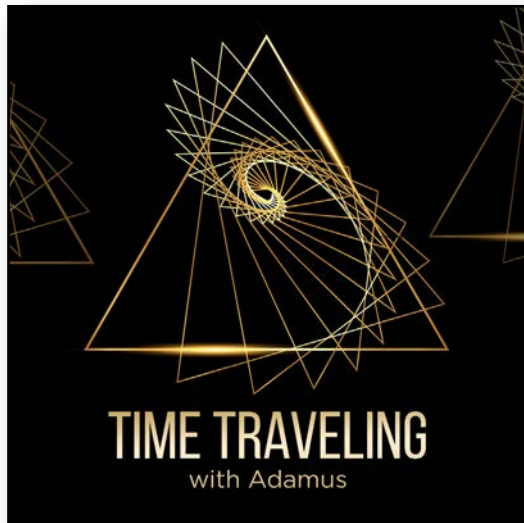
[MORE INFO](#)[MÁS INFO](#)

ASPECTOLOGY® **ONLINE • JANUARY 27-29, 2023**

Aspectology, also called "New Energy Psychology," is a groundbreaking study of human nature, healing and creation. Unlike traditional psychology which assumes there is something wrong with you that must be fixed (or medicated), Aspectology assumes that you are whole and complete at your core, no matter the level of your current difficulties.

[MORE INFO](#)

UPCOMING IN-PERSON EVENTS WINTER-SPRING 2023



TIME TRAVELING WITH ADAMUS KONA, HAWAII • FEBRUARY 19–23, 2023

Are you ready to let Time work for you? In this new workshop, Adamus will take you through the experience of Time Traveling in the Now, allowing the Past and Future to come to you. He'll guide you through experiences of being in And Time, where you can still function in linear earth Time but also in Æterna, or No Time. It's one of the greatest gifts for an Embodied Master.

[MORE INFO](#)



MASTERS IN COMMUNICATION KONA, HAWAII • MARCH 17–21, 2023

This workshop signifies a new era for Shaumbra as we transition from being the students to becoming true Masters. It's all about energy and communication, whether with non-physical entities, nature, other people, or yourself. All energy IS communication, the song of your Soul, and it's time now to understand how it flows and how use it without limitation.

[MORE INFO](#)

UPCOMING IN-PERSON EVENTS SPRING 2023

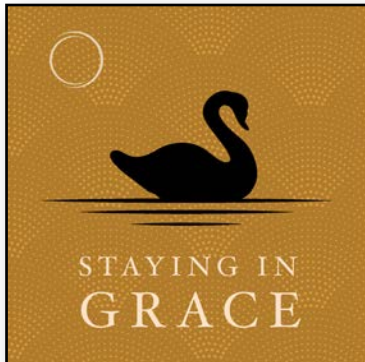


SOLD OUT

MASTERS CIRCLE KONA, HAWAII • APRIL 9–13, 2023

More a gathering than a workshop, each Masters Circle will be tailored to the specific group of Shaumbra in attendance rather than a structured workshop format. Adamus will talk about the issues of importance to the group, with plenty of interaction between group members and Adamus. Come prepared for open and intense discussions, deep merabhs and good times on the island with other Shaumbra Masters from around the world.

[MORE INFO](#)



STAYING IN GRACE KONA, HAWAII • APRIL 23–27, 2023

Adamus is rolling out a new gathering titled Staying in Grace, about staying here on the planet in grace, as a Master, at this Time of Machines, even when faced with the challenges of everyday life. This event will be held at Villa Ahmyo in Kona, Hawaii, an ideal location for experiencing grace with the natural beauty and peaceful energies of this remote Pacific Island.

[MORE INFO](#)



MASTERS CIRCLE KONA, HAWAII • MAY 14–18, 2023

More a gathering than a workshop, each Masters Circle will be tailored to the specific group of Shaumbra in attendance rather than a structured workshop format. Adamus will talk about the issues of importance to the group, with plenty of interaction between group members and Adamus. Come prepared for open and intense discussions, deep merabhs and good times on the island with other Shaumbra Masters from around the world.

[MORE INFO](#)

EVENTS CALENDAR

2023

PLEASE VISIT [CRIMSON CIRCLE STORE](#) FOR MORE INFORMATION ON THESE EVENTS

NOTE: Not all events may yet be open for registration; Crimson Circle Angels receive advance notice.

CCCC – Crimson Circle Connection Center, Louisville, Colorado

JANUARY

07	Monthly Webcast & Shoud	CCCC & Online
14	ProGnost 2023	Online
14	Keahak XII	Online
27-29	Aspectology Online	Online
28	Keahak XII	Online

FEBRUARY

04	Monthly Webcast & Shoud	CCCC & Online
11	Keahak XII	Online
19-23	Time Traveling with Adamus	Villa Ahmyo, Kona, HI
25	Keahak XII	Online

MARCH

04	Monthly Webcast & Shoud	ONLINE ONLY
11	Keahak XII	Online
17-21	Masters in Communication	Villa Ahmyo, Kona, HI
22	Heaven's Cross	ONLINE ONLY
25	Keahak XII	Online

APRIL

01	Monthly Webcast & Shoud	ONLINE ONLY
08	Keahak XII	Online
09-13	Masters Circle	Villa Ahmyo, Kona, HI
22	Keahak XII	Online
23-27	Staying in Grace	Villa Ahmyo, Kona, HI

MAY

06	Monthly Webcast & Shoud	ONLINE ONLY
13	Keahak XII	Online
14-18	Masters Circle	Villa Ahmyo, Kona, HI
27	Keahak XII	Online

JUNE

03	Monthly Webcast & Shoud	CCCC & Online
10	Keahak XII	Online
24	Keahak XII Finale	Online

FEATURING ADAMUS SAINT-GERMAIN
WITH GEOFFREY AND LINDA HOPPE

PROGNOST™ 2023

QUANTUM WEIRDNESS



ADAMUS' ANNUAL PLANETARY FORECAST

SATURDAY, JANUARY 14, 2023

ONLINE ONLY

Since 2014 ProGnost has become one of the most sought after and discussed Shaumbra events of the year. Adamus, dedicated to guiding us into our embodied Realization and beyond, doesn't usually address the state of the planet, politics, aliens, the environment, or the future.

But twice a year he opens his cloak to reveal what he and the other Ascended Masters foresee for our planet in the years ahead.

Adamus recently stated that the upcoming ProGnost 2023 will be all about "Quantum Weirdness," which means this will be an event you won't want to miss!

ProGnost is Adamus' annual trend forecast to discuss the potentials and energy dynamics for the planet. These much-anticipated messages are accurate and helpful tools for tuning into the current consciousness, developments, and changes on Earth, as well as average human life and the future trends. *ProGnost 2023* will give you tools to help maintain an abundant balance in your life, facilitate your embodied realization, and have the discernment to know the difference between distractions and opportunities.

ProGnost 2023 is a one-day event. Join us live via the Crimson Circle Cloud Class. Attendees receive access to the streaming audio, video, and text e-reader for 90 days after the event (or after date of subscription once the event is over).

COST

\$75 through January 10, 2023, \$100 thereafter

DATE

Saturday, January 14, 2023

TIME

10:00 AM – 3:30 PM (Colorado time)

[MORE INFO](#)

[MÁS INFO](#)



I AM
GRACE

I've always admired how cats have the ability to fall from great heights and land softly on their paws, as if the fall was a carefully orchestrated stunt. In contrast, my falls tend to be clumsy and painful. The most painful and significant of all being the fall from grace. I know I'm not alone in this; we're all fallen angels, on our ascension back into grace (yes, even you, Lucifer).



By Kim Seppälä

I recently had the pleasure of participating in Adamus' workshop *Staying in Grace*. Grace is tragically misunderstood. In the religious context, especially Christianity, grace means receiving unmerited forgiveness or mercy from God, thereby implying that we humans are sinful and broken until God redeems us. Doesn't feel very graceful, does it?

So how did sin get all wrapped up in the concept of grace, and what alternative definitions could there be? Here's my distillation of the workshop: Suffering is caused by the illusionary self-perception that one is sinful or broken, which results from the belief that we are separate from the divine. Grace is the remembrance and acceptance of God within us, which is also the key to letting go of suffering. In other words, we don't need to be forgiven by God; rather, we need to be remembered as God. I am. Therefore, I am grace.

Grace and integration are two sides of the same coin. Grace is the natural state that follows integration; on the other hand, the more we allow grace, the easier it is to integrate fragmented aspects.

Do you ever experience a deep pain in the heart? Perhaps you experience it as a physical pain in your chest, or as a deep, inexplicable grief permeating through incarnations. It is sometimes called "low self-worth," but it's actually the trauma of falling from grace. My theory is that human heartbreak is so

painful because it reminds us of the original heartbreak, the pain caused by soul “leaving” the home of the I Am. It’s the original abandonment issue, the shock of separation from the divine. I’m guessing that this pain of separation can be felt strongest on Earth, since this earthly dimension has been the most closed off to “higher” dimensions. That would furthermore imply that the upcoming opening of Heaven’s Cross is a sort of planetary rising into grace.

For me it was profound to remember the many lifetimes that I have lived feeling abandoned by the divine. My heart aches with the realization of how I’ve abandoned myself countless times, even in this lifetime. At the same time, I feel such relief knowing that I no longer need to abandon myself in order to survive. Or rather, that I no longer can abandon myself, no matter what. When I think of grace, I see the shape of a heart. A winged heart, forever expanding and embracing all the parts of myself.

Grace is also commonly confused with ease. Yet, like ballet, grace is beautiful but not necessarily easy. After all, we do live on Earth at a highly transformational and intense time. If you’re into comfort and ease, you chose the wrong planet. It takes a lot of consciousness and humor to choose grace when everything in your environment seems to be choosing something else. My tip: when you get tired of the world’s craziness, travel to Kona. It’s easier to choose grace in a place that vibrates with the frequency of beauty and relaxation. Just remember, there’s no guarantee for comfort (Pele might surprise you with a volcano eruption or some frighteningly forceful waves).

I recently watched the film *To Catch a Thief*, starring Grace Kelly. What a suitable example of someone who has mastered the act of grace; from her name to the way she moves and speaks, everything about her seems to exude grace. I tuned into her energy and had a conversation with her (always fun to chat with a dead princess). She shared that her passion in that life was to embody grace, first as an actress and later in her role as the princess of Monaco. She also revealed that although she was able to play the role of grace, there were many moments when she didn’t *feel* grace. In fact, she recalls having felt the most grace when she was lost in the moment – especially when she was driving a convertible, riding a horse, or discovering something new about creative expression (for example, how much fun it is to act in a murder scene directed by Alfred Hitchcock). In other words, when she was really present. Her wish for her next lifetime is to worry less about appearing graceful and *just be grace*. So, there you have it:





you don't need to look graceful to be in a state of grace – you just have to be present.

The week following the workshop, life presented me with abundant opportunities to integrate my own roadblocks to grace. It was the perfect set-up: I was finally meeting the man who had courageously entered my life, and I was hopefully expecting a new romance. Within just a few days, I experienced my dreams coming undone, my hopes crashing, and my own emotions of worthlessness and self-doubt being triggered. And just to make sure that I would be properly shaken out of balance, life (or my dragon) threw a bout of Covid into the mix. I'm sure I was anything but graceful during those days. While it would've been tempting to see those events as a "slip-up from grace," it was really the opposite: a divinely synchronized intervention, designed to help me return to my own truth and deepen the connection to my soul. At least, that's my side of the story. To my surprise, these events led me straight to my own grace. I could actually feel grace flowing through my body. I could hear grace speaking my truth. I could sense grace glowing in my heart.

Just as the dragon has been teaching me to accept my inner shadows these past couple of years (such sweet memories...), grace is now teaching me to accept my inner light. It is easy to be a small human on Earth or a grand God in heaven. However, being a grand human on Earth requires spunk – and so much grace. Spunky grace. Or graceful spunk. That special quality only found in fallen angels who've reclaimed their wings.

The cool thing is that once you see life through the sense of grace, it lights up many other angelic senses, too, like beauty, gratitude, and love. Speaking of love, here is my definition of grace:

Grace is a state of lit up self-love. Grace is being so present with your soul that even your sometimes awkward human life starts to sparkle with magic, purpose, and eloquence.

Kim is a psychologist, writer and consciousness explorer. For her master's dissertation, she studied how dramatic techniques can be applied to facilitate the process of integration after trauma (think of Aspectology and Act of Consciousness combined). Kim can be reached through her website: kimseppala.com.



ASPECTOLOGY®

LIVE HOSTED ONCE A YEAR

JANUARY 27–29, 2023

WHY BRING TIRED OLD PATTERNS AND ASPECTS INTO YOUR NEW LIFE?

Right now, before Heaven's Cross takes place, is a very good time for some deep inner house cleaning. Through the experiences in Aspectology, Tobias and Adamus help you recognize and release stuck energies that no longer serve the Master that you are.

Give yourself a fresh start for 2023 by clearing out the old inner clutter. It's the perfect gift for your human self!

Cost: \$595 (50% discount for previous attendees)

Access: 90 days access to videos and transcripts

Language: Text translations available in 17 languages



[REGISTER NOW!](#)

[MORE INFO](#)

[WATCH EXCERPTS](#)



NO REGRETS

On the Big Island of Hawai'i, I'm chilling on the lanai having an omelette. Kuthumi is by my side, and we have a tiny little chat that spins off into layers of homecoming. As I enjoy the rainy air and feel the ocean breeze, Kuthumi beams an image-feel of how he used to sit (when not walking) on the porch during the monsoon season, visiting his homelands, being with himself.

Eager to explore the island and enjoy my soul-home to the fullest, I have instead been ill for a few days, an experience which has offered a welcome grounding and an anxiety-spurring, stuff-surfacing space. The deeper I've allowed this rest and reset, the vaster the swell of regret and longing has grown in my heart.

The regret of not being out and about. The fear of missing out on something. The regret of yet another day of delay in my creative project (and the general regret of having put my creativity to the sidelines in favor of other work). The longing of a relationship left behind some years back, missing the daily sharing of a beautiful life with someone safe and loving. The longing for soulful, equal connections. The disappointment of not being entirely met by others, of compromise. The soft but still visible scars of relationships dissolved.

As the feelings surface unfiltered, I realize that the current longing has much to do with the finality of this lifetime, with goodbyes to people I've loved, already missing all the places and landscapes I've called home. Feeling into my human journey, memories rise of the freshness and innocence of the first experiences inhabiting a body – so light, so fleeting, in and out, pure joy – and the ensuing experiments, battle wounds, wisdom, delights, hardships and simple wonders of human life.

All this longing and regret stems, not so much from my present human self, but from being the common thread of many lifetimes past, now surfacing and coming home for integration. Oh, the deep grief of those expressions of my soul who thought their lives were "wasted," the martyrs dying dissatisfied, their missions incomplete, the world still a mess, hearts unmended.



By Anna Taipale

But it is only a perception that anything is ever wasted or lost. The perception of separation, of less than completeness, of being somewhere or with someone else than we need to be, of the illusory perception of time itself. There's never anything the soul is not. The soul IS the regret, the doubt, the games, the flu weighing the body down, the discovery of ever-unfolding self-love, the human journey – and everything beyond.

I recently took part in the *Time Traveling* workshop where we talked about probabilities versus potentials. There's a recording with the same title ([here](#)) that came out many years ago, which I've listened to every now and then, finding it so poignant and applicable on my journey. It helped me realize how we mostly we keep pretty closed off from ourselves.

This overlapped an observation made while working with my clients. I could sense into their energy, feeling the difference between the limited, patterned trajectory of their life and the golden potentials bubbling in their energy, but rarely tapped or chosen into existence. I then started my own kind of therapy practice where, instead of just channeling for people, by kicking their pants I could inspire them to take full responsibility for their lives and energies. Many do, and that's when deep transformations happen and dreams become manifest. Of course, that has also been my own journey all along.

In my view, consciously tapping into our potentials takes inner safety, compassion and ending the spiritual bypassing. That means integrating the wisdom concepts AND sacking the endless healing, limited perspectives, and patterns of unworthiness.

To me the deciding factor has always been self-love: the gifts we are willing to offer ourselves. Sometimes the gift is taking an honest, thorough look at ourselves, facing and releasing (not overlooking or denying) the illusory blocks of shame, envy, comparison, doubt, irresponsibility and blame. Those games tend to keep our brightest potentials at bay. Although the limited perspectives of ourselves are expressions of the soul as much as anything else, when we believe we are less than complete and play the part of the small human, that's what we attract from (or unconsciously command of) our own energy – small human probabilities.

There's also the potential of a very flowy merging and coming together of all parts of ourselves in this human tracksuit: living life in joy and in love with who we truly are. When there's nothing to attain and nothing to regret, there's no resistance in experiencing my energy in its unfractured flow. This compassionate prism liberates me to finally experience whatever potentials I choose, to manifest the dreams of my heart. I feel that's why those aspects / facets are raising their heads now - they've gotten the memo that the designated ascendeer of theirs is done fiddling with limited views.

It doesn't necessarily mean the human life becomes somehow perfect or stress-free, or that I don't ever play any games. But I'm also allowing myself to enjoy life and choose my Big Flow, as I call it – ready to (sometimes falteringly) jump off some cliffs, if need be, ready for all and any feelings and emotions as they unfold, ready to play out the human part full-heartedly, as my unfractured self.



So, as you are very likely going to leave this experience of human life with no regrets anyway, in your completeness, what would you choose for your life now?

If all your human foibles, games, weird shit and the general clusterfucks of life were nothing to be taken too seriously? If, actually, *nothing* was wrong, what would you gift yourself with?

What would you choose, if you allowed your heart to sing, let yourself go crazy, not be so sensible for once (or to be sensible for once if it served your wellbeing)?

What would you choose, with no regrets?

Author's note: My new soul expression, the [YouTube channel Soul and Stuff](#), is where I talk about self-love (my ever-expanding passion), human life with all its silliness, glory, fun and crap – and my own form of wisdom psychology. And if you're up for some compassionate, transformative butt-kicking, private sessions are available online through my website annataipale.com

FREE



A MASTER'S LIFE

It's easy to imagine that the life of an Ascended Master is without struggle or pain. But Sam, of the lineage of Tobias and the soul family of To-bi-wah, talks about the ups and downs of his very human lifetime. Even as he remembered himself as a Master, Sam also experienced adventure, frustration, love and heartbreak, all in the fulfillment of the desires of his soul.

As his time on Earth draws to a close, Sam offers simple wisdom from the apple orchards, a reminder of why we are here, and a heartfelt invitation to be well.

In this beautiful message, Sam explains when, how, and especially why he will be going home. With the profound implications of the opening of Heaven's Cross, those of us here on Earth need all the help we can get – from all sides of the veil – to stay balanced and grounded. It is Sam's deep commitment to assist us in every possible way.

Tobias, the Ascended Master who first sent out the call to Shaumbra, often joked about being an "old dead Jew." After his ascension and death around 250 B.C., he remained in the other realms to assist in this new Christos age of humanity. Eager to return for another life-time, Tobias first began talking in 2004 (through Geoffrey Hoppe) about his new incarnation. Over time, he explained about his shell body called "Sam" (for Sovereign Ascended Master), mentioned some of the things he wanted to experience on Earth, and even noted that it would be a full but short life.

After his farewell in July 2009, Tobias/Sam embodied fully into his human form, growing up and working with the land in the Pacific Northwest. After giving just three channeled messages over the next 13 years, during the Dream of the Merlin event (September 2022) Sam announced that he would be leaving soon. Sharing the story of his life, love, heartbreak and travel, Sam always inspires us to commune with our soul, for in that is everything we'll ever need.

MORE INFO

WATCH ON YOUTUBE

HIGHLIGHTS

- Wisdom from a life well lived:
- "Be organic and pick off the bad apples"
- "Prune the tree and let the energies flow"
- "Use logic and commune with your soul"
- It's so important to stay grounded and balanced
- The world is changing, it's why you're here

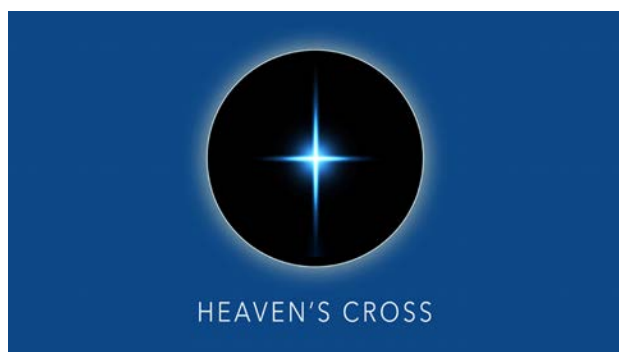
Length: 46:07

Format: Downloadable audio, text, video

Cost: \$0

Featuring: Sam ben Tobias,
Geoffrey & Linda Hoppe

Recorded at the Crimson Circle
Connection Center, December 2022



HEAVEN'S CROSS

Cost \$150 through 2/15/23 (\$195 thereafter)

Format: Online Streaming

Access: View for 90 days after purchase

[MORE INFO](#)

[WATCH EXCERPTS](#)

HEAVEN'S CROSS – PART 1: PREPARING FOR THE OPENING

CHRIST CONSCIOUSNESS IN A HOPELESS WORLD

Planet Earth has always been isolated from the other realms, causing humans to forget why they are here and blocking the natural flow of divine energies and communication with the soul. This disconnection results in a profound sense of hopelessness, which then causes mental imbalance, depression, addictions, and disease. Now, the opening of Heaven's Cross, a literal physics event that changes the electromagnetics of Earth, brings access to the other realms, Christ Consciousness, sovereignty, and grace.

This first installment of the Heaven's Cross series is in preparation for the actual opening of Heaven's Cross on March 22, 2023. Adamus says the effects of this momentous event will eventually be perceived by science bring a level of change to the planet not seen since the fall of Atlantis. The implications are far-reaching as many extraordinary potentials now become possibilities.



Cost \$0

Format: Download

Access: Unlimited

[MORE INFO](#)

[RUDE AWAKENING WEBSITE](#)

MAKING OF RUDE AWAKENING

DOCUMENTING OUR SPIRITUAL JOURNEY

Come join us behind the scenes and dive into the full story of how the Rude Awakening documentary was created. From its humble beginnings to shooting the first trailers, the creation of Rude Awakening was never going to be a linear affair. The Rude Awakening team had to listen to where the project wanted to go and make intuitive decisions along the way as the project grew bigger and more ambitious. But, being humans on this incredible journey, its creators didn't escape getting caught up in the stories, reactions and drama themselves.

Nearing bankruptcy after a two year pandemic, the team lost all hope of ever getting this film made. But, like all good stories, in the final hour a miracle happened, and the film was finished in a way nobody believed was even possible. This is our story about your story.



Cost \$0
Format: Download
Access: Unlimited

[MORE INFO](#)

[WATCH ON YOUTUBE](#)

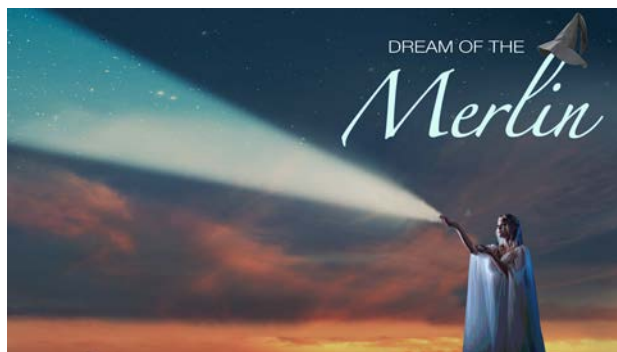
SLAVIC POWER VORTEX

A MASTER'S PERSPECTIVE ON THE RUSSIA/UKRAINE CONFLICT

Russia and Ukraine are playing out an ancient battle on the world stage, shadowed by a very real threat of nuclear catastrophe. As Putin and Zelenskyy lead the fight in a 'David and Goliath' scenario, humanity watches with trepidation to see how far it will go. But this battle is not about right and wrong or even victim versus oppressor. It is a life-and-death struggle directly fueled by a massive power vortex that seeks only to maintain its existence. How will the conflict end? Who will win, who will lose?

Power wants you to choose a side because it needs your energy. But now is the time for Shaumbra to stand behind the short wall and shine your light. This is a very important time for freedom, especially personal freedom from mass consciousness.

"We're here for consciousness, not nationalism." ~ Adamus



Cost \$300
Format: Online Streaming
Access: View for 90 days after purchase

[MORE INFO](#)

[WATCH EXCERPTS](#)

DREAM OF THE MERLIN

THIS IS THE LIFE YOU CHOSE, NOW LET IT MANIFEST

Divinity, freedom, love, and mastery have proved elusive for eons, seemingly hidden away in some far-off realms accessible only to a fortunate few. Now, with the wisdom, maturity and passion of the soul, the door is unlocked and opening. Now is the time to be in your passion, a realized embodied Master, a Merlin grounding the gateway to the other realms, thereby allowing movement between here and beyond.

These profound sessions provide a roadmap for where we've been, and where we're going in the coming years. Sam delivers surprising news, Nikola Tesla explains what happened with his free energy experiments, and Kuthumi challenges Shaumbra to beat his record of staying on the planet after Realization. Merlin explains how to remember our interdimensional journeys, and St. Germain delivers breath-taking insights into the next part of our work.

ACCEPT AND ALLOW



One of the spiritual teachings I always dreaded the most is the invite to love ourselves. "I love myself! I love myself! I love myself!" is a mantra that is almost forced onto those desiring to grow and live a happier life. I don't know about you, but I never felt comfortable with looking myself in the mirror declaring unconditional love, while repeating sweet words. And yet, I recently have come to realize how important it is to offer ourselves something that truly supports us, and which has our back when the going gets tough.

Acceptance does not sound as nice as love. It probably never sold millions of records and made people fall for one another. In fact, it is fair to say that acceptance sounds quite clinical. Almost dry. But lately, my newly formed ability to accept whatever emerges within and around me, has led me to a very important breakthrough. Of course, not without a tear or two, but accepting things as they are is actually freeing me from what has always held me back.

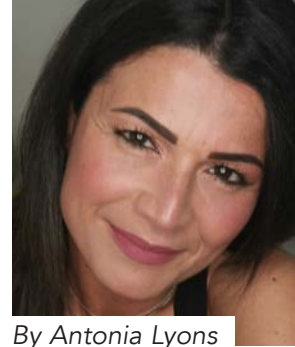
I have suffered a great deal all my life: while to the rest of the world I was this chatty and lively girl, inside I felt haunted. Even at a very young age, I was always aware of a very imposing and stern presence around me. Like a creature lurking in the dark, this "thing" would always be right by my side, whispering into my ears, pulling me back whenever I tried to fly towards new dreams.

She demanded allegiance to her authority from me and anyone I met along the way. She demanded acknowledgement of her great wisdom and power. No interaction ever happened without me trying to be recognized for my knowingness and ability to see what not many others could.

As a child, I'd go around and around wanting to be seen and heard. Mine was not a need or a wish. It just was something expected. I felt big inside. I felt that I was further ahead than those around me, even the adults, and they should just grant me implicit trust and respect. That child became a young girl and then a woman, but not one day went by without her walking on her own rhythm. This aspect never left my side. Every person I met was an opportunity to receive recognition and admiration. What once must have been taken away from her many lifetimes before, she now demanded it all back.

While this may sound like the plot for one of those films noir, for me it was just hell. I often would dread meeting new people because I just could not take the unbearable weight of seeing myself feeding off them. Like a little vampire disguised as lively and charming girl, all I cared for was their obedience and recognition of my great wisdom.

I always thought that it was quite tragic how I got to be born into a family where actually no one seemed to care about how masterful and sovereign I



By Antonia Lyons

may have been. In fact, they even took me to a priest because they thought I was just weird. In the end, I grew so tired of trying to impress them, I simply “became small.” Ditched all my quirky ways, anything that made me look too different from others, and from then on, just tried to blend in. I understand now that I was only trying to keep this monster at bay, because I could not control it. At times, it was hard to know who was who: was it me, being rightfully proud of myself, or was it my aspect just feeding off anyone willing to fall prey?

I just assumed that my family were not evolved enough to really see and embrace me, and I’d often feel sorry for them.

But one thing that I was only recently able to see is that, whatever malevolent charm I may have been under, most of my family was too. It is like we all came back in this life together, so we could keep this ancient ghost alive, through our tendency to abuse and diminish one another. This trait is particularly prominent within our female lineage; however, I now see how my beloved father would go to great lengths to surround himself with people he could easily impress, resenting those who would confront him. I see now that I too have been guilty of this. We both went from one person to the other, looking for that authority and respect we must have lost so long ago. We both felt it was rightfully ours; however, the way we’d go about getting it was often not gracious or discreet.

It was actually the other day that I clearly saw all this: I met a lovely woman for coffee, and I sensed right away how big her personality is. Since it was the first time we met, I was obviously trying to suss her out, but what stood up to me was the need to “become small” again. Just like when I was younger, I simply retreated into my little corner because I could not handle her flamboyant ways.

Truth is, I just could not handle that this smart and self-assured new friend was not going to be impressed by me any time soon.

I spent the following day with my aspect growling and breathing onto my face, moving as I moved, without giving me any space. She was onto me, and she was not going to let me get away with it this time: how could I be so stupid and meek? How could I let that woman believe, even for one tiny second,





that she may be more masterful than I am? I should have proved to her how grand I am, how wise and aware I worked hard to be.

I suddenly experienced a wave of hatred and disgust for myself, both new and powerful, which took my breath away. I knew right away that the time had come to stand up and free myself from the clutches of my inner demon.

Adamus tells us during Aspectology that aspects do not care about us. They just want our soul. I never quite believed this, and I actually thought that our old friend was being a tad dramatic. Perhaps it was a marketing maneuver to make the program more appealing to those desperate to rid themselves of their cumbersome aspects.

I see now that Adamus stated the truth.

The other day it became extremely clear that whatever this "thing" is, she ain't my friend. I always liked to believe that I was the golden child, chosen for my great mastery, to free her from the dark dungeon she had been confined in, so many centuries ago. It sounds rather romantic, doesn't it? I naively believed that I could return to her what she was robbed of, had I only tried a bit harder, worked on myself a bit more, got more people to see me and praise me. But it never felt quite enough, and life started to become so

limiting and draining. I honestly cannot remember a time when I tried to get to know someone just for the pleasure of it, or when I dealt with loved ones, or even colleagues, without the need to be somehow acknowledged. Every relationship has always been the chance of a free meal for my very hungry aspect.

I have met some incredible folks lately. Some of them within Crimson Circle and others at work. They are very big and bright souls, wise and insightful, and do not need me or whatever it is I wish to offer through my presence. At first, I have found this both humiliating and off putting. I just kept on crying out: "They don't need me; they don't need me. No one needs me!" Over and over again, like a painful lament, I'd spend days focusing on the fact that no one was waiting for me to change their lives and cover me with praise.

But now I see how incredible it all really is: I did not come back in this life to be revered and feared by all those small-minded folks, too asleep to see between day and night. I came back because I can stand on my own, and on my own I am walking into my last sunset knowing that whoever chooses to walk alongside me is as sovereign as I am. We are all here truly able to enjoy the splendid array of gifts this life has to offer us, no longer enslaved by guilt, shame, and the need to overpower others. Finally able to be free of the sexual energy virus which has plagued us in past lives, in this one we finally get to appreciate our true essence while singing in unison with our souls.



As I write this, I feel excited by the prospect of starting to enjoy other people like I could never do before. But I also accept that the inner vampire I have been hosting within me as long as I can remember will try anything to hold her space. I would like to tell you that I am finally rid of this nefarious presence, but I know that it is not so. Yet.

Accepting this though, allows me to be more aware of when she may strike next and then choose what serves me best. I know now, that when I meet someone who is both self-assured and confident, my dark aspect may suddenly raise her head and come out of hiding. That is the time to ask myself one very simple question: "What do I need right now?"

As I accept my discomfort, I also allow a quicker way to return to ease and grace. Mostly, I can then enjoy my interactions without fearing they will turn into a feeding feast.

When I sat down with my aspect the other day, determined to stare at her in the eyes without feeling ashamed of myself, I sensed her terror. Not being respected and acknowledged means she will disappear. She will be nothing. She can only exist if others see her. For a moment, I heard her asking me very insidiously, "How would you feel, uh? How would you feel if you became nothing? You will disappear and no one will ever remember you even existed, you stupid fool."

I sat with this for the longest time, breathing and allowing the same terror to move through my body.

"Yes, I will go back to nothing. I will be nothing again." I sadly whispered to myself.

And I stayed with the pain that this new awareness brought up within me.

I accepted it and allowed it.

Yes, I am scared to be forgotten but my desire to enjoy my life is bigger than any fear I may feel right now. And I have three new allies which are as potent as any scary ghoul. I call them "my magical 3 As": Accept. And. Allow.

I accept that some stuff still triggers me because I am in life, and I allow this not to define me. I am the good and the bad, the dark and the light. This and that, here and there. In this life and other dimensions. As long as I keep my allies close to me, I know that I will always be walking into the sunset.

Antonia lives in London UK and is an "Energy Intuitive" & founder of Evoking Grace, an online sacred space designed to inspire you to thrive & live a happier life. She has created a very unique approach which combines intuitive skills, timeless wisdom, and practical tools to help you identify hidden dynamics which stop you from living well and truly enjoy yourself. Her offerings and writings can be found on [Evoking Grace](#), [Facebook](#), [Instagram](#).

THE CRITICS CORNER

Excerpts from Shaumbra reviews and comments on various products in the CC store. To leave your own feedback on any class or product, simply go to the item page in the [Crimson Circle store](#) and click on Ratings and Reviews!



PREPARATION FOR AN EXTRAORDINARY EVENT

I have given myself years of experience in DreamWalking, particularly where birthing is concerned. It was a beautiful preparation for becoming one of the Dream-Walkers of the Cross.

Deep within me was a knowingness that I wanted to become comfortable going back and forth between the realms, and I treasure each experience I gave myself in DreamWalking. What each of us has done individually and collectively has brought us to this point...

The fact that we're here on the planet at this time to experience this "Level 4" event (as Adamus calls it) is truly something to celebrate!

~ Kathleen Haws

FROM HOPELESSNESS TO FLOW

I have, like so many others, almost given up hope many times. But not anymore; this is real and again I got a taste of the 'quantum flow' that will become more easily available to me as my Heavens Cross or intersect (not fully merging) – the uniqueness of the human experience

continuing, only now with more ease and grace, joy and freedom... they say.

To know and embrace it all is to be free from the dramatic suffering and depressing hopelessness that is so typical for most humans now... It is not an easy material to convey, for what is going on is far beyond conventional science, mental understanding, and human words.

~ Lise Storm Carlsen

GET READY FOR HUGE CHANGES

I had several "wow" moments. In the first session, Adamus talks about hopelessness – 85 % of the population in the world experience hopelessness to some degree.

Even the children from the age of 5! No matter where you live. That is tough. You know it from your own life, and how it at last brought you to the point where you said, "No more."

The underlying reason is the disconnection from your own soul and the other realms. Which was on purpose to focus your energy and awareness here on Earth. But this will change with the opening, for those who are ready. And there will be less hopelessness.

That feels so good! As he says, the work we have done is the reason that this will happen now. In a way, it is to me almost overwhelming to let that sink deep within.

The opening of Heavens Cross means you have access to the other realms. That you can bring that energy into your life on Earth. The thought of always being in contact with my Soul that we walk hand in hand brings me so much joy and tears in my eyes at the same time.

I feel that I am in contact with my Soul, but I am longing for an even deeper connection. I have had that longing all my life, earlier on without quite knowing what it was about.

THE CRITICS CORNER

You should really give yourself the gift of this cloud class. I have been through it several times, and each time I see new depths.

~ Anne Maribo Andersen

THIS IS IT!

Awareness is the key word. Our awareness and increased consciousness make these rapid changes on Earth possible. Just like "knowingness" can move from one island to another with no connection between them – monkeys learning skills from the monkeys on the other island – so the consciousness of all of us on Earth opens potentials for a great event to happen, "Heaven's Cross" on the 22nd of March 2023.

Adamus talks about the condition of most people on Earth right now: 85% are living with a feeling of hopelessness because they feel isolated from contact with Self.

About 45% of Shaumbra are in the same condition. Overall, on Earth one of the results of this is mental imbalance... To overcome this feeling of hopelessness we must allow energy to serve us, go into our natural flow.

Though I am generally a good sleeper I have had a few nights after this class where I have been dreaming and digesting. The dreams have been very "real."

I have had days where I could hardly remember what day of the week it was, have forgotten where I put things ... I have felt dizzy, but also very clear in between. What I enjoy the most is my ability to feel clear of the general turmoil that takes place, standing on Angel's Peak. <3

~ Finn Andersen

THE GIFT OF HOPE

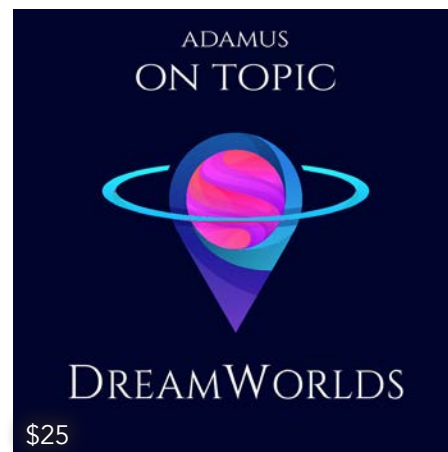
Adamus lays out what has been going on in the world and what we may have been feeling. I guess I'm one of those 43% of Shaumbra feeling the hope-

lessness of the world (which is pegged at 85% of the population right now).

One of the joys about being conscious and feeling it all...

Heaven's Cross is The Second Coming of Christ Consciousness according to Adamus. This product might be a timely present to give yourself this Christmas if you're feeling blue about the world right now – the gift of hope.

~ Tammie O'Rielly



SHAUMBRA'S NEXT QUANTUM LEAP

I had a great longing for the unknown realm of dreams. It was beyond my mind, and I wanted to bring it. [These] materials, provided with music, go deeper. It really... slowly... slowly goes deeper.

So, this is Shaumbra's next quantum leap. I did, and I'm experiencing it. (Translated from Korean.)

~ JH



CC TIPS

Monthly tips to help you make the most of your Crimson Circle online experience

UPDATES IN YOUR CLOUD CLASSES

Have you ever felt unsure about which Cloud Classes you have access to or if you qualify for a graduate discount? Have you accidentally purchased something twice?

Our CC tech team has been working hard to solve these issues and we're happy to announce that your online experience is about to get a lot whole better! Here's a look at the new functionalities:

1

Automatic graduate discount – If you re-purchase any Cloud Class, a **50% discount** will automatically be applied at checkout, with no need to email customer service about it.

GRADUATE DISCOUNT

Graduates receive a 50% discount on the registration cost.
Discount is applied automatically at checkout.

2

No more accidental purchases – You will see an **automatic alert** if you have already purchased a still-active Cloud Class or a downloadable product.



You purchased this item on

June 1, 2019

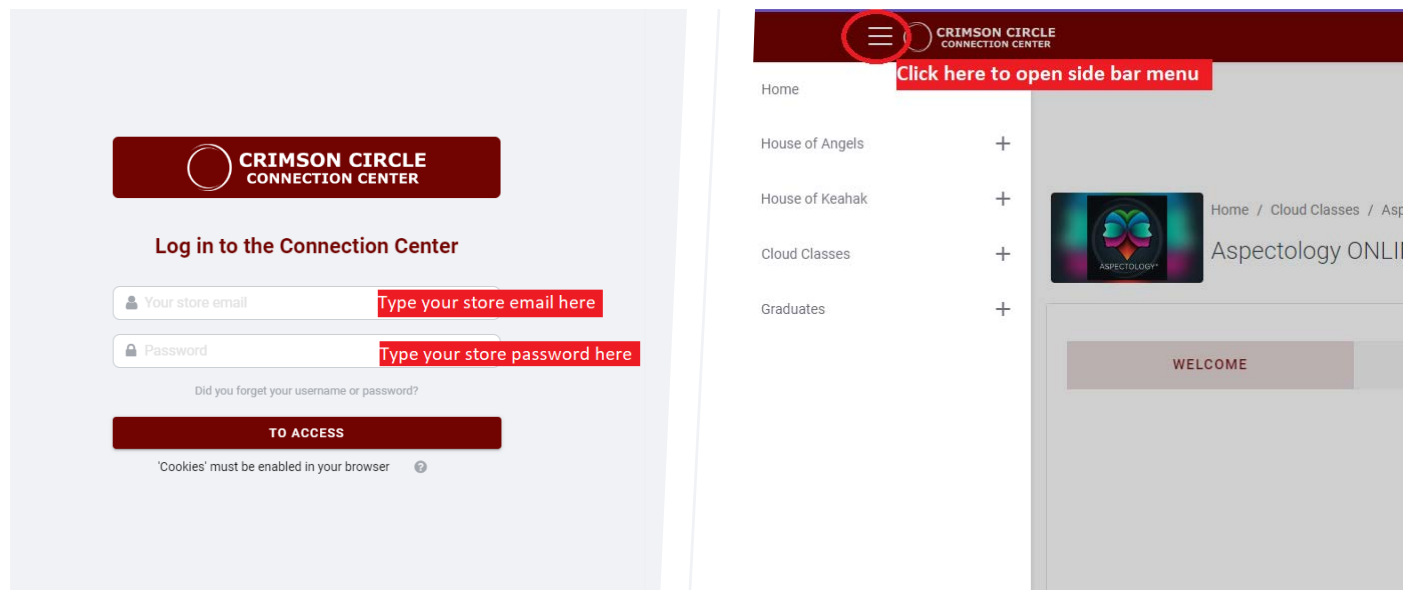
Click on the flag to find it





CC TIPS

Monthly tips to help you make the most of your Crimson Circle online experience



3

One place for everything: We have enabled a brand new platform where you can access all your active Cloud Classes (and Keahak, if applicable) in one place.

Simply log in to the [Crimson Circle Connection Center](#) with your CC Store credentials and see all your streaming events!

Note that Cloud Classes in the Connection Center have a similar format as when accessed from the Store. Please, take a look around and explore this new platform! To go back to the main dashboard on the Connection Center, simply click on the Crimson Circle logo at the top of the page.

We hope you enjoy these improvements! And we welcome your feedback as more improvements and functionalities are added to the Crimsons Circle Connection Center.

For more helpful information, please visit the [Crimson Circle Service Center](#)



Compiled by
Carolina Oquendo

HOW CAN I FEEL NORMAL OR HAPPY AGAIN?

IT'S ALL ABOUT OWNING YOURSELF, DIVE INTO IT

Dear Master, I have been feeling weird lately. It's kind of a mixture between depression, anxiety, and anger, and frustration... and everything in between. What am I doing wrong? How can I feel normal or happy again?

If there is any message in all the years that I've been talking to you, any message that needs to be clearly understood, any message that I would really want to drive home, it's right now and it's to **own whatever you're going through.**

Whatever it is happening in your life right now – your own demons, your own dragon coming after you – own it.

It's all about owning yourself.

Anxiety. Confusion, mental confusion, foggiess – own it! – if you can remember what it was. Own it, because it's such a part of this transformation. **Dive into it, rather than run from it.** Embody it, rather than trying to shape and mold it. Be in it, rather than running from it.

Don't try to block it out of your mind when the body or the mind are feeling a little awkward. Don't block it out. Invite it, embody it, be it, because changes are coming. Major changes.

Please own it, and I know it sounds counterproductive. You want to push it off. You want to try to mentally justify. You want to say that it's because of this and this or you just want to hide from it. Own that anxiety. Eat it up. Go right into it, instead of trying to run from it.

So, what you are saying is that I can no longer control the way I feel?

(You) wonder, "What can I do? I can't control it. I can't manage it." But you don't know what to do. **You take a deep breath and if anything, you just remember the simple words "AND."** AND. It's not the only reality. There's so much more going on.

It's going to feel fearful for a while, especially your mind. Oh! As you expand beyond the mind and its crazy little games.

There's something (underneath) that (is saying), "Glory hallelujah. It's time. When is this ever going to happen? When are we going to get out of this charade that we're playing? When are we going to get beyond the games and get into the authentic?". At another level you were up here saying, "I want more abundance. I want to be younger. I want to be smarter. I want to achieve my goals." So that's going on up here, while underneath a deep desire just to know thyself authentically, in a real way. These two things have conflicted in a lot of ways, because the **personality doesn't want to see itself destroyed (...) is clinging on to an identity that is not real.**

Not real, meaning that it's not false, it's limited. **It's not real because it's not the whole thing.** It's not real when you're just trying to focus on happy spiritual times, on joy and peace to the world, because it's not the whole thing. **The whole thing is also the agony and the profundity and the pain and the realization and the nothingness, all at the same time.**

So let your I Am, **let the real You come forth.** It knows what to do. It knows exactly what it's like to automatically attract energy without holding back, without going into power, without having lame limited human desires for what it can do.

You can't give up. You can't turn back, and I know most of you have tried, two, three, five dozen times or more. And I know part of you is saying, "What have I done? Why can't I just go back to normal?" But normal isn't natural.

But I still can't shake off that nagging feeling that I could do something. Don't you have something else I can work with as not to feel so out of sorts?

The only real problem here, and you know exactly what I'm talking about, is you keep saying "What am I doing wrong?" And I'm saying "Nothing," and then you get mad at me. We have these long arguments at night, and you say, "But I know I'm doing something wrong, otherwise ..." I'm like, no.

You made a choice a long time ago, to do this, to transform, and you're trying to do it in a single lifetime. And it's working, if you could just breathe that in.

When your body hurts, when your mind's all in chaos and everything else, it's real simple. "I am changing." That's it. You're having a bad day, nothing makes sense, people are giving you crap – **"I am changing." That simple. It's a great reminder.** It's not a mantra. It's a great reminder. (...) Take a deep breath and feel that. "I am changing."

Source:

[Discovery series](#): Shoud 7, 9 // [Kharisma series](#): Shoud 2, 3, 8 //

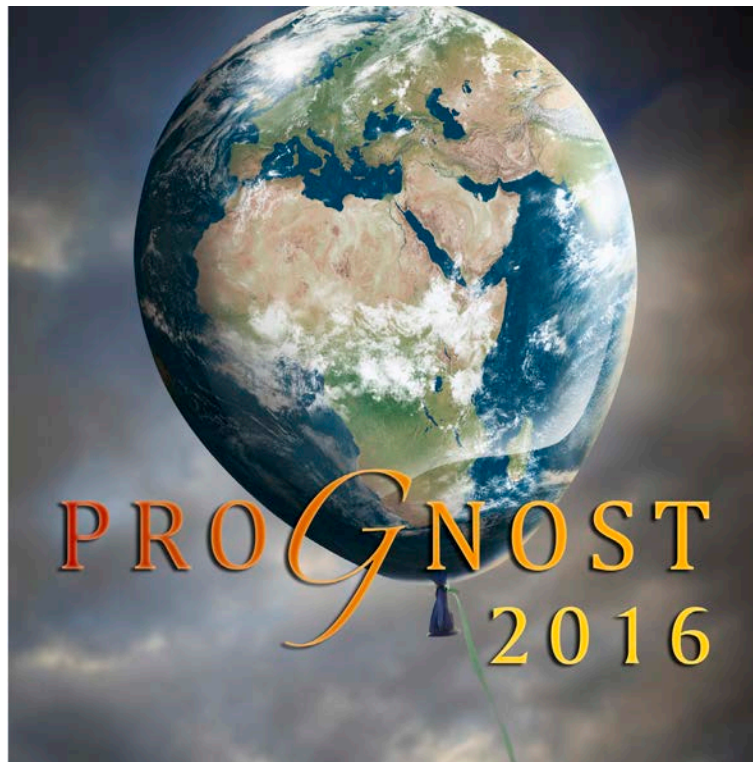
[Walk on series](#): Shoud 1, 2 // [Passion 2020 series](#): Shoud 12

[READ ONLINE](#)

In this monthly feature, we highlight a recording from the past that is particularly relevant to things Adamus and Shaumbra are talking about.

MONTHLY SPOTLIGHT

JANUARY SPOTLIGHT
15% OFF!



A YEAR OF DISRUPTION

What happens when pure consciousness converges with physical reality? When technology exceeds the mind's capacity to understand it? When nearly every facet of life is monitored by sensors and affected by robotics? When every human experience is demanding freedom? The answer is great *disruption* of old systems. In this fast-paced, provocative, and multi-layered presentation, Adamus Saint-Germain looks into the coming years, decade and beyond. Planet Earth is in the midst of monumental changes on all fronts, from technology to medicine, education to religion, food to finance and more. It's not science fiction; it's happening now! And the number one planetary dynamic is freedom.

Adamus begins ProGnost 2016 by discussing some of the astounding phenomena unfolding before our very eyes, including many changes that were foretold at the [Quantum Leap](#)

in September 2007. Technology is advancing at an exponential rate, overtaking the mind's capability to manage, and overwhelming the physical senses. Adamus declares that it is time to allow the Master Sense to open up, for this is how you can navigate the converging, colliding energies of new and old, conscious and unconscious, and create a life where you are well-sustained in every way. One thing is certain: Our world is changing in profound and far-reaching ways.

Session 1 (1:16:43)

Welcome to a year of disruption! With the aid of slides, Adamus explains how technology has exceeded the human mind and that there are great changes taking place in all aspects of human life. Ultimately it will bring freedom – after a lot of chaos.

Session 2 (1:24:03)

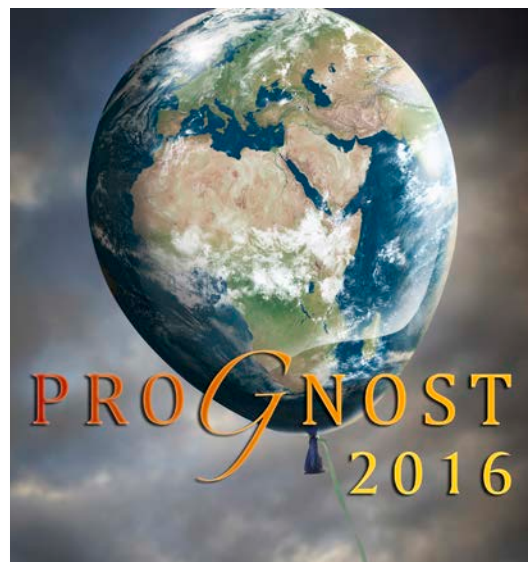
Adamus summarizes some of the ways that sensors, 3D printing, nanotechnology and the 'Internet of Things' are affecting our lives. He concludes by saying the motion of TimeSpace is changing reality and all we have to do is allow.

Session 3 (1:18:25)

Going forward, there will be disruptions in distribution systems, including significant changes to medicine, food, water, education, and religion. Adamus introduces the Master Sense, which is a new order of sensory awareness, and says it is time to allow this in.

Session 4 (40:00)

Adamus answers a wide range of audience questions about biological robots, the Master Sense, separation of Old Earth and New Earth, and even politics.



HIGHLIGHTS

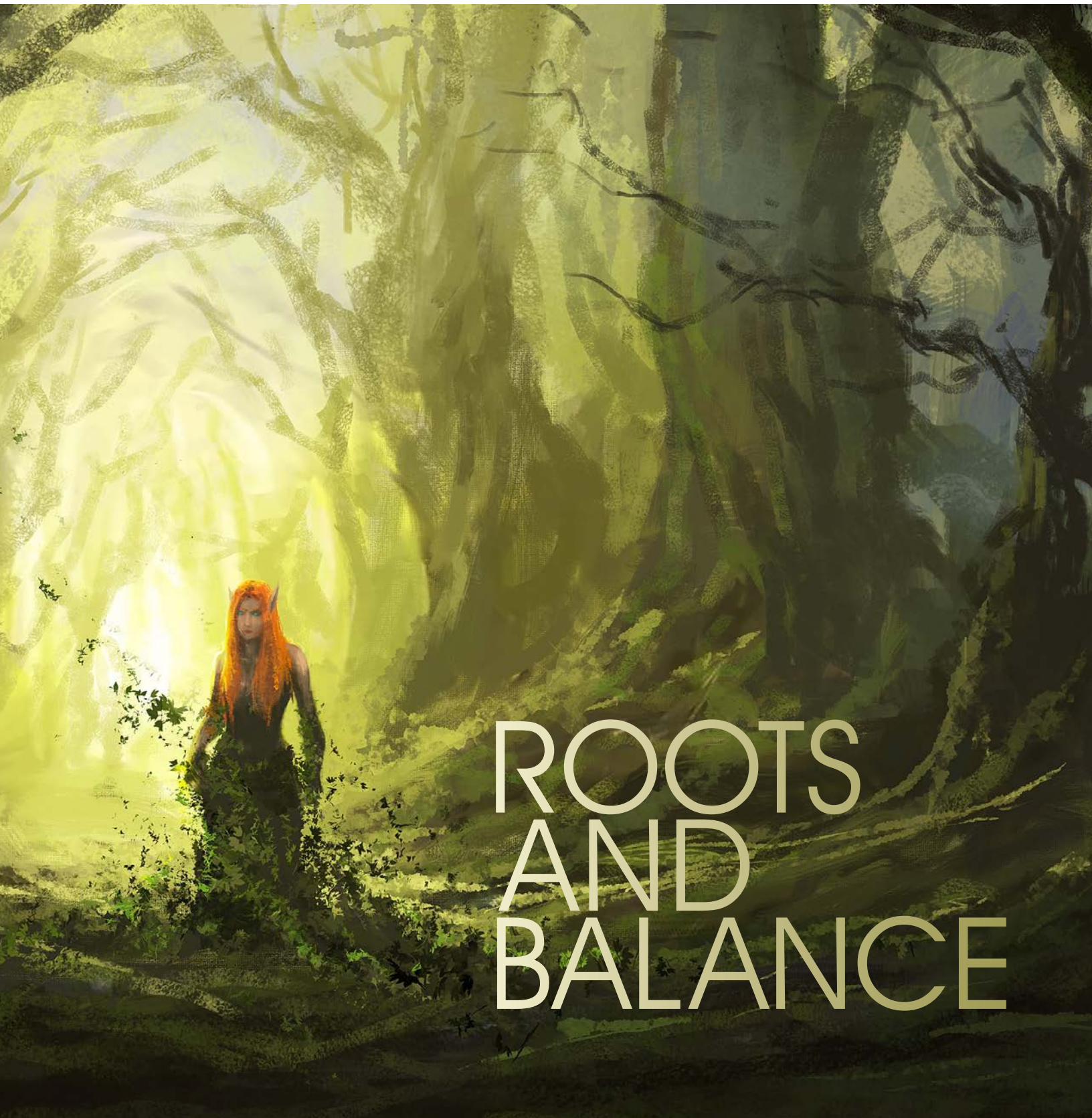
- Consciousness and physical reality are converging
- Will Old Earth and New Earth come together?
- Virtual reality and other changes – not science fiction!
- It's time to awaken your 'Master Sense'
- Prepare for disruption
- And remember that All is Well

Format: Streaming video, audio and online text e-reader

Cost: \$100.00 \$85 through January 31, 2023

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By Jean Tinder
Content Manager

It's interesting to notice how life reflects itself from micro to macro; how "small" things and "big" things flow in similar patterns. As above so below. This type of "echoing" or reflective dynamic recently caused a simple everyday life experience to help me better understand how to handle some big stuff that's coming.

Having allowed an utterly wonderful relationship into my life, I've recently been dividing time between my place and his place. It's a curious living situation to be "bi-locating" on a regular basis, and a whole new thing for my human to figure out. What shoes will I need in town this week? Should I take that jacket back home? Where did I leave my warm sweater? It's confusing sometimes, but certainly a "high class problem," meaning it's a small inconvenience compared to the joyful reason it's happening. However, it does present occasional challenges.

A few weeks ago, I was feeling "off," disgruntled and a little grumpy. With a bit of inner exploration, I found the issue: With all the going back and forth, keeping tabs on what stuff is where, and what next week's schedule holds, I told my partner that I felt "unrooted," which was causing my human self to feel uneasy. It wasn't really a problem to solve, just something to be aware of, so I let it be. In this case, allowing meant letting myself feel unrooted and unsettled for the time being.

A couple days later, we were at the studio recording Sam's "Be Well" message, and Sam said something that turned on a lightbulb in my head:

(Distilled) One of the reasons I was called home was also to be back on the nonphysical side to help you ground and balance energies. You're going to need it grounded and balanced on the Earth, the human side, but also in the other realms.

Heaven's Cross simply means that consciousness on the planet has gotten to the point where the door is going to open. More divinity, consciousness, energy, more accessibility to the other realms is now there. For those who understand and know, as the heavens open and intersect with each other, you'll have so much easier flow between the other realms, between your soul and your Self. But it can also be overwhelming to one who isn't grounded, because suddenly you have this very big amount of new consciousness, more of your Self. It can truly shake up the human mind and body if it's not grounded.

On the human level, it's up to you to stay grounded. But in the other realms, you'll [also] need grounding, as you quickly traverse back and forth, as you stay on the planet in the And. You're human and divine. You'll need grounding in the other realms to make sure that it maintains a balance, a flow between the realms. Without the grounding, even in the other realms, you could open up to more divine, literally go into other non-physical realms, but you could also get sucked in there where it's difficult to then come back to your grounded human self.

In a way, going back and forth between the realms isn't a whole lot different from going back and forth between homes. I "belong" in both places, and don't need to choose one or the other to help me feel at ease. But when I feel "unrooted" to the point of disorientation, what's the solution?

Well, we're told that it's important to be grounded here AND there. But, to be honest, it's hard for me to imagine "grounding in the other realms" because "ground" is the literal earth beneath my feet in *this* realm. However, "rooting" is a term my brain can work with! As Sam was speaking, I realized it's not about grounding to something outside of me somewhere. Rather, it's about being so rooted in my Self that it doesn't matter what realm – or house – I currently find myself in.

A few days later, I had an opportunity to play with this realization. Sitting quietly to bring a bit of calm in the pre-holiday turbulence, I took some deep breaths and remembered the idea of "rooting into myself." Okay, Self, how does that work? I closed my eyes, took some deep breaths, and "watched" as gentle root-like tendrils began expanding through my being. They seemed to be coming from my



head down into my body (although other times they apparently generated from my heart area) and appeared in various earth-tone colors. Winding through their way through me, my own roots had some kind of wisdom my mind didn't understand. Tummy ache? They gently wrapped around my stomach, bringing comfort. Tension in my shoulders? They caressed the aching muscles and brought relaxation.

Those five minutes of rooting into myself created a sense of groundedness and balance that beautifully affected the rest of my day! I didn't start out with an agenda or try to "manage" my imagination; I just breathed, remembered the idea of rooting into self,

chose it, and observed what happened. My body relaxed, my mind cleared, and I felt at peace even as the holiday chaos swirled. The next time I felt buffeted by the motion of life, I again took a moment to root into myself, and once again my human immediately calmed. Each time I do this, the experience is slightly different, but it is *always* comforting and balancing. And, thanks to the micro/macro nature of life, I feel it's providing some good practice for keeping my equilibrium in whatever's coming with Heaven's Cross.

Something else has been happening that also requires maintaining a steady balance. But, once rooted in myself, it's actually been easier than expected.

My adult kids have moved in and out of my house several times over the years. This means there's a lot of stuff stored in the basement and numerous piles of belongings here and there, shoved into the corners waiting to be sorted. But it was time for a change, and I spent the Christmas holiday moving like a whirlwind through the house, helping the kids sort through their stuff, discard what they no longer wanted, and decluttering ancient piles of forgotten detritus from their teenage years. In fact, the flow was so vigorous that they had a hard time keeping up with me, to the point that one of them asked "Mom, are you on drugs?" Ha! No, I'm just keeping balance in the rush of change. It was a ton of work, but after wearing out the vacuum and making a couple trips to Goodwill, it feels like my house is breathing again! A similar thing is happening with some physical stuff I've been tolerating for too long. A deep "No more" has come up, along with the determination to get it taken care of in whatever way is needed – physical therapy, massage, chiropractic, etc. – *and stop suffering already!* In other words, the drive to clear out extraneous clutter and stuck energy from all parts of my life is pretty much unstoppable at the moment.

Wondering what possessed me to make all these changes, I remembered Adamus' words in the recent CC Angels channel:

Anything that is not grounded and accepted by the human is going to feel the effects of [Heaven's Cross]. That's why I told the Crimson Circle "Get your house in order. There's something big coming along," and it's the same with each and every one of you. Get your house in order. And to each of you it's going to be a different thing.

On this day of March 22nd and after, if you are allowing these divinity energies to come in and your body's not ready, it's going to hurt. So right now is the call to clean up, to let go of stuff that's not serving you anymore.

I didn't consciously set out to "get my house in order" in some kind of preparation for Heaven's Cross, but it sure seems to be

happening anyway. And fortunately, my Self showed me a way to mostly stay in balance. Rooting into myself really helps when the winds of change become a whirlwind. Feeling the gentle roots of my Self wending their way through my physical being is such a beautiful experience to allow. Of course, it's "just" in my imagination, but really, ALL of this is my imagination. So why not let it be wonderful?

When things get fast and crazy, there's a saying: "Get in, sit down, shut up, and hold on." I would add "Buckle up" by letting the roots of your Self gently move through your being. It will make the ride a whole lot smoother.



Welcome to our newest Angel!

We would like to acknowledge the Crimson Circle Angels for your unfailing energetic and financial support. Without you, we would not be able to make this extensive library of material available to conscious and aware humans around the world.

Your support means everything!

In grateful appreciation to the Crimson Circle Angels from around the world.

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NEW TRANSLATIONS

Category	Title	Language
BOOKS & MUSIC	<u>THE SEVEN SEALS</u>	CZ, DE, ES, FR, IT, KO, NO, PL, PT, RO
CLOUD CLASS	<u>DREAM OF THE MERLIN</u>	BR, CZ, DE, ES, FR, IT, JP, PL, PT, RO, RU
CLOUD CLASS	<u>HEAVEN'S CROSS, PART 1: PREPARING FOR THE OPENING</u>	CZ, DE, ES, FR, JP, NO, PL, PT, RU, SL
CLOUD CLASS	<u>KASAMA ONLINE</u>	CZ, DE, ES, FR, IT, JP, NO, PL, PT, RO
CLOUD CLASS	<u>THE MASTER'S LIFE, PART 13 - ENTELLIGENCE</u>	BG, BR, CZ, DE, ES, IT, FR, GR, HU, NO, PL, PT, RO, RU, SL, SV, ZH
FREE	<u>INTRODUCTION TO THE SEXUAL ENERGIES SCHOOL</u>	BR, DE, DK, ES, FR, GR, HU, NL, NO, TR
FREE	<u>SAM'S BE WELL MESSAGE</u>	FI, IT, PT, RO
MASTER'S PAUSE	<u>I AM MERLIN</u>	BR, CZ, DE, ES, FR, GR, HU, IT, JP, KO, LV, NL, NO, PL, PT, RO, RU, TR
PSC	<u>STANDARD TECHNOLOGY</u>	CZ, DE, ES, FR, HU, IT, JP, NO, PT, RO, RU, SR

LEGEND: BR=Português Brazil, BG=Bulgarian, CZ=Czech, DE=Deutsch, DK=Danske, ES=Español, FI=Suomi, FR=Français, GR=ελληνικά, HE=תִּיבֵּעַ, HU=Magyar, ID=Indonesian, IT=Italiano, JP=日本語, KO = Korean, LV= Latviski, NL=Nederlands, NO=Norsk, PL=Polskie, PT=Português, RO=Română, RU=русский, SL=Slovenščina, SR= Српски, SV=Svensk, TR=Türk, UK= український, ZH=Chinese

[VIEW THE COMPLETE LIST OF AVAILABLE TRANSLATIONS](#)

I Am Potentials – featuring Kuthumi

A Master's Pause



Let it Go to Wisdom

Highlights from ALT Shoud 3



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My friendship circle over the years....

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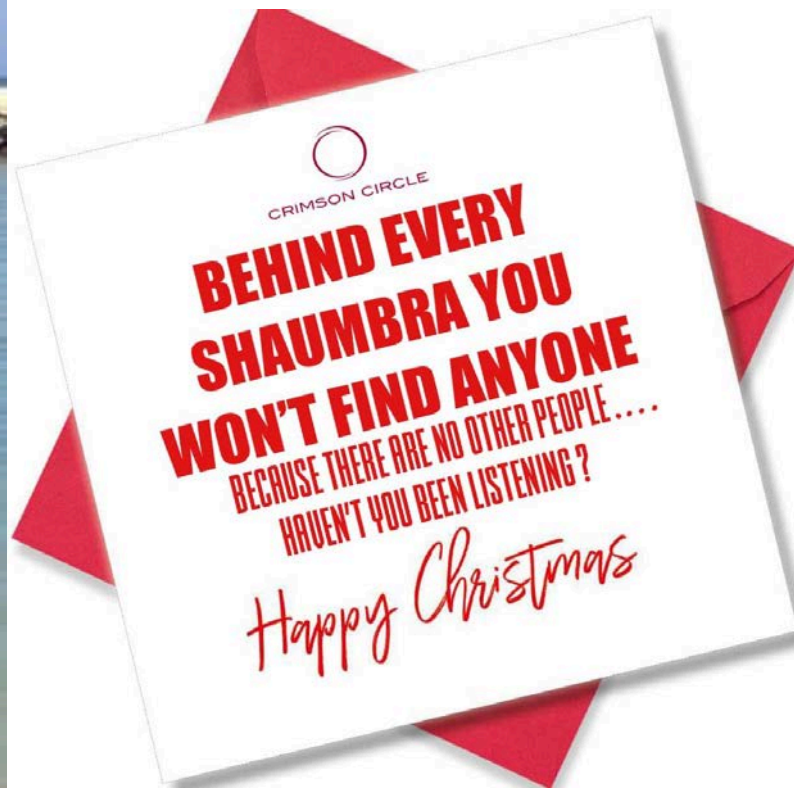
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Waiting for Heaven's Cross



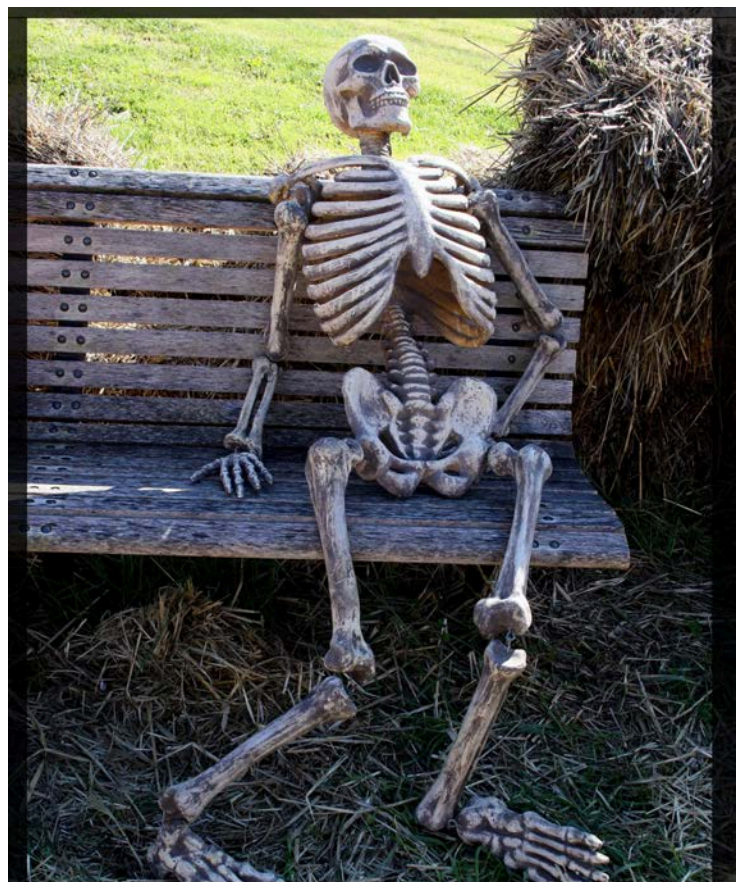
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Benching and waiting for
energy to serve me ...

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when you allow energy to serve you,
rather than oppose you.

– Adamus Saint-Germain –



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