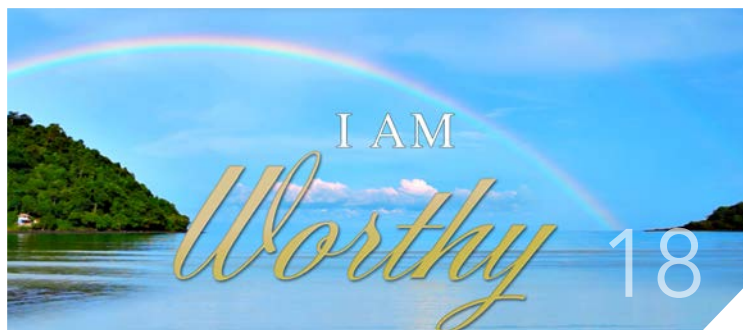


SHAUMBRA™

INSPIRE CONSCIOUSNESS

MAGAZINE 0122





INDEX

FEATURES

- 03** **SAFE IN CHAOS**
Geoffrey Hoppe
- 14** **FLOWING HOME**
Jerry Sweeten
- 26** **HOW ADAMUS
SHOWS UP IN MY LIFE**
Theresa McGraw
- 40** **SHAUMBRA HEARTBEAT**
Jean Tinder

EVENTS & NEWS

- 08** **PROGNOST 2022**
- 10** **ONLINE EVENTS**
- 11** **IN-PERSON EVENTS**
- 13** **EVENTS CALENDAR**
- 18** **I AM WORTHY –
NEW MASTER'S PAUSE**
- 20** **NEWEST PRODUCTS**
- 22** **ASPECTOLOGY® ONLINE**
- 31** **CC TIPS**
- 36** **THE CRITICS CORNER**
- 38** **MONTHLY SPOTLIGHT**

BASICS

- 30** **NEW ANGELS**
- 44** **NEW TRANSLATIONS**
- 45** **NEW VIDEOS**
- 46** **MEET THE STAFF**
- 48** **CRIMSON CIRCLE STAFF**
- 52** **SIMON'S SPOOFS**

SAFE IN CHAOS



By Geoffrey Hoppe

The cover graphic on the month's Shaumbra Magazine is very appropriate as we enter into 2022. It can also be interpreted in many ways. For some, it's the Master commanding their energy to serve them. It could also be the Master holding the chaos of mass consciousness at bay. Or it could be the Master facing life within a natural protective bubble. It could be all of the above... the And. It's all a matter of perspective.

For me, the image represents the last few days of 2021. All in all, 2021 was an excellent year. Like you, I had to contend with the worldwide COVID situation but other than wearing a face mask in public and having smaller live workshops, the personal impact was just a minor annoyance. COVID is like a story I hear and read about, but I'm not part of the story. It's happening all around me, but it's not mine. It's caused divisiveness in the world but not within me.

2021 was a good year for Crimson Circle. We brought our Technical Services in-house, after years of frustration dealing with outside vendors. With the help of what we lovingly call the Tech-Quila team because most of the tech staff is located in the area of Puebla, Mexico, we've cleaned up years of "Tech Debt," launched our new e-commerce store, and we're now embarking on new projects that will serve Shaumbra for many years to come.

In spite of (or perhaps because of) COVID, our video production capabilities keep improving. We built the Crimson Circle Connection Center six years before COVID, and the Kona studio a year before COVID, so we were well-poised to connect with Shaumbra without having to travel around the world. We've honed our production and webcast skills over the years, and now it's paying off in many ways.



Founder
Geoffrey Hoppe

Co-Founder
Linda Benyo Hoppe

Editor
Jean Tinder

Art Director
Marc Ritter

Staff
Villi Aguirre Alvarez
Alfredo Barranco-Gómez
Alain Bolea
Bonnie Capelle
Michelle Corazao Dinu
Ricardo Cruz-Leyva
Seissa Cuartas
Nazar Fedunkiv
Kerri Gallant
Juan Carlos Juárez-Lerma
Alberto Lunagómez
Michelle MacHale
Jorge Merino
Gail Neube
Peter Orlando
Iván Parra
Steve Salins
Jean Tinder
Konstantin Vikhrov
Jorge "Josh" Zárate Soriano

Crimson Circle Energy Co.
PO Box 7394
Golden, CO 80403 USA
crimsoncircle.com
support@crimsoncircle.com

© Copyright 2022
Crimson Circle IP, Inc.



CRIMSON CIRCLE



Back to the cover image, and why I wanted it for this month's issue: We had a huge fire here in Louisville, Colorado on Thursday, December 30. It was the most devastating fire in Colorado history, in terms of costs. The Crimson Circle Connection Center was in the heart of the fire zone. To make things more interesting, Linda and I were in town running separate errands when the fire broke out. The winds were blowing 50 – 60 mph (80 – 95 km/h), with gusts up to 110 mph (175 km/h), not exactly an ideal day to be out and about. A grass fire broke out a few miles from the studio. With the high winds, it spread, well, like wildfire. I was at the pharmacy next door to the studio when I noticed smoke out the window. Less than 5 minutes later I was engulfed in heavy smoke while trying to get into the CC Studio. I knew it was time to flee, immediately. I called Linda and told her to evacuate right away. She was at the Apple store just a few miles away and didn't understand my urgency at the moment, telling me that she had a few more errands. Once she stepped outside, she understood the stress in my voice and why I said, "Get out, immediately." We were just ahead of the massive traffic jams caused by the evacuation of 30,000 people.

Once safely at home, we sat glued to the TV late into the night. News crews were not able to get into the immediate area of the fire but they



showed the overall fire zone. The Crimson Circle Connection Center was in the zone. Our hearts went out to everyone who would lose everything – the number would eventually reach



1000 homes – and we wondered about the CC studio. Neither one of us wanted to talk about the “what-if” scenarios other than to say we might have to go back to Hawaii early to do recordings, if needed. Adamus’ words rang in my head: *“Masters have a natural protection in the midst of mass consciousness chaos”* but that didn’t seem to calm my frayed human nerves in the moment.

I got up the next morning at 4 AM to check the news. My gut tightened when I saw that the devastation



was worse than what we had seen the night before. Businesses in our neighborhood were listed as have been damaged or totally destroyed. The feeling of dread started to suffocate me, wondering if we had a studio to go back to. I checked in with Adamus. *"You have nothing to worry about,"* he said matter-of-factly. It helped to a degree, but I needed tangible proof.

About 6:30 am, I sent an email to our building property manager. *"Do you have any news about Centennial Pavilion?"* I asked. A few minutes later Jessica replied and said she'd get back to me as soon as she knew something. Her answer came about an hour later. I almost dreaded opening her email because it might contain a message I didn't want to hear. Her reply was short and simple: *"Good morning – Well, some good news, we know the property never caught on fire. It seems Centennial Pavilion was very lucky."*

The empty field adjacent to our building burned, and the flames got with 25 feet of the studio. Buildings up and down McCaslin Boulevard burned down, but our beloved studio, and the center of Shaumbra energy on Earth, was intact. A day later, Jean Tinder was able to go invisible and make her way into the fire zone to check on the studio. There was a lot of debris under each doorway, pushed there by the howling winds. Everything in the studio was covered in dust, and according to Jean there was a strong smell of smoke. The following day, Peter Orlando was able to get in and while he was there the electricity was restored. As I'm writing this article, we've learned that the gas for heating is being turned back on. Our next step is to do a thorough dusting and cleaning, and bring in an ozone machine to knock down the smell of smoke before we do the January 8 webcast and Shoud.

Jessica, the property manager, said we were pretty lucky. Adamus has a different take on it. He says that a Master has a natural protection, like our energy is protecting us as we stay here in this last lifetime on the planet.

"When you get to this point," said Adamus in a Keahak session a few weeks ago, *"there's a type of natural protection that occurs. A natural protection, you see, because the Master knows things still happen in life, particularly any time you're dealing with mass consciousness, with the effects of other people. They're not in your energy, but their shadow oftentimes has an influence on your energy."*

"Yes, things come up, you know, bad traffic or a variety of things could happen around you. But there is always a natural protection when you're in your flow, and I really need all of you now to understand that."

"The natural protection means that it's never going to throw you or blow you off course. The natural protection is that you might be right in the middle of a very potentially dangerous situation, but ultimately it doesn't truly affect you. It doesn't harm you or take anything away."

"Now, it's not something that you want to test, but you will start to experience it. A storm rolls through and you're barely affected by it, while others are deeply affected. There might be an incident – I don't even want to go into the specifics – but something happens. But you have that natural protection. You might be in the middle of a situation, but you're going to be naturally protected."



It's interesting that Adamus talks about natural protection right now, in light of the fire. Not only that, but we had a huge 50-foot (15 meter) tree fall on Villa Ahmyo last month in the middle of a storm. The tree fell into the courtyard with barely inches to spare on each side. The damage to the roof overhang was minor, although Linda and I were pretty rattled by the event that night. We were inside watching a movie when it sounded like a train hit the house.

I'm not going to test this natural protection thing, but I know it's for real based on both the fire and tree incidents. Stuff is going to happen all around us. That's life on Planet Earth. We're here in the midst of mass consciousness, and people are still choosing to go through their experiences. But it doesn't have to affect us. We are Masters, aware of and allowing of our own energy. There will be fires and windstorms, viruses and economic issues, politicians and power-mongers. These are not yours or mine. We will be aware of the chaos, of course, and it



might remind us when that was part of our old reality. But now it's time to take position on our parks benches and do a little no-agenda shining. Even of the fires and chaos rage around us. You have a natural protection called Your Energy. Now let it work for you.

ADAMUS SAINT-GERMAIN'S

PROGNOST 2022

METAPHYSICS FOR MASTERS

JANUARY 22, 2022 • LIVE WEBCAST

PHYSICS: EXPLORING THE RELATIONSHIP BETWEEN ENERGY AND MATTER

METAPHYSICS: EXPLORING THE RELATIONSHIP BETWEEN ENERGY AND CONSCIOUSNESS

In a recent Keahak session, Adamus said that in ProGnost 2022 he will be shifting from a multi-year focus on technology to a new focus on physics, specifically metaphysics. He declared that we're going to see civilization-shattering concepts emerging in the coming years as science begins to explore the true physics of life.

ADAMUS: *"We're understanding the relationship between consciousness and energy – metaphysics – and its effect on matter and antimatter, on the physical and nonphysical realm. That is metaphysics. It's not New Age. It's not spiritual. It's simply a whole new understanding of metaphysics and physics on the planet. With the change in technology and a related change in physics, everything changes. Just remember you are a meta-physician coming to the understanding of how energy and consciousness work together.*

"In ProGnost we'll talk about the physics of the planet, but we'll also talk about the physics that you're going through, the changes. Physics is not a science that is locked in concrete. There are no hard and fast answers to everything. Physics is actually a very creative science because it's exploring the potentials of reality. Not just the reality that is seen by your eyes and heard by your ears, but it explores the potential realities, and that's exactly what's going to be happening in your life, but also for the planet.

"Expect the unexpected, and when it comes along, dive into it. Don't run from it. Dive into it trusting yourself and understanding that there's this natural protection built in that enables you to be in experience, to dive into the unexpected that comes your way, knowing that it's all about the experience."

Tune in for the 9th annual ProGnost event with
Adamus Saint-Germain!

WHEN: JANUARY 22, 2022

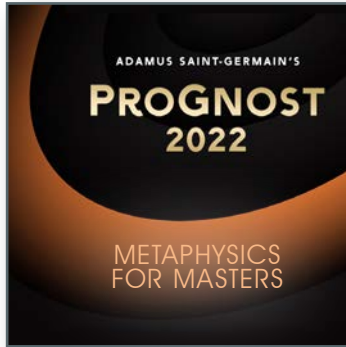
COST: \$75 (through January 18, \$100 thereafter)

MORE INFO

MÁS INFO

FROM ADAMUS

FEATURED ONLINE EVENTS



PROGNOST 2022 – ADAMUS PLANETARY FORECAST ONLINE • JANUARY 22, 2022

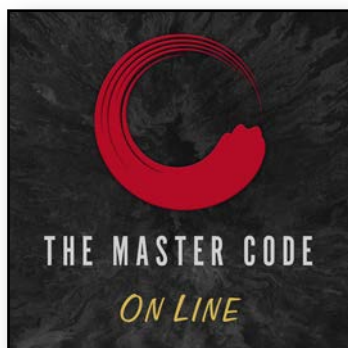
ProGnost has become one of the most anticipated Shaumbra events of the year. Adamus, dedicated to guiding us into our embodied Realization, doesn't usually address the state of the planet, politics, aliens, the environment or the future.

But twice a year he reveals what he and the other Ascended Masters foresee for Planet Earth in the years ahead.

[MORE INFO](#)[MÁS INFO](#)

ASPECTOLOGY® ONLINE • JANUARY 28–30, 2022

This important and transformational class is offered online once a year, hosted live by Geoffrey and Linda Hoppe. Traditional psychology often assumes there is something wrong with you that must be fixed (or medicated). Aspectology, the "New Energy Psychology," is a groundbreaking study of human nature. **Text in 15 languages.**

[MORE INFO](#)

THE MASTER CODE ONLINE • APRIL 16–17, 2022

There is a path, a destiny that brought you through lifetime after life- time, called The Way, coded in Atlantis. It's finally time to release the Atlantean Code, formed in guilt and remorse. The mind will resist, then it will rejoice as the light of your soul releases the tightly fused energies. It's time for a new Code, The Way of the Master, and your greatest gift to humanity, the Ascension Code. **Text in 7 languages.**

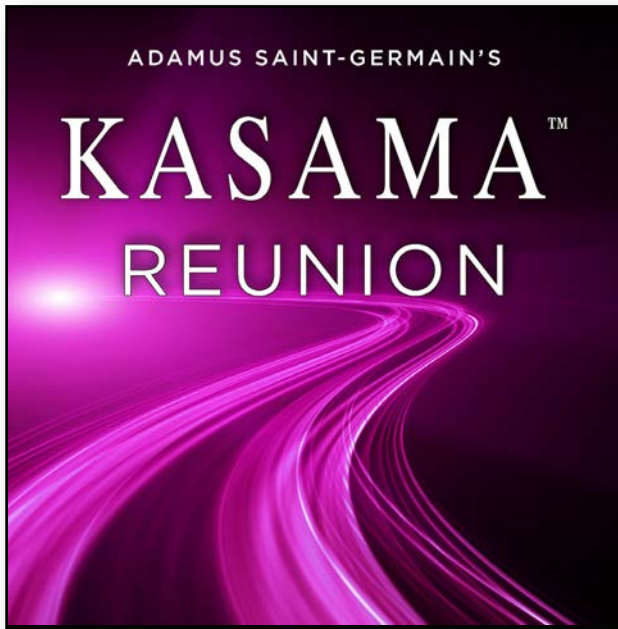
[MORE INFO](#)

SEXUAL ENERGIES SCHOOL® – NEW ONLINE • JUNE 17-19, 2022

Attending the Sexual Energies School is an opportunity for profound transformation and healing, with effects that can include better physical health, the end of energy stealing and power games, balanced relationships, enhanced creativity, and eventually true enlightenment. It is a return to the essence of yourself. Hosted live by Geoffrey and Linda, and multiple sessions with Tobias and Adamus, as well as guided personal experiences. **Text in 20 languages.**

[MORE INFO](#)

FEATURED IN-PERSON EVENTS

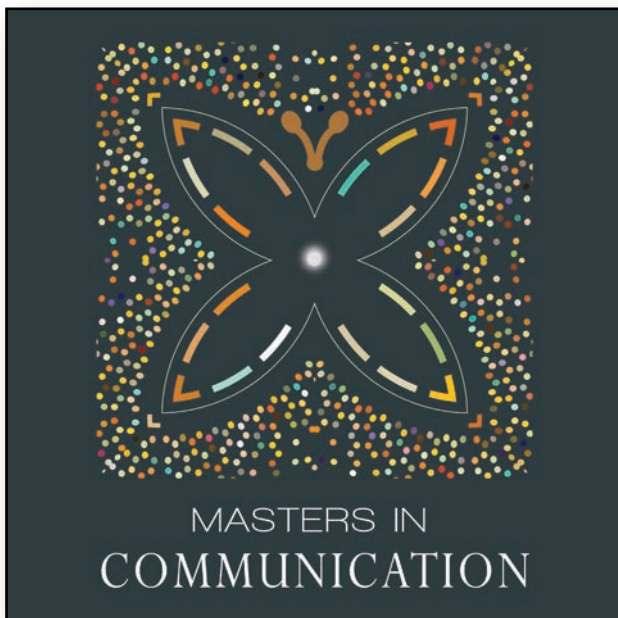


KASAMA (ENERGY WORKS) REUNION KONA, HAWAII FEBRUARY 14–18, 2022

This new event will be open for Energy Works & Kasama graduates only.

We can't say too much more about this workshop because it is the first Kasama Reunion and Adamus is prone to making changes and adjustments right up to the last minute.

[MORE INFO](#)

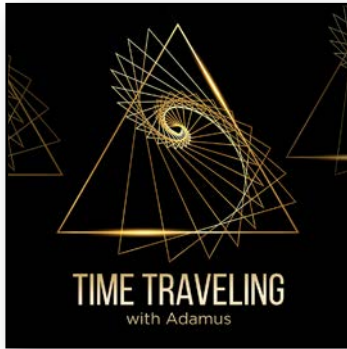


MASTERS IN COMMUNICATION KONA, HAWAII MARCH 21–25, 2022

This important workshop signifies a new era for Shaumbra as we transition from being the students to becoming the true Masters. Ultimately, it's all about energy and communications, whether with non-physical entities, nature, other people, or yourself. Adamus says that the focus of this workshop will be understanding and using energy communication, because all energy is communication, the song of your Soul. He says we'll need to understand how energy flows, how to command it to serve us, and how to transmit our energy communication without limitation.

[MORE INFO](#)

FEATURED IN-PERSON EVENTS



SOLD OUT

TIME TRAVELING WITH ADAMUS KONA, HAWAII • APRIL 10–14, 2022

Adamus says it's time to let Time to work for us. In this new workshop, he will take you through the experience of Time Traveling in the Now, allowing the Past and Future to come to you. He'll guide you through experiences of being in And Time, where you can still function in linear earth Time but also in Æterna, or No Time. The ability to be in Time and to be Timeless is one of the greatest gifts you can give yourself as an Embodied Master.

MORE INFO



MASTERS IN COMMUNICATION KONA, HAWAII • APRIL 24–28, 2022

This important workshop signifies a new era for Shaumbra as we transition from being the students to becoming the true Masters. Ultimately, it's all about energy and communications, whether with non-physical entities, nature, other people, or yourself. Adamus says that the focus of this workshop will be understanding and using energy communication, because all energy is communication, the song of your Soul. He says we'll need to understand how energy flows, how to command it to serve us, and how to transmit our energy communication without limitation.

MORE INFO



TIME TRAVELING WITH ADAMUS KONA, HAWAII • MAY 10–14, 2022

Adamus says it's time to let Time to work for us. In this new workshop, he will take you through the experience of Time Traveling in the Now, allowing the Past and Future to come to you. He'll guide you through experiences of being in And Time, where you can still function in linear earth Time but also in Æterna, or No Time. The ability to be in Time and to be Timeless is one of the greatest gifts you can give yourself as an Embodied Master.

MORE INFO

EVENTS CALENDAR

2022

PLEASE VISIT [CRIMSON CIRCLE STORE](#) FOR MORE INFORMATION ON THESE EVENTS

NOTE: Not all events may yet be open for registration; Crimson Circle Angels receive advance notice.

CCCC – Crimson Circle Connection Center, Louisville, Colorado

JANUARY

08	Monthly Webcast & Shoud	ONLINE ONLY
08	Keahak XI	Online
22	ProGnost 2022	ONLINE ONLY
22	Keahak XI	Online
28-30	Aspectology Online	Online

FEBRUARY

05	Monthly Webcast & Shoud	ONLINE ONLY
12	Keahak XI	Online
14-18	Kasama Reunion	Villa Ahmyo, Kona, HI
26	Keahak XI	Online

MARCH

05	Monthly Webcast & Shoud	ONLINE ONLY
12	Keahak XI	Online
21-25	Masters in Communication	Villa Ahmyo, Kona, HI
26	Keahak XI	Online

APRIL

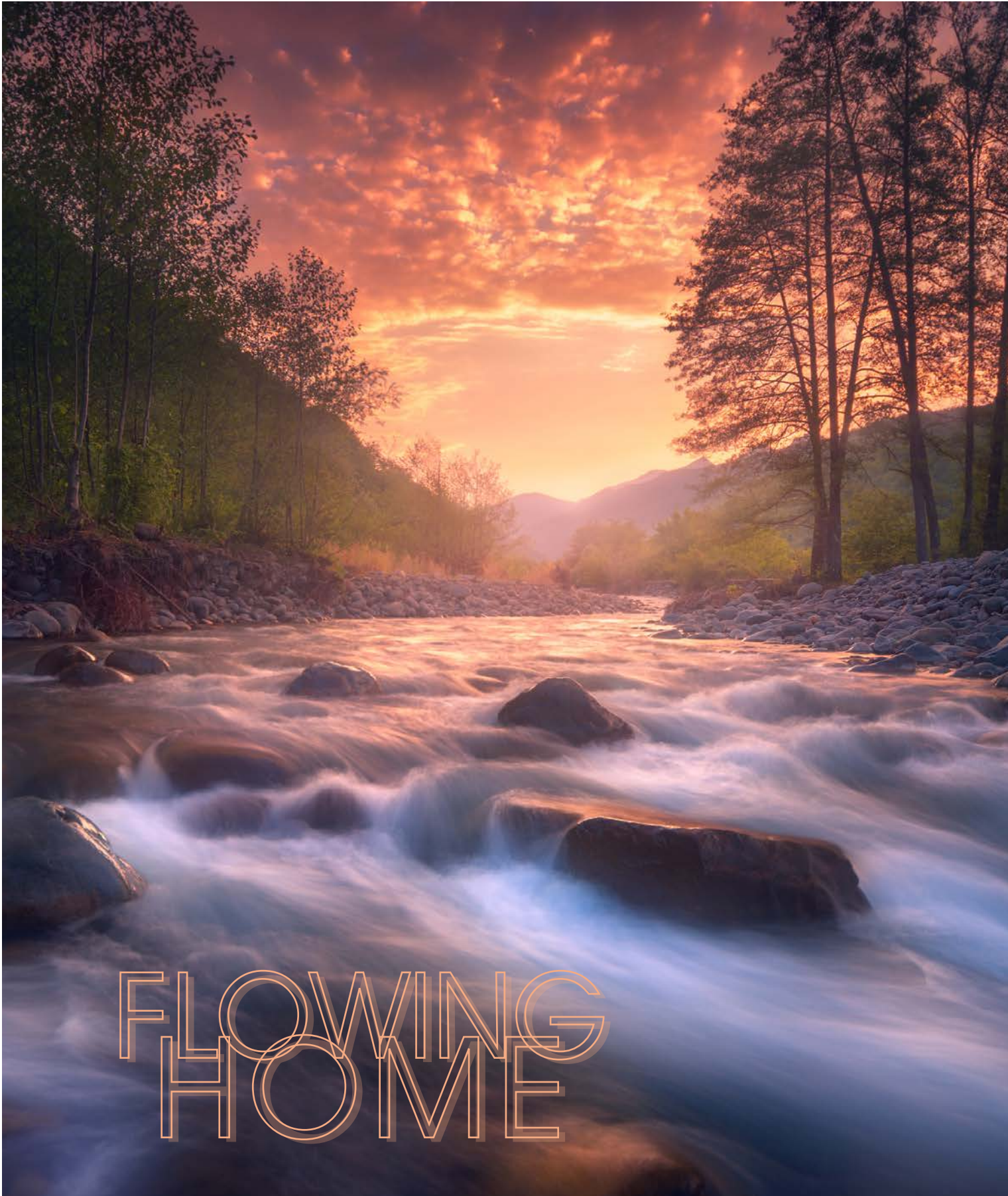
02	Monthly Webcast & Shoud	ONLINE ONLY
09	Keahak XI	Online
10-14	Time Traveling with Adamus	Villa Ahmyo, Kona, HI
16-17	The Master Code Online	Online
23	Keahak XI	Online
24-28	Masters in Communication	Villa Ahmyo, Kona, HI

MAY

07	Monthly Webcast & Shoud	ONLINE ONLY
14	Keahak XI	Online
10-14	Time Traveling with Adamus	Villa Ahmyo, Kona, HI
28	Keahak XI	Online

JUNE

04	Monthly Webcast & Shoud	CCCC & Online
11	Keahak XI	Online
17-19	Sexual Energies School Online	Online
26	Keahak XI Finale	Online





Here I am deep in the forest by the river. I have been spending a lot of time sitting by the fire, listening to the water rushing over the riverbed. There are many lessons the natural world is teaching me. Elemental lessons of water, earth, fire and air. For example, the sound of the water is a chorus, for there are many voices in the song coming from the river. Every stone has a unique sound to contribute as the water rushes over it. Some sounds are a constant high pitch, and some are deep bass notes. Watching the water, I have an idea.

Tobias and Adamus have used the image of sitting on a bicycle. All of my experiences in time and space are actually coming to a stationary me. I do not go anywhere. I always thought that was sort of a curious image. Unless the bicycle has training wheels, it will fall over without the gyroscopic action of spinning wheels. My idea now is that the river stones are stationary in the flow of the water rushing over them. And if each of us are a stone in the river, we are contributing our sound to the 3D world through the shape of us in response to the flow. For we are all unique in our shape and how we respond to the flow of energy in our lives.



By Jerry Sweeten

My human self has had difficulty comprehending what the flow all coming to me really means, so I decide to feel into this metaphor. I can become the stationary rock. I listen to the voices from the river and pick one. I am the rock that is making that particular sound. I become the density of stone, and gently reach out to the rock I believe is making the sound. I honor its stone essence and ask permission to blend my consciousness with its own. And I listen. And I wait.

When I reach out with my consciousness to living things, such as trees, I can sense the living vibrancy. The vibration of the trees changes with the seasons, but is still more interactive than that of stone.

I continue to listen to the sound the water is making. There is a subtle welcome to come be stone. And I allow my consciousness to enter into the stone. At first, it feels like being in a roaring jet plane without the canopy. Water rushing like air over an open cockpit, threatening to pull me back out. Almost overwhelming. But then I become the smoothness of the stone and feel the water moving over me like a caress. The bloop and gurgle of the sound fills me. I feel at-one-ness with the stone and the flow of the water, and a feeling of wholeness washes over me. A different kind of vibrancy from that of trees, but still uniquely alive and full.

My human self breathes deeply into the feeling of this fullness. The feeling of at-one-ness, full of sound and vibration. And deep within me is the thrum of knowingness. A fulfilling sensual experience that is beyond words. A stillness of stone that is yet fully in the flow. And in this experience, I know that it is my soul providing a valuable lesson so that the human me can understand on a feeling level that which the mind cannot comprehend. Tears come. Tears of sadness and joy. Sadness of relinquishing the mind's need to know logically. Joy of feeling the at-one-ness with my own soul. My knowingness is guiding me to an understanding of what Tobias and Adamus are talking about. These lessons of knowingness are difficult to describe with words, being experienced at such a deep feeling level.



But then, through a crevice that opens into the very core of me, something shifts. A cracking of an ancient seal. A vault door opens briefly with a flash of brilliant light. Tears of beauty renew themselves. Then, the flash is gone and a deep feeling of longing fills me. Longing for home. Not some clubhouse on the other side of the veil, but an ageless longing for connection beyond anything this human can imagine. An ache I embrace with open arms. Somehow, through the eyes of my soul, I have gotten a glimpse of pure consciousness, of I AM. Somehow, this human is within the creation of the pathway home. Slowly and gently the brilliant intensity of the feeling fades.

With gratitude, I draw my awareness out of the stone, out of the water, and gently relax back into the body sitting by the fire. I blink the tears away as the wind changes direction and smoke comes toward me. Standing, I walk over to the bank and look down at the thousands of stones that make up the riverbed. And I think not just of Shaumbra, but all of humanity in their place in the riverbed, creating their unique sound to add to the planetary chorus. And I feel a smooth, soothing wonderment at what we are doing here in this 3D world, on this planet called Earth.

Behind me, I hear the fire collapse. Partially burned logs have rolled against the stones of the fire ring. What was a fire has become a pit of smoldering ember-coated logs. Using my poker, I rearrange the logs into the semblance of a pile and the fire springs to life again. The fire gives a woosh as the air is sucked into the core, and the embers begin to glow again. And another thought strikes me.

I have been considering this group of people that have self-identified as Shaumbra. Each person is sovereign within themselves, like the individual logs of the fire. Each person unique in the way their log burns. Some slow and smoldering. Some burning hot and fast. Each changing and transforming. Each sharing the heat of this transformation with the rest of the world. Radiating

light and warmth. But when the logs are separated, when the pile of logs falls apart, the fire is reduced to smoldering embers.

Suddenly, I feel like my log has rolled away from the fire. I stop and wonder if I am making all of this up. My cheeks are still damp, but what happened here? My mind, my human self feels a shock, reminiscent of being in a car wreck. Is this planetary transformation all a fantasy? I have no frame of reference for what just happened. My human has no quale to compare this intense experience of consciousness. If it is all my energy, am I making up all of Adamus' messages? Is the connection I feel with Shaumbra a fool's dream? If I am truly a sovereign being of light, why do I need anything or anyone else? And I get this elbow in the ribs, this energetic nudge, that I have learned is my soul wanting to be heard. And I get an answer to my questions.

I don't need anyone or anything else to step into my unique path of allowing my divine essence access to this 3D world I call Earth. This ache I feel for the timeless connection in the very core of me has nothing to do with anyone else. My log can smolder on for eons, as I create my unique way. The longing is drawing me to go within the creation of my path home. But I have chosen to come into this lifetime, in these times, with many likeminded people. I have found my way to this tribe of folks that get me. It feels like I have been smoldering for the past 5 decades, waiting for the right moment to join with other smolderers (okay, a new word) to burst into radiance. Do I need others? No, I do not. Is it more fun with others? Yes, it is.

I look into the fire. It is alive and has an air flow creating warmth and a brilliance of flickering light. The deep core of the fire is a glittering white-hot furnace, the glow of the Merlin. A breeze stirs and the glow intensifies, the light distorted with heat waves. The fire breathes and exhales, releasing even more energy. The flames flicker and dance playfully. Many Shaumbra I communicate with are intense people with individual commitments to embrace the song of their soul. Fire seems an apt metaphor.

Writing this message, I find myself in my own flow. Writing in a cogent form helps me integrate as I relive my experiences. I feel into these experiences in a calm, allowing state of being. But sharing with others is my way of adding my smoldering log to the fire. May this time be full of light and brilliance.

Addendum: Since this experience with the stone, I have had many moments of reentering the flow of the river stone. This memory is an anchor of sorts that I can come back to when I get distracted or doubt my ability to be in the flow of my soul.

Jerry Sweeten has degrees in Engineering and Philosophy. Currently operates a small medical manufacturing business in the Shenandoah Valley of Virginia, and does energy sessions. He loves being in nature and enjoys writing and painting with watercolors. Jerry can be contact via [email](#), [Instagram](#) or on [Facebook](#).

NEW!



MASTER'S PAUSE SERIES



I AM
Worthy

ACCEPTING YOUR ENERGY

NEW MASTER'S PAUSE FROM ADAMUS!

Make 2022 your Year of Worthiness! You're worthy of living your dreams, not just dreaming them. When you accept your worth it changes your energy so it can serve you as a Master.

Worthiness is an angelic sense and the natural state of accepting all that you are. It is a way of perceiving yourself, but worthiness doesn't come easy for humans. Long ago, angels asked, "How can I work with energy?" and came to Earth in search of the answer. But then doubt, guilt and shame



then created deep feelings of unworthiness. On the journey back to Self, you eventually discover that all creation is your energy. Now, are you worthy enough to accept it without holding back?

Self-worth cannot be found through suffering, karma, or redemption. Even favorable acknowledgement from others cannot maintain your sense of worthiness, because ultimately it must come from within. At any point you can acknowledge “I am worthy – of love, money, health and more,” and the energy will know exactly what to do.

Adamus Saint-Germain addresses the topic of self-worth in this important Master’s Pause. He first answers several questions about worthiness, including where the issue came from, how people seek their worth, how the lack of self-worth serves a being, how to overcome it and realize one’s worthiness, and more. Then he guides a beautiful merabh of worthiness, reminding the listener that you are so much more than human. It’s all about being ready to fully accept your energy and let it serve you without suffering. Adamus asks you, a divine being, “Why wouldn’t you be worthy?”

Worthiness. It’s a way of perceiving yourself. Take a deep breath; you ARE worthy.

“It’s pretty simple. It’s pretty profound and very beautiful. ‘I am worthy. I am worthy’ and the energy lights up. The energy dances.”
~ Adamus

Format: Downloadable audio, text, video

Cost: \$25 (through April 4, 2022, \$33 thereafter)

Featuring: Adamus Saint-Germain

Recorded in Kona, Hawaii, November 2021

HIGHLIGHTS

- Your physical body is just a costume
- The light body is the real You
- It’s your singular Body of Consciousness
- It makes everything easier
- You’ve earned this, it’s time
- Note: For Masters only

MORE INFO

WATCH EXCERPTS



Cost \$125
Format: Cloud Class
Access: Stream for 90 days after purchase

[MORE INFO](#)

[WATCH EXCERPTS](#)

MAKING LIGHT BODY – BEYOND THE ADAM KADMON TEMPLATE

The human body and mind have evolved very little over our time on Earth. Now, while many are choosing evolution through medicine and technology, there is another option: the light body, your true Self. The physical body relies on a very complex communication network (anayatron) that often breaks down, causing disease and imbalance. The light body is ultimate simplicity, doesn't get sick, has no aches and pains, and is absolutely natural. It brings relief, healing, and freedom to the physical biology, but is only possible when you acknowledge yourself as a Master.

Kuthumi, who lived with his light body for 22 years, shares about his experiences and what can help and hinder the light body. With wisdom and humor, he explains the benefits of the light body, how it can affect the physical body, and what you can expect as it comes in. It's a profoundly different way to live, and as a Master you deserve it.



Cost \$350
Format: Cloud Class
Access: Stream for 90 days after purchase

[MORE INFO](#)

[WATCH EXCERPTS](#)

TIME OF THE MERLIN – IT'S YOUR MOVE

This is the time of the new Merlins on planet Earth; those courageous ones who understand the singular nature of time, the flexibility of physics, and the absence of all limitation. Merlin moves with the constant flow of energy in the life he chooses, enjoys intimate communication with her soul, and has dropped all excuses. No longer holding guilt and shame, Merlin tells stories of wisdom that enlighten and inspire. For Merlin, magic is simple physics, simply a dance of energy, communication, and consciousness. Merlin makes light of everything, and transforms suffering, pain, and sadness into illuminating wisdom.

The time of mastery and magic is here. In the timeless Time of the Merlin, you will realize the wisdom of your entire journey and see a glimpse of what is finally possible for you and for all humanity. This epic event is a turning point in our journey, relevant for many years to come.

ProGnost 2021 Update



IT'S ABOUT TIME

Cost \$75

Format: Cloud Class

Access: Stream for 90 days after purchase

MORE INFO

MÁS INFO

WATCH EXCERPTS

PROGNOST 2021 UPDATE – IT'S ABOUT TIME

Adamus explains how the TimeSpace continuum, electromagnetics, gravity, flow, and rhythm, are used by energy – the song of your soul – to create reality. And it's all made possible by time. As Planet Earth undergoes intense and high-speed change due to the increased flow of energy, it brings disruptions to every system and pattern, particularly the pattern of time.

According to Adamus, the rigid structure of time, which literally holds reality in place, is fracturing. You might experience this as time wobbles or glitches, disorientation, even a feeling of 'going crazy.' But, in fact, you are simply beginning to experience Free Time, and it's happening right now! Forget about renewal; everything goes completely NEW as time itself becomes open, flexible, and non-linear.

ADAMUS
ON TOPIC



THE
UNFAMILIAR FAMILY

Cost \$25

Format: Download

Access: Unlimited

MORE INFO

WATCH EXCERPTS

ADAMUS ON TOPIC – THE UNFAMILIAR FAMILY

In this high-level look at changing family dynamics, Adamus gives a historical overview of the family unit, beginning in Atlantis all the way to contemporary times, as humanity moved through polygamy, monogamy, and now individual sovereignty. Traditional relationship definitions are giving way to a lot of "blurred lines," which will result in changes of everything from housing and food packaging to childrearing and new types of partnerships. Society will continue to evolve as more humans choose personal freedom over old family bonds.

No longer based on karma, patriarchy and lifelong vows, the newly emerging family unit will be based on group friendship and mutual agreement. While there will continue to be many who choose the more traditional family model, there will be more and more who choose to be "single and sovereign," free to move among relationships and explore the love of Self.

A close-up photograph of a person's face, partially obscured by vibrant, translucent watercolor washes in shades of pink, blue, green, and yellow. The person has dark hair and a nose ring. Their hand is visible, gently touching their cheek. The overall aesthetic is artistic and ethereal.

REGISTER NOW!

ASPECTOLOGY® FAQ

– SOLVING THE PUZZLE
OF THE HUMAN PSYCHE

JANUARY 28–30, 2022

HOSTED LIVE BY GEOFFREY & LINDA HOPPE

Aspectology is one of the most important classes offered by Crimson Circle. But unless you're familiar with it already, you might be wondering what it's all about. So, we put together answers to some of the most common questions we receive about this life-changing material.

Q: What is Aspectology?

A: Literally, it means "the study of aspects" but we like to call it New Energy Psychology.

Q: Why?

A: Traditional psychology looks for what's wrong or broken about you and tries to fix it. New Energy Psychology sees you as an unbroken creator being and brings awareness to how and why you're creating life as you are. From the perspective of Aspectology, there's actually nothing wrong with you.

Q: Then why is life so frustrating? What are aspects anyway?


A: Aspects are creations of the Self for experience and expression. Aspects can also create other aspects, and any of them can get stuck due to things like physical, mental, and emotional trauma, vows, and other intense situations. Stuck aspects then show up as recurring patterns, overreactions, toxic inner voices, emotional triggers, creative limitations and more. Aspects often oppose each other, resulting in inner conflict and confusion. In severe cases, one can become dissociated.

Q: I don't think I'm dissociated, but I sure feel confused sometimes. What's the solution?

A: All aspects seek integration, even those part of you that resist and mock the whole idea. Therefore, the solution is the invitation and reintegration of all parts of Self. This ongoing experience will be intense at times, but the more you allow it, the easier it becomes.

Q: I've really tried hard to fix things in my life. Most techniques work for a while, then it's back to the same old patterns. How will this be any different?

A: The "same old patterns" are always caused by aspects. As their creator and installer, you also have the authority to retire and integrate them. Aspectology offers an understanding of self that



no other method or technique can provide, and the 3-day workshop is just a beginning point. Integration is an ongoing choice that unfolds over months and years because, after hundreds of lifetimes of aspect creation, there is no “quick fix.” But you will have the tools to become the true conscious creator of your life.

Q: I don't think aspects are a problem for me, but I'm being harassed by an entity. It's been blocking my abundance, messing up my relationships, and making me ill. I've gone to several healers, but nobody has been able to get rid of it permanently.

A: Aspects will often disguise themselves as something external like ghosts, spirits, demons, alien beings, sometimes even other people. But ultimately, it's all your creation. Aspectology helps you understand how it works and gives you the roadmap to freedom.

Q: Why is this described as a “core class”?

A: That description is only given to a few of the most important presentations. The Sexual Energies School is core because it's about energy management and self-love. Aspectology is core because it's about creation management and self-expression. Someone said it like this: “With the mortar of SES holding together the building blocks of Aspectology, you can finally create the Self of your dreams.”

Q: It seems expensive. Shouldn't such important material be available to anybody?

A: Here's another way to look at it. Psychotherapy sessions typically range in price from \$100 to \$350, and you're expected to continue for months or even years. For the price of 2 or 3 hours of processing, Aspectology offers tools to literally change your life. Based on follow-up surveys, over 88% of the attendees said it was a good value for the price, or just right for the price. In addition, over 80% of the attendees say it is a life-changing event and another 18% say it is an important, positive experience.

Q: Can I attend any time?

A: Geoff and Linda host this important event once a year. They are very present with you during the event, as are Tobias, Adamus, and other angelic brings. You'll also be able to draw on the supportive energy of the worldwide group going through the material at the same time.

Q: I already took Aspectology several years ago.

A: The original class was recorded by Tobias in 2008, then updated with additional sessions from Adamus Saint-Germain in 2015. Everyone who has taken the class again has expressed astonishment at how much more meaningful it was the second or third time around.

Q: *What will I experience in this class?*

A: Energy begins moving the moment you make the choice to attend, so life may bring a few surprises. During the class itself, there will be times of difficult intensity as well as profound revelation and relief. You'll see yourself in totally new ways, and the door will open to a flood of homecoming. Not all aspects will return at once, and there will be resultant times of confusion, pain, and weariness as the aspects that are stuck in those emotions come to the surface. But now, instead of wondering what's wrong with you (an aspect question), you'll know exactly what to do.



Aspectology is a 3-day workshop offered once a year, hosted live by Geoffrey & Linda Hoppe with channels from Tobias and Adamus Saint-Germain.

Cost: \$595
(graduates receive 50% discount)

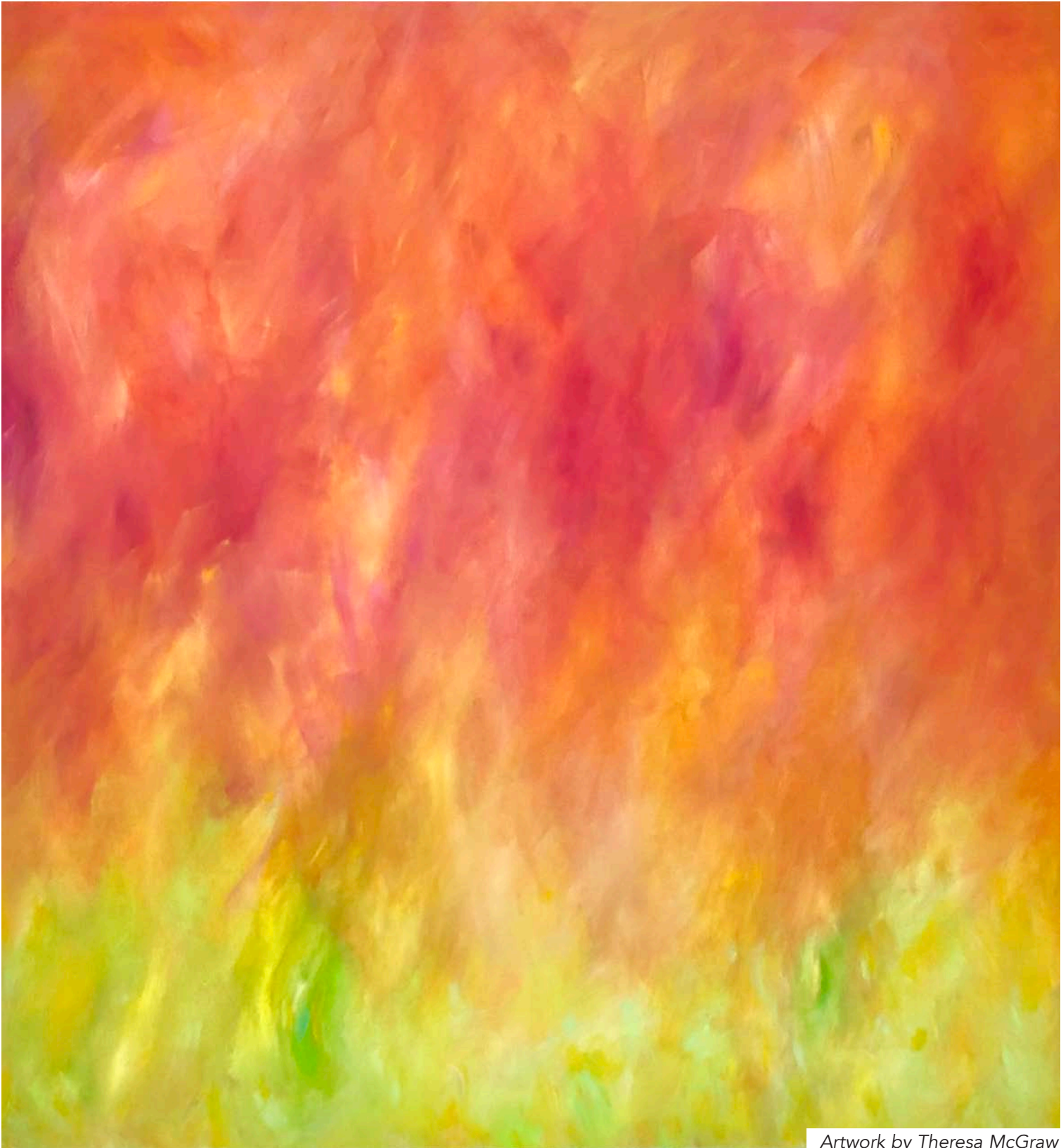
Access: 90 days access to videos and text

Language: E-reader text translations in 15 languages!

- Norsk
- Português
- Português brasileiro
- Русский
- Italiano
- Français
- Čeština
- Español
- Suomi
- Română
- Deutsch
- Dansk
- ελληνικά
- 한국어
- Magyar

MORE INFO

WATCH EXCERPTS



Artwork by Theresa McGraw

HOW ADAMUS SHOWS UP IN MY LIFE

Adamus says he is with Shaumbra every step of the way. Be it a Shoud, online Cloud Class, Keahak, or some other Crimson Circle offering, it feels like Adamus comes through with messages directed specifically to me. It can be a word, phrase, or a story, and when I am aware of this, I know I am a multidimensional being, human and divine. I often wonder if other Shaumbra hear and feel the same word(s) that just came through. Does Adamus have one overall channel and then sneaks in words, phrases and stories specifically directed to each Shaumbra participating? This is possible, for in the land of creation anything is possible, especially for an Ascended Master. And for those new to Crimson Circle, feel into how Adamus connects specifically to you. Be aware and find the humor of it all within your awareness.

I'll paraphrase some examples, and though I do not recall the exact dates and words, it's the essence I'd like to express. I first became aware of Adamus' connection with me back in 2017. I was listening to a Shoud, and Adamus snuck in the word 'museum.' At the time I was working for a children's museum. He said something like, "It's not about working at a museum or...." and continued on. Now why would the word 'museum' pop up in a channel? Who cares about museums! This was directed at me, for me. I became aware. At the time, even though I liked what I was doing, working with children and art, I knew there was something more for me beyond the museum.

In a past issue of Shaumbra Magazine, Geoffrey Hoppe mentioned ([here](#)) that we are now post-spiritual. No need to continue seeking other spiritual teachings or anything outside our Self. This resonated with me bigtime, for I had a strong inner feeling of passing on all my spiritual books to the local library, and no longer seeking out websites on spirituality. As the story goes, I still got distracted and checked in on several spiritual teacher type websites. One teacher spoke about viewing life and the 3D world as living in a prison. There was a meditation which I downloaded and listened to, then came time for the next Shoud. One of the first things out of Adamus' mouth, in what I took to be a strong tone of annoyance, was something about living in a prison.

Then Adamus went on with the channel, in the tone we all have come to know and love – shall I say 'charismatic with an attitude' – and the word 'prison' was there. I could hardly believe what I just heard. I became aware again. Adamus was speaking directly to me. And holy f*cking crap, Adamus just



By Theresa McGraw



called me out in a Shoud for all Shaumbra to hear. I wondered if others heard it too. As I look back and feel into this experience, it took place in the space between breaths, my breath, my awareness. It was timeless. To sum it up, from another Geoffrey article ([here](#)), the only spiritual teacher is the Master within.

Adamus talks about his past lifetime as William Shakespeare. Energy is literal and now that this aspect is in my awareness, 'Adamus as Shakespeare' keeps showing up. There's always the feeling and humor associated with what comes my way – oh, so Adamus, and oh, so me and my love for humor.

I had made an autopay for \$100 less than what the amount was supposed to be. I caught it, made the change, laughed, and moved on. Later that day, walking through an interior design shop, I came across a framed copy of a Shakespeare book cover, *Comedy of Errors*. It cracked me up, and I'm still laughing!

Shakespeare's name comes up over and over again in books I read and movies I watch. You may say, "Duh, he's a famous figure in history, of course he'll show up," but let's go beyond those details. How Shakespeare shows up is unique to me, always with a Shaumbra twist and sometimes the name is simply in my awareness as 'Adamus is in the house.' Participating in Keahak allows for this deeper dive with Adamus, and his timing is impeccable. It's timeless.

After hearing a Keahak session where Adamus expressed a liking to steampunk, I came across the movie *Stardust*, one of the most creative and humorous movie examples where Shakespeare shows up. There is a steampunk sky vessel that illegally flies around in the clouds catching lightning. Who leads



Artwork by Theresa McGraw

the crew? None other than Captain Shakespeare, a cross-dresser who loathes violence. Oh, what a Shaumbra pirate Captain Shakespeare is.

In one Keahak session, Adamus spoke about not getting caught up in the details of our flow. The movie that followed this in my world is *Finch*. There is a robot in the movie that would like a name. The robot suggests William Shakespeare. Finch, the creator of the robot, tells the robot that the name is already taken. Later, Finch tells a story to the robot about the Golden Gate bridge. It's not about the rivets and cables that make up the bridge, or its height. It's about standing on the bridge, seeing the beauty, and listening to the suspension cables singing in the wind. That is human experience. It's living. How's that for not getting caught up in the details of our flow? Stories do have a way of bypassing the brain. When this movie was being promoted before its release, I told myself that it didn't interest me. I know that I know, and choosing to watch this movie right after this particular Keahak was beautifully synchronized.

When I enter the House of Keahak, I like to sit on my bench and be. I also call on Adamus to come hang out with me, listen to me go on about my observations, or just be with me. I know Adamus is present. I have a yawn in the House of Keahak that is so different than any other. I feel Æterna.

Here's another example of energy in service to me, not related to Shakespeare but to benching. There are several past Shouds (pre-benching) where Adamus talks about sitting on a bench and being aware of the world around him. With this in my awareness I would go out, sit on a bench and just be, radiating grace, ease, and my 'I Am That I Am' presence. When it came time for me to move to a new location, I noticed that the town I was attracted to had benches literally everywhere. I thought, whoever designed this river town knew how to get people outside to enjoy nature and life.

I'm lovin' this. Now with my expanded awareness, everything is my energy and it's all in communication with me, the song of my soul. All these benches are my energy and I created them. Yes, I am enjoying benching very much. Thank you for asking.

Shortly after I registered for *The Master Code Online*, I was out enjoying a fine meal on the restaurant's outdoor patio, along with the wonderful service from my waiter. I asked the waiter his name and he said Gabriel. Moments like this are indescribable. The call has gone out. Yes, I am already feeling into the Master Code, and yes, I am meant to attend and be here at the Time of Machines.

I'd like to thank Geoffrey, Linda, and the Crimson Circle for being in Hawaii. Not too far from where I live in Illinois is a cafe called Luau Coffee.

The only type of coffee they serve is Kona coffee, along with other Hawaiian type drinks. One day I'll visit Hawaii, but until then it has come to me, my energy in service.

Are you feeling what I'm sharing? When you bring something into your awareness, your energy joyfully dances to your perception of reality. Adamus, a facet of me, is having fun dancing; I am dancing with Adamus. Imagine what else is possible when being consciously aware in life.

Now, I'll go beyond 2025, which is actually in the now. I cross paths with Adamus. We feel and sense each other's essence, presence. No words needed. My future Self sings, "Everything works out," and together we go into grand laughter.

Theresa is choosing to enjoy life and just Be, open to her flow and spontaneity. She enjoys walks in nature, benching along the river or at a cafe, going out for a fine meal (aka Sovereign Self date), painting, singing, and doing absolutely nothing (aka just Being). Yet to be experienced are traveling and meeting other Shaumbra. Theresa can be contacted via [email](#) or through her website, flowerosity.com.



We would like to acknowledge the Crimson Circle Angels for your unfailing energetic and financial support. Without you, we would not be able to make this extensive library of material available to conscious and aware humans around the world. Your support means everything!

In grateful appreciation to the Crimson Circle Angels from around the world.

The Crimson Circle Staff

Welcome to our newest Angels!

Neysan Aazami	Seung-Shin Yim
Heather Apple	Alfonso Yusta
Lori Goodman	Jeannine Daigle
Chizuka Harada	Tjalling Halbertsma
Renu Makroo	Lauren Hutnick
Tiffany Monroe	Renée Seiler
Diana Nozhkina	

If you would like to become a Crimson Circle Angel, please [click here](#) to subscribe and see Angel benefits.



CC TIPS

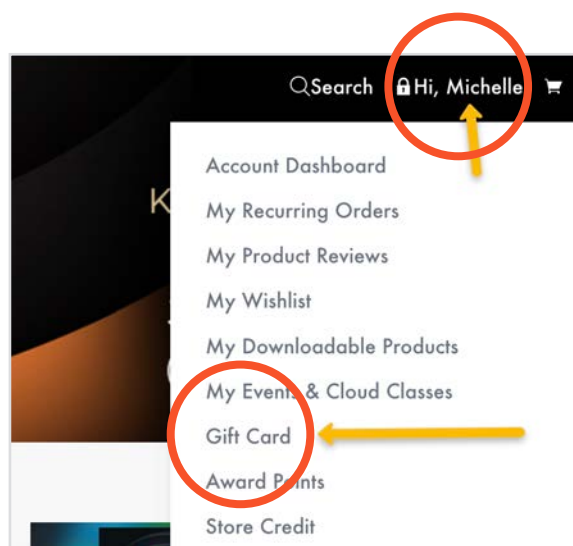
Monthly tips to help you make the most of your Crimson Circle online experience

REDEEM A GIFT CARD

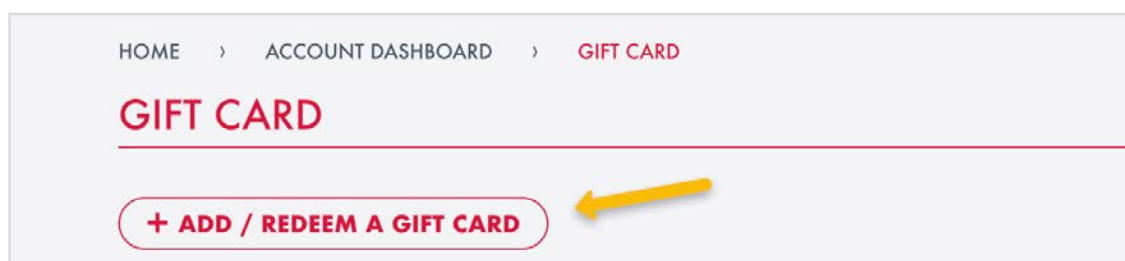
Did you get a Crimson Circle gift card for Christmas? Here's how to use it.

STEP 1: To redeem a Gift Card into Store Credit (so it will never expire), first, copy your gift card number, and go to your store account.

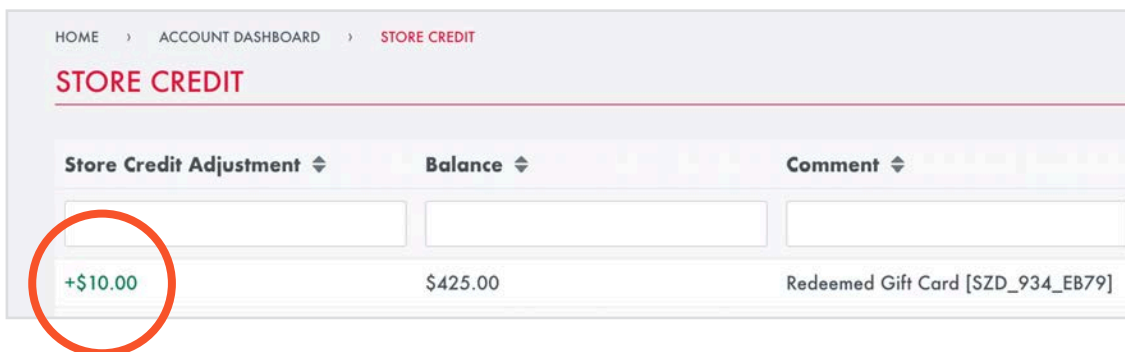
Once You have logged in to your store account, go to where it says Gift Card



STEP 2: Click on REDEEM A GIFT CARD, add your gift card code, and click on redeem.



STEP 3: It will go into your Store Credit as soon as you redeem it. You can go back to your account and click on store credit, and you will see it there. It will be available to use as store credit at any time.



For [this tip](#) and many [more tips](#), visit the [Crimson Circle Service Center](#)

A woman is shown in profile, looking upwards with her mouth slightly open. She has a crown of leaves on her head and is holding her hands near her chest. The background is a deep blue, and numerous small, glowing white birds are flying around her. The overall mood is ethereal and dreamlike.

A TIME FOR ANGELS

Below is an excerpt from Adamus' December 14, 2021 message to Crimson Circle Angels. This core group of approximately 1000 Shaumbra around the world provides the financial and energy support for Crimson Circle to offer a long list of services, maintain 27 full-time and permanent part-time staff members, as well as two recording studios for connecting with Shaumbra. Click [HERE](#) to find out more about the CC Angels program.



By Adamus
Saint-Germain

ADAMUS: Welcome, dear Angels. Welcome to this special gathering that we do a few times a year.

"Shaumbra" is an entity, a collective of all those who call themselves Shaumbra, of everybody who participates, everybody who feels that resonance within them. But it is you, the Crimson Circle Angels, that truly maintain that integral core connection with the entity called Shaumbra.

You agreed to be here. You agreed to help support this long before you ever came to this planet in this lifetime. And it raises an interesting question.

Back in Tobias' time, he said to make the monthly webcasts free all the time, no charging, no subscription. Offer the webcast to everyone, so anyone who was coming from awakening into Realization would have access without having to pay anything, because, as you know, abundance can be such a huge issue with those who are on their spiritual path. Tobias said make sure that these basic materials are always available free of charge.

That has been part of the Crimson Circle success ever since the beginning. Ultimately, everything that

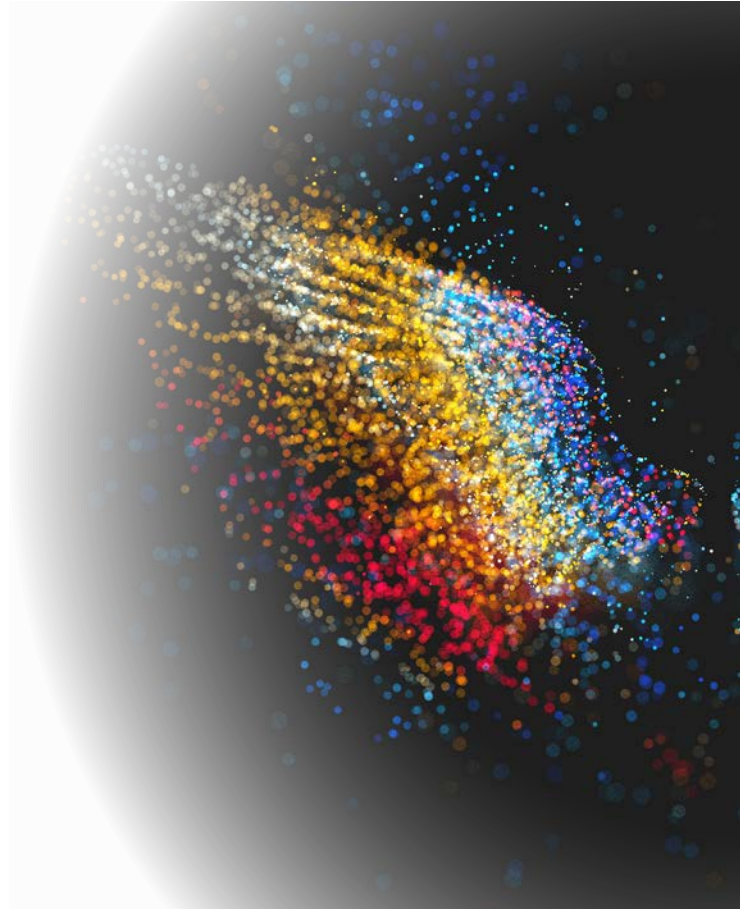
we talk about in Keahak or in Master's Life will come through, to varying degrees, in the free Shouds. The energy is there. It makes it very accessible to anyone who's looking for answers.

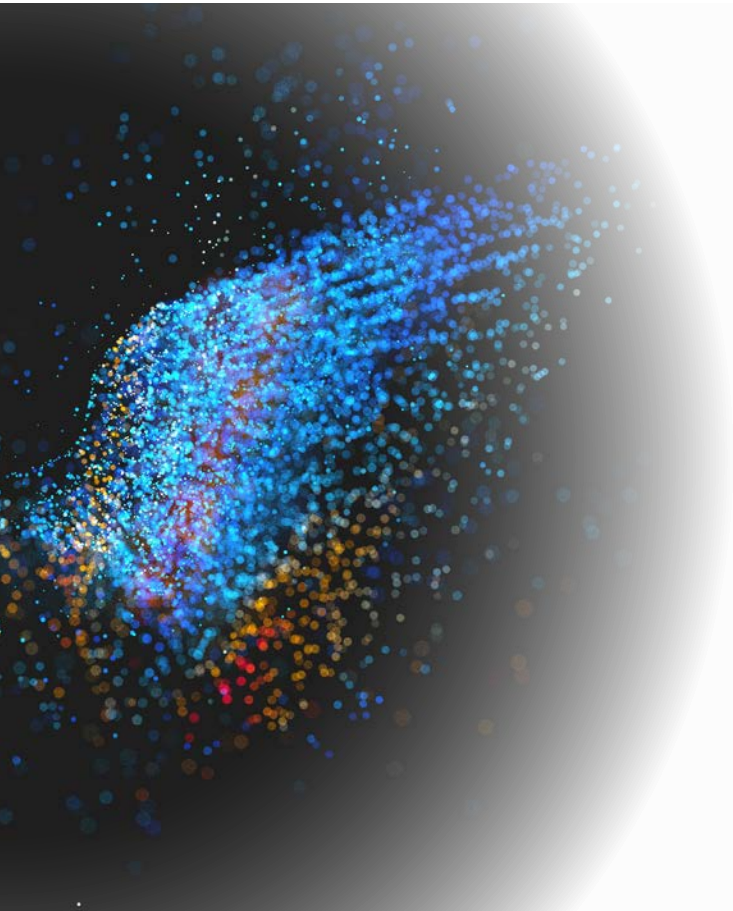
And then there was a challenge too. How do you do such a global group at this time? How do you do a group where there's no rules, no membership, no fees or dues? How do you get the message out across the world, when Cauldre and Linda and the staff are primarily English speakers? How do you do this? That's where so many of you came in, adding your energy, where it's not needed to have dues. There doesn't have to be annual fundraising drives. They don't have to charge excessive prices for the products or have certain requirements for different levels that you have to attain by going to certain classes and paying more and more fees to get to the next level. It's very open.

To many people, this would seem nearly to be an impossible task. If you were to go to a business consultant with this as a plan, they'd laugh at you and tell you it's simply not possible. But it does work, and the reason it works is really quite simple.

It works because of you. It works because you had this agreement to be in this core group that would support it. And you put this collective energy together – an energy that has such massion, that has such dedication – and that energy, which is really the entity "Shaumbra," now attracts the right people, the right energy flows, the right abundance, the right timing. It attracts all the right things.

Without the core group of slightly over a thousand Crimson Circle Angels, it wouldn't work. They would have to resort to a different business model, a different way of generating revenues to pay the costs, and certainly there are a lot of costs. They wouldn't be able to do it at the quality levels that they do. So it is your making up the core group of Shaumbra that attracts all the energies and makes all this possible.





As you know, this isn't about trying to grow the organization. It's about making Crimson Circle accessible and sustainable. It's about maintaining the element of ease and accessibility to the material for those who are going from awakening into Realization.

In Tobias' time with Crimson Circle, it was more skewed towards the awakening side. People who had gone through awakening and now ready to begin that long, difficult and arduous journey into their Realization. In the past few years under my guidance, it's much more skewed now to the coming into Realization, and now so much of what we're doing is talking about how to stay on the planet in the physical body. How to be in mass consciousness and not go crazy. How to be sovereign in the midst of a lot of limitations coming from the outside world.

Not so much now about the awakening portion, but, as I've mentioned, there are new waves of humans now, especially coming out of this COVID era, so many humans now reassessing their lives, what they feel is important, what they want to do with their life. Often that leads them into the awakening, and then there are so many questions and deep concerns, and that's where we come in, where Crimson Circle comes in. It's not a New Age group. It's not even a spiritual group. It is a guidance group for those coming through awakening and now finding their way into embodied mastery.

So, I extend my thanks to each and every one of you, as Cauldre and Linda and the Crimson Circle staff have. I ask you to take a deep breath and feel the appreciation, the gratitude and the thanks for being such an integral part of this phenomenal group on the planet called Shaumbra.

Click below to find out how you can become a CC Angel!

[MORE INFO](#)

THE CRITICS CORNER

Excerpts from Shaumbra reviews and comments on various products in the CC store. To leave your own feedback on any class or product, simply go to the item page in the [Crimson Circle store](#) and click on Ratings and Reviews!



SIMPLE, GREAT EXPERIENCE

I enjoyed this experience with Kuthumi. He is really a great teacher being able to put everything in simple and understandable as well as good to experience for one-self teaching.

~ PS

INSPIRING CONSCIOUSNESS

These 5 sessions with dear funny, compassionate, sweet Kuthumi inspired my passion to become one with my Light Body. Kuthumi talks compassionately and authentically, as his human to his light body, bringing so much clarity to the questions we have now in our own process of integration. He fills in things about his lifetime that I never knew. The essence of Making Light Body for me is that it's time for the very old and complex anayatron to be replaced with the simple singular communing of the Light Body. In the final session, Kuthumi guides us through integrating our Light Body. Brilliant, with both depth and humor!

For me, the completion came, sitting on my bench, on 12.12.21, the day after the December Shoud where it all

came together that I am One with my Light Body. I Am a Sovereign Being, knowing and feeling the Pure Love of my Light Body, my Essence. "Making Light Body" shines light on my Consciousness of who I Am. Adamus adds more light at the end of the shoud to bring it all together: "So how about we let in both the Christ child and the light body. Huh, maybe, just maybe, they're kind of the same."

~ PS

REWARDING

The effect of the channels surprised me! The following days were like nothing I've experienced before... it was as if something dissolved that had kept me in time and I was floating, totally present in the now while somehow 'out of it.' That was really weird for the human – and at the same time very exciting! What a precious gift it is to be 'tickled' by Kuthumi wisdom.

~ LC

ALL IS BRIGHT

Who better to bring us this information than the Master of en-Lighten up himself? Who else but the Master of Komedu can "make light" of a rather complex, confusing topic of the light body? What is it, where is it, how do we integrate it? Will all my body aches and pains go away, my radiant body lose those last ten pounds and I never age again? These and more questions are answered in this five-part series. Kuthumi tells us that it will incorporate the best of our physical features and will make the body more "de-lightful" to be in. Dancing between the questions and his stories and jokes, there are a lot of really helpful tips.

~ TO

THE CRITICS CORNER

CONNECTING WITH YOU!

One of the things I really love about Kuthumi is his lightness and humor. As soon as he enters and says, "Namaste," I get a big smile on my face. No wonder, he is the one making this series. He actually tells his version of how it was arranged that he was going to do it, and that is very funny. If that one is true, well, you be your own judge of that.

~ AMA

CHOOSE LIFE, BE A MASTER

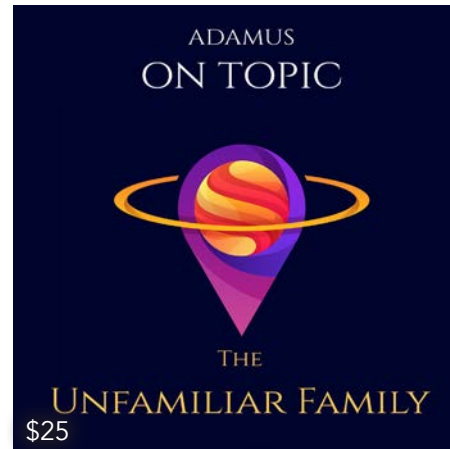
This made me more aware of the importance of choosing life, choosing to be here "as the Master." The human body reacts to the change taking place in so many ways and it is not all fun to experience this shi(f)t. Kuthumi explains the benefits of the light body, how it can affect the physical body, and what you can expect as it comes in. I must say that I had "blackouts" during these sessions. Luckily, we get the text transcript of the Cloud Class, too, so I could pick up what I did not remember. It is special to experience time after time, that however simple the contents seem to be, the bigger is the possibility of being knocked out on the way.

~ FA

LANDMARK EVENT

Kuthumi offers a gift for those who truly acknowledge they are realized and a Master. They are then ready to open up to their Light Body which integrates with the physical body. This is an ancient dream – now realized – of bringing heaven and earth together. After going through Making Light Body, my Light Body no longer feel elusive, unattainable or "out there" somewhere. It is now very much a part of me because I indeed opened that gift that Kuthumi delivered. And it was at the perfect time. On a final note, I'll never look at my bellybutton in the same way again.

~ KH



REFRESHING VARIATION

Very much enjoyed the new On Topic series and can highly recommend. It's a refreshing variation from it all. I happened to watch the recent movie "Professor Martson & the Wonder Woman" on HBO around the same time. It's an interesting compliment and one illustration of the subject of family arrangements Adamus takes a deep dive into.

~ CB

THE FUTURE OF FAMILIES

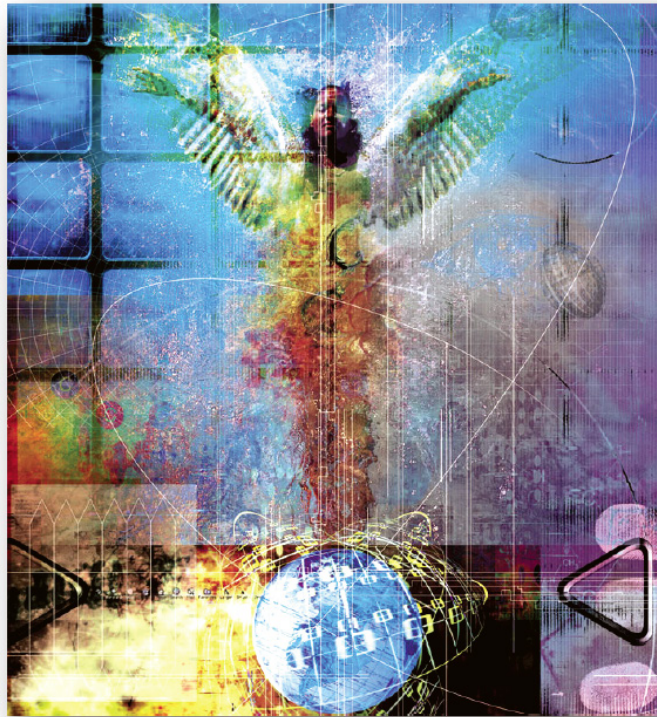
I honestly haven't thought much about the origins or future of families, so I have to say Adamus blew the lines right out of the box in this new series! Wow.

Adamus brilliantly outlines the history of the family unit dating back to the communal days of Atlantis and ... says now we're coming full circle back to those days and the younger generation will be choosing to live in group arrangements. Friends truly living together with benefits! I really enjoyed this refreshing, familiar/unfamiliar information from Adamus.

~ TO

MONTHLY SPOTLIGHT

THE OSLO SESSIONS:



From Control to Freedom

Our lives are filled with external controls, but the truly limiting controls come from within. We control our body by telling it what we think is best, even though it already knows how to rejuvenate. We control our mind by trying to block out things we don't like. And we control our spirit and soul through a matrix of outdated belief systems, including religion and even New Age.

These controls have helped maintain our human identity, but also bring great limitation. Now that we're disconnecting from the Field, mass consciousness, and ancestral patterns, it is also time to disconnect from our limited identities. Aches

and pains, mental imbalances and even religions are all symptoms of trying to control the Self. Healing and sovereignty happen in the safe space when we choose to breathe, let go of a control, and then listen.

In The Oslo Sessions, Tobias reviews the internal control systems, and explains how we can release them to allow for new physical, mental and spiritual freedom. He takes the listeners through the experience of choosing to let go of specific controls and then truly listening to what happens with the energies. There are many types of controls, but they are no longer needed for the sovereign being.

"Your body is an incredible center of energy and rejuvenation. It is a living, walking, breathing, and talking example of how energies can come in and rejuvenate in ways that science can't even imagine or analyze right now. Your body is going to be one of the very best examples that you're going to have to show other people how letting go of their controls, how returning to an intuitive, natural state of being, is part of this whole New Energy.

~ Tobias

1 – Physical Controls (59:26)

Over many lifetimes, humans have taken on many layers of internal controls. There was a reason for this, but it's time to let them go. Body controls include food, clothing, medications, supplements, energy work, environment, and more. Just let go, the body knows what to do.

2 – Mental & Spiritual Controls (59:10)

Controls maintain your identity; it's time to disconnect, then listen. You, the creator, have the authority to release every control that the human has imposed on the mind imposed. Religion stems from tremendous attempts to control Spirit. It will never work, let go.

3 – Freedom (43:55)

After reviewing controls placed on the body, mind and spirit, Tobias talks about the safe space and being in your own dimension. This is true sovereignty, where everything is yours and you can soar in freedom.

4 – Questions & Answers (1:13:23)

Tobias answers questions about family relationships, sexual abuse, working with clients, food and diets, dreams, health challenges, depression, and much more.

THE OSLO SESSIONS



Format: Downloadable audio & text

Cost: \$40

Featuring: Tobias

Recorded in Oslo, Norway, June 2006

HIGHLIGHTS

- Humans control themselves in countless ways
- Trying to manage body, mind, and spirit
- Controls kept you intact as a human
- Now they are unnecessary limitations
- Release control, grant yourself freedom
- You are safe because it's all yours

MORE INFO

HEAR EXCERPTS

FOUR PHASES





One of the Very Important Projects that we've been working on is something called "Content Presentation Reorganization," or CPR. In essence, it's the process of looking at, updating and standardizing every part of every item in the Crimson Circle store. For instance, in the past, sometimes we've written things like "This is the newest amazing information that Adamus just recorded last month with 95 people in Egypt!" While great for sharing the excitement, information like that doesn't mean much 10 years later! In the CPR process we reexamine the material in detail, create outlines, keyword lists, meta descriptions, highlights, excerpts and samples, and eventually rewrite the entire description using very specific guidelines to make it clear what one can expect from that particular recording.

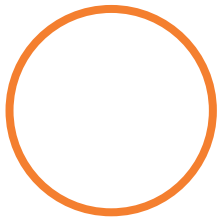
Needless to say, it's a comprehensive process that takes a great deal of focus and time. And I'm happy to report that as of this writing, 198 of the 202 items in the CC store have been completed. It's quite an achievement, to be sure, but it's also part of a much bigger picture. While this project has been going on for more than two years, its genesis was even earlier.

Back in 2014-15, we had several all-day staff meetings to take a new look at the vast library of material that's been generated over the last two decades. While every minute of audio/video and every page of text is full of wisdom, the whole collection was starting to feel like a huge department store without departments! In other words, how could anyone find what they needed? Things had been somewhat categorized by format and length, but that's not very helpful when your hottest issue is "Am I going crazy?" or "I don't want to be here anymore." The puzzle was how to sort it when everything is wonderful, without resorting to a bunch of Shaumbra jargon, and tackle the challenge of defining the whole thing. What are we doing here at Crimson Circle anyway? It's not New Age, it's definitely not religion, it's barely spiritual.

There was lots of circular discussion until at some point, Alain Bolea, CC Operations Manager, illuminated the issue by pointing out that, after the initial awakening, there are really four distinct phases to this journey. That realization has since clarified and deepened, and an important part of the CPR project has been determining which phase each Cloud Class or download best fits into. Of course, there's a tremendous amount of overlap, just as in real life, but it helps with distilling and organizing the massive catalog.

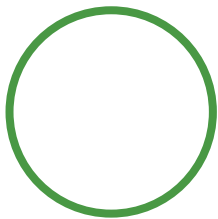
FOUR PHASES OF POST-AWAKENING

Does any of this sound familiar?



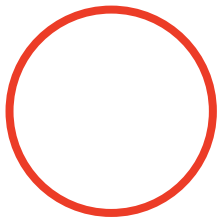
RELEASING & CLEARING – RETURN TO BALANCED ENERGY

Before becoming all that you are, you must first release all that you are not. The pain and anguish of this naturally destructive phase are directly proportional to one's level of resistance. Human identities and stories, attachments, goals, hopes and expectations, they all must go. Keep breathing, this too shall pass.



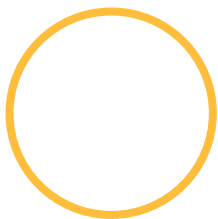
INTEGRATION & EMBODIMENT – WELCOME YOUR I AM

The emptiness of loss opens space for your divine essence. Aspects, stuck energies, and old patterns dissolve back into pure essence. Glimmers of light, wholeness, and wisdom emerge and meld into the radiance of your true Self. Every day you are a little stronger, a little clearer, a little wiser, a little more You.



WELLBEING & ENLIGHTENMENT – LIVE AS A MASTER

As you choose again and again to live, trust, and allow, all the energies support your choices and life finds an easy flow. Perceiving the world through the eyes of compassion, you experience the truth that "All is Well," no matter what's going on around you.



MAGIC & PHYSICS – EXPERIENCE BEYOND 3D

The Master becomes an established part of everyday reality, and you enjoy the multidimensional flow of life. Synchronistic, magical events become commonplace, creation comes easy, and life is a radiant act of consciousness. This is why you're here!

(By the way, if these names look familiar, you may have seen them in the [new store](#) as the titles of four of the sliders. Each and every item in the store is tagged to one of them.)

It's important to understand that these phases are not linear in any way. While there can be a sense of progression, they all overlap, intermingle, and

cycle through your experience countless times. One day you may glow with the joy of a cosmic experience where everything makes sense and angel dust is all around; and the next day you're curled up in the corner, acutely aware of all the ways your life is a failure. These fluctuations are natural; the key is to allow them. All of them. Holding tight to the fun stuff will disrupt the flow just as surely as resisting the tough stuff. The Easy Button is allowing all of it to flow as it will, trusting your own river of life.

A sobering thought is that these phases now seem to be happening on a global scale, now that most of humanity has gone through a massive "awakening trigger" in the last couple years. While the journey isn't linear, it often starts with a lot of "release & clearing," and I see a ton of that happening everywhere. A timely example is the recent Colorado fire. It took all our attention for most of 24 hours as we watched the devastation unfold, not knowing if the CC studio had been affected and aching for those who were losing everything. On a personal level, one of my sons had to evacuate but was unable to get his kitty, and it was a very long night not knowing if he had lost everything too. I sat with him, wondering if this would be part of his "releasing and clearing" phase or just another difficult human experience.

Fortunately, his home and pet emerged unharmed, but I realized a lot of us might be doing something similar in the coming months and years – sitting in compassion as humanity goes through that initial phase of "releasing and clearing." An important part of the light we bring is the understanding that there are other phases beyond the destruction.

In his recent message to the Crimson Circle Angels, Adamus noted that not all Shaumbra are actually benching yet, although we're getting better at it. Here's my theory about that: Some days we're in the "Magic" phase and benching is the most satisfying option; other days we're not quite sure where the Master is, or we're having a messy aspect day, or we just plain forgot about benching. The thing is, once we really know that this IS a natural process and all is well even on the worst days, there's no need to wait until we have our sh*t together before joining in the art of benching.

What I'm trying to say is that you can't get it wrong. No matter what phase you're currently experiencing, the other phases are part of your reality too. This has become exceedingly clear to me over these years of revisiting the incredible messages from Tobias and Adamus. The "Content Presentation Reorganization" project has not only made the CC materials more accessible, but also provides a sort of energetic "cpr" – as in the more typical acronym of "cardiopulmonary resuscitation" – when we need it the most. Cardio = heart; pulmonary = breath; resuscitation = rejuvenation. Yep, that's what happens to me every time.

I have a personal milestone to celebrate this month as well: the 14th anniversary of being employed by Crimson Circle. It feels like I've lived a few lifetimes in those 14 years, with moments of pain, joy and magic, but never drudgery! I can't imagine a more satisfying way to spend my time than serving Shaumbra while going through my own four phases of post awakening, again and again and again. In any given moment I can point to which part – or parts – of the scramble I'm currently ... 'enjoying.' But now that I know all of them are part of the swirl, it's a lot easier to trust the flow.

Happy New Year, keep breathing and enjoy the ride!



NEW TRANSLATIONS

Category	Title	Language
CLOUD CLASS	<u>DW DEATH 2020 ONLINE</u>	BR, CZ, DE, ES, FR, HU, JP, PT, RU
CLOUD CLASS	<u>KUTHUMI'S MAKING LIGHT BODY</u>	CZ
CLOUD CLASS	<u>THE MASTER CODE ONLINE</u>	DE, FR, HU, IT, JP, PT, RU
CLOUD CLASS	<u>TIME OF THE MERLIN ONLINE</u>	DE, FR, HU, PT, RU
FREE	<u>THE LOST CHILDREN OF CHRIST</u>	BG, CZ, ES, FI, FR, GR, HU, IT, NL, PL, RU

LEGEND: BR=Português Brazil, BG=Bulgarian, CZ=Czech, DE=Deutsch, DK=Danske, ES=Español, FI=Suomi, FR=Français, GR=ελληνικά, HE=עברית, HU=Magyar, ID=Indonesian, IT=Italiano, JP=日本語, KO = Korean, LV= Latviski, NL=Nederlands, NO=Norsk, PL=Polskie, PT=Português, RO=Română, RU=русский, SL=Slovenščina, SR= Српски, SV=Svensk, TR=Türk, UK= український, ZH=Chinese

[VIEW THE COMPLETE LIST OF AVAILABLE TRANSLATIONS](#)



I Am Worthy

A new Master's Pause

Aspectology School

Register now! January 28-30, 2022



The Oslo Sessions

January Spotlight



Natural Protection & the Inner Child-
Highlights from Art of Benching Shoud 3



Merabh of the Inner Cristos Child

From Art of Benching Shoud 3



MEET THE CRIMSON CIRCLE STAFF

INTERVIEW WITH TIM KEITH – KONA CONSTRUCTION MANAGER



SHAUMBRA MAGAZINE: Where do you live?

TIM: I'm originally from northern California but have lived here in Kailua Kona for approximately 39 years.

SM: Do you have family here?

TIM: I have two wonderful adult children. My son joined the Army and did three tours in Afghanistan. My daughter is phenomenal, she's out of college and is currently working as a bartender. I recently got married to a beautiful, wonderful woman, Erin, so I have two great step kids too. Family life is phenomenal!

SM: And you have a doggie as well?

TIM: Oh absolutely, Takoda! One of the greatest things about working for Crimson Circle is that I get to bring him with me every day to work. He and Belle play a little rough, but they're good buddies.

SM: What are your responsibilities with Crimson Circle?

TIM: Anything and everything they need done as far as maintenance, construction and just keeping things operating at the properties here. I do everything from jacking up the house and fixing foundations to building cabinet doors to welding sides for the trailer to anything they need.

SM: What else have you done in this field?

TIM: I've been doing this for 32 years, started right out of high school building homes. Then 9/11 came along, and the contractor I was working for thought the end of the world was coming and shut down the company. So, I put an ad in the paper and have never looked back. I haven't had an employer since then;

I've had clients. This is the first time in 20 years that I agreed to work for somebody, to actually have an employer. Geoff offered me a full-time position and I couldn't say no. I jumped at the opportunity.

Here in Hawaii, we have a lot of extremely wealthy absentee owners, and I've worked for people like that my entire career. But when I met Geoff and Linda, it was a different vibe. They're humble, they appreciate quality, they are awesome to work for. It's the best gig I've had in 30 years.

What I like about the job is that it's all-encompassing. It's not just rebuilding kitchen cabinets or doing one single project. It's everything. I like the diversification of it. If you show me a picture of something in a Sunset Magazine, I can build it. I build whatever they want, and I love doing it. My dad told me when I was a young kid, "If you love what you do for a living, then you'll never work a day in your life." I love coming to work. They are super awesome. I like Linda's attitude and Geoff's wisdom. Any time I have an issue, he's the first one I think of. "Okay, what would Geoff say?"

SM: The whole company is kind of unusual, maybe even a little weird by some people's standards. What's it like for you to work for Crimson Circle?

TIM: It gives me a lot of material to make fun of (laughing). All my buddies are like, "Have you gotten your orange robe yet?" (more laughter) But no, it's super cool. And Geoff is the most humble guy in the world. I can sit there and talk to him like he's a brother. There's such a mutual respect. He's not like the clients I've worked for in the past where they look down on you like you're just the hired help. They're just real people, and that's why I said yes and hired on.

SM: Do you have any hobbies or passions outside work?

TIM: Anything outdoors. I love shore fishing, hanging out with family, working on my three 4-wheel-drives. I love fishing, lobster diving, anything with the ocean.

SM: Is there anything else you'd like to share with the readers?

TIM: Life is good!



CRIMSON CIRCLE STAFF

The amazing community that helps make all this happen

FULL-TIME STAFF

Geoffrey Hoppe	Co-founder, Channeler
Linda Hoppe	Co-founder
Virgilia "Vili" Aguirre Alvarez	Translations&IP Management
Alfredo Barranco-Gómez	Technology Services
Alain Bolea	Operations
Bonnie Capelle	Customer Service
Ricardo Cruz-Leyva	Technology Services
Seissa Cuartas	Event Services
Juan Carlos Juárez-Lerma	Technology Services
Alberto Lunagómez	Technology Services
Michelle MacHale	Manager of Online Experience
Jorge Merino	Technology Director
Peter Orlando	Studio & Production Services
Iván Parra	Technology Services
Steve Salins	Financial Operations
Jean Tinder	Content & Communication
Konstantin Vikhrov	Technology Services
Jorge "Josh" Zárate Soriano	Technology Services

MUSICIANS

Gerhard Fankhauser	Yoham
Einat Gilboa	Yoham

PART-TIME STAFF

Lawrence Bluhm	Set-up Assistant & Camera Operator
JoAnne Brennan	Masters Club Service
Joep Claessens	Content Support Service
Nazar Fedunkiv	Community Connection Manager
Kerri Gallant	Masters Club Service Manager
Maggie Hopffgarten	Content Assistant
Gail Neube	Transcription Services
Carolina Oquendo	Customer Service
Marc Ritter	Magazine Art Director & Asst. Studio Manager
Dave Schemel	Photographer
Suzy Schemel	Special Projects Assistant
Gaelon Tinder	Camera Operator

HAWAI'I STAFF

Michelle Corazao Dinu	Property Manager
Tim Keith	Construction Manager
EJ Thomas	Landscape Maintenance

HAWAI'I VIDEO PRODUCTION TEAM

Moishe Groger	Technical Services
Michelle Corazao Dinu	Set-up and camera operator

CRIMSON CIRCLE STAFF

The amazing community that helps make all this happen

CONSULTANTS & CONTRACTORS

Stephan Weigandt Database consulting

Chad Nash Data Springs

PRODUCT REVIEW TEAM

Anne Maribo Andersen

Finn Andersen

Nazar Fedunkiv

Jaziel

Kathleen Haws

Florin Mandiuc

Tammie O'Rielly

Siglinde Schwenzl

Patti Severance

Lise Storm Karlsen

Iwona Wirkus

INTERNATIONAL WEBHOSTS

Bulgarian Rositsa stoianova

Chinese Shiau-shiau Pei Pei

Finnish Irma Rantala

French Catherine Bitoun

German Birgit Junker

Hungarian Timea Thomazy

Italian Lucia Ligi

INTERNATIONAL WEBHOSTS

Italian Samanta Mela

Japanese Satoshi Ito

Norwegian Inge Klokkeide

Polish Arek (arkadiusz) Szczepaniak

Portuguese Silvia Tognato Magini

Romanian Florin Mandiuc

Russian Nazar Fedunkiv

Russian Alexey Safrygin

Russian Irina Safrygina

Spanish Yezid Varon

TRANSLATORS

Bulgarian Rositsa Stoyanova

Chinese Kemila Zsange

Czech Danuse Mitchell

Czech Ladislav Šulc

Czech Eva Suskova

Czech Jirina Vida

Danish Anne Maribo Andersen

Danish Finn Andersen

CRIMSON CIRCLE STAFF

The amazing community that helps make all this happen

TRANSLATORS

Dutch	Joep Claessens
Dutch	Malou Kempers
Finnish	Marika Kontuniemi
Finnish	Maija Leisso
Finnish	Pirjo Laine
Finnish	Irma Rantala
Finnish	Anya Ruusu vuori
Finnish	Kim Mirjam Seppälä
Finnish	Inkeri Väisänen
French	Catherine Bitoun
French	Cyntia Coste
French	Jean-Pascal Danos
French	Beatrix de Keating Hart
French	Nicole Mocellin
French	Namami Quici
German	Gerlinde Heinke
German	Birgit Junker
Greek	Maria Grigoraki
Greek	Kalliopi Pagoudi
Greek	Mary Polychroni
Hungarian	Janos Nagy
Hungarian	Janos Nagy Sr.
Italian	Gaetano Azzali
Italian	Paola de Miranda

TRANSLATORS

Italian	Giuseppina Villa
Japanese	Mayumi Hayashi
Japanese	Hisako Hino
Japanese	Satoshi Ito
Korean	Young Wan Choi
Korean	Keuhna Hwang
Latvian	Liene Pētersone
Latvian	Dainis Roberts
Norwegian	Evy Finjord Heggelund
Norwegian	Inge Klokkeide
Norwegian	Hedevig Blakstad
Polish	Aleksandra Debska
Polish	Jolanta Stasiak
Polish	Bożena-Ewa Kozłowska
Polish	Piotr Masłowicz
Polish	Liliana Tough-Wojciechowska
Polish	Slawomir Lukaszewicz
Polish	Włodzimierz Salwa
Portuguese	Alina Espinha
Portuguese	Placidia Espinha
Portuguese	Joao Sousa
Portuguese BR	Letizia Scorpioni
Portuguese BR	Silvia Tognato Magini
Portuguese BR	Luiz Antonio Viotto

CRIMSON CIRCLE STAFF

The amazing community that helps make all this happen

TRANSLATORS

Romanian Florenta Cuculeac

Romanian Cristina Dobrescu

Romanian Mirela Ghenea

Romanian Ana-Maria Labo

Romanian Carmen Rivalet

Romanian Manuela Sfirschi

Russian Olga Basova

Russian Nazar Fedunkiv

Russian Tetyana Rudyuk

Russian Irina Safrygina

Russian Grigory Tarabukin

Slovenian Nika Cermak

Slovenian Ksenja Pucher

Slovenian Spela Tajnic

Spanish Virgilia Aguirre

Spanish Adriana Cuervo

Spanish Claudia Cuesta

Spanish Flavio Lalevich

Spanish Olivia Morales

Spanish Alia Nayu

Spanish Angela Quinteros

Spanish Hilda Díaz

Spanish Denise Nicolau

Spanish Yezid Varón

TRANSLATORS

Swedish Susanne Nordstrom

Turkish Caglar Baykara

Turkish Meltem Taban

SOCIAL MEDIA TEAM

Maija Leisso Crimson Circle on Facebook

Nazar Fedunkiv Crimson Circle on Facebook

Jean Tinder Crimson Circle on Facebook

Jaziel Shaumbra Pirates

Lise Storm Karlsen Shaumbra Pirates

KEAHAK MANAGEMENT

Alain Bolea Keahak Operations

Dr. Douglas Davies Living in Keahak

BOARD OF DIRECTORS

Geoffrey Hoppe

Linda Benyo Hoppe

Alain Bolea

Dr. Douglas Davies

SIMON'S SPOOFS

Simon Bessant lives in the UK and is a prolific Shaumbra comedian on Facebook. He Photoshops the images on his phone and posts them in the Facebook group [Shaumbra Grand Embodied Masters Comedy Club](#). Check here each month for more laughs!

Weird Facts



You never saw Michael Jackson, Bart Simpson and Linda of Esa in the same room.

How you feel when you leave a Crimson Circle live event...



NO TRESPASSING

**ASCENDED MASTERS CLUB
EXPERIMENTS TAKING PLACE**

**ENTRY MAY CAUSE: STERILITY,
RECTAL SHRINKAGE, URINARY CLUMPING
& IN SOME CASES EXTREME NASAL HAIR**



ELLYPSES ACTION PLAYSET

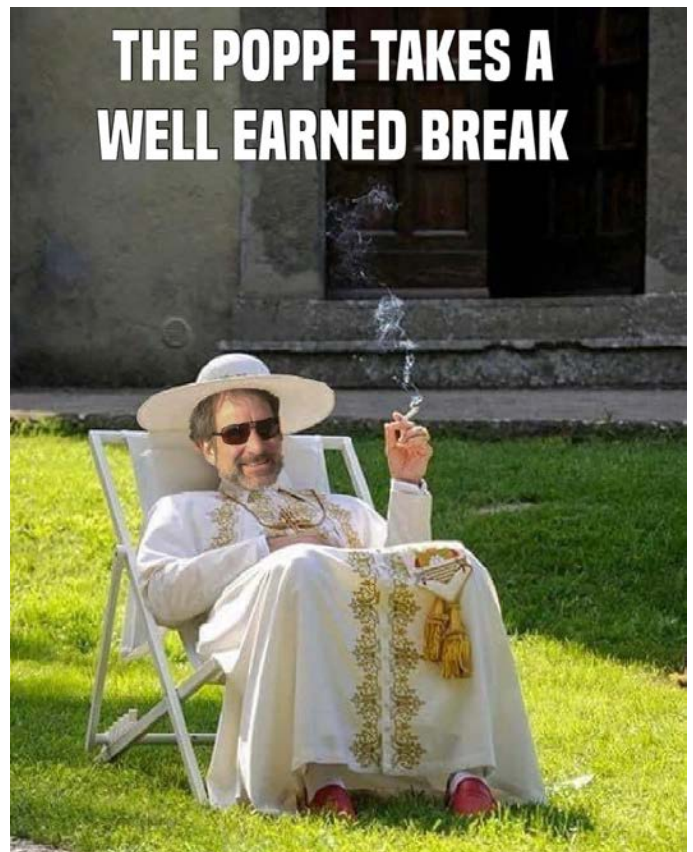
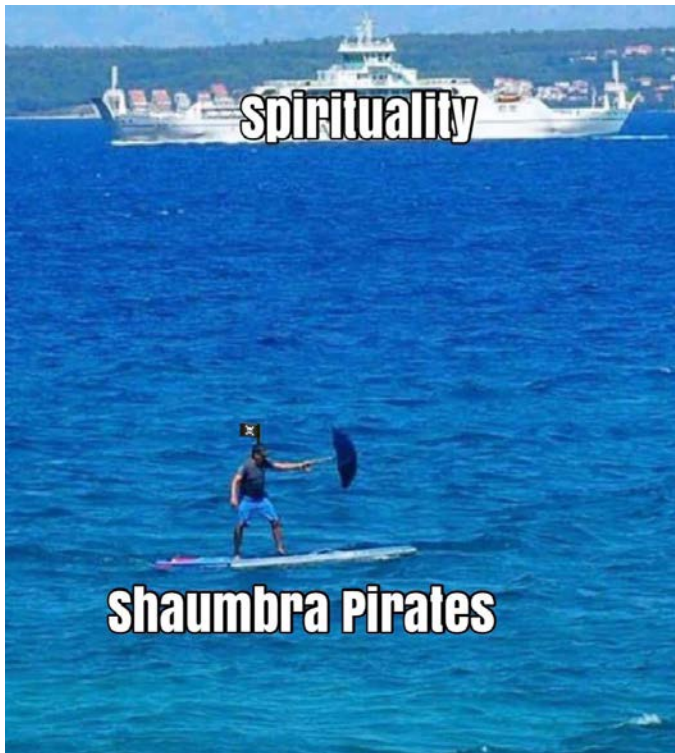
80403



**FREE
ADAMUS
ACTION
FIGURE !**



lego.com/shoud2





Enlightenment is a natural process.
Seeking, studying and suffering only cause delays
and heartaches. Simply choose and allow it.

— Adamus Saint-Germain —



CRIMSON CIRCLE