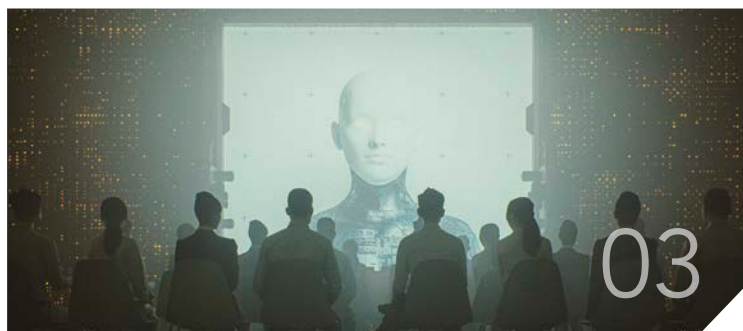




SHAUMBRA™

INSPIRE CONSCIOUSNESS

MAGAZINE 1121



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GRANDIOSE?



By Geoffrey Hoppe

There are times when I wince and squirm at some of the words that come out of my mouth as I'm channeling Adamus. I don't "filter" what he's energetically conveying through me; if I did he'd publicly call me out. However, there are times when I get mighty uncomfortable with his messages. At times it feels so grandiose. Bigger than life. Like a complex Hollywood sci-fi movie.

If the Shaumbra saga were a movie, the story line would be something like this, based on what Adamus says: A relatively small group of humans are brought together by a mysterious force in the End Days of Atlantis. They build pyramid-shaped temples where they learn to shift between dimensions, and use the embers from massive bonfires to send their coded messages across time and space... to themselves in the future, no less. They come back together as Essenes in the time of Yeshua (Jesus) to plant the seeds of light (divinity) that will take over 2000 years to germinate. Then they come back yet again in the mid-late medieval times where they sequester themselves in Mystery Schools in Transylvania and other locations around Europe. Here, they train for their last lifetimes on the planet as spiritual Masters, scheduled to be around the turn of the 21st century.

All manner of hell is breaking out on the planet at this time in 2020 – everything changing at speeds few people can comprehend – causing disruptions in nearly every system known to mankind. This ragtag group of rebels has a critical mission (what they call a mas-sion): To allow their Realization and then, uh, well, to sit on park benches drinking cappuccino.



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CRIMSON CIRCLE





Did I mention grandiose? But wait, there's more.

Robots are taking over entire factories. They drive cars and trucks. Cameras monitor nearly every human movement in homes and public places. Frenzied scientists are working day and night in their laboratories to create a new type of non-biological super intelligence. Coins and paper currency are quickly being replaced by electronic transfers; nobody gets a paycheck any more, they get digital points. Food is grown in warehouses instead of fields. Doctors become a thing for history books because people just hook up to a machine for a diagnosis and treatment. Human priests and ministers are replaced with holographic recordings. And nearly everyone is smoking an exotic herbal substance that makes them feel relaxed and giddy.

All of this is happening while a virus hits the planet, causing people to stay indoors, work at home and wear face-masks for years. There's not enough housing, a strange shortage of workers is closing down restaurants, airlines and service businesses, and the stock market is bullish the whole time.

Grandiose, indeed! Who wrote this script? They must have been smoking some of that exotic herbal substance.

But this isn't a script. It's our reality on the planet right now in what Adamus calls The Time of Machines. He claims to have written a book about it over 300 years ago when he did some time traveling in and around the year 2020, but I think we're in the midst of rewriting the book with our personal experiences. You can avoid the news and pretend it's not happening, but the fact is it's here, and it's why we're here. It is our Grandiose Reality.

Adamus has been talking about it in his annual ProGnost messages since about 2014. He isn't predicting the future. He's telling us what's happening right now, and he's telling us why we're really here on the planet at this pivotal time. He's reminding us of our Atlantean-Biblical-Mystery School roots, and helping us to remember how to commune with energy once again so we can radiate our light to the planet. We're no longer energy-holders or planet-savers. We are here to illuminate higher-consciousness potentials at this critical time for humanity. Talk about grandiose.

At times I gasp at some of Adamus' words that come flying out of my mouth. Like many of you, I'm thinking

to myself "Who, me?" when he talks about the role of Shaumbra at the Time of Machines. "I'm just an ordinary guy," I think to myself. "Good grief, I was born and raised in Wisconsin, not Tibet. Catholic, not Buddhist. I've been married 44 years, dress like I shop at Dillard's, eat meat and smoke cigarettes. Who...ME?" It's all pretty grandiose, this stuff Adamus is talking about with us.

Last night Linda and I sat down to watch 60 Minutes. It's a popular American TV news program that's been around for 53 years, drawing close to 10 million viewers per week. In other words, it's a highly respected, mainstream news show. We were blown away last night when they aired a segment featuring Yuval Noah Harari, best-selling Israeli author and historian. The segment sounded like something straight out of ProGnost. Remember, *60 Minutes* is mainstream, not some sketchy podcast. Harari talked about technology, Artificial Intelligence and the future of the planet as if he had just watched the last six years of ProGnost in one setting. Here's a few of the things he had to say:

"We'll soon have the power to re-engineer our bodies and brains, with genetic engineering or by directly connecting our brains to computers, or by creating completely non-organic entities."

"This is something way beyond just another human species."

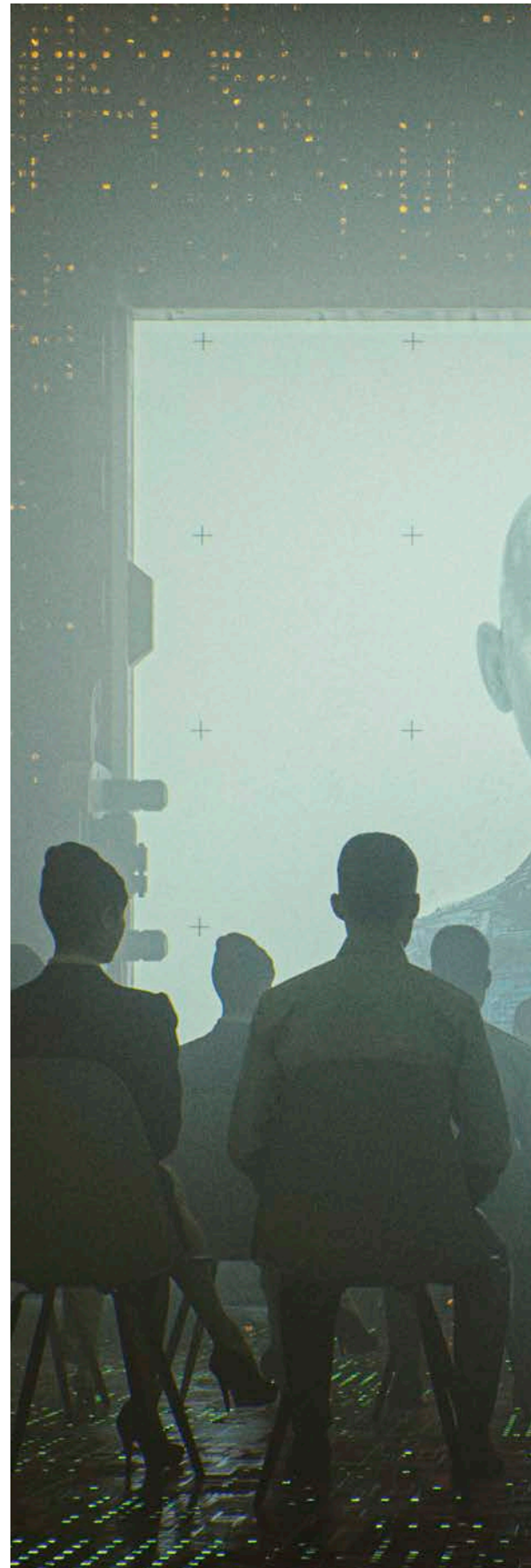
When asked if artificial intelligence will have power over us, Harari replied, "They are already gaining power over us."

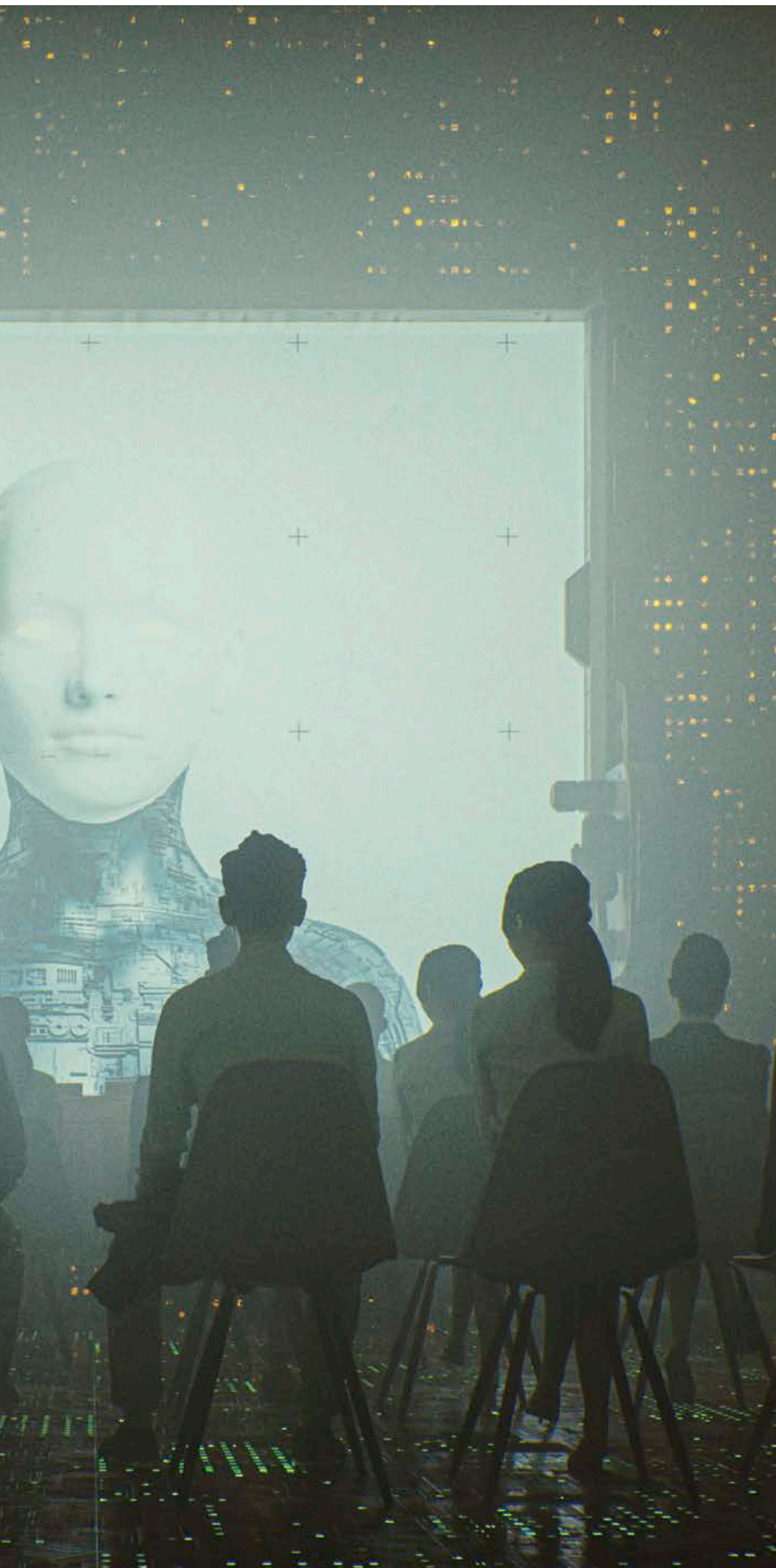
Some of his other comments include:

"Governments are collecting data about where we go, who we meet, what movies we watch. The next phase is the surveillance going under our skin (into our bodies)."

"In science fiction, it's often assumed that as computers become more and more intelligent, they will gain consciousness. Actually, it's much more frightening in a way. They will be able to solve problems much better than us, but without consciousness or feelings."

"To hack a human being is to get to know the person better than they know themselves. This outside system (AI) has the ability to remember everything, everything you ever did, and know what you're going to do before you do it."





You can listen to the entire interview at this link:

[Harari 60 Minute Interview](#)

What sounded grandiose just a few years ago in ProGnost is now mainstream. What I cringed at when Adamus was talking about the future is now here. What seemed like wild and bizarre science fiction is now our current state of affairs. This *is* the Time of Machines. And it's not just Yuval Noah Harari talking about it. So is Elon Musk, Bill Gates and a multitude of other bright, successful technology moguls. The message is clear. The world is changing at an unprecedented rate and we're rapidly heading towards a new human species.

Is our story of Atlantis, the biblical times and the Mystery School really so grandiose? I'm somewhat embarrassed that I was so uncomfortable when Adamus first started talking about where the planet is headed in the next 25 – 30 years. What seemed grandiose at the time is reality today. I am thunderstruck at how our Shaumbra story ties into what's happening on the planet today.

Adamus, I apologize for cringing when you brought forth this important information about the Time of the Machines. After all, who am I to question the grandiose President of the Ascended Masters Club?



THE SEXUAL ENERGIES SCHOOL®

RETURN TO THE ESSENCE OF YOUR SELF

DECEMBER 3–5, 2021

Hosted live by Geoffrey & Linda Hoppe

IN YOUR OWN WORDS

Read what attendees had to say about their experience attending the Sexual Energies School.

"I remember the first time I took the class I was stunned – the material made so many experiences in my life make total sense. However, taking it a second time had an even bigger impact. This class is truly amazing. The information is important and transformational."

"I feel strengthened in my inner core. Something is shifting. I feel strong and I have less reactive patterns, easier to be with my partner, deeper and better lovemaking, more happy in my own skin and I feel safe. I am just really grateful and happy I finally did this."

"Profound. Life changing. I feel like I've 'remembered' rather than 'been taught.' It has provided such a perfect platform for acceptance, allowing and realization."

"So much great information that really cut to the core of the issues."

"Such deep insights, through my whole body and spirit. My life will never be the same."

"It took many years before I found the courage to do SES. Now I am proud of myself and very happy"

"Actually, you saved my life."

"I have done a lot of spiritual things, but this was so powerful and gives you all the answers!"

"It changed my life."

"Excellent! I wish I had done this 10 years ago!"

"Very profound information on so many important issues."

"Not only are my eyes opened to the sexual energy virus that is so pervasive, I also discovered my part in it. I realized I have been perpetuating the distortion by being so willing to feed others only to have my own ego

as 'a special extra nice person' fed. I really understand why Linda and Geoffrey require this course before all in person events."

"It answered questions I had about my sexuality, what it is and what it is not."

"I feel blessed and chosen to have participated and it gave me clarity about who I really AM."

"I really had no idea the twist this workshop was going to go. It is brave of you to teach such a historically taboo topic and much appreciated that this mystery school knowledge has been brought forward."

"This is my second time taking the class. It is amazing to me how much I forgot. I got more out of the class this time."

"Thanks to SES, I found the reason why I was stuck."

"The messages gave a very profound insight in the way the virus works and why energy depletion happens. A lot of it resonated very deeply and I finally understood a lot of things that have happened in my life."

"Indescribable gift."

"I feel that SES should be taken several times, because it is like a great book or a great piece of music: every time, you feel something else, new and meaningful."

"I'm so grateful for this wonderful workshop. It has shown me a way to love myself. I was never able to do that before."

"A very important topic that is completely ignored in everyday life. Realizing the problem completely changes our attitude in life and makes us start life more carefully and consciously."

"I am different."

Give yourself the gift of SES.

DECEMBER 3-5, 2021

Hosted live by Geoffrey & Linda Hoppe

[WATCH EXCERPTS](#)

[MORE INFO](#)

FEATURED ONLINE EVENTS



SEXUAL ENERGIES SCHOOL ONLINE • DECEMBER 3–5, 2021

Attending the Sexual Energies School is an opportunity for profound transformation and healing, with effects that can include better physical health, the end of energy stealing and power games, balanced relationships, enhanced creativity, and eventually true enlightenment. It is a return to the essence of yourself. Hosted live by Geoffrey and Linda. and multiple sessions with Tobias and Adamus, as well as guided personal experiences.

[MORE INFO](#)



PROGNOST 2022 – ADAMUS PLANETARY FORECAST ONLINE • JANUARY 22, 2022

ProGnost has become one of the most anticipated Shaumbra events of the year. Adamus, dedicated to guiding us into our embodied Realization, doesn't usually address the state of the planet, politics, aliens, the environment or the future.

But twice a year he reveals what he and the other Ascended Masters foresee for Planet Earth in the years ahead.

[MORE INFO](#)

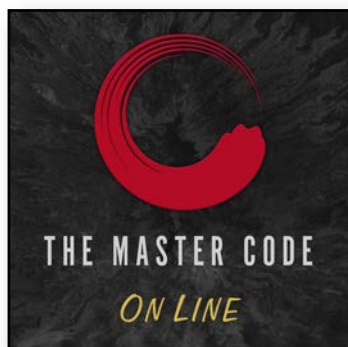
[MÁS INFO](#)



ASPECTOLOGY® ONLINE • JANUARY 28–30, 2022

This important and transformational class is offered online once a year, hosted live by Geoffrey and Linda Hoppe. Traditional psychology often assumes there is something wrong with you that must be fixed (or medicated). Aspectology, the "New Energy Psychology," is a groundbreaking study of human nature.

[MORE INFO](#)

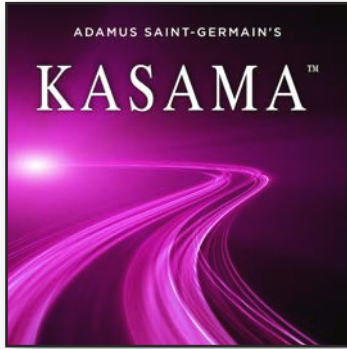


THE MASTER CODE – NEW! ONLINE • APRIL 16–17, 2022

There is a path, a destiny that brought you through lifetime after life- time, called The Way, coded in Atlantis. It's finally time to release the Atlantean Code, formed in guilt and remorse. The mind will resist, then it will rejoice as the light of your soul releases the tightly fused energies. It's time for a new Code, The Way of the Master, and your greatest gift to humanity, the Ascension Code.
Opens for registration November 6, 2021

[MORE INFO](#)

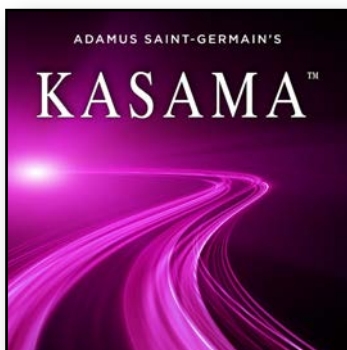
FEATURED IN-PERSON EVENTS



KASAMA – NEW SPACES AVAILABLE! **KONA, HAWAII • NOVEMBER 12–16, 2021**

Adamus says that “Kasama” has far more influence in your life than astrology, numerology, other people, Spirit, even mass consciousness. Think of a tree, its roots hidden deep underground – you rooted into yourself – while the branches above go through many seasons and experiences. This beautiful material will remind you that, no matter how things appear, the destiny of your soul has already been realized.

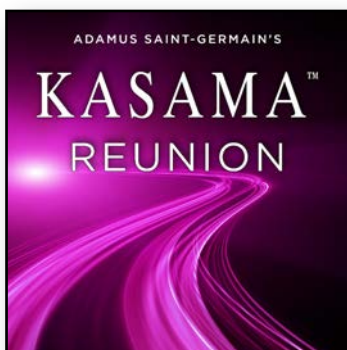
[MORE INFO](#)



KASAMA – NEW SPACES AVAILABLE! **KONA, HAWAII • NOVEMBER 22–26, 2021**

Adamus says that “Kasama” has far more influence in your life than astrology, numerology, other people, Spirit, even mass consciousness. Think of a tree, its roots hidden deep underground – you rooted into yourself – while the branches above go through many seasons and experiences. This beautiful material will remind you that, no matter how things appear, the destiny of your soul has already been realized.

[MORE INFO](#)

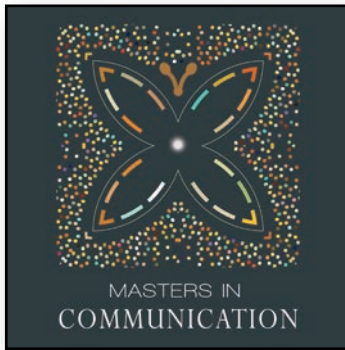


KASAMA (ENERGY WORKS) REUNION **KONA, HAWAII • FEBRUARY 14–18, 2022**

This new event will be open for Energy Works & Kasama graduates only. We can't say too much more about this workshop because is the first Kasama Reunion and Adamus is prone to making changes and adjustments right up to the last minute.

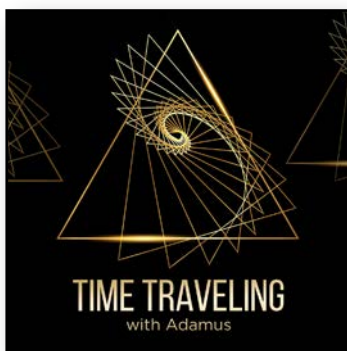
[MORE INFO](#)

FEATURED IN-PERSON EVENTS



MASTERS IN COMMUNICATION KONA, HAWAII • MARCH 21–25, 2022

This important workshop signifies a new era for Shaumbra as we transition from being the students to becoming the true Masters. Ultimately, it's all about energy and communications, whether with non-physical entities, nature, other people, or yourself. Adamus says that the focus of this workshop will be understanding and using energy communication, because all energy is communication, the song of your Soul. He says we'll need to understand how energy flows, how to command it to serve us, and how to transmit our energy communication without limitation.

[MORE INFO](#)

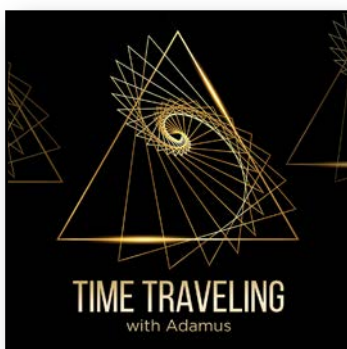
TIME TRAVELING WITH ADAMUS KONA, HAWAII • APRIL 10–14, 2022

Adamus says it's time to let Time to work for us. In this new workshop, he will take you through the experience of Time Traveling in the Now, allowing the Past and Future to come to you. He'll guide you through experiences of being in And Time, where you can still function in linear earth Time but also in Æterna, or No Time. The ability to be in Time and to be Timeless is one of the greatest gifts you can give yourself as an Embodied Master.

[MORE INFO](#)

MASTERS IN COMMUNICATION KONA, HAWAII • APRIL 24–28, 2022

This important workshop signifies a new era for Shaumbra as we transition from being the students to becoming the true Masters. Ultimately, it's all about energy and communications, whether with non-physical entities, nature, other people, or yourself. Adamus says that the focus of this workshop will be understanding and using energy communication, because all energy is communication, the song of your Soul. He says we'll need to understand how energy flows, how to command it to serve us, and how to transmit our energy communication without limitation.

[MORE INFO](#)

TIME TRAVELING WITH ADAMUS KONA, HAWAII • MAY 10–14, 2022

Adamus says it's time to let Time to work for us. In this new workshop, he will take you through the experience of Time Traveling in the Now, allowing the Past and Future to come to you. He'll guide you through experiences of being in And Time, where you can still function in linear earth Time but also in Æterna, or No Time. The ability to be in Time and to be Timeless is one of the greatest gifts you can give yourself as an Embodied Master.

[MORE INFO](#)

EVENTS CALENDAR

2021/22

PLEASE VISIT [CRIMSON CIRCLE STORE](#) FOR MORE INFORMATION ON THESE EVENTS

NOTE: Not all events may yet be open for registration; Crimson Circle Angels receive advance notice.

CCCC – Crimson Circle Connection Center, Louisville, Colorado

NOVEMBER

06	Monthly Webcast & Shoud	ONLINE ONLY
12-16	Kasama	Villa Ahmyo, Kona, HI
13	Keahak XI	Online
22-26	Kasama	Villa Ahmyo, Kona, HI
27	Keahak XI	Online

DECEMBER

03-05	Sexual Energies School	Online
11	Keahak XI	Online
11	Shoud & Christmas Party	CCCC & Online
25	Keahak XI	Online

JANUARY

08	Monthly Webcast & Shoud	CCCC & Online
08	Keahak XI	Online
22	ProGnost 2022	ONLINE ONLY
22	Keahak XI	Online
28-30	Aspectology Online	Online

FEBRUARY

05	Monthly Webcast & Shoud	CCCC & Online
12	Keahak XI	Online
14-18	Kasama Reunion	Villa Ahmyo, Kona, HI
26	Keahak XI	Online

MARCH

05	Monthly Webcast & Shoud	ONLINE ONLY
12	Keahak XI	Online
21-25	Masters in Communication	Villa Ahmyo, Kona, HI
26	Keahak XI	Online

APRIL

02	Monthly Webcast & Shoud	ONLINE ONLY
09	Keahak XI	Online
10-14	Time Traveling with Adamus	Villa Ahmyo, Kona, HI
16-17	The Master Code Online	Online
23	Keahak XI	Online
24-28	Masters in Communication	Villa Ahmyo, Kona, HI

MY FUNNY JOURNEY (ON THE WAY TO ENLIGHTENMENT)

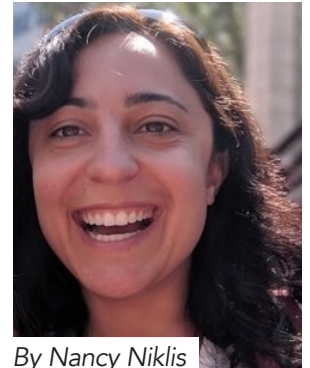




Since time immemorial, I was a searcher – until the point I was feverishly packing my bags to hit up the local nunnery and just give it all to God. A few years ago, I'd had enough. That was it. Nada. I had given up on my own life and my own ability to make decisions that were in my best interest, so I was "givin' it to God" so to speak. I had tried so many things to make myself happy, to find answers, but all to no avail. I was back in the depths of my own depression with nothing more to lose.

From as far back as I can remember I was different, not like the other kids. I always loved nature and I remember often staying up late, long past when all the other kids on the block went to sleep, staring up in awe and longing at the stars twinkling in the night sky.

Like many Shaumbra, life was tough when I was young. My family and I have never been close, and I genuinely swear that they must be aliens and I am human. (Or maybe it's the other way around?) We are definitely quite different. But I remind myself that even they (yes, the muggles) are somewhere on their path to enlightenment and that brings me some peace.

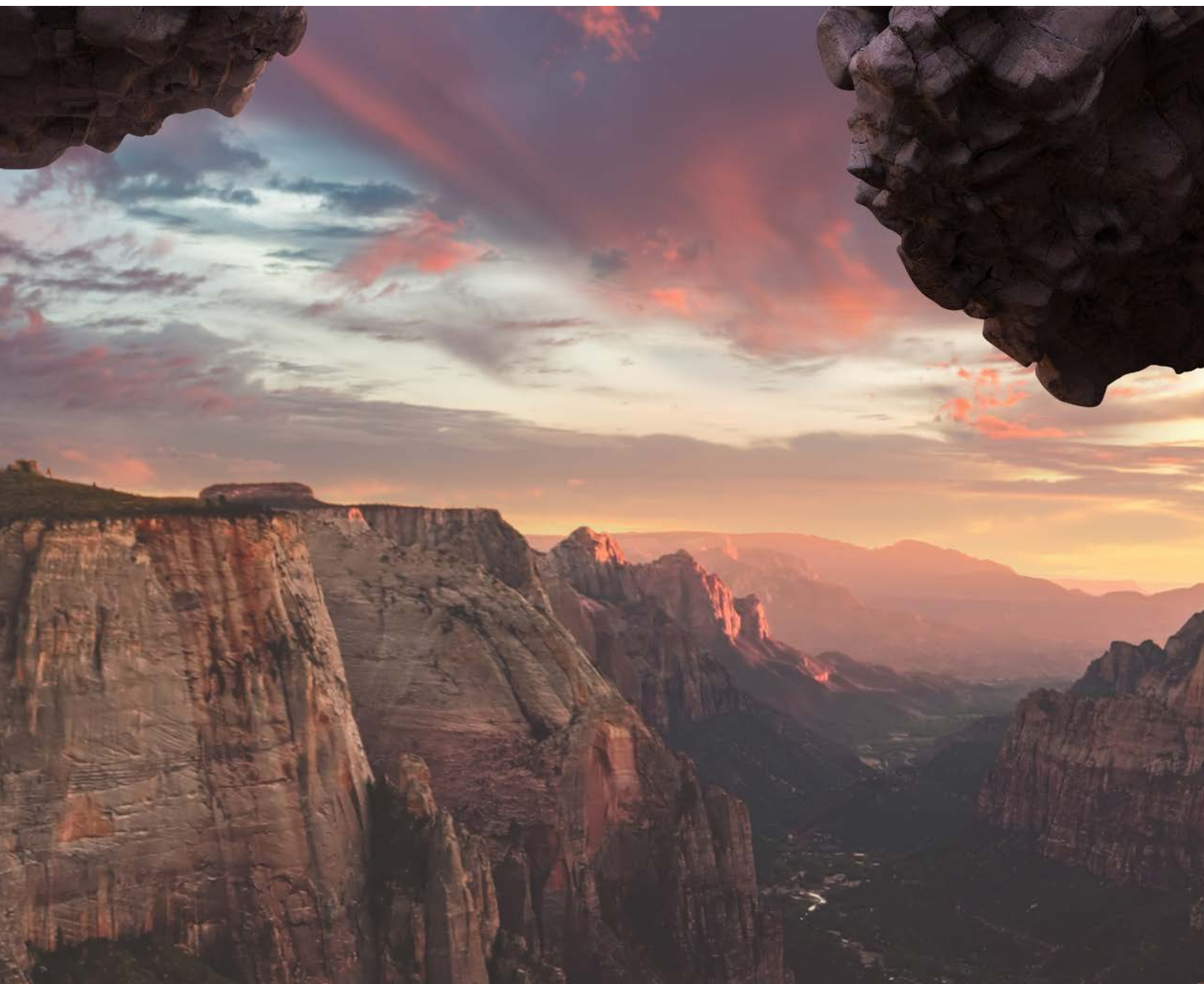


By Nancy Niklis

As a teen I struggled with academics and friends, never feeling like I fit in. I was just too weird, too odd, too strange. The feeling of being an outsider was always very up front. There's a scene in the movie "Fear and Loathing in Las Vegas" (1998) where Dr. Gonzo (Benicio Del Toro) is just about to board a plane and Raoul Duke (Johnny Depp) says out loud *"There he goes. One of God's own prototypes. A high-powered mutant of some kind never even considered for mass production. Too weird to live. Too rare to die."* Ahhhh! Finally, it was a relief to know that other weirdos exist and to hear a perfect description of myself!

The world seemed all very fast paced, while I just enjoyed playing, being on the swing, making shapes out of the clouds with my imagination or losing myself in the vastness and beauty of the stars. Like Mark Twain said in the recent Merlin event, *"I was one filled with adventure, wanting to get out and find out what this great world was all about, and hopefully in that pursuit I would find out what I was all about."*

When I was a young teen, I started reading *"The Teachings of Don Juan"* by Carlos Castaneda, doing some meditation and a little yoga, which were fringe activities back then. At one point, poking around a hippie bookstore (located in the basement of a grimy building with a Hobbit-looking cashier – everything you would imagine a grimy hole-in-the wall shop to be like), I picked up a book about the Hunza, a mountain people who often live past 100 years of age, walk daily up and down long mountain stairs, and have a simple diet. I also bought *"365 Tao: Daily Meditations by Ming-Dao Deng"* in hopes it would guide me. I could feel into the simplicity and slowness of these books, and that brought me joy.



I wanted a teacher to come to me (like Don Juan), or a guru to find me in a serendipitous manner and teach me the mystical arts. However, sitting in the epicenter of suburbia, it began to dawn on me that Dan Juan was not going to come anytime soon – neither the big sexy hunk man version, nor the Magi version. By the time I was 17 years old I had three near-death experiences (bump-and-fills), was not an exceptionally motivated student, was in and out of friend groups, and felt completely and utterly lost in space. I was a wild child, born to be wild, and didn't know what to do with myself!

The last brush with death caused a desire to “get my life together” and I focused on school, since that was what was available at the time as a means



for knowledge. Over time it became a sort of obsession. Thinking I would find answers about myself and the world around me in academics, I threw myself into my studies. It never really felt right though, just tough. Much like Kuthumi, I studied in order to get out of my body and into my mind. Now we both laugh about it.

At 18 years old another obsession came into my life – rock climbing. I never really intended to take it so seriously, but that's what happened. I studied and I climbed. And I studied and climbed some more. I travelled throughout North America and Asia and eventually all over the world. I knew how to live the van life, spend lots of time in nature, live by cold water and campfires, all year round and in many different climates. I gambled in Las Vegas from time to time (great place to climb, by the way), and once won a whopping \$25. I splurged on Fudgee-O cookies – mmm mmm good! To put it in perspective, this is analogous to a working professional splurging on a 3-course meal of lobster with the finest bottle (not glass) of red wine. Ah, the sophistication of the dirt-bag lifestyle! Even back then, however, I wasn't much of a people person and had no close friends. Even with my climbing partners, I was quiet and reserved.

AND THEN A FUNNY THING HAPPENED ON THE WAY TO ENLIGHTENMENT – MY LIFE FELL APART. I left a long-term relationship and a home. Unable to find a new place I got familiar with couch surfing, had a real rough patch with my parents, and my grandmother (who raised me) passed away. It all felt too much to handle as my dream life – of freedom, parties, hot men, friends, lots of climbing and the musty smell of library books – fell apart. And so began my not-so-romantic affair with the world of odd jobs.

A few years later, I was forced to stop climbing due to a repetitive motion injury (I guess not really forced since it was my choice), so I threw myself deeper into academics. It's funny looking back on it now because as I turned to academics, I kept getting further and further away from myself. I could really relate to the discussion with Dr. Doug and Linda

(September Living in Keahak) talking about their post-secondary studies. Dr. Doug asks about himself *"Why would I stumble into something difficult? Because I was still in [spiritual] training."* They talked about working hard, being out of flow, and doing it awkwardly as a little human, but the motivation was to not be locked into the past and to make their own futures. They didn't have the tools of consciousness to move out of the old ways, but they wanted to and that was the spark. Ahhh, now I could really relate to this approach to work and life! I had a feeling of lightness and resonance, as if they were speaking directly to me. It was a great relief to know that someone else felt the same way about school as I did, because

in the past, the more I got into academics, the more difficult it was to be myself and hear my intuition.

AND THEN A FUNNY THING HAPPENED ON THE WAY TO ENLIGHTENMENT – MY LIFE FELL APART. Another relationship split (old karma being released) in which I had sacrificed much of myself (much too much!). I was burnt out, tired, and starting grad school all at once, living somewhere I didn't want to live (which became a blessing because we had so much fun), meeting men that didn't take me seriously (which meant I didn't take myself seriously), and feeling complete and utter loneliness and desperation.

After grad school I wasn't sure what to do, so I listened to a psychic and went travelling. But it mostly felt like I was spinning my wheels, getting lost and going into debt. I literally felt like I was in a never-ending hallway with many, many doors, all of which closed the moment I got to them. No jobs, bad relationships, no real connections with others. By my late 30s nothing really excited me anymore, whether Buddhism, sports, or work. I was still allowing men to treat me like a doormat, and money was not a flowin' my way.

AND THEN A FUNNY THING HAPPENED ON THE WAY TO ENLIGHTENMENT – MY LIFE FELL APART. I left a corporate job I was not aligned with, left my beautiful apartment, was on welfare for a bit, was incredibly angry with my parents, had been swindled too many times by men, had no passion and no desire to either live or die. Like Margo in Threshold, I had gone down too many dead-end paths.

There was no joy, nowhere to turn and, for the third time, I wanted to end my life. I told myself "You either hang yourself now or you do something." I chose life. Like Arwen in The Lord of The Rings when she whispers ominously to Aragorn "*I choose a mortal life,*" that was me. Although not in such a fancy dress.

Ahh, the allowing. Live and let God! Ok soul, I am always and forevermore going to do what you want. I let it all go. In Adamus' words, I allowed. Like Julie Mack in *Divine Courage* (in *Time of the Merlin*), I became very sensitive to light and sound. Everything was very loud and mostly I stayed wrapped up in a blanket, in the soft, comfy feeling of a cocoon. I was safe there and it was quiet. That was about the only thing I could handle at that time. In scientific terms, I think it's called Burnout, whose symptoms are similar to Post



Traumatic Stress Disorder (PTSD). In terms of Realization, it's called "Betta fuckin' listen to your soul, otherwise, it will take you down!" Or, to paraphrase Merlin, "Best to get out of your human flow, the far too complex and painful flow, and into the smooth flow of the soul. Come back to the Merlin flow and take a deep breath and allow the wisdom of the soul in perfect harmony with you." After the decision to stay on this planet, I packed my bags for the nunnery. Since all else had failed, I was "givin' it to God."

As it turned out, the nunnery was not in my future. But I started allowing it to come to me, "it" being money, travel, exploration, joy. Jobs just landed in my lap, and through work I discovered truly what it means to set appropriate boundaries, to say no and be ok, and to have people not energy feed off me. I have learned what I'm worth financially, which is much more than I thought previously! Really, I learned to be what Adamus calls an "intolerant son-of-a-bitch." The most important thing I discovered (well, Adamus told me) is that the more I don't do, the more it comes to me. There's a little I need to do, but not much. It used to feel like I was pushing a boulder up a hill. Now it feels like one tap with me ol' magic wand and the boulder gets a rollin', no issues. There's a silence, a space, a feeling that I get now. My soul, my intuition – I'm much better at recognizing it.

I continue to dive behind the short wall daily and can relate to many of the comments in Divine Courage: "I don't like people," "I find people annoying," "I just see everyone's bullshit," "You can call me crazy."

All right, dragon, in the words of the late, great David Bowie:

Hey baby, now you're all alone

Hey baby, let me walk you home

Let's dance, let's dance

Do the twist and shout, mashed potato too

Any old dance that you wanna do

Let's dance, let's dance

So, like Kuthumi, I walk and I walk and I walk. I fart and laugh and drink and climb and enjoy nature and beauty, I love and hate and cry. I dance and I walk and I walk and then walk some more. Why? Because we are the ones we've been waiting for. We are found. All is well in all of creation. Cheers to that, my friends (with only the finest of French wine). Cheers to that!

Nancy Niklis has done many things and has been many things and now she allows. She can be reached on Facebook at [Nancy Niklis](#).



PROGNOST 2022

JANUARY 22, 2022
LIVE WEBCAST



A MESSAGE FROM ADAMUS

I Am that I Am, Adamus of Sovereign Domain.

When you came into this lifetime, you knew it was going to be a time of change on the planet. You knew you wanted to be here, along with other Shaumbra, to radiate your consciousness and illuminate potentials. You knew it was going to be an epic turning point for humanity. But nobody, including me, knew how it was going to unfold. That's why we created ProGnost, the annual forecast for the planet and humanity.

The planet sits at the crossroads of unprecedented changes. The human mind and biology are long overdue for an update; it's the time for birthing a new human species. Nearly every system on the planet is in the midst of change, from finance to manufacturing, medical and technical, political and religious. Even the environment is experiencing changes with the departure of Gaia as the Earth's gatekeeper, so humans can take full responsibility for Nature.

Higher levels of consciousness on the planet have allowed for extraordinary advancements in technology, and this new technology is changing nearly every aspect of human life at quantum speed. As I said years ago, "everything goes new" and that's exactly what's happening. But the underlying concern – and the very reason for Shaumbra to be radiating their consciousness – is how humanity will use the powerful new tools, including things like Artificial Intelligence, nanotechnology and biotechnology.

In ProGnost, we explore the trends and directions of the planet for the next 25-30 years. It's essential information for any Master choosing to stay here, in order to understand what's happening, but also why it's happening.

Join me for the newest edition of ProGnost on January 22, 2022 for the latest planetary update. It will open your eyes, your heart and your consciousness to learn where the planet is headed in the years to come.

MORE INFO

MÁS INFO



Cost \$350
Format: Cloud Class
Access: Stream for 90 days after purchase

[MORE INFO](#)

[WATCH EXCERPTS](#)

TIME OF THE MERLIN – IT'S YOUR MOVE

This is the time of the new Merlins on planet Earth; those courageous ones who understand the singular nature of time, the flexibility of physics, and the absence of all limitation. Merlin moves with the constant flow of energy in the life he chooses, enjoys intimate communication with her soul, and has dropped all excuses. No longer holding guilt and shame, Merlin tells stories of wisdom that enlighten and inspire. For Merlin, magic is simple physics, simply a dance of energy, communication, and consciousness. Merlin makes light of everything, and transforms suffering, pain, and sadness into illuminating wisdom.

The time of mastery and magic is here. In the timeless Time of the Merlin, you will realize the wisdom of your entire journey and see a glimpse of what is finally possible for you and for all humanity. This epic event is a turning point in our journey, relevant for many years to come.



Cost \$75
Format: Cloud Class
Access: Stream for 90 days after purchase

[MORE INFO](#)

[MÁS INFO](#)

[WATCH EXCERPTS](#)

PROGNOST 2021 UPDATE – IT'S ABOUT TIME

Adamus explains how the TimeSpace continuum, electromagnetics, gravity, flow, and rhythm, are used by energy – the song of your soul – to create reality. And it's all made possible by time. As Planet Earth undergoes intense and high-speed change due to the increased flow of energy, it brings disruptions to every system and pattern, particularly the pattern of time.

According to Adamus, the rigid structure of time, which literally holds reality in place, is fracturing. You might experience this as time wobbles or glitches, disorientation, even a feeling of 'going crazy.' But, in fact, you are simply beginning to experience Free Time, and it's happening right now! Forget about renewal; everything goes completely NEW as time itself becomes open, flexible, and non-linear.

ADAMUS ON TOPIC – THE UNFAMILIAR FAMILY

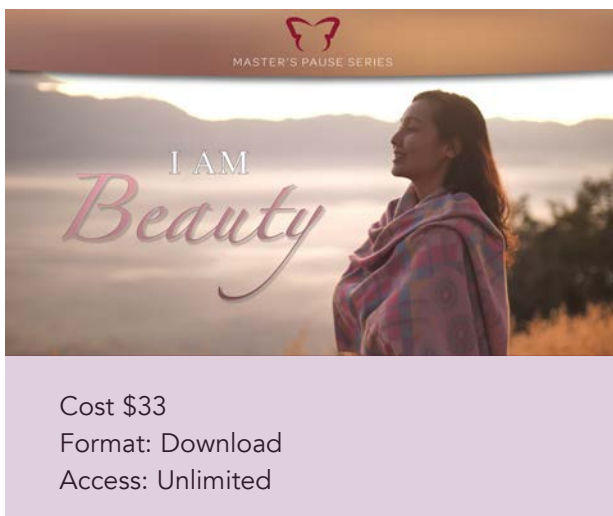


[MORE INFO](#)

[WATCH EXCERPTS](#)

In this high-level look at changing family dynamics, Adamus gives a historical overview of the family unit, beginning in Atlantis all the way to contemporary times, as humanity moved through polygamy, monogamy, and now individual sovereignty. Traditional relationship definitions are giving way to a lot of “blurred lines,” which will result in changes of everything from housing and food packaging to childrearing and new types of partnerships. Society will continue to evolve as more humans choose personal freedom over old family bonds.

No longer based on karma, patriarchy and lifelong vows, the newly emerging family unit will be based on group friendship and mutual agreement. While there will continue to be many who choose the more traditional family model, there will be more and more who choose to be “single and sovereign,” free to move among relationships and explore the love of Self.



[MORE INFO](#)

[WATCH EXCERPTS](#)

I AM BEAUTY – CHANGE HOW ENERGY COMES TO YOU

Beauty is one of the most exquisite ways to perceive reality. The wisdom of Beauty is immediately accessible, and it can be found everywhere in everything. Being in the sense of Beauty changes how energy comes to you, allowing you to have experiences of beauty undiminished by logic and judgment. Beauty even affects your body, literally changing the way you look.

Beauty, a combination of compassion, gratitude and acceptance, is its own wisdom. Every perception of Beauty goes straight to your soul and you can find beauty in anything. Beauty is realizing the magnificence of creation and being fully in it without judging or limiting. Perceiving the beauty that is literally everywhere and in everything changes your experience on Earth. It reshapes how energy comes into your life, it becomes a true experience, and then magic happens.



ASPECTOLOGY® ONLINE

SOLVING THE PUZZLE OF
THE HUMAN PSYCHE

JANUARY 28–30, 2022

HOSTED LIVE BY GEOFFREY AND LINDA HOPPE

NEW – VIDEO ACCESS NOW EXTENDED TO 90 DAYS!

Who is really living your life? Who's making the decisions, reacting to others, maybe even holding you back? Aspects are the way of the soul experiencing itself. But when they get stuck through some kind of trauma, they try to take over your life which can result in chaos, self-sabotage, confusion, and never-ending frustration.

Aspectology, also called "New Energy Psychology," provides groundbreaking information on human nature, healing, and conscious creation. Unlike traditional psychology which assumes there is something wrong with you that must be fixed (or medicated), the wisdom of Aspectology assumes that you are whole and complete at your core, no matter the level of your current difficulties.

Aspects are creation and expressions of yourself that were originally meant to be helpful. For example, your driver aspect understands how to operate a car and move through traffic. You may have a parent aspect, a student aspect, a spiritual seeker aspect, or even a “me-taking-a-shower” aspect, all of which allow you to experience life with more ease and grace.

However, when an injury or shock occurs (such as a car accident or hurtful words from a teacher), the aspect can become traumatized and stuck. It no longer serves you as intended, but rather reacts to protect itself (you) in seemingly illogical ways. When you consider all the aspects you’ve created in through many lifetimes on Earth, it becomes easy to understand illogical fears, overreactions, and repetitive patterns. Considering all the trauma you’ve been through, it’s no wonder you might struggle with things like love, self-trust, self-judgment and more. Even “demonic” encounters are usually the result of severely stuck aspects.

The good news is that when one chooses conscious integration, the stuck energy can finally start moving, healing takes place, and the hidden wisdom your soul has been collecting can be revealed. You also are then free to be the conscious creator of your life, living fully as a Master in the freedom of “AND” – because being singular is just so limiting.

“Aspectology is natural. It is natural for any creator being to create actors of itself, to create aspects that will serve it. It is a natural thing for all of these aspects to return back home, sooner or later. Somewhere deep within, you have chosen to make this the lifetime, the Point of Presence, for welcoming all of your aspects back home.”

– Tobias

“Realization is total integration of all your aspects.”

– Adamus

HIGHLIGHTS

- Unintegrated aspects can cause things like:
- Illogical fears, disruptive emotional reactions
- Recurring patterns of self-sabotage or victimhood
- Guilt, confusion, shame, lack of abundance
- You don’t need these things anymore
- It’s time to bring them home



This workshop is ideal if you are:

- Looking for effective solutions beyond typical therapy and counseling
- Seeking to be a conscious creator of your own life
- A professional facilitator, therapist, counselor, psychologist, etc.

ANNUAL: Aspectology is offered once a year, hosted live by Geoffrey and Linda Hoppe.

COST: \$595

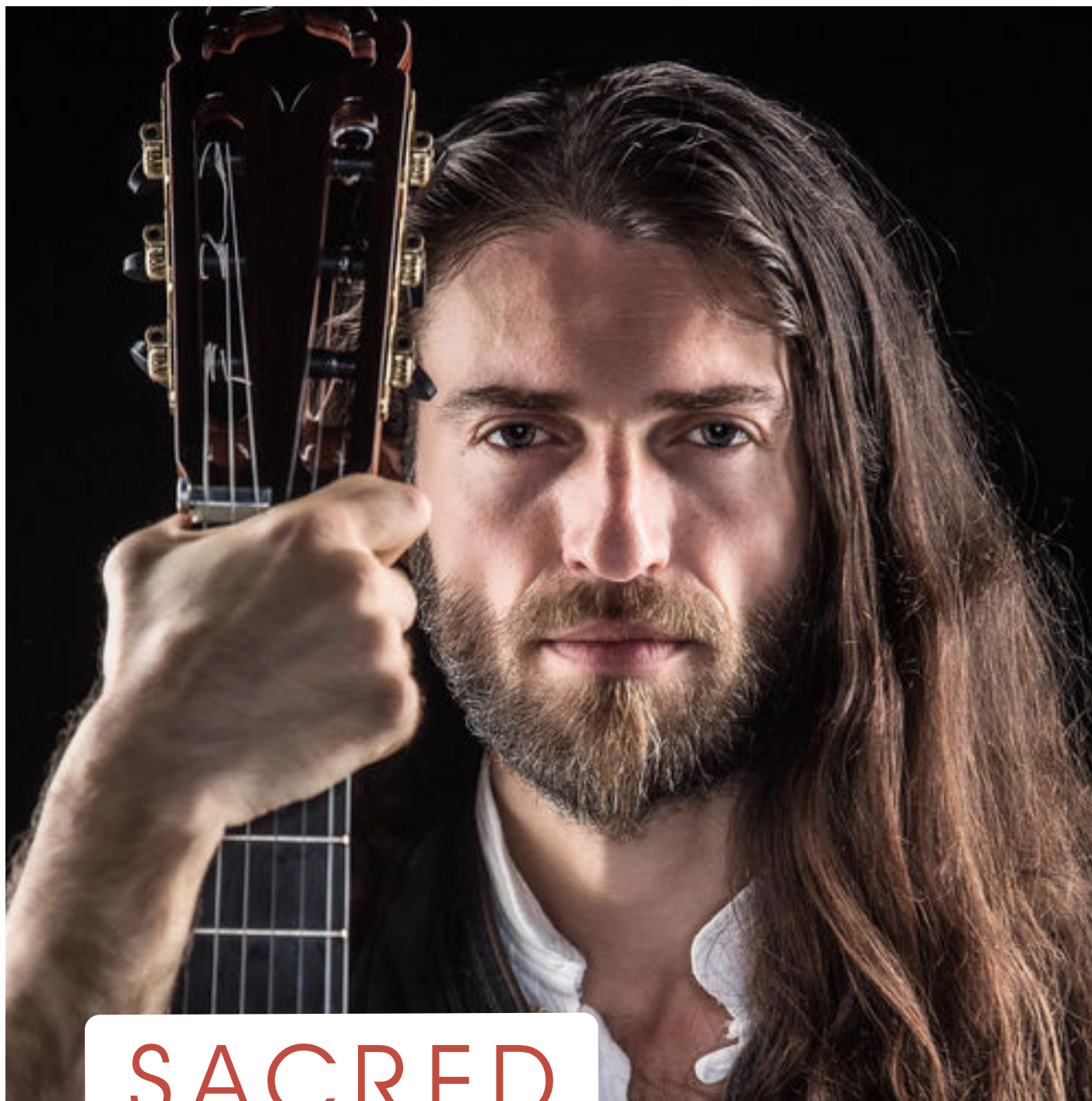
DISCOUNT: Verified Aspectology graduates can attend at 50% discount

DEADLINE: Registration closes January 26, 2022

ACCESS: 90-day access to streaming video and text e-reader

[WATCH EXCERPTS](#)

[MORE INFO](#)



SACRED TRANSMISSIONS (REMIXED)

FROM ESTAS TONNE




Released October 8, 2021

Sacred Transmissions carries a powerful message for all those who are longing for a true exploration of life. Released a few years ago as a soundtrack for the conscious film and docuseries [Time of the Sixth Sun](#), the album is now enhanced and remixed for a deeper inner experience. The accuracy of the timeless wisdom of our ancestors revealed by [Tobias](#) through Geoffrey Hoppe has only increased and become even more urgent for our current times. The fascinating message about the essence of one's true nature and existence is hereby offered to all who are ready to hear it.

Available as a CD and on Spotify, Bandcamp and more.

MORE INFO



MY BILL OF RIGHTS



I don't often laugh during a merabh, but I found myself chuckling during the last session of the recent event, *The Master Code*. Near the end, Adamus starting talking about our "rights," the very things I have been writing down for the last month, and that really amused me.



By Kathleen Haws

There is an incredible amount of information coming our way from Keahak, the monthly Shouds and recent events such as the Time of the Merlin and *The Master Code*. Out of all that is said and non-verbally communicated, it's interesting to note what sticks. What has stayed with me the last few months is the phrase "it's your right..." With a nod to the first 10 amendments of the US Constitution, which are called the Bill of Rights, I felt to write my own Bill of Rights as they pertain to me and all that I AM.

The awareness of my rights comes at the end of a very long journey, a dream fulfilled. As I have experienced countless lifetimes, created myriads of experience and wisdom along the way, I am now in a place that I've been dreaming of since our days in Atlantis. To be walking the Earth as an embodied Master who understands the relationship between energy and consciousness. To be here at one of the most – if not THE most – pivotal time in humanity.

In the early Keahak groups we did a lot of distilling of information and experiences. That has stayed with me as I feel it helps to get to the very essence and wisdom of something. What follows is a distillation of my rights as I know them to be.

TO BE SOVEREIGN

I am aware that I am a sovereign being and have the ability to respectfully release myself from my ancestral line. I am no longer bound by the biology or characteristics of my ancestors.

TO BE INTEGRATED

I am aware that I have created aspects in this and other lifetimes. I am able to compassionately welcome them back to the home of me.

TO HAVE MY ENERGY SERVE ME

I am aware that everything that I perceive is my energy, and I allow it to truly serve me without fear or hesitation.

TO BE IN MY OWN MERLIN FLOW

I am aware that I can be in the flow of my own energy and in the natural flow of time, which allows ease and grace.

TO BE IN OPTIMAL HEALTH AND IN MY FREE ENERGY BODY

I am aware that I have the ability to choose to be in a healthy physical body and in the Free Energy body.

TO BE IN ABUNDANCE

I am aware that I can free myself from any limitation that doesn't allow me to experience all that I came here to do.

TO BE IN CONSTANT CONNECTION WITH MY SOUL

I am aware that the connection has always been there and that I can at any time consciously choose to hear the song of my own soul.

TO TELL MY STORY

I am aware that my stories have a depth of experience and wisdom, and I can share them as I choose to inspire others.

TO END SUFFERING

I am aware that suffering and any feelings of unworthiness have no place in the life of the embodied Master/Merlin. I choose to be in joy.

TO HAVE CLARITY

I am aware that I have the clarity and wisdom that comes from encounters with the dragon and my Master self.

TO BE A CREATOR

I am aware that this is who I am on a deep and divine level. I consciously make energy moves that serve me.

TO SHINE MY LIGHT

I am aware that I illuminate my light first for me and then for others.

TO BE ON MY PARK BENCH

I am aware that there is nothing more to do except radiate all that I AM.

As I look back over my rights, I know in my heart of hearts that I've earned them. Not by working hard (although I'm sure I put in my fair share of futile efforts), but by opening up to the parts of me that I had hidden away, and by opening up to my divinity and mastery.

Within each of these rights there are grand experiences yet to be created.

I Am Here. And these are my rights, granted freely to me by my Self.

Kathleen has taken a step back from her Adoula practice and from (most of) her non-birthing clients to allow her to be more fully with herself. She spends as much time as she can in her favorite benching spot: the patio in her backyard where she is currently enjoying the glorious fall colors. She lives in Boise, Idaho with her husband Jay. A reformed planner, Kathleen's favorite days are those where she allows herself to be in the natural flow of things and to enjoy what unfolds. She can be contacted via [email](#) or through her [website](#).



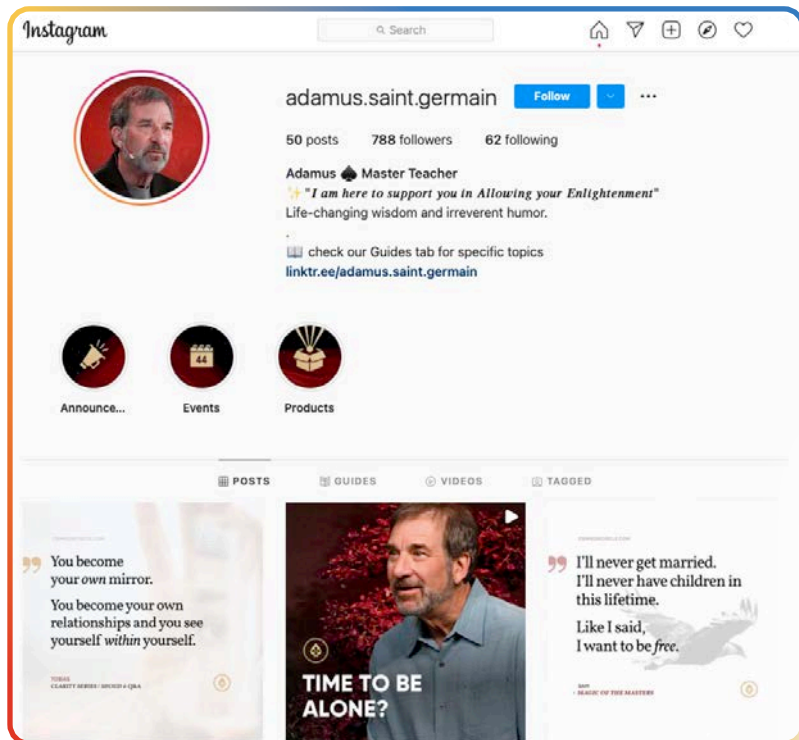
Recently, during Time of the Merlin, we launched a new project. Well, we have literally launched Adamus into cyberspace!

Now his wisdom, our Shaumbra wisdom, the Crimson Circle vast library is available in the form of daily quotes, which serves both long-term Shaumbra and the New Wave that's coming in. It comes to you as a beautiful daily reminder that effortlessly appears in your favorite social media feed without you having to do anything proactively. It might be just the right thing you needed to

hear that day – an inspiration, a nudge, a hug, an insight, a kick in the ass – conveniently delivered by your energy.

Also, a distilled and succinct quote is easy to share with your peers, friends & 'followers' on social media without the need to read or watch a lengthy message.

For the New Ones it is like a Wisdom Beacon that stands in the middle of Mass Consciousness' social media and radiates its light calmly, non-intrusively, yet confidently and regularly, with great passion & reassurance that "All is Well in All of Creation."



It is like the call of Gabriel's Trumpet, now replaced by the Shaumbra Roar of Courage, that will attract the New Ones, those who are internally ready to become true and move from Awakening into their own Mastery & Realization.

The quotes and excerpts are organized by a narrative, series and topics. Each topic has its own playlist, so it's easy to find material on something that interests you.

You are welcome to choose your favorite social media and subscribe for daily wisdom packages from Adamus & Company through one or more of these links:



Instagram - [instagram.com/adamus.saint.germain](https://www.instagram.com/adamus.saint.germain)



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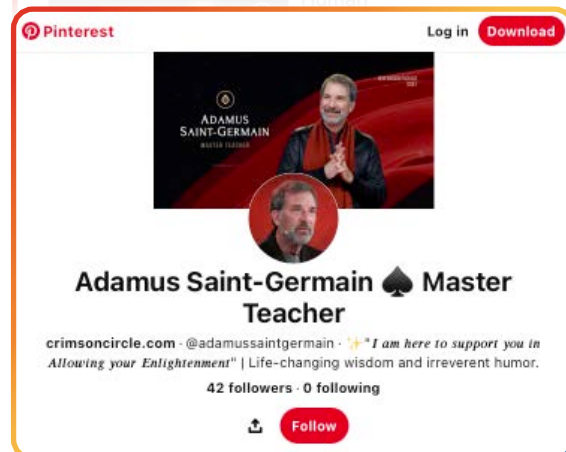
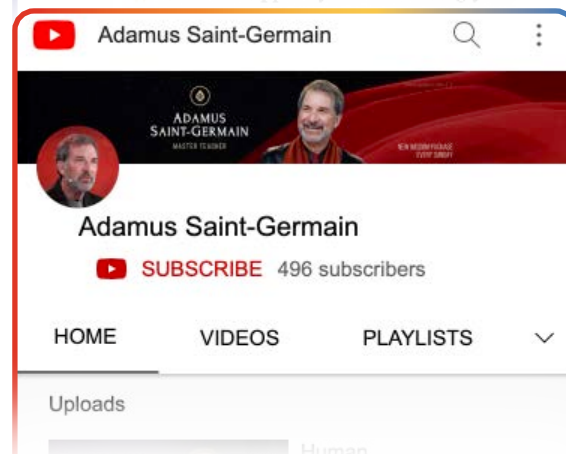
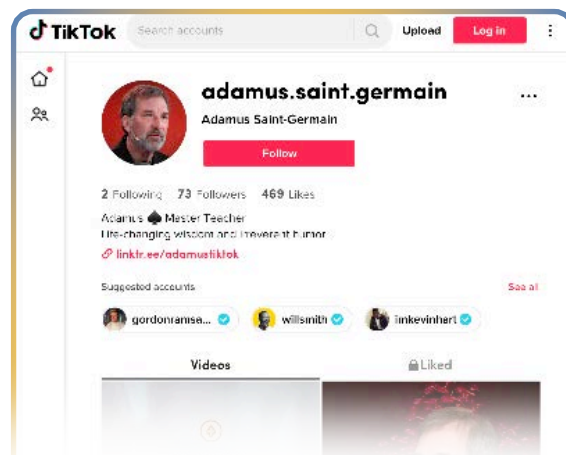


Youtube - [youtube.com/c/AdamusSaintGermain](https://www.youtube.com/c/AdamusSaintGermain)



Pinterest - [pinterest.com/adamussaintgermain](https://www.pinterest.com/adamussaintgermain)

Shine on, Shaumbra!



THE CRITICS CORNER

Excerpts from Shaumbra reviews and comments on various products in the CC store. To leave your own feedback on any class or product, simply go to the item page in the [Crimson Circle store](#) and click on Ratings and Reviews!



I Am Beauty may surprise you with the impact it can have on your life, with music downloads to allow the energies to seep in deeply, past the mind, to engulf and nurture our knowingness until it becomes a way of life, again.

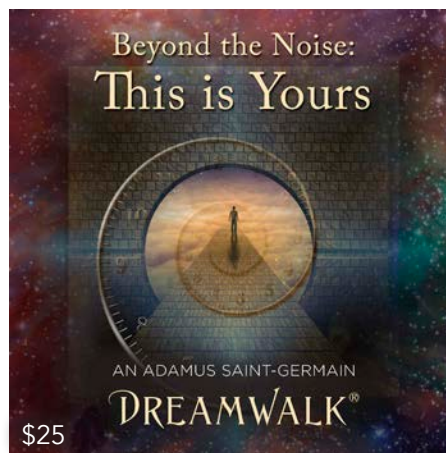
~ SS

SIMPLY BEAUTIFUL

There is beauty in everything. In nature. In human life. In hard places and in beautiful ones. In easy Ahmyo days and in those chaotic moments of change and challenge.

There's even beauty in Makyo. Accepting every moment in gratitude and compassion – this is beauty. Accepting that the energy is all yours. Adamus tells us: "Beauty is the awareness of the awareness. Realization of all of your energy and all its designs."

~ IW



BEAUTIFUL EXPERIENCE

Had lucid dreams after listening to this DreamWalk, connected with my soul – which is always lovely! – and became more aware and clear of "the noise." Letting time pass by me was extremely relaxing. Like everything Adamus does, there are layers and layers of wisdom to this piece. Overall, I found this audio useful for coming back to my wisdom/peace.

~ F

THE BEAUTY WAY

I have been in pursuit of beauty all my life... Yet, it always seemed elusive. Not so, it turns out, beauty is everywhere, in everything, if we have the sense to feel it! I used to think I am plain too tired to be all expanded and creative at the end of the day. Then I realized the only tiresome element is – yet again – resistance to connect to my knowing.

All that matters is how I feel, and that is a choice 24/7, and I am still getting used to that freedom.

THE CRITICS CORNER

COME BACK TO WISDOM, CALM, PEACE

I revisited to this today, after my first experience almost year ago. What a new discovery it was. I could feel into things I could not before, also, great material in conjunction with Prognost 2021 Update. A wonderful help to be calm out of time.

~ M



SUCH A GREAT EXPERIENCE

Wow, full circle in so many ways. I have followed Crimson Circle since 2001; gone all the way with Tobias and now with Adamus. What a journey it has been. The two channels with Adamus and St. Germain... lead up to guiding through our understanding of how the human, the Master (Merlin) and the I Am find balance, leading to realization / enlightenment. And this goes so deep, so deep, that if you are ready to feel into this and allow it, off you can go or stay.

~ FA

YES, I AM ENLIGHTENED

I could not talk after this event. Where to begin describing this moment in time, which was also a timeless "Au-

genblick" (the beautiful German word for "moment" captures the presence of consciousness in time, calling it a specific perception, a gaze). The channels: carefully orchestrated with each new voice/expression adding to a whole new harmonic convergence, that culminated in Saint Germain's officiating what I consider the most sacred moment so far in human history.

~ SS



FULLY RECOMMENDED

The title indicates that you are going to have a lovely, relaxed experience with this Master's Pause. You are not! The trick to feel comfortable in your life is to be able to meet the unpredictable and chaotic situations in life AND embrace and enjoy these.

Chaos is just what is undefined, unpatterned and unpredictable, so Adamus invites you to go into these situations in your life, stop resisting them and to open yourself for the wisdom that comes through.

This allowing will then reduce and stop aches and pain in the body that is caused by your resistance to chaos.

~ FA



COURAGE TO BECOME MERLIN



I learned that duality and conflict can hide the wonderful magic of the short wall.

Things between my neighbor and I had become very tense due to years of conflict. But recently, I had a real conversation with her for the first time. It was the kind of conversation that resolves conflicts instead of making them worse.

I was the first to move into the neighborhood and was enjoying a quiet life, when the neighbor, her husband and children moved into a house 5 meters away from mine. Right away they informed me that they were uncomfortable with my house, so I listened to their concerns and tried to be agreeable. However, there were a lot of kids in that house, which meant a lot of noise. I complained about the noise several times over the years, but the neighbors refused to hear my requests for peace and quiet. The conflict intensified, resulting in many arguments and fights between us.



By Eun Jeong Kim

Eventually I knew I shouldn't do this anymore because after every fight with my neighbor I became ill, both mentally and physically. My heart felt very hurt, and the conflict moved into my body. And, after years of tension and hatred, the entire neighborhood was wary and on guard.

So, one day, I took a deep breath and prayed. "God, I'm not feeling well, and I don't want to be in this conflict anymore. Please open a way for me to talk to my neighbor." After deep breathing and praying for hours, I finally got up the courage and knocked on my neighbor's door, not really expecting a response. To my surprise and relief, she opened the door and came out. That's when the conversation began.

Before doing this, I had decided not to hurt or insult others in any way. I took a deep breath to remind myself of this, and began speaking, explaining my position in a calm tone to make it clear I wasn't here to fight. My neighbor actually listened to my story, and then explained her position and concerns as I listened to her, something we had never done before. Although we couldn't reach agreement on every point, we finally heard and understood each other for the first time. We even talked about how to consider each other's concerns in the future to whatever extent that we can.

As time passed after this remarkable conversation, I was able to get insights on my perspective of the neighbor and her house. Most obvious was the need to make conversations with neighbors transparent. But eventually, the dragon appeared to show me what was really going on, to reveal the truth I so desperately wanted.

With honesty and clarity, the dragon showed me that I was both a victim and an assailant. It was only when I put down the sword and stopped fighting that we could come out of our respective caves and truly hear each other. This had been impossible up to now, first because I had the selfish idea of being in a superior position simply because I had moved into the neighborhood first. Therefore, I thought my neighbor should be more considerate of me.

Secondly, I had purposely chosen a quiet, solitary environment, and therefore didn't recognize or even acknowledge my neighbor's existence as my true neighbor. Because of this, whether consciously or unconsciously, she didn't recognize my existence as her neighbor either.

Third, I was finally able to realize the lesson of the short wall that Tobias often used to talk about. I learned that if I try to win by going into conflict, the conflict will eventually rule me. There's a low fence between my neighbor and me, the short wall. But when I was fighting, I couldn't see it, perceiving only a lot of hateful things about my neighbor and her house. But, at the end of our conversation, I said, "If there's a problem between us, let's talk together." Instead of using power to build up conflict, I learned that starting a real conversation requires courage of the heart.

Applying this to a macroscopic point of view, I thought about the country where I live, because the national energy of a country is closely interconnected with the individual consciousness of its people. I live in Korea, a divided country that has been in a wary truce for more than 70 years. Residents of South and North Korea, close neighbors and even family members, live in a constantly tense energy, distrustful of each other. The war may have stopped for a while, but it hasn't ended. Sometimes each side exchanges arrows to elicit the energy of war, to stay in the fight.

Just as it wasn't easy for me to step out of the fight and make up with my neighbor, from a national perspective, ending the war with North Korea and bringing peace, and unification will not be an easy process. But I think it must begin by acknowledging each other's existence. Unification – of my country, of humanity, of duality itself – begin when each side recognizes the existence of the other.

In 2009, Tobias did a workshop in Seoul that included the message called "Do You Remember?" In that event we talked about the unification of South Korea and North Korea, and Tobias said that Atlantean and Lemurian energy is deeply rooted in Koreans' unconsciousness. In other words, South and



WITH HONESTY AND CLARITY,

THE DRAGON SHOWED ME

THAT I WAS BOTH A VICTIM

AND AN ASSAILANT.

North Korea symbolize the conflicting energies of Atlantis and Lemuria. Currently, we are reenacting the confrontation and tension from that ancient time, but Korea will be unified soon. The strife between South Korea and North Korea is conveying tension to outside regions, just like the fights with my neighbor brought tension to the entire neighborhood. But Korea's unique dragon energy is emerging to transform and bring integration. In doing so, it also brings about the integration of ancient Lemuria and Atlantis.

Adamus has said that the dragon comes to help clear the inner self of guilt and shame, both individually and collectively. Through the dragon, you can look inside yourself and see what has been suppressed. In the conflict with my neighbor, I always considered myself a victim who was hurt. But, after listening to her, it became clear that I was also the perpetrator who was hurting her. It was a shameful expression of me that I didn't want to face, but the dragon insisted.

In the same way, at the national level, dragons emerge to help clean up the old energies and perhaps, as it happens within individuals, South Korea and North Korea can also achieve gradual unification and integration.

Barriers cause energy distortion and blockage. But allowing them to become beautiful short walls can bring back the transformational magic of energy. The way to become Merlin is to clean up the debris by looking at myself honestly. The integration of self is the starting point of any reunification on any level, and I have no doubt that the integration of my own aspects will also lead to collective integration. Sometimes anxiety and mistrust, even about a truce, can prevent people from standing behind the short wall. But in due course, dragons will pop out and shake things up, even opening people's deep unconsciousness.

I feel that the dragon Adamus mentions is connected to the energy of Tobias' short wall. I also feel that standing behind the short wall means being a Merlin, and my recent experiences have made me realize that it takes courage to be Merlin.

Now we have a new series, The Art of Benching, where Adamus leads Shaumbra to the park bench, which provides us a wider and wider view. Without any more fight and effort, now we simply exist, shining our own light toward the world without pressure or agenda, and with the courage of Merlin.

Eun Jung Kim first learned of and dramatically felt Tobias' energy in 2007. She lives in Cheongju, South Korea, where she is studying spiritual counseling and psychology. She can be reached via [email](#).

In this monthly feature, we highlight a recording from the past that is particularly relevant to things Adamus and Shaumbra are talking about.

MONTHLY SPOTLIGHT

CRYSTAL CONSCIOUSNESS



Adamus Saint-Germain

Allowing in the Light

Who is responsible for your awakening? The answer might be different than you think! A natural part of the enlightenment or ascension process is integrating the crystalline light body – and the light mind or divine know- ingness – into the human biology. This brings profound change including release of the ancestral biology, a more efficient body that needs less food and less sleep, and overall rejuvenation of the physical being. There's nothing to do but trust and allow the intimacy as your light body makes love with your human body. Adamus guides a couple of very deep experiences and reminds the audience that when you "Walk like a Master and talk like a Master, suddenly you are a Master."

The I Am is awakening therefore you are awakening. Simply breathe it in, allow and embrace the process.

No special practices, diets, activations, affirmations, or other efforts are needed. The light body is ready to join with the biological body; will you allow this experience of love?

NOTE: Audio recordings include consecutive German translation by Wulfing von Rohr.

SESSIONS

1. Who's Responsible (35:29)

This is all about enlightenment, not aliens, dimensions, human problems, or anything else. The awakening is already happening as the divine comes into radiance in this reality. The human needs only to allow the process without manipulation of any kind.

2. Receiving the Light Body (1:21:33)

Receive and embrace the enlightenment; it's just that easy. Allow the light body to make love to the physical. It gently begins disconnecting from ancestral biology and rejuvenating the physical until your body has attributes of both physical and light. Sink into a deep experience of allowing this very subtle process.

3. Receiving the Light Mind (35:19) [Recording starts late]

Adamus talks about the difference between the human mind and the divine intelligence, then leads an experience of going beyond, or "un-hypnotizing" the human mind and allowing in the light mind (gnost), which brings great relief and freedom.

4. I Exist (1:19:38) [Recording starts late]

This is THE lifetime. You and a relatively small group are going through this profound transformation first, bringing divinity to humanity in a way the Masters of old could not do. Rather than delaying your enlightenment with the mind, allow yourself to feel the rhythm of your own existence.

5. Allowing the Light (1:04:20)

Every Ascended Master had trouble with the mind, but your deep desire for freedom has kept you on the path. Adamus leads a deep experience of allowing both the light body and the light mind to come in and gently integrate with the human self. It is especially recommended to listen to this session in a quiet place without interruption.

6. Act Like a Master (1:12:20)

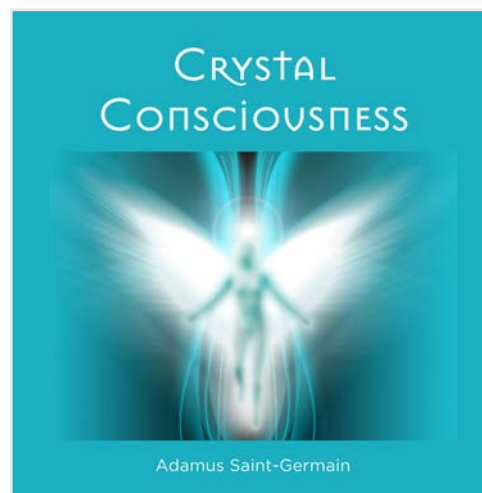
Adamus declares that if you act like a Master, you'll start feeling like a Master. When you walk like a Master and talk like a Master, it changes how energy comes into your life. Adamus takes audience questions on relationships, illness, aspects, the light body and more.

Format: Downloadable audio and text

Cost: \$60

Featuring: Adamus Saint-Germain,
Geoffrey & Linda Hoppe, Wulfing von Rohr

Recorded in Zurich, Switzerland, May 2013



HIGHLIGHTS

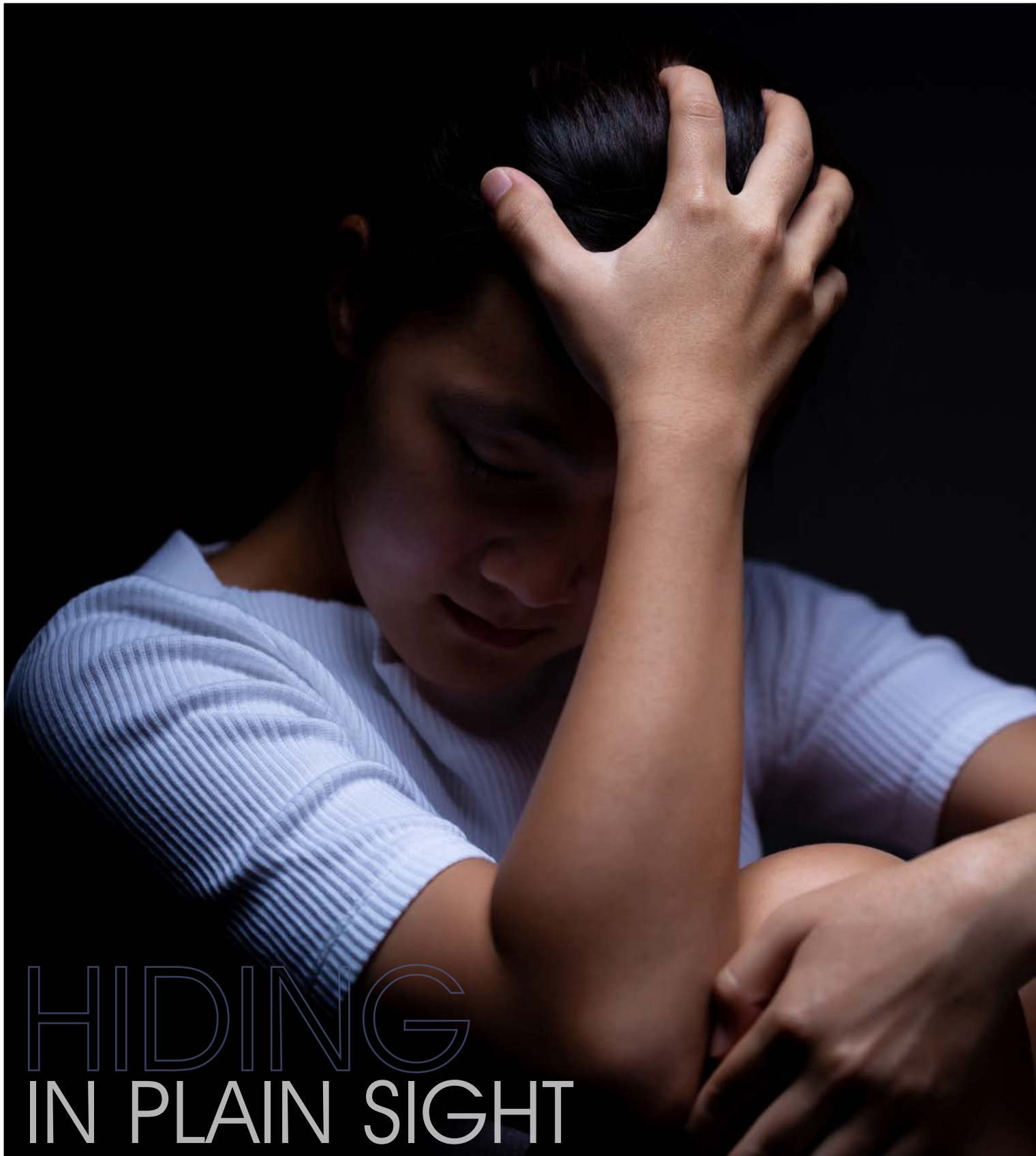
- The I Am is awakening, the human needs only to allow
- Your physical body is a product of the ancestors
- The light body is ready to come in
- It's easy – and it changes everything
- Relax into your enlightenment
- Walk & talk like a Master; it changes how energy comes in

Available Translations

- | | |
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| • български | • Polski |
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MORE INFO

HEAR EXCERPTS



HIDING IN PLAIN SIGHT



This article has been brewing for more than a month now; a big, complex issue that needed distilling into something manageable, an absurdly simple solution to a lifetimes-long 'problem.' It's ironic how the obsessive search for something almost generates its camouflage, an unconscious resistance to finding, for then the search would be over.



By Jean Tinder
Content Manager

For years, my search has been for the Body Solution, the secret to making my body truly my own, an accurate representation of ME rather than another iteration of my ancestors. We've had plenty of hints along the way – from [*Standard Technology*](#) and [*Ancestral Freedom*](#) to [*Biological Rejuvenation, I Am Cleansing*](#) and a whole lot [*more*](#) – yet the body still proves to be one of our biggest challenges. Ironically, everything I've written recently about the body – loving it unconditionally, being fully present when I eat, releasing all the controls, etc. – has not been wrong, exactly, but it has also missed the point. In fact, I will say it was the "last hurrah" in one of the biggest games I've ever played.

Like most of us, I've worked hard to release ancient patterns of lack and worthlessness. I have integrated countless aspects and truly learned to love myself. I've given everything for my soul's passion and my life has slowly changed to reflect this. Things flow easily, synchronicity prevails, my very busy days are softened by grace and ease. Yet this one last issue – the body – often brings feelings of frustration and failure. It's not just about extra weight or aches and pains. It's about truth, accuracy, dignity, and finally feeling at home within myself. I've tried plenty of schemes to "fix" it, and they've usually "worked" for a while, before inexplicably losing all effectiveness.

The October Shoud was a strange one for me. First of all, it was webcast from Hawaii, and I wasn't there to help. I felt sort of like a co-pilot whose plane had taken off without her. Silly, yes, because there was a very competent team in Kona, but nonetheless I was out of sorts. Then I noticed an error in one of the video clips, MY error. "Dammit, can I get nothing right?" said an old familiar – but usually ignored – voice. "Shush, aspect, not now. It's time for the Shoud." But then it really got triggered when Adamus declared: "You've gotten this far... please don't work on your problems. You really don't have any."

"No problems??" aspect hollered. "Have you seen me lately? Sure, most of my problems are gone, but this damn body..."

When the Shoud was over I went outside, the "total failure" aspect surging up in all her miserable glory. "How can I possibly be a Standard for humanity, an

example of no more suffering, when I can't even manage myself, let alone feel at home in my body?" Settling into my chair under a tree, I looked back at the house. In the evening dusk it was illuminated from within, a golden glow just like Adamus had talked about moments before. A reminder to shine my light *for me*. "I don't know how this'll help anything" grumbled the aspect, but the real me took a deep breath, knowing there would somehow be magic involved.

The next morning, I was making breakfast when a huge knowing fell into my awareness and I saw exactly what was going on. (Wow, that divine illumination thing really works!!) I saw how I have been engaged in a massive game of hide and seek, with myself, and *I finally caught me!* I got the entire knowing all at once, but it's taken me weeks to unspool it into suitable words.

In the past I've written about a "galaxy aspect," a group of related aspects so big that it encompasses far more than a single experience or



lifetime and so close that it feels like “me.” I had just found a huge one. Not only did *this* lifetime start out with body issues stemming from things like tightly controlled meals, tremendous body shame, denial of physical desires, and biological signals ignored, it was also the perfect setup to trigger *past* lifetime issues of starvation, torture, shame, sacrifice, wretched vows, and every possible iteration of suffering. Add in all the “opposite” aspects created to manage, fix, and defend the body from sabotage by the traumatized ones, and it’s a massive swirl of confusion. A galaxy aspect. (By the way, Adamus draws an excellent illustration of this in [*Aspectology*](#), which I passionately recommend.)

It was a mess and I was wholly caught up in it. Any time I’d do something to “fix” body, it would satisfy one part of the churning galaxy and produce tantalizing results. But then another part would swing into action, negating any benefit and bringing up more issues. Whatever I tried worked for a while until it got cancelled out by another part, putting everything right back in confusion and frustration.

Then came the Shoud and the inner light that finally illuminated the common denominator – *my attention!* This entire body game was kept firmly in place by all the energy I was giving it.

All these parts and pieces were jostling and fighting for my attention energy, like a toddler throwing a tantrum, and I was playing right along. (Anybody that’s had a 2-year-old knows how well that goes.) It was only me who had created the entire whirlwind of conflicting information and contradictory experiences. And it was only me keeping it going all this time. I even gave this galaxy aspect an identity, referring to it as Her or She – “She gets whatever she wants.” At least I’d stopped fighting with her (sort of), but the entire galaxy was thriving on my attention.

Well, I’m familiar with aspect work, and now I knew exactly what to do. As Tobias says, the first step in integration is awareness. After that, it’s all about compassion, i.e. acceptance. I had been acting as if there was something “not right” about my body that needed to be fixed or changed. But that is precisely the rejection that keeps aspects stuck – and then gets them annoyed at Adamus for saying the problems don’t exist. (Seriously? That very annoyance should have clued me in!) He also said, *“It’s only when you give it that attention, when you get embattled with it, that it sticks around.”* Duh.

Now that I’m aware of that galaxy, to stop its endless spinning I only have to withdraw my attention from it – *ALL* of it. Perhaps easier said than done. Have you ever tried to ignore a screaming toddler who shifts from anger to terror to heartbroken to sweetness to *anything* that gets your attention? It requires a LOT of clarity. In this case, it means ignoring all the little ways it had “controlled” me, all the old habits and beliefs about my body and what I put into it, all the patterns (conscious and unconscious) that reinforce my ancestral lineage. Basically, every prior bit of information about my body is suspect. It’s a radical choice to trust myself that deeply.

Sitting with all this, I became acutely aware of the many ways the aspects conspire to fulfill their desires rather than mine. Here is a small sample of countless internal conversations:

"Hey, this project is getting tedious, let's go eat something." Not now aspect, I'm not hungry.

"You're having granola? Don't you know how many carbs are in that?" Be quiet, aspect. This is what I choose.

"You're heading out the door without food? What if you get hungry?" Hush, I will take care of myself.

"You know that bread is going to make your knees hurt." This is my body, not yours.

"See? Now you're lightheaded. I told you we should have eaten." I'm not falling for that anymore. Stop it (lightheadedness clears immediately).

"Any idea how many calories you've had today? Are you sure you want that chocolate?" Shhhh.

"Look at you, fatter than ever. This is stupid." It doesn't matter.

Over the days and weeks, a lot of the noise has died down, but I can't claim that it's over. This galaxy has been eons in the making, and "She" still has a lot of tricks up her sleeve. Sometimes I still fall for them, but less and less.

It's essential to remember that I am not combatting control with more control. I'm not combatting anything; I'm *choosing*. One of Her questions was, "If you don't listen to me, your body, how will you know what it needs?"

Here is the absolute truth: what my body needs is ME – my love, attention and, most of all, my communication. With that connection, nothing else matters. How do I overcome ancestral patterns or symptoms that plague me? They don't need overcome, and the struggle actually keeps them in place. Don't my habits and beliefs create my reality? Yes, of course they do, and they have been all this time – particularly the belief that my body is not my own. But that pure, sweet connection between Me and me – open communication without agenda, unobstructed flow between my consciousness and my body – rewrites everything.

Whether ancestral, karmic, biological or something else, all these patterns (aspects) are only in place because I put them there, and kept them there. They have served me well. But I finally remembered that *I created all this*, and fighting my own creation is just adding another star to the magnificent – and magnificently obsolete – galaxy.

Now, I must add here that this is not medical advice of any kind. If you have a body issue that requires medical input, don't make a change just because someone wrote or said something. But realize that you are the creator and then unconditionally *accept* that ownership of yourself, *especially* when it

includes medical recommendations. You're not a victim, you're an explorer. Every single aspect was created by you, in love and service. Some of them got so big and congested that they feel like they ARE you, but once you're aware of the game, you can change the rules at any time. Or even stop playing altogether (which means this is my last body article for a while). Best of all, your own divine light will finally illuminate what's always been hiding right in front of you.

I have no regrets about this game, only wonderment at my ability to play it so convincingly.

Hey aspects, ready or not, here I Am.



GRATITUDE

We would like to acknowledge the Crimson Circle Angels for your unfailing energetic and financial support. Without you, we would not be able to make this extensive library of material available to conscious and aware humans around the world. Your support means everything!

In grateful appreciation to the Crimson Circle Angels from around the world.

The Crimson Circle Staff

Welcome to our newest Angels!

Oksana Harbatouskaya

Susan Hilger

Paullina Lesiak

Marcelle Barakat

Jakaleen Archilles

Davis Lockhart II

If you would like to become a Crimson Circle Angel, please click [here](#) to subscribe and see Angel benefits.



NEW TRANSLATIONS

Category	Title	Language
ADAMUS ON TOPIC	<u>THE UNFAMILIAR FAMILY</u>	BR, CZ, DE, ES, FR, IT, PL, RU
CLOUD CLASS	<u>TML 13 - ENTELLIGENCE</u>	BR, CZ, DE, ES, IT, FR, GR, HU, NO, PL, PT, RO, RU, SL
CLOUD CLASS	<u>TML 14 - SOUL ENCOUNTERS</u>	BR, CZ, DE, ES, FR, GR, IT, NO, PL, PT, RO, RU, SL
CLOUD CLASS	<u>MASTER CODE ONLINE</u>	DE
CLOUD CLASS	<u>PROGNOST 2021 UPDATE - IT'S ABOUT TIME</u>	CZ, DE, ES, FI, FR, GR, IT, PL, PT, RU
INTENSIVES	<u>TIME TRAVELS (EGYPT 2009)</u>	ES, FR, IT, PL, NO, RO
SPECIAL TOPICS	<u>ASK TOBIAS: TIME, SPACE AND MEASUREMENT SYSTEMS</u>	CZ, DE, ES, NL, NO, PL, RO, RU
SPECIAL TOPICS	<u>OUT OF THE BOX</u>	DE, ES, FR, HU, IT, PL, NO, RO
FREE	<u>BEYOND THE LIE OF DARKNESS (MERABH)</u>	BG, BR, DE, ES, FI, FR, HU, IT, LV

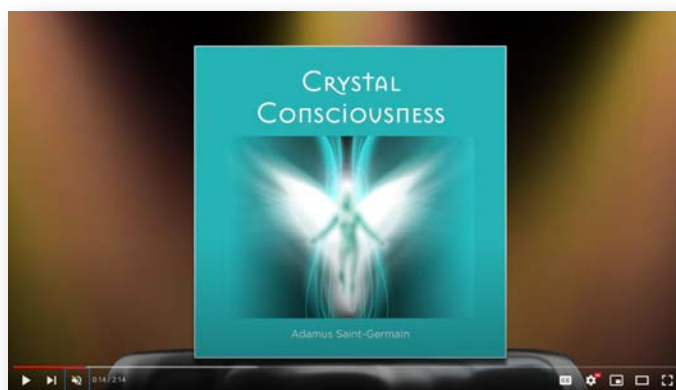
IT=Italiano, JP=日本語, KO = Korean, LV= Latviski, NL=Nederlands, NO=Norsk, PL=Polskie, PT=Português, RO=Română, RU=русский, SL=Slovenščina, SR= Српски, SV=Svensk, TR=Türk, UK= український, ZH=Chinese

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November Spotlight



Back to Zero Point
Highlights from
Art of Benching Shoud 1



The Art of Benching - Merabh
From Art of Benching Shoud 1



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MEET THE CRIMSON CIRCLE STAFF

INTERVIEW WITH JOSH ZARATE – FULL STACK ENGINEER



SHAUMBRA MAGAZINE: Where do you live?

JOSH: I live Puebla, Mexico in a municipality called San Andrés Cholula. In this town we have a church on top of a hill, this is a tourist attraction.

SM: Do you have family there?

JOSH: My wife and I met 20 years ago when we were teenagers. We now have two children, a daughter (7 years) and a son (18 months).

SM: What is your job at Crimson Circle?

JOSH: At this moment, I am the team leader for the Connection Center. Currently it only contains Keahak XI, but the next project is to include Cloud Classes, starting with ProGnost 2022.

SM: How long have you been in this field and what else have you done?

JOSH: I have been working in development for 10 years. I'm a Full Stack engineer and worked for a telemedicine company called doc.com, which is currently only available

in the United States. After that I worked for dinkbit, a multidisciplinary company in many different projects. The biggest was a system for a Chinese company that has its assembly plant in Mexico.

SM: What is it like to work for a more unusual company like Crimson Circle?

JOSH: The first contact was fun, because I was looking for a job, and then I saw the vacancy. The post didn't say "Crimson Circle," but I responded and thought, "Okay, let's see what happens." I sent my CV in November of last year and was hired at the beginning of January.

SM: How do you like it now?

JOSH: I love this company because the personal care is very warm and good. My main boss Jorge is a great boss! I have learned many things about my career and my professional life, and I am very grateful for him. He is a wonderful person. Very cool!

SM: Do you have any hobbies or interests outside of work?

JOSH: My big hobby is to play soccer. I was a semi-professional soccer player. Now I only play for fun, but it's interesting how they select each player for a professional team.

SM: Is there anything else you'd like to share with Shaumbra?

JOSH: I love my career and all the things I make. The reason I chose this career is because I can create whatever I need to. I create tools for users, and it's very satisfying for me.



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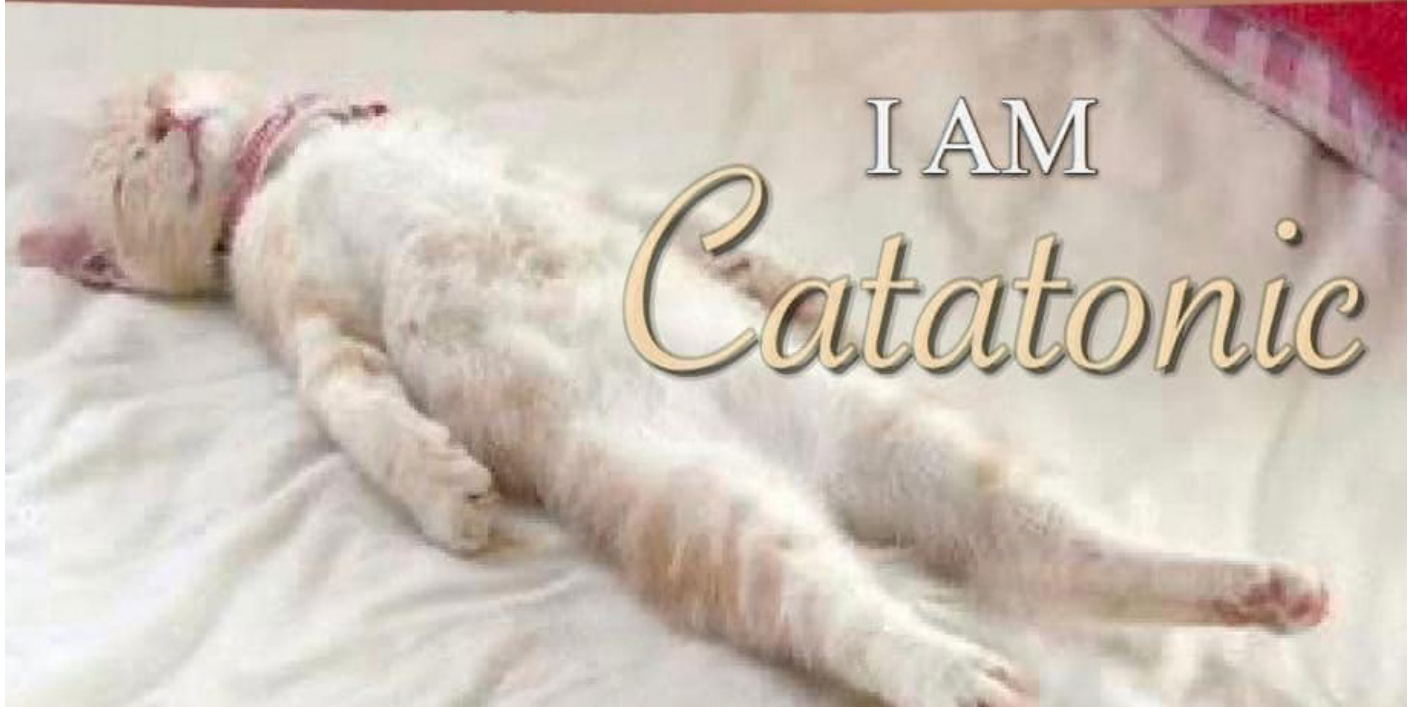
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SIMON'S SPOOFS

Simon Bessant lives in the UK and is a prolific Shaumbra comedian on Facebook. He Photoshops the images on his phone and posts them in the Facebook group [Shaumbra Grand Embodied Masters Comedy Club](#). Check here each month for more laughs!



MASTER'S PAWS SERIES



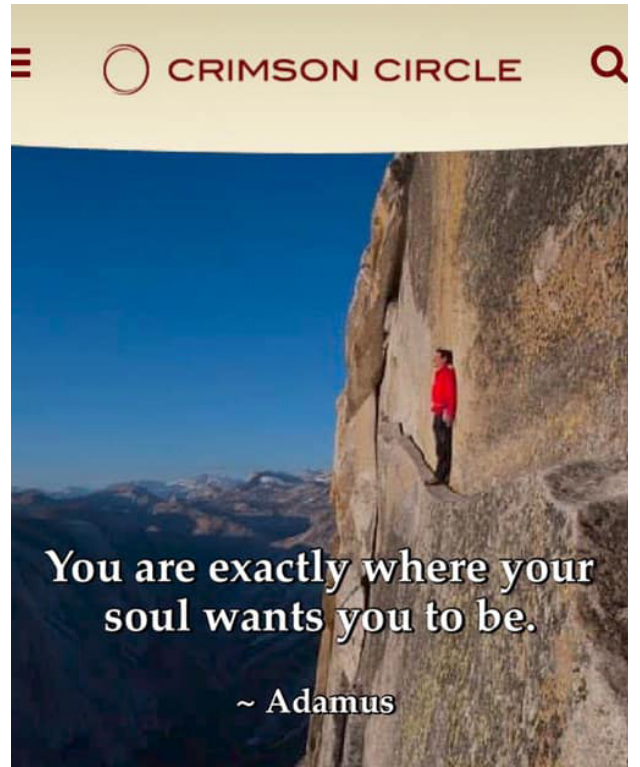
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