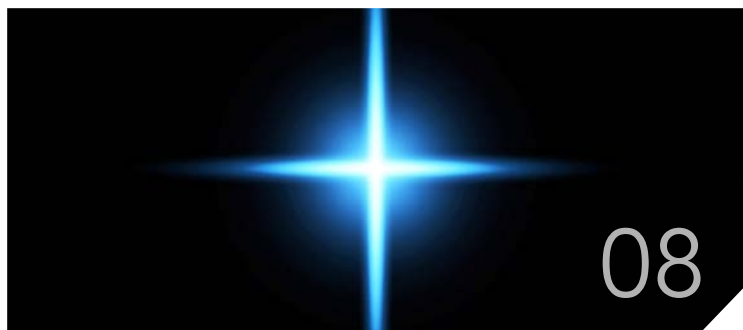




SHAUMBRA™

INSPIRE CONSCIOUSNESS

MAGAZINE 1122



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SWEATING THE SMALL STUFF



By Geoffrey Hoppe

You've probably heard the old adage, "Don't sweat the small stuff... and it's all small stuff." Another version is, "The small stuff takes care itself." I generally agree with these sayings. It's easy to "miss the forest for the trees" when you get caught up in the minutia and details. I've worked with some obsessive micro-managers in my time. About the only things they manage to accomplish are to irritate and annoy everyone within reach of their highly-polished microscopes.

I have my own version of these sayings: "Have the wisdom to know the difference between small stuff and big stuff."

Sometimes it's hard to tell what's important and what's not. Brushing my teeth is small stuff but if I don't brush daily, it will turn into big and painful stuff. Whether you brush up-and-down or side-to-side is probably small stuff, unless you're a dentist. Hanging the roll of toilet paper with the streamer next to the wall or away from the wall is probably small stuff but a lot of people worry about it. I'm going to petition the makers of toilet paper to put clear directions on the packaging so people can get on with their lives. After all, common sense says that the paper stream should be away from the wall. Geez. Putting it close to the wall means that your hands might touch the wall and get it dirty. Do we even need to talk about these things?

Changing the batteries in your home smoke detector seems like small stuff – something that easily lends itself to procrastination – until it starts chirping



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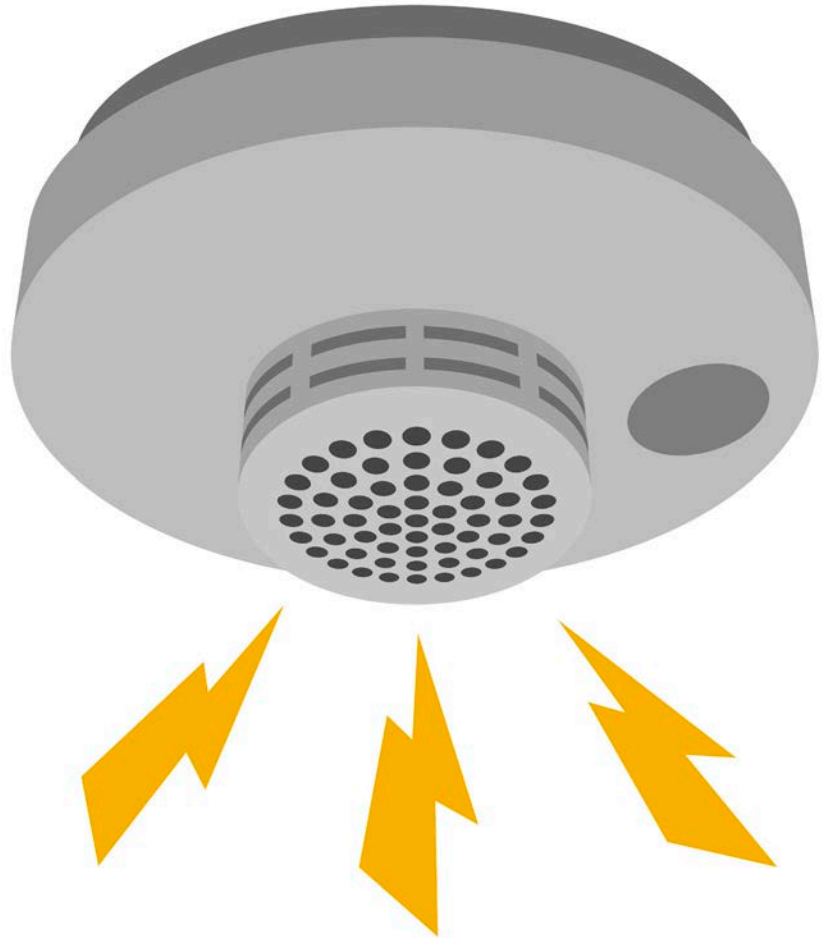
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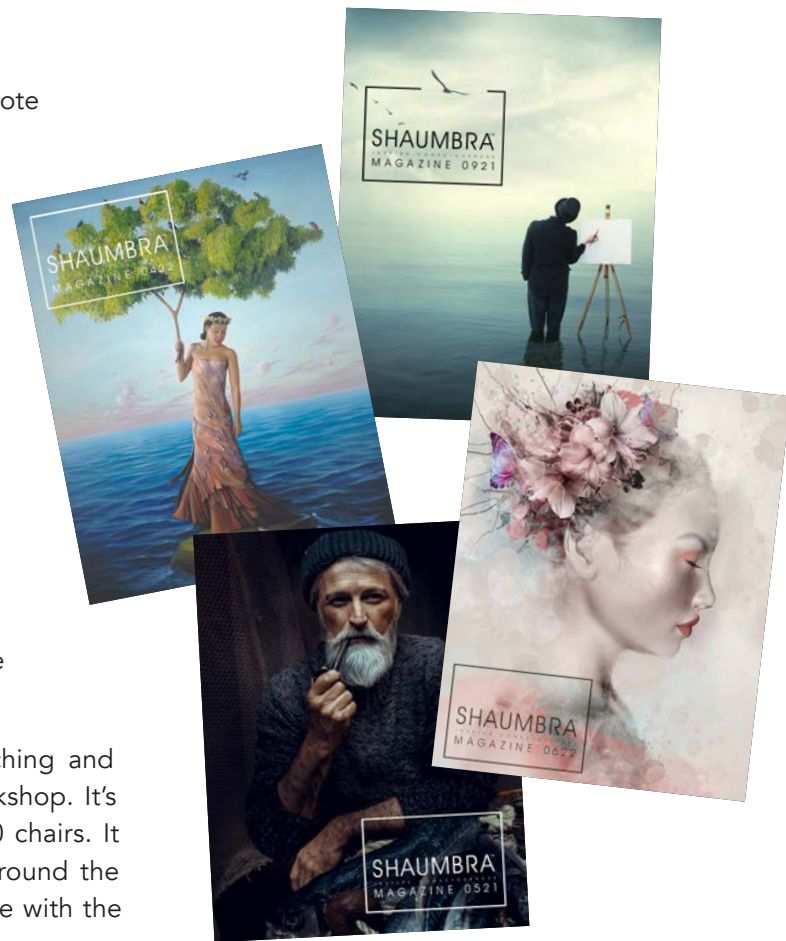
at 2:00 AM. I read somewhere that smoke detectors are programmed to run out of battery power at 2:00 AM. First, you try to ignore it by putting the pillow over your head. You finally crawl out of bed in the middle of the night and try to find the beeping culprit. Of course, it's on the ceiling far out of human reach. Now, nearly fully-awake, you try to find a step ladder, then realize you lent it to your neighbor two months ago. You've been meaning to get it back, but alas, it was just another task on your procrastination list. Now, desperate and frustrated, you go to the closet to get out your shotgun in order to put an end to the incessant beeping. Then you realize you never bought a shotgun as you had vowed to do after the last smoke-detector-in-the-middle-of-the-night incident. (BTW, I think they make a special shotgun just for silencing smoke detectors. You'll thank me the next time yours goes off at 2:00 AM.)

Don't sweat the small stuff, but know what is small and what is big. What may appear not-so-important may have a huge energy impact, kind of like the smoke detector shotgun. You never know when you'll need it, but when you do you *really* do.

Take, for example, the cover of every Shaumbra Magazine. It's just one of a gazillion details the CC staff has to attend to, what some would consider to be small stuff. Jean Tinder, Marc Ritter and I spend a lot of time collecting potential graphics. Then each month we scour through the files and select

about 10 candidates for that month's cover. We finally vote on our favorites, sometimes taking several rounds of voting to settle on a winner. It has to be timely, relate to the Shaumbra journey, and be thought-provoking. We don't run a title or offer an explanation of the graphic because we want readers to feel into it for themselves. Oh, and just one more small-but-important detail: It has to include a person. It can't be just a beautiful landscape (even if it's an Ansel Adams nature photograph), and it can't be just a cat unless there's a person holding the cat. The magazine is about the human journey; therefore, we insist on featuring one or more people on the cover. It might seem like a small detail, but consider the number of people that see the magazine around the world every month. The cover makes a huge energy impact. It sets the energy for everything else inside the publication.

I have a habit (some would call it a neurosis) of touching and adjusting every chair in the meeting room prior to a workshop. It's easy to do here at Villa Ahmyo because we only have 40 chairs. It used to take more time when we did large workshops around the world with hundreds of Shaumbra. I got into a big kerfuffle with the hotel ballroom staff a few years back in Hungary. The workers are supposed to set the chairs, not the client. That's what they're paid for, and it's considered a little slovenly for the client to do the work. They didn't speak English, therefore didn't understand when I tried to tell



them I was only touching each chair in order to energetically connect with every attendee prior to the start of the workshop. I did it to add an energetic “welcome” imprint to every chair. The Hungarian staff was very indignant, following right behind me and pretending to move the chairs back to their original position as an act of defiance.

It was pretty comical until the hotel manager was called in to bring peace and order. I pointed out why I was touching – and not adjusting – the chairs.



I thought he was going to burst out laughing at me – this flakey American – “touching” every chair to add “energy.” He wiped the condescending smirk from his face when I pointed out that the toilet paper in the men’s room was improperly installed. *“Don’t let it fall on the wall,”* I scolded him. Now I was the one with the smirk.

The bottom line is that some people would consider my chair-touching to be a small detail, but it helps set the energy for the workshop, and connects me with every attendee the day before the event. Over the years, many Shaumbra have commented on how comfortable the chairs were, not knowing that I am a Touch Master.

Then there’s the pre-Adamus music video. We go through quite an ordeal every month to find and select the perfect track. After coming back from the break, Linda leads the breathing as we prepare for Adamus. After the breathing, we play the professional music video (or the one we made for the

chosen song like we're doing for the November Shoud). It may seem like a small detail, but it's actually rather big. Quite selfishly, I have to like the music because I use it as a final preparation for channeling. I start to go "out" when Linda does the breathing, then do the final deep dive when the music is playing. It's also the time when Adamus downloads the entire essence of the channel to me, sans details. Jean Tinder and I constantly look for appropriate music. It has to be soulful. The lyrics must be in harmony with the Shaumbra journey. It has to have a deeply personal feeling. Sometimes we'll preview a hundred tracks or more before narrowing it down to the "one." This month's song, *By Way of Sorrow* by the Wailin' Jennys, is a good example. In fact, I think the lyrics should be the Shaumbra anthem. We created our own video because the ones we found didn't quite fit. Here's a sample of the lyrics:

*All the nights that joy has slept
Will awake to days of laughter
All the tears that you have wept
Will dance in freedom ever after*

*You have come by way of sorrow
You have come by way of tears
But you'll reach your destiny
Meant to find you all these years
Meant to find you all these years*

Some would say the music video is just a small thing, just an entertainment element. No, Grasshopper, it is big. It is the portal we use to enter into the channel. It sets the energy. (BTW, thank you to everyone that has sent in suggestions over the years. Jean and I review every submission.)

These are just a few examples of the CC staff's attention to important details designed to make your time with the Crimson Circle a fulfilling experience. We do it to honor each and every Shaumbra that comes to our website, contacts Customer Service, attends an online workshop, listens to a Keahak session or downloads a free product. It is a deliberate energy design meant to make you feel at home, let you know that you are acknowledged, and offer our gratitude for the work that *you* are doing.

Some would say it is just small, unimportant stuff. Why waste the time? I say it sets the energy and standard for everything else. I actually don't spend any time worrying about how the toilet paper is hung, but a lot of time with the staff tending to details that ultimately make a big difference in your experience with Crimson Circle. I hope you can feel the attention and joy in everything we prepare for you.

Now, go check to see how your toilet paper is hanging. Remember, *don't let it fall on the wall.*

NEW!



HEAVEN'S CROSS

PART 1: PREPARING FOR THE OPENING

AVAILABLE NOVEMBER 15, 2022

COSMIC CHANGE OF THE HIGHEST ORDER.

During the closing channel of Dream of the Merlin, Beloved St. Germain made an extraordinary announcement. He declared that we are nearly at the completion of a very important project called Heaven's Cross, and that its *"whole purpose was to open up the gateways between the realms."* His message brought up a LOT of questions, both from

Shaumbra and from the CC staff, and just a few weeks later more information was delivered. The production crew was now on location in Hawaii, and instead of recording what the humans had planned, we found out there would be a whole new "Heaven's Cross" series. It won't be a long one, probably only four or five installments, but according to Adamus, it is the culmination of everything we've been doing on Earth since Atlantis and the fulfillment of the Atlantean Dream.

According to Adamus, the opening of Heaven's Cross will take place on March 22, 2023.

The implications are staggering. In fact, Adamus says Heaven's Cross is the biggest, most profound planetary change since the fall of Atlantis. It's about actual physics and will literally change the electromagnetic and energetic flows on the planet.

For you personally, there will be tremendous significance. The ability to access your divine Self will be easier and more graceful without the heavy veil of duality. This accessibility also has unexpected ramifications on your past. Tobias said, "The future is the past healed." Adamus modifies this by saying, "The future is the past illuminated." Heaven's Cross not only allows you to bring more consciousness and light into your life, but it also illuminates your past lives.

In this first five-session installment, called "Preparing for the Opening," we learn more about what Heaven's Cross actually is and why it's happening now.

In the first session, Adamus talks about the core issue that's affecting nearly everyone on the planet: Hopelessness. Caused by a loss of connection with Self, this hopelessness leads to mental imbalances like depression, despair, anxiety, and health problems, as well as planetary issues like war, poverty, and hunger. In fact, a pervasive feeling of hopelessness is at the root of nearly all the current suffering of humanity. The solution is simple, yet it's been mostly out of reach. Now that is changing! For those who are ready, access to the other realms of Self (and beyond) will soon be exponentially easier.

In session 2, Adamus talks more about hopelessness and planetary dynamics, the physics of Heaven's Cross and the grace of being in your own flow. He leads a beautiful merabh of energy flow and the new ease of remembering who you really are.

Talking about the emerging Christ Consciousness in conjunction with this event, in Session 3 Adamus makes the remarkable statement that "Heaven's Cross is the Second Coming." He then goes on to note different levels of change that humans experience on Earth. The change that comes with the opening of Heaven's Cross will have a greater impact than anything since the fall of Atlantis.

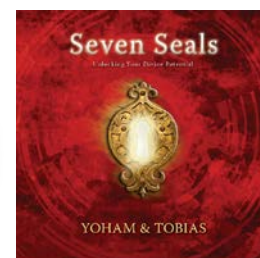
In session 4, Adamus refers to the Harmonic Concordance, talks about the surprising personal impact of Heaven's Cross on your past, and offers a tongue-in-cheek prescription to help you handle the intensity. Then he guides a beautiful journey to Heaven's Cross, not quite open yet but beginning to emerge. And in session 5, Adamus answers a number of relevant questions submitted by the production staff.

Adamus will offer at least one more installment in this important series prior to the March "opening" date. And then, on March 22, 2023, he will host a free worldwide Shaumbra gathering to celebrate the literal opening of Heaven's Cross. *"On this date, we will be getting together for the first ever Shaumbra global kumbaya session."*

This essential presentation will be available in the [Crimson Circle Store](#) on November 15, 2022. Watch for announcements in social media and in the store itself.

Special Note: During session 3 Adamus revisits the Seven Seals, supporting you in unlocking these artificial limitations you have accepted since coming to Earth. For a deeper dive into this experience, we recommend the recording with Tobias and Yoham called "[The Seven Seals](#)." It is available for \$12.75, a 15% discount through November 30, 2022.

MORE INFO



FEATURED ONLINE EVENTS



SEXUAL ENERGIES SCHOOL® **ONLINE • DECEMBER 09–11, 2022**

This opportunity for profound transformation and healing is offered twice a year. With benefits that can include better health, the end of energy stealing and power games, balanced relationships, enhanced creativity, and true enlightenment, it is ultimately a return to Self. Hosted live by Geoffrey and Linda, includes multiple sessions with Tobias and Adamus, as well as guided personal experiences.

[MORE INFO](#)

PROGNOST 2023 **ONLINE • JANUARY 14, 2023 – TAMBIÉN EN ESPAÑOL**

Since 2014 ProGnost has become one of the most sought after and discussed Shaumbra events of the year. Adamus, dedicated to guiding us into our embodied Realization, doesn't usually address the state of the planet, politics, aliens, the environment or the future. But twice a year he opens his cloak to reveal what he and the other Ascended Masters foresee for our planet in the years ahead.

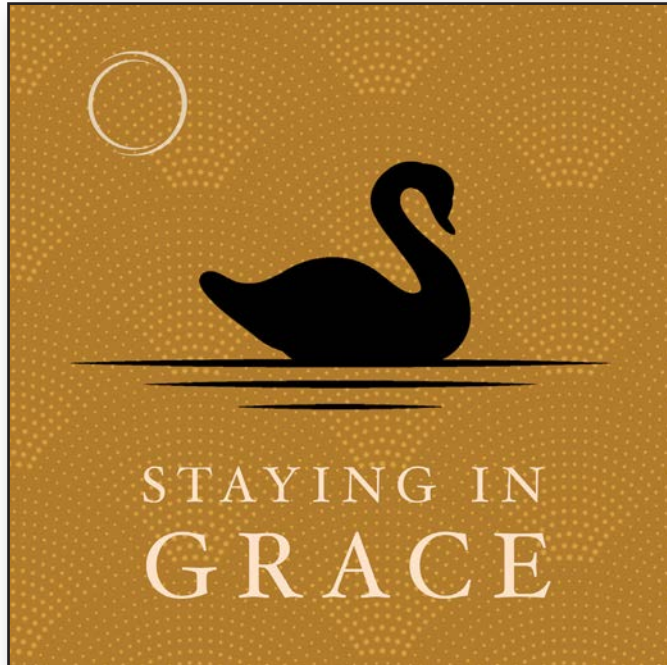
[MORE INFO](#)[MÁS INFO](#)

ASPECTOLOGY® **ONLINE • JANUARY 27–29, 2023**

Aspectology, also called "New Energy Psychology," is a groundbreaking study of human nature, healing and creation. Unlike traditional psychology which assumes there is something wrong with you that must be fixed (or medicated), Aspectology assumes that you are whole and complete at your core, no matter the level of your current difficulties.

[MORE INFO](#)

FEATURED IN-PERSON EVENTS

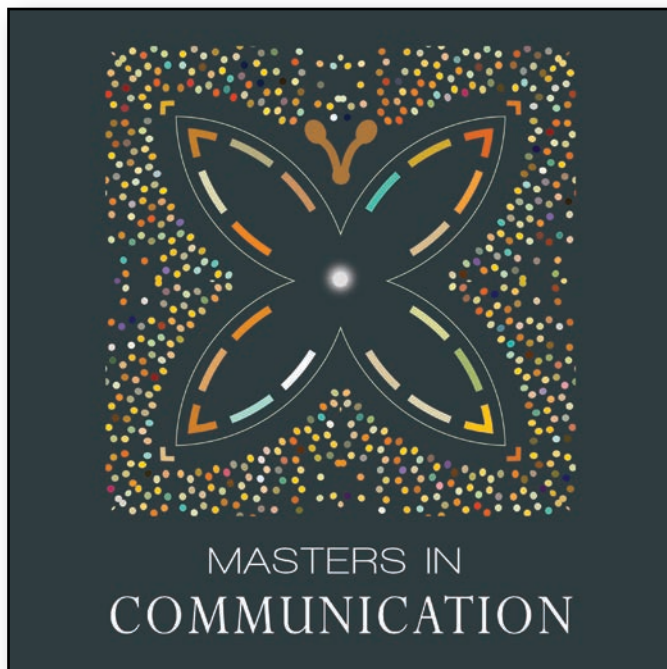


SOLD OUT

STAYING IN GRACE KONA, HAWAII NOVEMBER 9–13, 2022

Adamus is rolling out a new gathering titled *Staying in Grace*, about staying here on the planet in grace, as a Master, at this Time of Machines, even when faced with the challenges of everyday life. This event will be held at Villa Ahmyo in Kona, Hawaii, an ideal location for experiencing grace with the natural beauty and peaceful energies of this remote Pacific Island.

[MORE INFO](#)

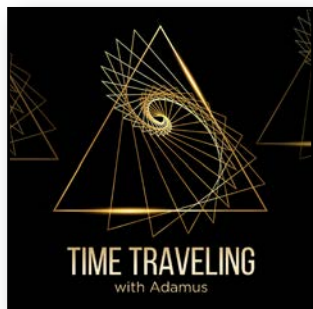


MASTERS IN COMMUNICATION KONA, HAWAII NOVEMBER 21–25, 2022

This workshop signifies a new era for Shaumbra as we transition from being the students to becoming true Masters. It's all about energy and communication, whether with non-physical entities, nature, other people, or yourself. All energy IS communication, the song of your Soul, and it's time now to understand how it flows and how use it without limitation.

[MORE INFO](#)

FEATURED IN-PERSON EVENTS WINTER-SPRING 2023



TIME TRAVELING WITH ADAMUS KONA, HAWAII • FEBRUARY 19–23, 2023

Are you ready to let Time work for you? In this new workshop, Adamus will take you through the experience of Time Traveling in the Now, allowing the Past and Future to come to you. He'll guide you through experiences of being in And Time, where you can still function in linear earth Time but also in Æterna, or No Time. It's one of the greatest gifts for an Embodied Master.

[MORE INFO](#)



MASTERS IN COMMUNICATION KONA, HAWAII • MARCH 17–21, 2023

This workshop signifies a new era for Shaumbra as we transition from being the students to becoming true Masters. It's all about energy and communication, whether with non-physical entities, nature, other people, or yourself. All energy IS communication, the song of your Soul, and it's time now to understand how it flows and how use it without limitation.

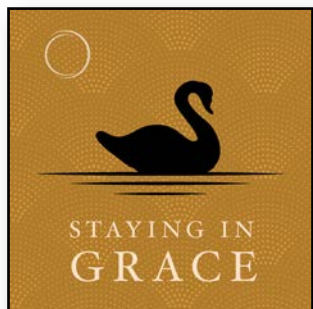
[MORE INFO](#)



MASTERS CIRCLE KONA, HAWAII • APRIL 9–13, 2023

More a gathering than a workshop, each Masters Circle will be tailored to the specific group in attendance rather than a structured workshop format. Adamus will talk about the issues of importance to the group, with plenty of interaction between group members and Adamus. Come prepared for open and intense discussions, deep merabhs and good times on the island with other Shaumbra Masters.

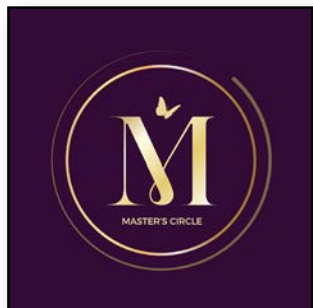
[MORE INFO](#)



STAYING IN GRACE KONA, HAWAII • APRIL 23–27, 2023

Adamus is rolling out a new gathering titled Staying in Grace, about staying here on the planet in grace, as a Master, at this Time of Machines, even when faced with the challenges of everyday life. This event will be held at Villa Ahmyo in Kona, Hawaii, an ideal location for experiencing grace with the natural beauty and peaceful energies of this remote Pacific Island.

[MORE INFO](#)



MASTERS CIRCLE KONA, HAWAII • MAY 14–18, 2023

More a gathering than a workshop, each Masters Circle will be tailored to the specific group in attendance rather than a structured workshop format. Adamus will talk about the issues of importance to the group, with plenty of interaction between group members and Adamus. Come prepared for open and intense discussions, deep merabhs and good times on the island with other Shaumbra Masters.

[MORE INFO](#)

PLEASE VISIT [CRIMSON CIRCLE STORE](#) FOR MORE INFORMATION ON THESE EVENTS

NOTE: Not all events may yet be open for registration; Crimson Circle Angels receive advance notice.

CCCC – Crimson Circle Connection Center, Louisville, Colorado

NOVEMBER

05	Monthly Webcast & Shoud	ONLINE ONLY
09-13	Staying in Grace	Villa Ahmyo, Kona, HI
12	Keahak XII	Online
21-25	Masters in Communication	Villa Ahmyo, Kona, HI
26	Keahak XII	Online

DECEMBER

9-11	Sexual Energies School Online	Online
17	Keahak XII	Online
17	Monthly Webcast & X-Mas Party	CCCC & Online
31	Keahak XII	Online

JANUARY

07	Monthly Webcast & Shoud	CCCC & Online
14	ProGnost 2023	Online
14	Keahak XII	Online
27-29	Aspectology Online	Online
28	Keahak XII	Online

FEBRUARY

04	Monthly Webcast & Shoud	CCCC & Online
11	Keahak XII	Online
19-23	Time Traveling with Adamus	Villa Ahmyo, Kona, HI
25	Keahak XII	Online

MARCH

04	Monthly Webcast & Shoud	ONLINE ONLY
11	Keahak XII	Online
17-21	Masters in Communication	Villa Ahmyo, Kona, HI
22	Heaven's Cross	ONLINE ONLY
25	Keahak XII	Online

APRIL

01	Monthly Webcast & Shoud	ONLINE ONLY
08	Keahak XII	Online
09-13	Masters Circle	Villa Ahmyo, Kona, HI
22	Keahak XII	Online
23-27	Staying in Grace	Villa Ahmyo, Kona, HI



RETURN TO THE ESSENCE OF YOUR SELF

Sexual Energies School

DECEMBER 9–11, 2022

HOSTED LIVE BY GEOFFREY & LINDA HOPPE

WHY SES?

Nearly all of us have experienced childhood trauma, emotional wounding, energy feeding, power games, and even physical or sexual abuse in our lives. With these painful things in our history, it's easy to see other people and situations as the cause of our unhappiness and limitation. However, with a deeper understanding

of energy dynamics and the choice for self-love, one begins to realize that it has all been a wisdom-gathering game played out in the basic pattern of the masculine-feminine energy split. As a result of this duality imbalance, there is an energy virus that has brought distortion to every part of life, including relationships, sexuality, physical health and more. Even though this virus is pervasive and seemingly inescapable, there is a solution,

one that opens the way to self-love, energy sovereignty and enlightenment.

This solution is a “prescription” that helps one to eliminate the virus within themselves, thereby no longer passing it on to family and loved ones, and bringing an end to its destructive internal effects. In fact, when you step out of power dynamics and into self-love, the virus simply loses interest.

IS IT FOR YOU?

Physical, sexual, emotional and psychic abuse are prevalent all over the world, manifest in every part of society and impact every single person, whether rich or poor, young or old, masculine or feminine. However, this abuse energy is often difficult to identify because it shape-shifts, quickly changing form like a mutating virus in order to remain hidden and active within each individual. It can appear sweet and vulnerable in one moment, and viciously shaming in the next. It can act out as both the abuser and the victim, feeding on the energy stirred up by these dynamics and perpetuating its existence. The virus causes physical imbalances in your body, especially in the abdominal area; imbalances in the mind that cause depression, anxiety and fatigue; and distortions in the family, workplace, school, church and other organizations. It is carried and propagated by virtually everyone on the planet.

THE POTENTIAL FOR FREEDOM

By allowing yourself to dive deep into the transformational experiences in the *Sexual Energies School*, you will come to understand how this virus operates within your own body, mind and life – and how to set yourself free. You’ll learn where the virus came from, how it has played out in the other realms and throughout Earth’s history, and hear a touching story of Yeshua (Jesus), Mary Magdalene and profound healing. The energies of these two Masters will also be very present with you throughout the class.

Through these deep experiences, you’ll come to realize that it’s not about placing blame on anyone or anything, not even the virus. The separation of Adam and Isis, representing the masculine and feminine energies, served a beautiful purpose, and now they are ready to reunite within each individual being.

Attending the *Sexual Energies School* is an opportunity for profound transformation and healing, with effects that can include better physical health, the end of energy stealing and power games, balanced relationships, enhanced creativity, and eventually true enlightenment. It is a return to the essence of yourself.

More than 10,000 people around the world have participated the Sexual Energies School, allowing the return of joy into their lives.

HIGHLIGHTS

- Learn about the sexual energy virus and how it affects your life
- Create your own path to self-love, and allow the return to joy
- Discover the futility of power games
- Learn how to stop others from depleting your energy
- Improve your relationships, health and well-being
- Excellent for counselors and other professional facilitators

Format: Streaming video and online text e-reader

Cost: \$595 (graduates automatically receive a 50% discount)

Featuring: Tobias, Adamus, Geoffrey & Linda Hoppe

E-READER TRANSLATIONS INCLUDE:

- | | | |
|------------|------------------|------------|
| • Čeština | • Nederlands | • Suomi |
| • Dansk | • Norsk | • Svenska |
| • Deutsch | • Polski | • ελληνικά |
| • Español | • Português | • תיבוע |
| • Français | • Pt. Brasileiro | • 한국어 |
| • Italiano | • Русский | • 日本語 |
| • Magyar | • Română | |

MORE INFO

WATCH EXCERPTS



AND ISIS...

ABOUT MEN WITH PURPOSE

A new men's order for Shaumbra? Well, maybe it's not so new after all. We used to be in many...

We used to be the Knights Templar, bringing, carrying, and protecting the new flame of Mary Magdalena, bringing in the feminine Christ to Europe, hoping it would bring an end to the burning, the torturing and raping of women.

During the last year I've become a member of a few men's communities, worked with different men's coaches, and decided to become one myself. I have found that there are so many beautiful men who are part of these communities; men who have come to a place of honesty within themselves, where they are not afraid to claim their masculinity, sharing that with other men and also sharing the struggles they have with being men. Struggles with women, with self-worth, and, as I've often seen, just a deep, unmet desire for meaning and purpose.

In my work I wanted to create an interactive group, and so I started out by creating a Facebook group called *And Adam... Mens Group*. And, having been a part of Shaumbra for a long time, I decided to present this group to Shaumbra men.

At first, I thought this would simply be a group for discussing men's issues and inviting Shaumbra men to share their wisdom with other men who are into these themes. But there were so many layers in the discussions, and in the background stirred my own memories of being in male orders in the past. I especially felt the deep purpose and commitment I (and perhaps you) had in the Knights Templar or other similar communities.

We men need purpose – as fathers, as lovers and as community members – and this is the core of the message I'm trying to bring to my clients when doing my marketing. But really, it's all about having purpose with oneself and the integration of the masculine and feminine within.

Purpose... I don't want to be too decisive about defining the differences between men and women, but to me it seems that purpose comes more naturally to women, especially in times when the divisions between men and women are greater. For men, a lot of purpose comes from playing out the role as the masculine counterpart, in whatever way possible, and sex is a big part of that, whether we like it or not. (Sign up for any men's group where men come together to share feelings, and it's all about sex.)

The Knights Templar were eventually banned by the French emperor, for they had become too powerful and too rich (having created and owned



By Erlend Wangenstein

the first international banking system in the world), the burnings continued, and we lost. That hurt many of us deep down in our already wounded souls, for we witnessed the wounds that were brought upon wives, daughters, friends, and colleagues. We sensed that this wound could stick around for centuries to come. And it did.

It wasn't until much later that we got the clear beautiful proof of victory. When the Freemasons gave the Statue of Liberty, the woman holding the flame of freedom, to stand outside New York City, it was to show everyone arriving that this was a place of freedom and safety from persecution. At the same time, the last of the Mystery Schools closed in Europe, because the awakening was finally happening among common people, and we needed to be there with them. We could be with the women now, alongside them, marrying, having children in safety, and that was purpose enough.

That's what many of us did now, as Shaumbra men. We found ourselves as husbands, employees, and church members, both men and women fulfilling the typical gender roles of the time. Then, in the sixties and seventies, things were changing again. We saw the beginning of true women's empowerment, and the awakened men loved seeing what was happening. Isis was taking back her freedom and shining her light. With our history from Atlantis, from the times with Yeshua, the Knights Templar, and other organizations, we knew it was finally happening. This was it.

Great, eh? Yes. And maybe no...

I would say that we, as spiritual men, started holding back our masculinity. Women were now taking charge themselves, acting out their masculine when needed, as well as their feminine when they wanted to, and men, we chose to back away. We chose to withhold our masculine protective energy in order to better facilitate a safe space for women to find their place, with both their masculine and feminine energies.

We also knew our sometimes violent history and became afraid of ourselves, of our own masculine energies, because we got called out on our dominance. We still had so much warrior energies in us, so much from the bloodline and maybe from past lives as well. Even now, through my work, I know some of us are still afraid of being masculine sexual beings. It's a common issue for men today. We live in the midst of an epidemic of the Mr. Nice Guy syndrome. (If you don't believe me, read the book *No More Mr. Nice Guy* by Dr. Robert Glover.) And us, who used to be the knights of the Knights Templar, are no exception.

"I am Erlend. I'm a men's coach." This is how I end the videos that I post on social media. I have a dream of creating a new men's community, with women as support, because we want to invite in a balance, and for men to find new purpose and freedom to express themselves. We want to feel proud of being integrated and balanced men. We want to find purpose in bringing together our own masculine and feminine energies within, and with that also coming back to being in true service to our own inner Isis. We also want to show the way for other men, as well as show the women that it is possible for any man to come back into balance,

to be feeling and nurturing, and not afraid to be strong, even to fight when necessary to protect the ones we love. And yes, fuck when necessary. Even if it's just with ourselves.

Perhaps this might be where a lot of Shaumbra men feel I might be going too far, but this is where it is at. That masculine energy also needs to come out. Can we shed the layers of guilt for what happened in the past and allow our inner warrior to come out now in service in a new way? And it is not me who is asking this.

The women I've talked to want men who are not afraid. I heard one woman say, "We need men who can kill, because then we feel safe. We need men who can get angry, show anger, but who are able to control it. And we need men to be honest about their own desires."

And us men, we need to be in the compassion and love and spirit of our own feminine. But that male desire to bend the world over, to build and to destroy, we want to be able to embody that too. I suggest that as the new purpose of men today: To embody *all* of it.

Therefore, I have created a new Facebook group to explore this energy. It is called *And Isis ... Men's Group*. I've changed the name to include both the masculine and feminine energy, and actually, this name change feels great, because it alludes to the purpose of the masculine energy in duality. It has the energy of the divine feminine, the Mary Magdalena energy that we tried to bring forth as the Knights Templar.

And the acronym is super cool: A.I. What if this is a sign of a new purpose for the future of awakened men? Sharing the initials of artificial intelligence, showing the true divinity of integration in the time when the machines are taking over, when the mental masculine energy is again seeking superiority, the thing that might create the next deep wound of Isis.

There's a big reason "And" is part of the name. There are many truths here among us, too many to find consensus. That is also why the ellipses (three dots) is part of the name. It's the silence, the space, the "something more" that we don't necessarily have to analyze and break down. This is about going within.

This is about the Self, the I Am, the One and All that you are.

Erlend recently moved from his native Norway to Bucharest, Romania and spends much time traveling, his favourite places so far being Kenya and Colombia. He says it was working with the energies of the Sexual Energies School that helped him create the single biggest change in his life, but he has followed the Crimson Circle adamantly since 2004. He feels a calling to offer assistance to others where he himself got stuck so many times and is now offering online coaching sessions. Erlend can be reached via [email](#) or through his ["And Isis..." group on Facebook](#).



PROGNOST™ 2023



ADAMUS' ANNUAL PLANETARY FORECAST

SATURDAY, JANUARY 14, 2023

ONLINE ONLY

FEATURING ADAMUS SAINT-GERMAIN
WITH GEOFFREY AND LINDA HOPPE

Since 2014 ProGnost has become one of the most sought after and discussed Shaumbra events of the year. Adamus, dedicated to guiding us into our embodied Realization and beyond, doesn't usually address the state of the planet, politics, aliens, the environment, or the future. But twice a year he opens his cloak to reveal what he and the other Ascended Masters foresee for our planet in the years ahead.

Adamus has not yet given us the title or subject for *ProGnost 2023* but based on previous events it's likely to be compelling, insightful, and provocative.

ProGnost is Adamus' annual trend forecast to discuss the potentials and energy dynamics for the planet. These much-anticipated messages are accurate and helpful tools for tuning into the current consciousness, developments, and changes on Earth, as well as average human life and the future trends. *ProGnost 2023* will give you tools to help maintain an abundant balance in your life, facilitate your embodied realization, and have the discernment to know the difference between distractions and opportunities.

ProGnost 2023 is a one-day event. Join us live via the Crimson Circle Cloud Class. Attendees receive access to the streaming audio, video, and text e-reader for 90 days after the event (or after date of subscription once the event is over).

COST

\$75 through January 10, 2023, \$100 thereafter

DATE

Saturday, January 14, 2023

TIME

10:00 AM – 3:30 PM (Colorado time)

[MORE INFO](#)[MÁS INFO](#)

KUTHUMI FLY



This morning I was planning to go out cycling early to cover 42 km before sunset. But I woke up to an email saying there was an attempt to move \$3,728 from my account. WTF?! So I spent a very 'pleasant' morning & afternoon dealing with it and finally left home around 5 pm. "I'm still gonna cycle at least *somewhere!*"

You could imagine my very grumpy grimace & mood as I cycled along a beautiful canal covered on both sides with flowers I wasn't really noticing. Suddenly a *huge fat-ass fly slapped me right in the middle of my upper lip with such force that I almost fell off the bike. I was like, WTF?!*

"Ouch!" I stopped next to the canal.

Suddenly I *felt* a giggle.

"Oh, fuck you, Kuthumi! You grew fat!!"

"So that's how you greet your old Friend nowadays?!"

We both started to laugh. My lip was a little achy and made me frown.

Kuthumi looked at me sternly, "Snap out of it!"

"Huh?"

"You were cycling like a zombie. What are you grumpy about!?"

I paused. "Well, the usual: relationships..." then quickly added, "and somebody just tried to steal my money!"

"Yeah, yeah." He sighed. "Haven't *you* wanted to be alone for a while now?"

"I did."

"So...?"

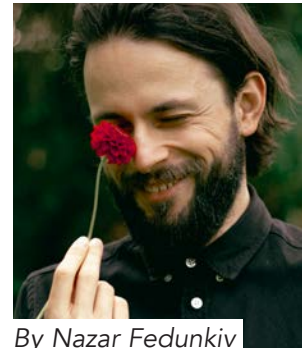
"Now that I am, I'm not sure anymore..."

Kuthumi burst into laughter, grabbing his belly. "Ah! You're such a fine specimen of a silly-silly human!"

"Not funny," I said, looking down into the water and frowning. He wasn't smiling anymore when I glanced up.

"Be truly alone," I heard him say with seriousness. "For the first time in this life, fucking do it. Experience *yourself*. Turn your gaze inward, not toward other humans. Otherwise... You will walk this circle endlessly."

"Oh!" I rolled my eyes a little. "Tell me something I *don't know!*" I *stuck my tongue out*.



By Nazar Fedunkiv



"But yeah, I will. *This time*, I will."

We sat down on the bank of the canal and dipped our feet in the water. Kuthumi was stroking his beard and gazing dreamily at the horizon for a good few minutes. "Look around," he broke the silence, "don't you feel like you are living your *best life right now*?"

I looked at the calm flowing water, at the flamingos meditating nearby, at the band of shimmering white horses across the canal, at the patches of flowers colored in white & yellow, at the walls & towers of a majestic medieval fortress, at the dunes of salt and the sea behind them. "Actually, I do. *But...*" I went quiet.

"Let me guess," Kuthumi started, "you fled a war-torn country and are enjoying your life, oblivious to **fill in the blank**." He shook his head slowly. "Tsk-tsk-tsk."

"You must be a psychic, Kuthumi!" I giggled nervously.

"Sure thing! Wanna see my crystal balls?!" He parried, grinning.

"That one is getting old, K." I chuckled back.

"But do you see how deep the suffering is rooted in the collective humanity? Even you can't fully enjoy your sensual experiences. And because of what? Your friends & family suffer and you don't? Would *your* pain help them? No. But suffering became a habit, an addiction. Let's suffer together, it's easier this way. It is not. It just perpetuates the suffering."

Kuthumi slowly moved his feet under the water, a whole host of tiny fish was trying to nibble at his ethereal skin, to no avail. "It's up to you to break free, simply by *not* succumbing

to the suffering hypnosis anymore. *Joy for you is a natural state, just as water is for these scaly toddlers.*"

"I know, K!" I smiled and twitched my feet as the fish gave up on the non-physical and moved on to something more corporeal. "This year was intense, magical, insightful, and filled with Beauty, along with some really tough moments. But all in all, it's probably the best year of my life. And yet this goddamn planet is getting more & more *mental* every day. Pun intended."

"Are you trying to say that while the rest of the world feels more & more suffering, you feel more & more joy?"

"Uh-huh, yup," I mumbled, chewing on a few leaves of wood sorrel.

"Haven't we warned you about *exactly* that?"

"You did –"

"It was a rhetorical question," he interjected.

I parried it with my favorite middle finger and we started to laugh again.

"Again, be with yourself, Brother." Kuthumi put his ethereal yet warm hands on my shoulders and somehow I was able to feel it. "Here's a paradox for you: if you honestly care about other people, forget about them and dive into You, into your passion, your joy, your freedom. *That* will truly help both you AND Creation itself.

"And for right now, snap out of it and enjoy the sensuality of this realm!" He tried to ring my bicycle bell but his fingers went right through it. "What's your most sensual physical experience nowadays?"

I patted the handlebars. "Riding a bike in nature and singing my favorite songs at the top of my lungs!"

"Well," he smiled, "I see a vacant bicycle right here, what are you waiting for? *Go!!*"

I nodded and got on the bike. "Kuthumi... Could you please be more *gentle* next ti – "another *huge* fly smacked right into my forehead. "Ouch!"

"I will *not* be," he replied calmly, "I'll do whatever it takes to snap you out of the suffering mode." He smiled into his thick beard and started to vanish. "Because *you asked me* to." I'll

I headed deeper into the marshes, exploring new areas. No other flies smacked me that day. Maybe they were a little scared of a crazy cryin'n yellin' man on a mountain bike.



Nazar finds joy in nature, traveling & spontaneous sharing of his experiences. Shining his Light – for himself & the planet – is his truest fulfillment. He can be reached via [Facebook](#).



Cost \$300
Format: Online Streaming
Access: View for 90 days after purchase

MORE INFO

WATCH EXCERPTS

DREAM OF THE MERLIN

THIS IS THE LIFE YOU CHOSE, NOW LET IT MANIFEST

Divinity, freedom, love, and mastery have proved elusive for eons, seemingly hidden away in some far-off realms accessible only to a fortunate few. Now, with the wisdom, maturity and passion of the soul, the door is unlocked and opening. Now is the time to be in your passion, a realized embodied Master, a Merlin grounding the gateway to the other realms, thereby allowing movement between here and beyond.

These profound sessions provide a roadmap for where we've come, and where we're going to in the coming years. Sam delivers shocking news about his journey, Nikola Tesla explains what happened with his free energy experiments, and Kuthumi challenges Shaumbra to beat his record of staying on the planet after Realization. Merlin explains how to remember our interdimensional journeys, and St. Germain delivers breath-taking insights into the next part of our work.



Cost \$0
Format: Downloadable PDF
Access: Unlimited

MORE INFO

RIGHTS OF A MASTER

REALIZATIONS OF EMBODIED MASTERS

The realized Master who chooses to remain embodied on Earth enjoys a number of self-evident and self-given rights. According to Adamus Saint-Germain, these are the minimum necessities that a sovereign being requires to live as an embodied Master on the planet. Not bestowed by any other being, these rights are the Master's acknowledgements that the energy is serving them in total grace.

"I felt into all of your suggestions. Not just the ones that were submitted in writing, but the ones that you thought about or perhaps posted online but didn't send in. I took an overall assessment of the Master's Rights, extracted the top ones and reworded them to state it in an affirmative way. So, we're going to go through those now and talk about the Rights of a Master."

~ Adamus Saint-Germain



Cost \$0
Format: Download
Access: Unlimited

[MORE INFO](#)

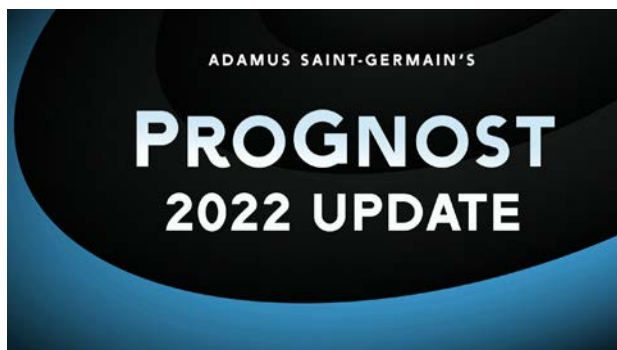
[WATCH ON YOUTUBE](#)

CHECKING INTO HEAVEN MARK TWAIN'S AFTERLIFE ADVENTURES

Recognized around the world for his insightful and captivating lectures, short stories and books, it seems that Mark Twain still has more to say! In this delightful and inspiring message, Mr. Twain takes a few moments out of his celestial celebrations to delight the audience once again with his wit and wisdom.

While you may wonder what the preeminent 20th century author has to do with enlightenment and the Shaumbra journey, the answer becomes clear as his story develops. For, you see, the man known as Samuel Clemens was one of the incarnations of soul also known as St. Germain.

As Mark Twain makes his way to heaven at the end of his illustrious life on Earth, he is at first puzzled by the strange reception and then acutely relieved to remember his true origins – but only after a bit of heavenly tomfoolery.



Cost \$95
Format: Online Streaming
Access: View for 90 days after purchase

[MORE INFO](#)

[WATCH TRAILER](#)

PROGNOST 2022 UPDATE META REALITIES

A fascinating look into the rapidly developing digital realms being created and experienced by humans across the globe. **Augmented Reality** is already here in things such as hip and eye lens replacements, and swiftly emerging in things like wearable visual augmentation. **Virtual Reality** began with video games and is quickly becoming more immersive and "real." Soon will be **Total Digital Reality** where a human can be digitized and uploaded into the metaverse, much like embedding our consciousness into biological/physical reality.

"We are in the midst of a quantum leap of consciousness on the planet... It's going to change everything, but it's also going to bring conflict, because there are those who don't want to change. That's absolutely fine, but they're going to find it increasingly difficult to stay here, to live on the planet in a time of a quantum change in consciousness."
~ Adamus Saint-Germain

ASPECTS

– THE BUILDING BLOCKS OF SELF



Spend any time with the Crimson Circle and you'll no doubt hear about the *Sexual Energies School* or "SES." It is one of the most important classes ever offered by Tobias & Adamus and is the only prerequisite CC has ever implemented. (SES attendance is required to participate in most in-person events.) The foundation of the *Sexual Energies School* is self-love, and its (un-sexy sounding) framework is about fundamental personal and societal energy dynamics. Throughout Earth's history, energy has been distorted and manipulated by the sexual energy virus, causing suffering and limitation for every human on the planet. In fact, SES is considered important enough to be presented in a live-hosted format (rather than on-demand) and is the only such event that is offered twice a year.



By Jean Tinder
Content Manager

However, as important as SES is, it is my personal opinion that *Aspectology* (ASP) is truly at the core of integration, mastery, and realization. Said another way, if coming to realization is like building a cathedral, SES clears the ground (and helps keep it clear) while Aspectology provides the building blocks and timbers of construction.

In other words, to create a life of mastery, you must start with the core foundation of energy management and self-love (SES). But then what to do with the



scattered rubble of your past lifetimes, experiences, wounds, and old patterns? All the building blocks of wisdom are there, but many are still misshapen, misunderstood, and despised because of stuck energy, i.e., aspects. However, once you know what to do with them, these parts and pieces of Self come together to form the most beautiful creations.

To slightly paraphrase the stories told by Tobias & Adamus, imagine your world as a vast landscape, with every rock, boulder, flower, and tree having burst onto the scene at the Wall of Fire. Within each plant are infinite seeds of potential futures, within every stone a potential masterpiece sculpture or structure. Since the beginning you've been rooting around in your landscape garden, exploring, plowing, planting, building, digging, making, and experiencing. There have been beautiful creations and lop-sided monsters, mud pies and skyscrapers, exciting adventures and horrible disasters – and everything in between.

At some point though, everything comes back into harmony and wisdom and, from what appears to be a chaotic mess, there emerges a landscape of absolute beauty and harmony. This is ultimately inevitable, of course, but Aspectology provides the insights and clarity that enables one to see how it works and actively participate in the process of the re-creation of Self.

I personally attended the Sexual Energies and Aspectology schools and then became a teacher for both classes, going through the material many, many times. I can stay without hesitation that as I live it out over time, the positive impacts continue on a daily basis. With the foundation of self-love in place, it is Aspectology that I return to again and again when old patterns come up, when parts of myself are scared or angry, when hidden bits of self-sabotage come up, or any other less-than-masterful expressions of myself appear. It is an ongoing discovery that gets simpler and easier over time. You could say that SES provides the "container" or safe space in which ASP helps you integrate the many parts of self to finally walk as a Master on Earth.

ABOUT ASPECTOLOGY

This New Energy Psychology is truly the psychology of the future because it recognizes the inherent wholeness of the individual while also understanding the many, many parts which make up that whole. You learn that every part, whether stuck or not, has served a purpose. True mastery emerges when one begins to recognize which part is "running the show" at any given point, and then brings the awareness back to the true core Self. With this comes freedom, creativity, and sovereignty.

In Aspectology you'll discover that there's nothing wrong with you and there's nothing to fix. Rather it is about recognition and acceptance.



Note: It is recommended (but not required) to attend SES prior to attending Aspectology.

ASPECTOLOGY®

Hosted live by
Geoff & Linda Hoppe

January 27-29, 2023

Cost: 595

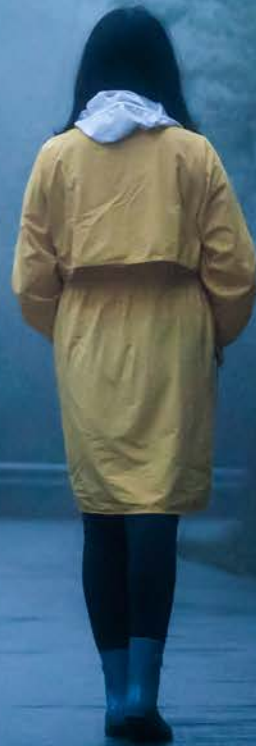
(50% discount for
previous ASP attendees)

Text translations in
17 languages

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[WATCH EXCERPTS](#)

FINDING MY WAY ON THE OPEN ROAD



One of the perks of being Shaumbra is that the so called “veterans” are generally generous with their advice and support towards the “newbies.”

When I first encountered Adamus, I just could not get enough of him. Mostly, I was truly excited to finally connect with folks who were very comfortable with “being different” from the usual spiritual mob. Shaumbra felt real to me, truly able to walk their talk and put you in your place if they smelled any hint of *makyo*.

I was honored to be part of this gang, and for a long while I genuinely felt like I had to work hard to be as “masterful” as everyone else. Shoud after Shoud, within a few months I went through the entire library.

Crimson Circle literally became my life. It was no surprise that a couple of the older pirates suggested I might slow down a little. After all, each Shoud is packed with so much goodness, one really ought to take their time and savor every bit. Feel it, go back to it, let it integrate, make it their own. But I’m not one for taking advice easily, so I just politely thanked everyone and carried on my own merry way down *Realization Road*. I actually even thought I’d speed my journey up by taking *SES* and *Aspectology* back-to-back: I was on my way and there was no stopping me!

Fast forward a year or so. I suddenly sensed that I’d been standing on the same spot for a while. *I ain’t going nowhere here, right?* I thought to myself. *Realization Road* suddenly took a narrow turn, and I grew tired of the endless halting.

Halt and wait; wait and halt. There were days when I would have paid gold for any nugget of wisdom that would propel me forward so I could leave behind the tedious uncertainty of life. I didn’t see this until recently, but what I thought was a genuine desire to grow, often hid the need to control everything within and without me.

“If I take one more course, if I speak to one more Shaumbra, and if I just work harder, perhaps all this will start making sense,” I secretly thought. But it really never did. Despite my best effort to truly accept my humanness, I actually did not, and when I saw that, it was such a blow. I felt betrayed and annoyed.



By Antonia Lyons



I was mad at Adamus for being always so annoyingly arrogant and pushy. Mad at Geoff & Linda for being just a conniving and astute business duo. Mad at all these deluded Shaumbra who looked less and less like daring pirates and more like a bunch of hopeless followers.

Whatever Crimson Circle had meant to offer me, now it sounded more like pointless gibberish. After all, had any of it been true, I would not have felt the urge to keep on searching. Devoting so much of my energy on all those Shouds and classes meant I should be feeling "complete" by now. And I was not.

In all honesty, I was mad at myself for not being able to stop this endless search. I wanted a cure that would take away all that uneasiness, that would turn me into some sort of Zen monk, unfazed by the wordily tribulations. After embarking on yet a new "miracle expedition," one day it all became very clear.



Just like that, out of the blue, I woke up to the fact that *nothing* would ever work, because it was not *my* truth. It could never be, because I never gave myself the time to “absorb” all the incredible work I have come across through the years.

Now I could see that, regardless of the belief or the Master, everything I encountered along the way was pointing the same direction. But I never really paid attention to the very clear map I had right in my pocket the whole time. I was so preoccupied with looking for anything that would take me straight to the end of the road, that I didn’t truly look around and let all that beauty speak to me.

Suddenly Adamus’ words no longer felt foreign nor harsh. I was able to go beyond them and grasp their authenticity. But the truly great thing is that I could finally make them my own. It has been so much fun to find myself

repeatedly going “Ahhh, I know what he means now!!” and bring those rediscovered truths into my space in a totally new way.

Whenever Adamus stated how the global frenzy does not concern us, I always felt it sounded a bit like wishful thinking and perhaps a tad arrogant. “*Let the world struggle while you Shaumbra just turn water into wine,*” I thought I could hear him saying.

Now that I truly “hear” his words, I can choose how I allow whatever happens outside my front door to serve me. It may not often be what I had hoped for, and it may surely feel uncomfortable, but I have the ability to use *all* of it for my own growth, just like when I turned the lockdowns into a long voyage through Shaumbra-land. While the world was reeling from COVID, I spent the entire time getting to know Tobias and Adamus, knowing I had a one-way ticket and intending to stay a long time.

It was only recently that I actually experienced the veracity of what Adamus suggests: as the country faces a long recession, our business, like many others, is being greatly impacted. And while there is no denying that this is really happening, I could still sense space within the constriction brought by the sudden changes.

I sense choices and options, regardless of the unkind nature of this moment. I simply know that what may be an ending is actually leading us somewhere our mind cannot comprehend yet, but our soul is well excited for.

Is it a fun time? No, I would not call it so. In fact, it is fair to say that some moments do feel pretty intense. And yet, I am not stuck because Spirit always finds a way. Always.

Another thing I often struggled with is the idea that suddenly we are just too masterful to hang out with what I call “*civilians,*” (or “*muggles*” as per the Shaumbra vernacular). People, I mean. Other people. Non Shaumbra folks who can’t see past their nose and clearly have no idea that they are God also.

For a long time, I believed that Adamus invited us to choose a side, as we were clearly too evolved, and the rest of humanity would simply be a distraction. Same with work; having those “*9 to 5 brain damaging jobs*” that only pay our bills and keep us way too close to other humans. I often felt Adamus wanted us to give it all up and leave it with our good old fairy god mother to deal with.

It was a huge relief to realize that Adamus simply invites us to have the uttermost respect for the choice to reunite with our soul.

This is, in fact, so precious. Life is never really the same afterwards. Nor should it be.

When one knows that the time has come to accept their divinity whilst still in human form, they will create relations that nurture and inspire them. Jobs will provide them with the means to enjoy being in the world *and* with the space in which to tend to their inner life.





As we start “tango-ing” with our soul, we learn what and who does us good and we do not settle for less. Whatever gives us joy, stays. The rest is out.

Looking back, I see now why I was told to take a breather as I explored the vast library of Crimson Circle material. I remember being in such awe one day with Tobias’ words, that I felt I wanted “to stay with them” as long as possible. I wanted to keep them in my heart, let them speak to me as I eased myself into the world around. Yet, I jumped straight into a new Shoud, and then another, and another. Until one day I just felt so dry, so desperate to spot that missing link, that miracle cure to the bad disease called life.

And finally, after a little break, coming back into Shaumbra and watching the October Shoud simply felt right.

Adamus will always be mischievous and a bit pushy, but I sense now a compassion and genuine respect for all of us I could not connect with before. Because when you are searching for something, you think you know what it is you should find. But often, somewhere along *Realization Road*, the mind starts playing some serious tricks and you can get rather lost. And yet, finding the way back is easy enough, and suddenly you are back on track.

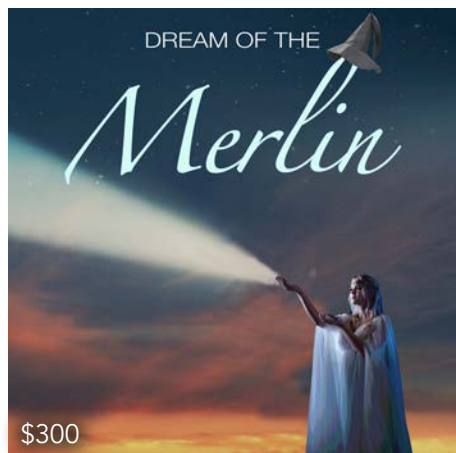
There is no more search to do, nothing to find. You are walking down an open road, and everything around whispers to you. There is not *here* or *there*. It is just a constant flow in and out of the vastness within and around you.

It does not matter whether we are “veterans” or “newbies,” there is a moment when every Shaumbra is called to walk that road their own way. It could be years before we see the importance of this, or it may never happen. Adamus invites us time and time again to offer ourselves absolute care and respect during our often-eventful journey. Take as many breaks as we need, rest a little and laugh a lot. Mostly, as we learn to trust ourselves, we no longer doubt our sense of direction or frantically look for shortcuts or prettier views. We stay on course, walking hand in hand with Self, knowing that the journey never ends.

Antonia lives in London UK and is an “Energy Intuitive” & founder of Evoking Grace, an online sacred space designed to inspire you to thrive & live a happier life. She has created a very unique approach which combines intuitive skills, timeless wisdom, and practical tools to help you identify hidden dynamics which stop you from living well and truly enjoy yourself. Her offerings and writings can be found on [Evoking Grace](#), [Facebook](#), [Instagram](#).

THE CRITICS CORNER

Excerpts from Shaumbra reviews and comments on various products in the CC store. To leave your own feedback on any class or product, simply go to the item page in the [Crimson Circle store](#) and click on Ratings and Reviews!



LIMITLESS OCEAN OF DEEP SENSATIONS

Word 'event' does not do it justice, this is a true dimension on its own. Layers and layers of depth, feelings and sensations. At this point most things said, would only limit it. So, I will put it down in just five open and broad feelings I am immersed in – shattered, expanded, confused, clear, beautiful.

~ ST

PEARL OF AN EVENT!

Tesla tells us... that through the resistance, challenges and friction we have experienced in our lives, we have formed a pearl. That a few thousand of us are now here at this time to ground the new energy. Tesla says: "You have created your pearl. Now it is time to let its magnificence shine."

So, now I know why I really love pearls! We ARE the pearl Shaumbra. The Merlin. The Magic. We only have to radiate our iridescent beauty for those with eyes to see and hearts to feel. This is our dream. Keep Shining!

~ TO

PERFECT TIMING!

[It] is about finally truly being able to go beyond the human brain & mind separation / containment / limitation – preferably without leaving the body and without needing to work at it or force it... instead allowing my naturally alternating quantum beingness to be ceaselessly present in my human life just as it is....

A lot of what was said I've heard before, but the human needs to hear it again and again.... Suddenly clarity comes and it's impossible to know when and how something shifts, so I simply stay open and aware each moment allowing what comes my way knowing it serves my deep passion for opening up this human to All that I Am.

~ LC

THIS IS THE LIFE YOU CHOSE

This Epic Event is a Celebration and Acknowledging that "This is the life you chose, now let it manifest." Is there anything New ? Hahaha I should be very disappointed if there was. We have it all. We have Everything. This is, however, a journey into the varied and many layers and levels of the deep and profound passion of why we are truly here on the planet—and that is to open up the realms and to live and be the Merlin I Am, here in embodied consciousness.

~ BB

SOME SURPRISES

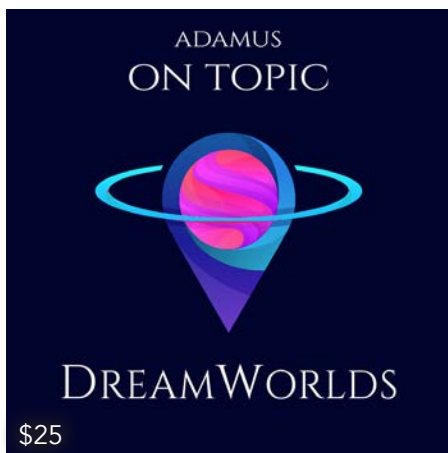
There were some things in the Dream of the Merlin that really surprised me. [Adamus talks] about the life we chose and takes it a step further by saying it's the only reason you're still alive right now... Sam looks back at his life and experiences and then announces that he's done what he came here to do and is leaving...

THE CRITICS CORNER

Kuthumi invites Shaumbra to break his record of staying on the planet for 20 years as an embodied Master... Nikola Tesla revealed a couple of surprising things about why he came to the planet, and his plans for his next lifetime. Merlin's beautiful message about how to go in the expanses of your being and bring back the stories of your soul will stay with me always...

It was a jaw-dropping moment when St. Germain talked about Heaven's Cross. I'm still feeling the impact of that and look forward to learning more about it.

~ KH



ROW, ROW, ROW YOUR BOAT....

My biggest takeaway from this is really understanding now how dreaming is really just visiting alternative fields of potentials that we created when we shattered through the "Wall of Fire"! We are dreaming ALL the time on multiple levels and can bring back those back to this reality if we choose. Quantum possibilities. And yes, we can ask to remember those dreams and that does work, I'm discovering!

~ TO

THE BEST FROM ADAMUS!

Excellent knowledge clarifying what the dreams and dreaming really are. Very helpful when nightmares come, but not only. Thank you so much Adamus and Olivia.

~ WS

EXPLORE NEW POTENTIALS

The purpose of your dreams is to stay connected to your soul. Without dreams, you would die at once. Most important is to be dream-aware. Be aware that you are dreaming all the time, and this reality also is a dream.

I haven't paid much attention to my dreams for several years, but this "Dreamworlds" has certainly inspired me to begin that again. So many levels of the dreams and realities I exist in, all in my own energy.

An extra bonus is a music download, infused with energy to help us go to the higher levels and remember our dreams.

~ AMA

CHANGE YOUR REALITY

We are all dreaming all the time... The more aware and trained you are, the easier you can remember and use what your many dreams hold and can "transmit" to you.... All potentials are present and can be brought to this reality from the dreamworlds.

But it takes self-confidence and self-worth. By bringing these potentials down, you can change your reality. I enjoyed this session very much....

"Totaler Genuss," as they say in Germany.

~ FA



Compiled by
Carolina Oquendo

#1 WHAT SHOULD A "SPIRITUAL" LIFE LOOK LIKE?

ACCEPTING THE GOOD, THE BAD AND THE UGLY OF YOU

Dear Master, when I think about being "spiritual" I always have a vision of this very calm, put-together person. How can I be realized if my life is such a mess, and there's so much I need to fix first? I feel so much darkness in me.

One of the tricks or the delusions of enlightenment [is that] something has to be fixed before enlightenment can occur. And it doesn't. The reality is there's no place to go, nothing that has to be done. Certainly, nothing that has to be fixed

Nothing needs to be fixed whatsoever. Not one thing needs fixing. Not a single thing. I don't care if you're an alcoholic or if you're an idiot. It doesn't need to be fixed.

And you kept on trying to fix the dissonance. That's the interesting thing, and that caused more dissonance. You kept on trying to fix things that could not be fixed, ever. But it made you feel good. Like at least you're fixing something, working on something.

And the more you tried to fix, the more broken it got.

You knew that you were going to be vulnerable to darkness in this lifetime more than any other (...), because you were going to be more sensitive, you were going to be more of an explorer, and you knew that the time would come when you couldn't run from the darkness anymore – yours or any others. You couldn't run from it anymore. You couldn't hide in the light anymore.

So if I can't run from it, does this means that I have to accept the bad things about myself? Will I become evil then?

That's a thought. So I ask you to feel into that, rather than think about it.

True integration is integrating everything – darkness and light, high and low, good and bad, masculine, feminine – so you hid away that vision of your enlightenment, so well that you could almost say that you forgot where you put it.

Now, what's the darkness? It's the things you didn't love about yourself. It's your divinity. The things you didn't allow about yourself. But there is this tremendous fear. "What if I go evil?"

And what is evil? Well, people will say it's darkness, this is philosophical more than anything, but **evil is simply a mass consciousness expression of suppressed darkness** of the individuals. So many individuals will suppress their personal darkness. Well, this kind of goes into mass consciousness, kind of into the big matrix, and it ferments there, and it gets really stinky, and it's gaseous and it explodes.

A person will pick that up – an individual – and become evil. But **in a way they're just an expression of a darkness within all people**. It's not necessarily serving all people to have this one person act out evil, but that's exactly what's happening.

What if you also allow what you would have called the dark, whether it's your memories, whether it's your feelings? You know, even this irritation that's so prevalent right now, this frustration, is a little bit of darkness, kind of a gray, you know.

What we're talking about here is being conscious of what have been the limitations so that you can really kind of glide into freedom.

Where you're going, where all of us are going is beyond, into whatever you want. There's this fear that there is going to be some darkness. You just laugh at the darkness. Yeah, it's going to be there. It's going to be yours. **You just laugh at it, and then we become whatever we choose to become, and continuing to evolve it, to expand it**, to make more of that painting on this air and ether fabric. It's that simple.

In other words, none of it matters. It's only what you choose.

But this anger and disappointment I feel sometimes, isn't it bad for me and for those around me?

Get over it.

The Master understands that it's all happening at one time, many layers and levels; is not trying to filter out the garbage. And there's garbage in here. Not just yours, but coming from this planet, coming from other places, coming from all over – a lot of garbage.

The Master doesn't run from it. The Master doesn't distract into non-reality from it. The Master understands it's all of these things that are occurring.

Part of the problem that you have, and the reason why you tend to run from your own thoughts, is because when the thoughts are unnaturally linear and you get focused on just one or two thoughts, such as "I'm unhappy today" and you try to run from that, **you try to change it mentally – which does not work**; you know that by now, it does not work – **what's really happening is you're blocking out all the other things that are going on.**

Here's a bit of an analogy. The typical human is like a grand forest with millions and maybe billions of trees. Beautiful trees of all sizes and shapes and ages. A beautiful forest. But what happens is the human will concentrate on one tree, and it will work the hell out of that tree. It will try to make that tree bigger and stronger and beautiful.

The fact is that there are many trees, and not only trees but birds and flowers on the grass and water and a sky and everything else. It's all there. It's all there. **So let yourself feel the bad, the sad, as well as the joy and the good and everything in between.**

Imagine letting yourself experience anger. The funny thing is you let yourself experience anger as a Master and **you're not stuck in it.** You're just experiencing it, having a good time, letting that anger out. You say, "What if I hurt someone else?" Well, they probably deserve it and ... (laughter) I'm half serious... it's their bad karma to be in your path on that day.

Sources: [Discovery series](#): Shoud 9 // [Kharisma series](#): Shoud 2,4,9 // [READ ONLINE](#)

#2 HOW CAN I SOLVE ALL MY PROBLEMS?

IN EVERYTHING IN LIFE THERE IS AN "AND" – NO EXCEPTIONS

Dear Master, isn't this realized life supposed to be problem-free? Where's that paradise I thought I would be experiencing by now?

You got a problem? We all have problems. Even Ascended Masters have problems.

Well, first of all, if you didn't have all those problems and all the challenges, you wouldn't feel alive. I know it's kind of twisted. It's kind of warped, but... it's kind of true.

You create problems or you attract problems so you can bring them in, and then you feel a little bit alive...you don't need to, unless you want to. And if they're in your life, if you're doing this, my friends, you have to take a good look at yourself.

There are going to be things that come up. Quit trying to make them go away.

But you know what happens is after a little while, you're not putting your attention on all of your problems, whether it's aging, whether it's getting physically sick or money. You see, you get focused on that, and then you forget about "and." And.

In everything in life there is an "and." Everything. No exceptions.

"And" in everything you do. I don't care what problem. Stop for a moment. Feel into your big problem today, today's problem. (...) You're looking at it from one perspective, one slice (...) and suddenly you realize that there are many, many other perspectives that you're not looking at. Not just solutions, but the problem itself. You start to realize the problem itself is actually much bigger than what you thought it was.

And, oh, it's a huge problem. God, it's been going on for about 8,000 generations in your family. And it has to do with lack of abundance. It flows through ancestral karma, ancestral biology. And you get some illness and it's because your great-grandmother had the illness.

But the beauty in that is that they're also beautiful huge releases and resolutions, answers and new perspectives that you would have never considered.

When you live in that little box that doesn't have these three letters – **a-n-d** – in it, you feel trapped... Stop dwelling on the little problem. Go for the big problem. That's my motto.

Master, you're not really making me feel calmer about all this. Now it turns out that I have to take care of my ancestor's problems.

You're used to handling stuff, solving stuff, working on things, fixing things, blah, blah, blah. You don't need to anymore. Why? Simply said, **it kind of solves itself naturally.**

Why should you take responsibility for a butterfly flapping its wings on the other side of the world right now? Why? **Because you kind of like to do it. That's why you've been doing it.**

You realize it's so overwhelming, so ludicrous and so beyond you, the human, to resolve it..., and you go, "I'm not going to solve that. I'm not going to try to fix anything. It's actually not even my problem. It's their problem." And you take a deep breath, and so it becomes. It's that simple. It's not irresponsible, not whatsoever.

Once you really determine that you don't need that or them or it or whatever, **once you realize there is the "and" of your life, all that stuff goes away on its own. Like magic.**

So, I just do... nothing?

You stop trying to solve all your own problems. You can't handle it. And you shouldn't have to handle all that stuff – the problems of the world, the problems in your life, the problems of everybody.

You weren't put here to handle that. No.... Let everybody handle what they choose to handle. **You don't have to handle a thing.**

You have this great thing called the I Am, your soul, your divinity, whatever you want to call it. It's you. It's sitting right there. It's just in disguise. It's in latency right now.

It handles that. It really does. It handles stuff.

Now, **it doesn't go in and pay your bills for you.** But this I Am-ness **moves you out of that consciousness** where you even have to pay bills. Really. It doesn't know how to pay bills, doesn't want to know how. It doesn't know how to heal your physical body, doesn't want to know how.

So you know what it does? It, you, just move yourself out of that consciousness – the consciousness of being ill or being broke or whatever.

Does that really work for all the problems I have – and will have – in my life?

I really don't see problems in your life as you do.

I see situations that are uncomfortable for the human persona, but that's the very thing you're trying to expand beyond. Not get rid of; not going from being human to just divine; not going into a oneness, but **going from just a human focus, human consciousness, into many, many, many of thyself**, without a singular core, without one of those parts of Self having to manage any of the other parts of Self.

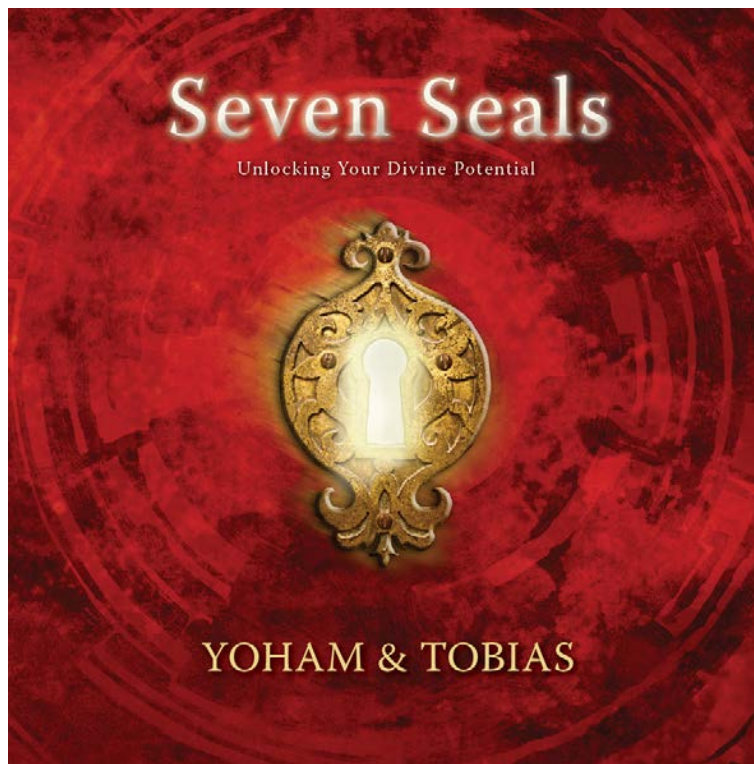
It's difficult for the human mind to even comprehend that, but as you go beyond singularity into the Many of the Self, you'll realize that there's not even the soul that's trying to keep everything together. There's no need to. **That, my friends, is freedom, and that's where you're going.**

Sources: [Kharisma series](#): Shoud 3, 6, 9 // [READ ONLINE](#)

In this monthly feature, we highlight a recording from the past that is particularly relevant to things Adamus and Shaumbra are talking about.

MONTHLY SPOTLIGHT

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UNLOCKING YOUR DIVINE POTENTIAL

Tobias offers an enlightening new interpretation of the mysterious Seven Seals mentioned in the biblical Book of Revelations. According to Tobias, the Seven Seals are universal and ancient belief systems – or illusions – about our separation from Spirit, our limited Self, the darkness, sin, and guilt we carry, and the perceived need for suffering and salvation. Tobias says that there is no heaven or hell, no right or wrong, and that all is consciousness in experience. He invites us to take a deep breath and choose to live life beyond the old limitations.

As Tobias takes the listener through the process of gently opening each of the Seven Seals, enhanced by the beautiful music of Yoham, this becomes one of the most transformational journeys you can experience with the Tobias materials.

Note: Tobias also spoke about the Seven Seals at the Midsummer Conference, July 19, 2003. [CLICK HERE](#) to read or hear this message.

HIGHLIGHTS

- Your existence began with the Seal of Separation
- It was followed by limitation, darkness, sin, and suffering
- These locks upon Self allowed you to dive into time, matter, and experience
- Now, remember who you are and why you're here
- It has all been for wisdom
- You are also, feel your own I Am presence

TRACKS

1. Introduction (7:54)

Tobias introduces seven points of consciousness or "seals" that have been locked to help you create your reality of deep experiences. They can be opened now.

2. Seal 1 – Separation (10:46)

Your true identity is a sovereign expression of Spirit, God itself. In order to go into experience, you took on the illusion of separation and disconnection from your unlimited Self.

3. Seal 2 – Limited Self (11:12)

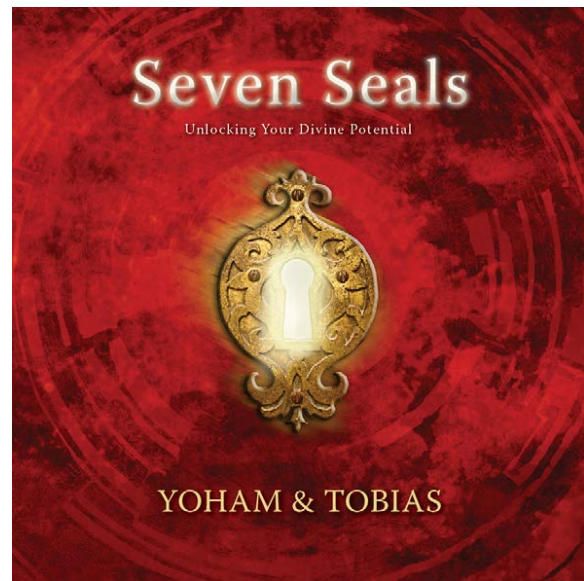
Now separated from knowing yourself, you asked, "Who am I?" creating the belief and experience of a limited self. Now, let go the doubts and remember.

4. Seal 3 – Satan (12:27)

This seal represents duality and the fear of darkness, especially the darkness within. It's time to let the illusion go; there is no heaven or hell, only consciousness.

5. Seal 4 – Sin (9:50)

The belief that you have done something wrong has kept you from seeing who you really are. There was no fall from grace, there is no sin. It's all about experience.



6. Seal 5 – Suffering (8:42)

Humans believe that redemption comes through suffering. Spirit does not want you to suffer in any way, for it doesn't bring you closer. It's time to release that belief system.

7. Seal 6 – Salvation (08:25)

You are the only one to provide your own salvation, simply by making the choice and getting off the karmic merry-go-round. You can do so at any time.

8. Seal 7 – Divine (Realized) Self (09:59)

As you release the old limitations and beliefs, this deepest seal gently opens into the realization of your true Self, the "I Am that I Am," and the understanding that you are God also.

Total Length: 1:19:15

Format: Downloadable audio and text

Cost: \$45 \$12.75 through November 30, 2022

Featuring: Tobias and Yoham (Gerhard Fankhauser, Einat Gilboa, Amir Yakobi)

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Forget bump n' fill. Sometimes you've just gotta go big or go home. Since I'm not going *Home* any time soon, apparently some part of myself decided it was time for COVID. Up until a few weeks ago I was very proud of myself and my robust immune system, quite sure I would permanently escape the dreaded global fright. After all, being currently stationed in Hawaii to assist with Crimson Circle productions, I didn't have *time* to get sick! But alas, my turn had come. With an extra week in the month (that I'd planned on using differently) and an extra person who happened to be on hand for camera work, the world went on without me. Buried under a heap of blankets oblivious to the sunny warmth outside, I passed the days in a strange and painful delirium.



By Jean Tinder
Content Manager

To state the obvious, it's exasperating and a little scary when the body goes out of commission and refuses to function despite all my mighty will to the contrary. But there's always a silver lining, if I remember to look, and in this case, it opened an inner door for something deeply desired but entirely unexpected.

It had a devious beginning. I'd been coughing a bit, attributing it to inhaling a little seawater when I got tumbled in the waves at the beach and unwilling to acknowledge the general achiness that was creeping in. Finally, on a Monday afternoon I crawled into bed "for a few minutes," deciding my general malaise was due to "energy moving" after an important conversation that morning. Ever productive, I decided to take the opportunity to explore the doors that Merlin talked about recently, inviting us to go out the left and come back in the right. (Except, wait... when I'm out there looking back, the right-hand door is now on the left. Does that change anything? Does it matter? What if... oh mind, just *shut up!*)

A deep breath, and out the door I went – and practically bumped right into a massive table surrounded by many robed figures. The



Crimson Council! And they had some questions. "Show us what you've been working on" they asked, referring to a specific topic covered in the recent (human) conversation. "What? I haven't even been thinking about tha..." and suddenly *I was showing them*, animated slideshow and all! Huh. Apparently, I had been contemplating this after all. My human self was just as interested in the presentation as the Council seemed to be.

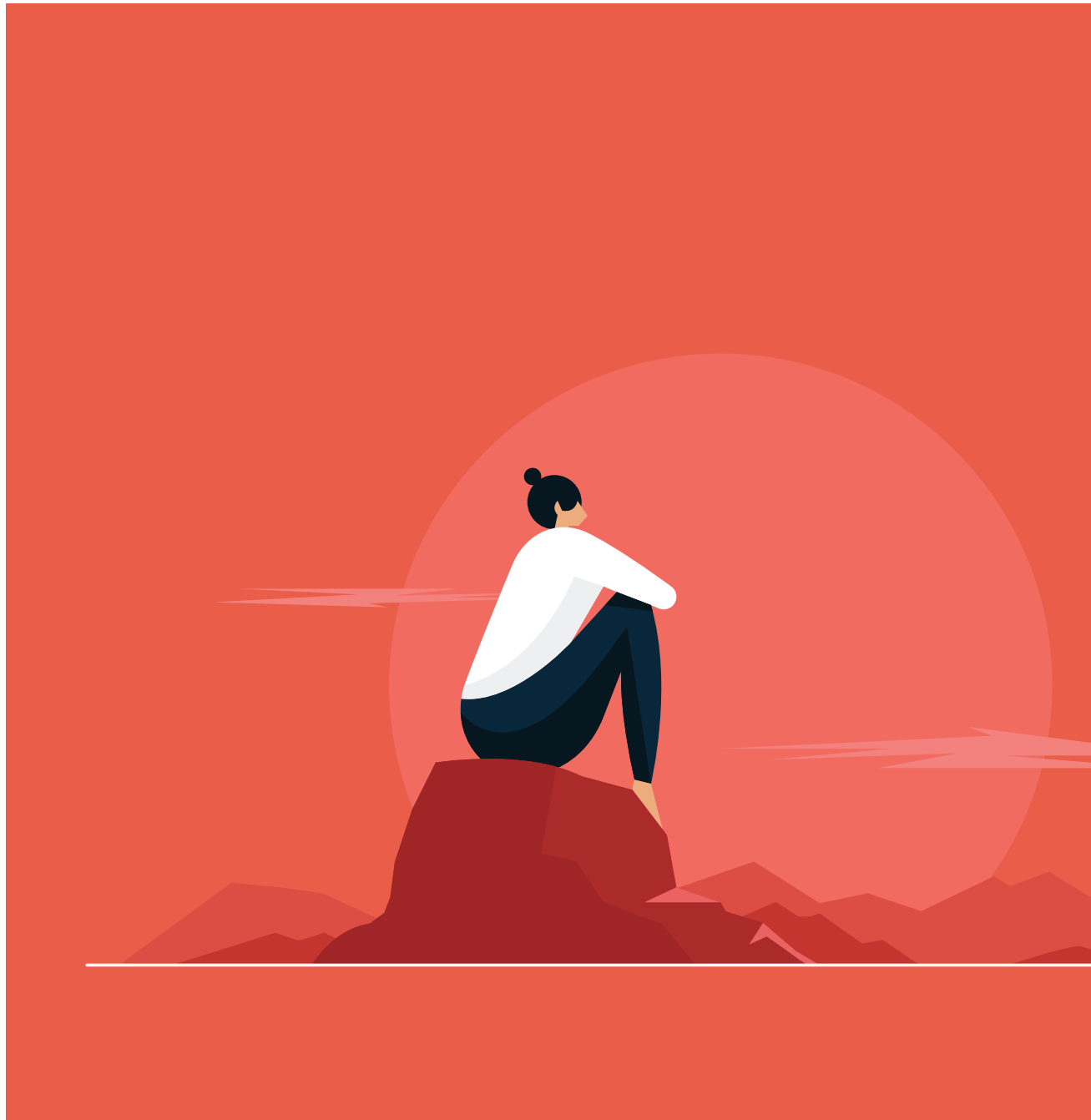
Suddenly there was a very pointed question: "Where's your scepter?" (Except they had a different name for it.) Oops! Where IS my scepter? Clearly, human me was forgetting some important stuff. Summoning it into my hand, I immediately got distracted by its exquisite beauty. An elongated crystal rhombus-shaped (yes, I had to look it up) tip bound in gold, sitting atop a most interesting staff. It's very hard to describe properly in human words, but it was sort of like a long smooth clear rod that was somehow etched inside with scenes from every Earth lifetime I've lived. How it was created I couldn't fathom, but there it was, a visible distillation of each lifetime. As the scenes progressed toward the top of the staff, the accumulated wisdom lit up the crystal tip with a brilliant radiance. Jolting me out of my reverie, one of the hooded figures barked, not with malice but with clarity, "Don't come back without it."

Some other stuff happened, but then body got my attention and I was back in bed. I wanted to know more about that cool project I'd apparently been working on "out there," but it would have to wait. Everything was starting to hurt.

The next day I made a pitiful appearance at the online staff meeting, staying on mute to not drown out the proceedings with my coughing. Then it was back to bed. Since my sweet caregiver had other work to do, I was left to my own devices most of the time and my mind took great advantage of its captive audience. Dredging up the most ridiculous, random, and disturbing things it could find, the steady flow of detritus streaming through my head hurt almost as much as the fever. After way too many hours of putting up with this, I'd had enough. "No f*@&ing more!!" I said out loud. "For god's sake just SHUT UP."

And it did!

In the blissful, delirious silence, I realized it was one of those core level choices that really make things happen. The Master had spoken, and my frenzied mental energy obeyed. The mind was actually quiet. A while later I found out that a truly quiet mind has a hard time stringing words together in coherent sequences, which meant I had trouble expressing myself in written or spoken words. But I was sick and didn't care.



Eventually, of course, the mind came out of the shadows and found a little corner in which to live. It does prove useful once in a while, but ever since that smackdown, it's been a lot more cooperative.

Over the next few days my body turned the corner and started getting better. Eventually I was well enough to go down to the beach and watch the sunset – one of my favorite off-duty activities on the island. Sitting quietly in the sand and breathing deeply, I closed my eyes to feel the warmth of the setting sun. Soon I noticed beings around me, what I perceived as curious ghosts. They were somehow attached to the area in

their own reality, but suddenly noticed my presence, regarding me with placid curiosity. And then, a surprise.

My soul popped around the corner with a big, loving grin – “Howdy!” I knew in every molecule that’s who and what it was, even though it/I had taken on a saucy human-ish appearance for this encounter. And with that introduction, there followed a most unusual “conversation.” The instant I-the-human had a question, before it was even formed into words, I-the-soul had the answer. And I had a lot! The experience lasted maybe 10 minutes, but it would take several hours to write down everything “we” talked about. It was the most exhilarating experience I’ve ever had with myself.

At some point I asked why I got COVID. “For *this!*” was the instant reply. Huh. Well, maybe it was worth the trouble.

But how can I keep this? “It’s *you*, silly. Just allow it!”

My soul, personified in that moment as a smart, sassy, wise and hyper-confident young man, was everything I could possibly want. “He” showed me how I can comfort myself whenever needed. “He” dissolved into me for a moment, just so I could feel the sameness of “us.” He/I congratulated me on allowing a deep and beautiful love into my life, on trusting myself, on surviving this lifetime until now, on staying true to myself, and on and on. “He” showed me what happens when I go off on some human tangent, how I-the-soul watch myself-the-human with such delight, compassion, and everlasting patience until we’re done with the detour and come back to my Self.

From my soul I felt zero reproach, zero guidance, zero shoulds or shouldn’ts, zero hopes, zero regrets. Whether I-the-human perceives it or not, I-the-soul is thrilled with me in every single moment. In fact, the rapturous song of my soul is the most perfectly matched “tune” I have ever perceived. And just because my mind-fingers might be in my ears and my mind-mouth is drowning out everything with “La la la la!” it doesn’t mean my soul has ever stopped singing. It is so compelling that if my human could stay always in that space of instant communion, she would never have another need or want. And yet, my soul *loves* savoring the taste of needs and wants and desires and fulfillments and frustrations and pleasures and pains and, well, *every single thing* my human has ever experienced! To be honest, my soul’s level of delight is astonishing.

Of course, that moment passed and life went on, but my entire self has not forgotten it. I can still feel the delight twinkling in the periphery of my awareness. The gentle saucy voice is still there, albeit usually muffled by my still-very-busy and occasionally-helpful mind. But I say without hesitation that if it required an intensely painful bout of COVID to give myself that experience, I’d say I got a bargain.

One thing, however, puzzled me. Where was my soul before that and how did he/I pop in “around the corner”? In my inner sight, it was as

if I was sitting in a sort of hallway with transparent walls, completely unaware of another transparent passageway transecting just in front of me. Whatever was in that crossing passageway was invisible to me, even though I could see "through" it into my human reality. A few days later, we resumed work on a production that had been temporarily put on hold. In the intervening time, the expected topic had changed; we would now be recording the first installment of the Heaven's Cross series. During the second day of recording, a lightbulb went on in my head so bright I had to stifle the laughter. That evening back on the beach, I had experienced my own "crossway," the intersection of my own realms! The finally-passable intersection between my human self and my Full Self was the "corner" my soul had popped around. I can still see the look of pure delight and glee on his/my face.

Getting sick wasn't fun and I don't recommend the misery. But when all is said and done, sometimes a crash n' reboot is actually worth it.



We would like to acknowledge the Crimson Circle Angels for your unfailing energetic and financial support. Without you, we would not be able to make this extensive library of material available to conscious and aware humans around the world.

Your support means everything!

In grateful appreciation to the Crimson Circle Angels from around the world.

The Crimson Circle Staff

Welcome to our newest Angel!

Monique ten Brink

Sheri Reece

Gabriela Cotescu

If you would like to become a Crimson Circle Angel, please [click here](#) to subscribe and see Angel benefits.



NEW TRANSLATIONS

Category	Title	Language
ADAMUS ON TOPIC	<u>THE BIG WORK WALKOUT</u>	CZ, DE, ES, FR, HU, IT, JP, NL, PL, PT, RO, RU, UK
CLOUD CLASS	<u>DREAM OF THE MERLIN</u>	DE, ES, FR, PT
CLOUD CLASS	<u>KASAMA ONLINE</u>	DE, ES, FR, IT, PL, PT
CLOUD CLASS	<u>KUTHUMI'S MAKING LIGHT BODY</u>	BR, CZ, DE, ES, FI, FR, GR, HU, IT, JP, PL, PT, RO, RU, SL, ZH_CN
CLOUD CLASS	<u>THRESHOLD ONLINE</u>	DE, DK, ES, FR, HE, HU, IT, JP, KO, PL, PT, RO, RU, UK
CLOUD CLASS	<u>QUANTUM ALLOWING</u>	ES, FI, FR, IT, NO, PL, PT, RO, RU
FREE	<u>THE SLAVIC POWER VORTEX</u>	ES, FI, FR, IT, PT, RO, RU, UK

LEGEND: BR=Português Brazil, BG=Bulgarian, CZ=Czech, DE=Deutsch, DK=Danske, ES=Español, FI=Suomi, FR=Français, GR=ελληνικά, HE=תִּיבֵּעַ, HU=Magyar, ID=Indonesian, IT=Italiano, JP=日本語, KO = Korean, LV= Latviski, NL=Nederlands, NO=Norsk, PL=Polskie, PT=Português, RO=Română, RU=русский, SL=Slovenščina, SR= Српски, SV=Svensk, TR=Türk, UK= український, ZH=Chinese

[VIEW THE COMPLETE LIST OF AVAILABLE TRANSLATIONS](#)



From Mind to Divine

Highlights from ALT Shoud 1

Gentle Returning - Merabh

From ALT Shoud 1



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Finnish	Pirjo Laine
Finnish	Irma Rantala
Finnish	Anya Ruusuvuori
Finnish	Kim Mirjam Seppälä
Finnish	Inkeri Väisänen
French	Catherine Bitoun
French	Cyntia Coste
French	Jean-Pascal Danos
French	Beatrix de Keating Hart
French	Nicole Mocellin
French	Namami Quici
German	Gerlinde Heinke
German	Birgit Junker
Greek	Maria Grigoraki
Greek	Kalliopi Pagoudi
Greek	Mary Polychroni
Hungarian	Janos Nagy
Hungarian	Janos Nagy Sr.
Italian	Gaetano Azzali

TRANSLATORS

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Italian	Giuseppina Villa
Japanese	Mayumi Hayashi
Japanese	Hisako Hino
Japanese	Satoshi Ito
Korean	Young Wan Choi
Korean	Keuhna Hwang
Latvian	Liene Pētersone
Latvian	Dainis Roberts
Norwegian	Evy Finjord Heggelund
Norwegian	Inge Klokkeide
Norwegian	Hedevig Blakstad
Polish	Aleksandra Debska
Polish	Jolanta Stasiak
Polish	Bożena-Ewa Kozłowska
Polish	Piotr Masłowicz
Polish	Liliana Tough-Wojciechowska
Polish	Slawomir Lukaszewicz
Polish	Włodzimierz Salwa
Portuguese	Alina Espinha
Portuguese	Placidia Espinha
Portuguese	Joao Sousa
Portuguese BR	Letizia Scorpioni
Portuguese BR	Silvia Tognato Magini

CRIMSON CIRCLE STAFF

The amazing community that helps make all this happen

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Spanish Denise Nicolau

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Jean Tinder Crimson Circle on Facebook

Jaziel Shaumbra Pirates

Lise Storm Karlsen Shaumbra Pirates

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Alain Bolea Keahak Operations

Dr. Douglas Davies Living in Keahak

BOARD OF DIRECTORS

Geoffrey Hoppe

Linda Benyo Hoppe

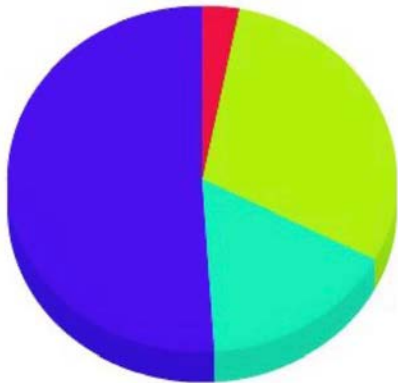
Alain Bolea

Dr. Douglas Davies

SIMON'S SPOOFS

Simon Bessant lives in the UK and is a prolific Shaumbra comedian on Facebook. He (and sometimes one of his 3½ friends) Photoshops the images on his phone and posts them in the Facebook group [Shaumbra Grand Embodied Masters Comedy Club](#). Check here each month for more laughs!

What you lose by becoming a Shaumbra



-  Sleep
-  Money
-  Hope
-  Sense of humour



The Crimson Circle invented a wristband that shocks you when you don't allow



Me after wearing it for 5 minutes...



HOW TO ALLOW

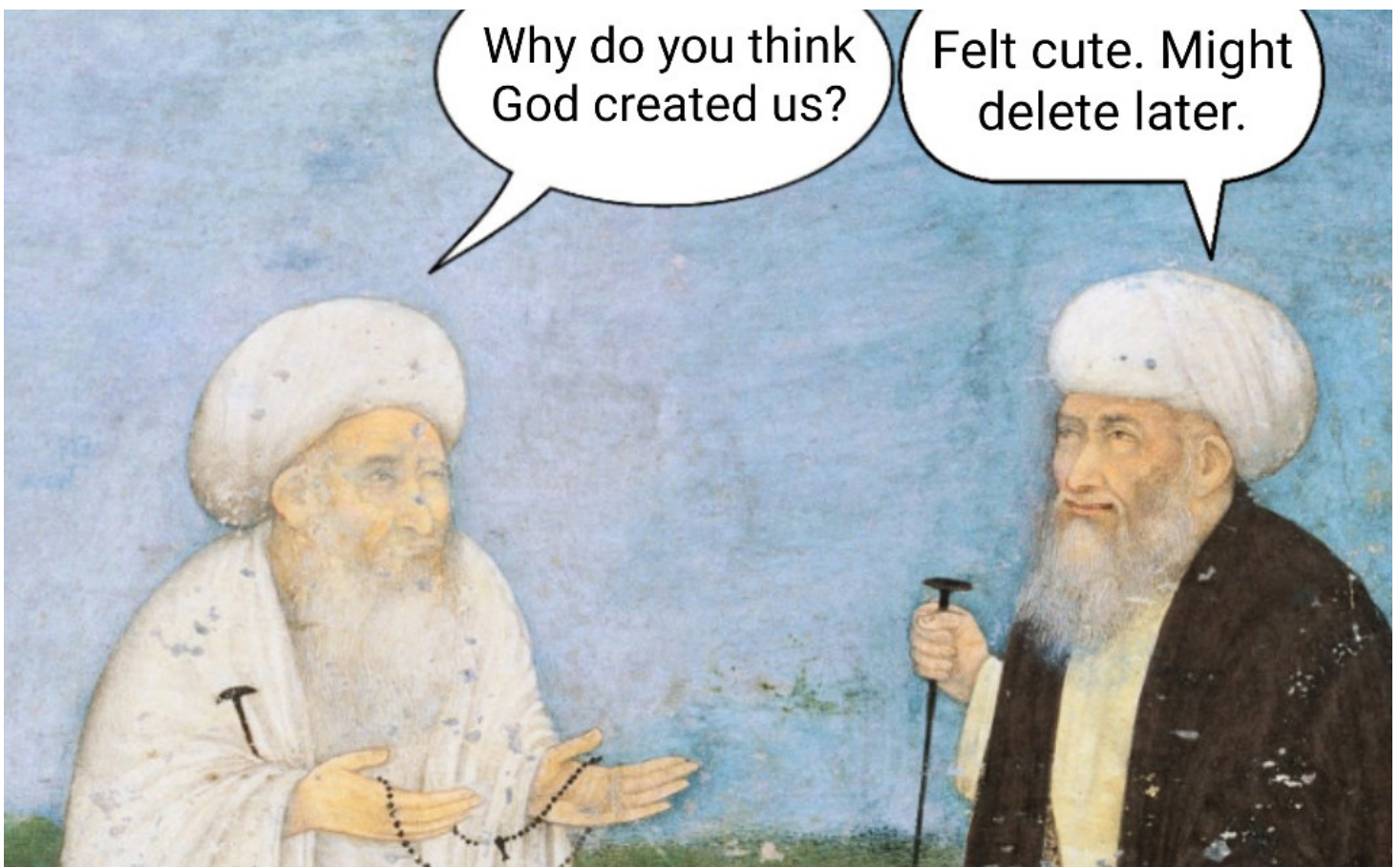
You can't afford your rent
A bus runs you over
It doesn't stop
No Facebook likes
You've run out of coffee
Planet Earth gets nuked

Allow

Heaven's Cross...



in fact, he looks absolutely livid



You are in the state of grace
when you allow energy to serve you,
rather than oppose you.

– Adamus Saint-Germain –



CRIMSON CIRCLE

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