

SHAUMBRA™

INSPIRE CONSCIOUSNESS  
MAGAZINE 0922



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# LIBERERO

As the Summer of 2022 begins to wind down, I would characterize it as the time of questioning whether to stay or leave the planet. It's been a hot topic on the Crimson Circle on Facebook page, Adamus has been talking about it, and we've had some dear Shaumbra friends cross over to the other side these past few months.

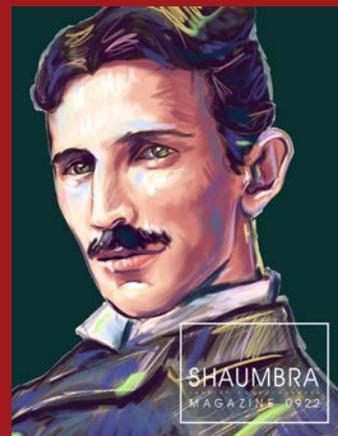


By Geoffrey Hoppe

It all comes at a time when Adamus is pointing to the very reason we chose to be here on the planet right now. We're here to bring light and consciousness at this epic time of birthing a new human species. Changes are happening at an unprecedented rate, humanity seems to be highly polarized, and some type of *huge* global shift seems imminent although it's difficult to predict what and when it will come. Chaos is the order of the day, and although Shaumbra knows that chaos is not a negative, it still has a way of wreaking havoc on our everyday lives.

We had a local Shaumbra End-of-Summer Party at Jean Tinder's lovely mountain home the other day. Some of us were talking about the crazy world. Everyone in the conversation was over 50, so our perspective certainly had a bias. We used to have a degree of trust in media outlets. Now, even the previously respected news organizations are tilting in the winds. In our early adult years, we worked hard, and believed that we could make a difference in the world. We had stars in our eyes and calluses on our hands. Today, many young people feel there is little or nothing they can do to contribute to humanity, hard work is considered old school, and living in mom's basement is acceptable even at 35+ years old. The art of verbal conversation has been replaced by texting, even with each other while sitting together at the same table, using naive symbols rather than real words.

Someone in the group commented, "I'm sure glad I'm in my senior years. What's the world going to be like in 2030 or 2040?" The conversation came to an abrupt halt as everyone quietly contemplated the future of the planet.



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CRIMSON CIRCLE

I could almost hear a big “gulp” within the group. The silence and subject matter were finally broken when someone said, “It’s sure a beautiful late summer afternoon!” It was a much-needed distraction from the ominous subject at hand.

That night while drifting off to sleep, I longed to be 30 years old again. I had the energy and fire to do things I don’t have now at age 67. I could conquer new frontiers and jump over huge hurdles. I was invincible back then. My dreamy state of youthful glory was rudely interrupted by a big voice, “Really??? You would trade your wisdom and prudence for youthfulness?” I couldn’t see a face, just a huge question mark floating around in my mind’s eye. I recalled some of the crazy choices and reckless decisions I made back then. Looking back, I saw there was a huge Presence that must have been working overtime to keep me from going way off track, if not outright self-destruction. Laying there in bed, I realized that the Presence was myself from the future. It wasn’t Spirit Guides or Protector Angels, but rather the Master within me that is always present, just waiting to be acknowledged. It must have worked because I finally arrived at where I should be, right about the turn of the millennium, just in time for Tobias, the Crimson Circle and Shaumbra. It’s also where I wanted to be, working shoulder-to-shoulder with Shaumbra around the world.

There are days when leaving the planet seems almost desirable. I bet that the thought has crossed the minds of at least 90% of Shaumbra. There’s a lot of energy noise out there right now. Many Shaumbra are approaching, or are in, their senior years. They’ve gone through a lot of challenges in this lifetime and many of them are tired. Physical pain doesn’t help the situation, even if we know it’s largely due to the light body coming in. As we get more sensitive, we become more aware of the humanity’s “rough edges” (and realize those used to be our rough edges... ugh).

It’s very important to note here that there is a huge difference between just quietly leaving in the middle of the night with a sense of completion and peace, versus suicide. Suicide is filled with despair, anger, hopelessness, and/or finality. A suicidal person wants to go completely out of existence because they can’t cope any more. They want to terminate their consciousness, not just their human life.

When Shaumbra thinks about leaving, it’s about finalizing their lifetimes on the planet and ascending into non-physical realms, and perhaps spending time at the Ascended Masters Club. There’s no desire to go out of existence. As a matter of fact, there’s the desire to return back to their natural state of full conscious existence after a long series of lifetimes in the unnatural physical realms. In a way, it’s much more logical than desiring to come back to Earth for another lifetime in an environment that is foreign to their Beingness.

Adamus has a new term for this. He calls it *libero*. Whereas *ahmyo* means the good life while staying here on the planet, and *makyo* means spiritual dis-



traction or delusion, *libero* means coming to peaceful completion in your last lifetime on the planet, and walking out on your own terms. After he dropped the new word on me, I looked it up online. It's a Latin word meaning *free*.



There's been a lot of conversations this summer about staying or leaving. At the end of the August Shoud, Adamus talked about Patti Severance. She was a long-time Shaumbra, and one of the best Crimson Circle teachers before core classes were offered online. She was a free-spirit who loved traveling and cherished her friendships with Shaumbra around the world. At age 75, she made a conscious choice to leave. She was realized and fulfilled. Patti spent about 6 months traveling around the country visiting friends but without ever hinting at her plans to walk out. According to Adamus, on her Last-Day-Ever on the planet, she walked into the water and before even half of her body got wet, her consciousness slipped away into the other realms, filled with total peace and completion. She was in the state of *libero*.

For many of us who knew Patti, it was a tough cookie to swallow. On one hand, I celebrate her conscious choice to leave. On the other hand, we've worked so hard to get here. Our passion was to stay on the planet to shine our consciousness during this Time of the Machines. I have to admit that I feel a little abandoned when a dear Shaumbra like Patti, Sart or FM (John Kuderka)

leave, but I also appreciate their experience with *libero*. There comes a point when you just want to be free. I'll nudge Gerhard and Einat to create a *Libero* song like they did with Ahmyo and Makyō.

More than once, Adamus told us that one of the most challenging things would be to stay on the planet after Realization. Ain't that the truth. Spoiler alert: Wait to hear what Sam has to say about all of this during his channel at the [Dream of the Merlin](#) online event on September 10–11.

DREAM OF THE

# Merlin

ONLINE ONLY

LIVE WEBCAST FROM THE  
CRIMSON CIRCLE  
CONNECTION CENTER

+ CLOUD CLASS ACCESS  
FOR 90 DAYS

HOSTED BY GEOFFREY  
AND LINDA HOPPE

**EARLY BIRD PRICE ENDS SEPTEMBER 5!**



Once a year for the past eight years, we have joined our Merlin energies in celebration of our journey to mastery on Earth. With the unprecedented level of changes happening around the world this year, the 2022 Dream of the Merlin online event has the potential to be one of the biggest and most transformational ever.

This inspiring 2-day event will be webcast from the Crimson Circle Connection Center in Colorado so Shaumbra from all around the world can participate.

We'll also provide text transcripts (in e-reader format) of the channels within two weeks after the event.

“Merlin” is a title rather than name. There have been many embodied Merlins throughout the ages, each serving in that role at the most important times in history. Even Saint-Germain was known as Kammet the Merlin in the times of Camelot. Now, the title of Merlin is bestowed on those that allow the magic of their own energy to serve them in grace, and are illuminating their light to the planet.

Join together with thousands of kindred Merlin spirits from around the planet for the *Dream of the Merlin* event in September 2022.



ADAMUS SAINT-GERMAIN



SAM BEN TOBIAS



KUTHUMI LAL SINGH



MERLIN OF SHAUMBRA



NIKOLA TESLA



THE BELOVED ST. GERMAIN

## SESSIONS

Channeled messages from Adamus Saint-Germain, Merlin, Sam, Nikola Tesla, Kuthumi and St. Germain, plus a presentation from Geoff & Linda on Sunday morning. Some sessions will be pre-recorded to help Geoff manage his energy.

## EVENT SCHEDULE

**Saturday,**

**September 10** – 10:00 AM – 3:30 PM

**Sunday,**

**September 11** – 10:00 AM – 3:30 PM

*All end times are approximate.*  
All times are Mountain Time for Denver, Colorado.

Check your local event launch time here: [Time & Date](#)

## PRICE

\$250 Early bird price *EXTENDED* through September 5, 2022.

After September 5, 2022, the cost is \$300.

[MORE INFO](#)

# FEATURED ONLINE EVENTS



## DREAM OF THE MERLIN ONLINE • SEPTEMBER 10-11, 2022

The title of Merlin is bestowed on those who allow the magic of their own energy to serve them in grace, and are illuminating their light to the planet. Join Shaumbra from all around the world for this inspiring 2-day event for channels from Adamus Saint-Germain, Merlin, Sam, Nikolai Tesla, and mystery guests, plus special presentations from Geoff & Linda.

[MORE INFO](#)



## RUDE AWAKENING – SHAUMBRA LAUNCH ONLINE • OCTOBER 15, 2022

*Rude Awakening* will be available as a **one-time only** Shaumbra launch on October 15, 2022. This insightful and entertaining film is about the journey into awakening, and beyond. The documentary is the brain-child of Dutch film producer Jonathan Kray of Soulfood Studios. He collaborated with fellow Shaumbra filmmakers Sandra Roggerman and Jorge Andrade to birth the project and bring it to audiences around the world.

[MORE INFO](#)



## SEXUAL ENERGIES SCHOOL® ONLINE • DECEMBER 09-11, 2022

This opportunity for profound transformation and healing is offered twice a year. With benefits that can include better health, the end of energy stealing and power games, balanced relationships, enhanced creativity, and true enlightenment, it is ultimately a return to Self. Hosted live by Geoffrey and Linda, includes multiple sessions with Tobias and Adamus, as well as guided personal experiences.

[MORE INFO](#)



## PROGNOST 2023 – NEW! ONLINE • JANUARY 14, 2023 – TAMBIÉN EN ESPAÑOL

Since 2014 ProGnost has become one of the most sought after and discussed Shaumbra events of the year. Adamus, dedicated to guiding us into our embodied Realization, doesn't usually address the state of the planet, politics, aliens, the environment or the future. But twice a year he opens his cloak to reveal what he and the other Ascended Masters foresee for our planet in the years ahead.

[MORE INFO](#)

[MÁS INFO](#)



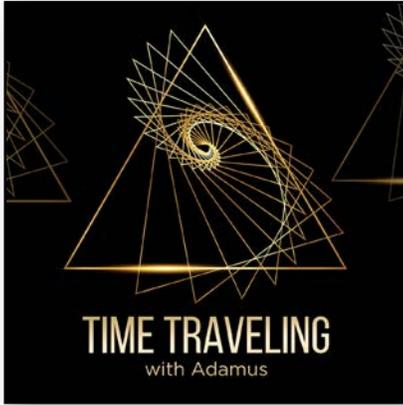
## ASPECTOLOGY® – NEW! ONLINE • JANUARY 27-29, 2023

Aspectology, also called "New Energy Psychology," is a groundbreaking study of human nature, healing and creation. Unlike traditional psychology which assumes there is something wrong with you that must be fixed (or medicated), Aspectology assumes that you are whole and complete at your core, no matter the level of your current difficulties.

[MORE INFO](#)

# FEATURED IN-PERSON EVENTS

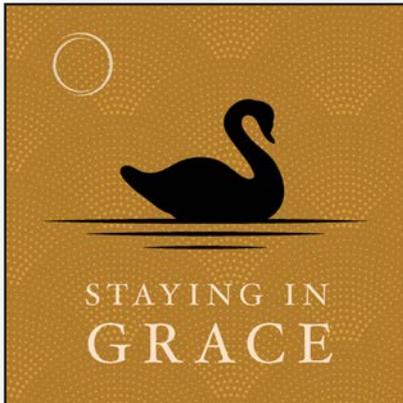
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## **TIME TRAVELING WITH ADAMUS** **KONA, HAWAII • OCTOBER 26–30, 2022**

Are you ready to let Time work for you? In this new workshop, Adamus will take you through the experience of Time Traveling in the Now, allowing the Past and Future to come to you. He'll guide you through experiences of being in And Time, where you can still function in linear earth Time but also in Æterna, or No Time. It's one of the greatest gifts for an Embodied Master.

[MORE INFO](#)

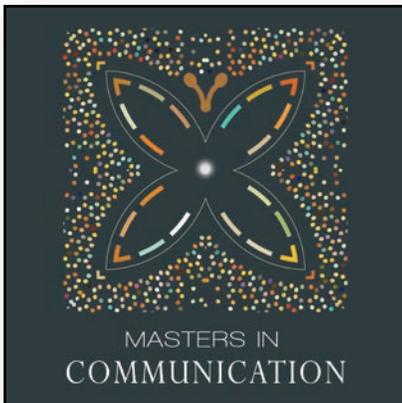


**SOLD OUT**

## **STAYING IN GRACE** **KONA, HAWAII • NOVEMBER 9–13, 2022**

Adamus is rolling out a new gathering titled Staying in Grace, about staying here on the planet in grace, as a Master, at this Time of Machines, even when faced with the challenges of everyday life. This event will be held at Villa Ahmyo in Kona, Hawaii, an ideal location for experiencing grace with the natural beauty and peaceful energies of this remote Pacific Island.

[MORE INFO](#)

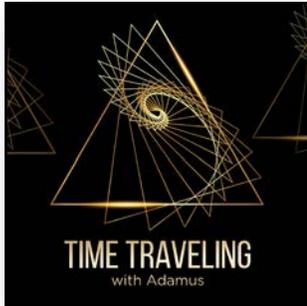


## **MASTERS IN COMMUNICATION** **KONA, HAWAII • NOVEMBER 21–25, 2022**

This workshop signifies a new era for Shaumbra as we transition from being the students to becoming true Masters. It's all about energy and communication, whether with non-physical entities, nature, other people, or yourself. All energy IS communication, the song of your Soul, and it's time now to understand how it flows and how use it without limitation.

[MORE INFO](#)

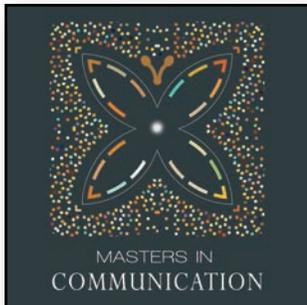
# FEATURED IN-PERSON EVENTS WINTER-SPRING 2023



## TIME TRAVELING WITH ADAMUS KONA, HAWAII • FEBRUARY 19–23, 2023

Are you ready to let Time work for you? In this new workshop, Adamus will take you through the experience of Time Traveling in the Now, allowing the Past and Future to come to you. He'll guide you through experiences of being in And Time, where you can still function in linear earth Time but also in Æterna, or No Time. It's one of the greatest gifts for an Embodied Master.

[MORE INFO](#)



## MASTERS IN COMMUNICATION KONA, HAWAII • MARCH 19–23, 2023

This workshop signifies a new era for Shaumbra as we transition from being the students to becoming true Masters. It's all about energy and communication, whether with non-physical entities, nature, other people, or yourself. All energy IS communication, the song of your Soul, and it's time now to understand how it flows and how use it without limitation.

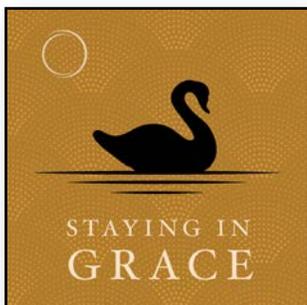
[MORE INFO](#)



## MASTERS CIRCLE KONA, HAWAII • APRIL 9–13, 2023

More a gathering than a workshop, each Masters Circle will be tailored to the specific group of Shaumbra in attendance rather than a structured workshop format. Adamus will talk about the issues of importance to the group, with plenty of interaction between group members and Adamus. Come prepared for open and intense discussions, deep merabhs and good times on the island with other Shaumbra Masters from around the world.

[MORE INFO](#)



## STAYING IN GRACE KONA, HAWAII • APRIL 23–27, 2023

Adamus is rolling out a new gathering titled Staying in Grace, about staying here on the planet in grace, as a Master, at this Time of Machines, even when faced with the challenges of everyday life. This event will be held at Villa Ahmyo in Kona, Hawaii, an ideal location for experiencing grace with the natural beauty and peaceful energies of this remote Pacific Island.

[MORE INFO](#)



## MASTERS CIRCLE KONA, HAWAII • MAY 14–18, 2023

More a gathering than a workshop, each Masters Circle will be tailored to the specific group of Shaumbra in attendance rather than a structured workshop format. Adamus will talk about the issues of importance to the group, with plenty of interaction between group members and Adamus. Come prepared for open and intense discussions, deep merabhs and good times on the island with other Shaumbra Masters from around the world.

[MORE INFO](#)

# EVENTS CALENDAR

2022 / 23

PLEASE VISIT [CRIMSON CIRCLE STORE](#) FOR MORE INFORMATION ON THESE EVENTS

NOTE: Not all events may yet be open for registration; Crimson Circle Angels receive advance notice.

CCCC – Crimson Circle Connection Center, Louisville, Colorado

## SEPTEMBER

03	NO Monthly Shoud in September	-
10	Keahak XII	Online
10-11	Dream of the Merlin - Online	Online
24	Keahak XII	Online

## OCTOBER

01	Monthly Webcast & Shoud	ONLINE ONLY
08	Keahak XII	Online
15	Rude Awakening Film - Shaumbra Launch	Online
22	Keahak XII	Online
26-30	Time Traveling with Adamus	Villa Ahmyo, Kona, HI

## NOVEMBER

05	Monthly Webcast & Shoud	ONLINE ONLY
09-13	Staying in Grace	Villa Ahmyo, Kona, HI
12	Keahak XII	Online
21-25	Masters in Communication	Villa Ahmyo, Kona, HI
26	Keahak XII	Online

## DECEMBER

9-11	Sexual Energies School Online	Online
17	Keahak XII	Online
17	Monthly Webcast & X-Mas Party	CCCC & Online
31	Keahak XII	Online

## JANUARY

07	Monthly Webcast & Shoud	CCCC & Online
14	ProGnost 2023	Online
14	Keahak XII	Online
27-29	Aspectology Online	Online
28	Keahak XII	Online

## FEBRUARY

04	Monthly Webcast & Shoud	CCCC & Online
11	Keahak XII	Online
19-23	Time Traveling with Adamus	Villa Ahmyo, Kona, HI
25	Keahak XII	Online



# CRIMSON CARPET PREMIER ONLINE

OCTOBER 15, 2022

It's almost showtime! ***Rude Awakening***, the much-anticipated documentary, is a new full-length film made by Shaumbra for Shaumbra. And... eventually for awakening audiences around the world.

Shaumbra's journey comes through during the various interviews conducted around the world, and the storyline about a man that begins questioning his life, and then the tumultuous fall into awakening.... a very rude awakening. The finished film is expected to be about 111 minutes in length.

This insightful and entertaining film is about the journey into awakening, and beyond. The documentary is the brain-child of fellow Shaumbra Jonathan Kray through his film studio Soulfood Studios. His aim was to capture the story of Shaumbra and convey it in an entertaining, down to earth and cinematic style, giving our story the high standard it deserves as it launches into the world and meets a global audience.

The one-time "Crimson Carpet" launch of *Rude Awakening* will take place online on Saturday, October 15, 2022. Geoffrey and Linda will host the event from Villa Ahmyo in Kona, while the *Rude* crew will be linked in from Amsterdam, Netherlands.

Subscribers will be able to participate in the worldwide launch, and get access to exclusive bonus materials. As a first-viewer, you'll also be supporting the film energetically and



# RUDE *Awakening*

financially. After the Crimson Carpet Launch, the Rude crew has a long road in front of them to marketing and distribute the film to audiences around the world.

*Rude Awakening* is your story, our Shaumbra's story. It's been in the making since the Temples of Tien in Atlantis, and it's ready to launch now in this Time of Machines. Please join Adamus, the Ascended Masters and Shaumbra around the world for the launch of this profound documentary.

## **Schedule – October 15, 2022**

- Session 1:** The Rude Journey – What it took to get here, and why this film carries the essence of Shaumbra
- Session 2:** The Rude Awakening film – The first-ever global showing of the much-anticipated film
- Session 3:** Behind the Scenes – Interview with the producers, a live Adamus channel, live Questions & Answers and more

**NOTE:** *These sessions and the film itself will be available to view for 4 DAYS ONLY.*



## BONUS PACKAGE

### Starting October 16 – The Crimson Carpet Launch Bonus Package!

In addition to the live viewing of Rude Awakening on October 15, all subscribers will have access STARTING OCTOBER 16 to this Bonus Package for 90 days. This bonus package includes:

- **Behind the Scenes video** – A close and often humorous view from behind the scenes during the making of Rude Awakening
- **Exclusive interview with the creative team** – Only available for this event
- **Additional Shaumbra interviews** not included in the final film
- **Downloadable PDF certificate:** “I Helped Launch Rude Awakening”
- **Your name in the credits!** – Shaumbra who register before September 15, 2022 will be included in the film credits

**Price:** \$144 – Includes the live event on October 15 and all bonus materials.

**NOTE:** All net funds go to the film production company to help them launch the film and begin their worldwide marketing and distribution program. Crimson Circle receives no revenue from this event. This item is not eligible for purchase with Award Points, Gift Certificates or Store Credit.

[MORE INFO](#)

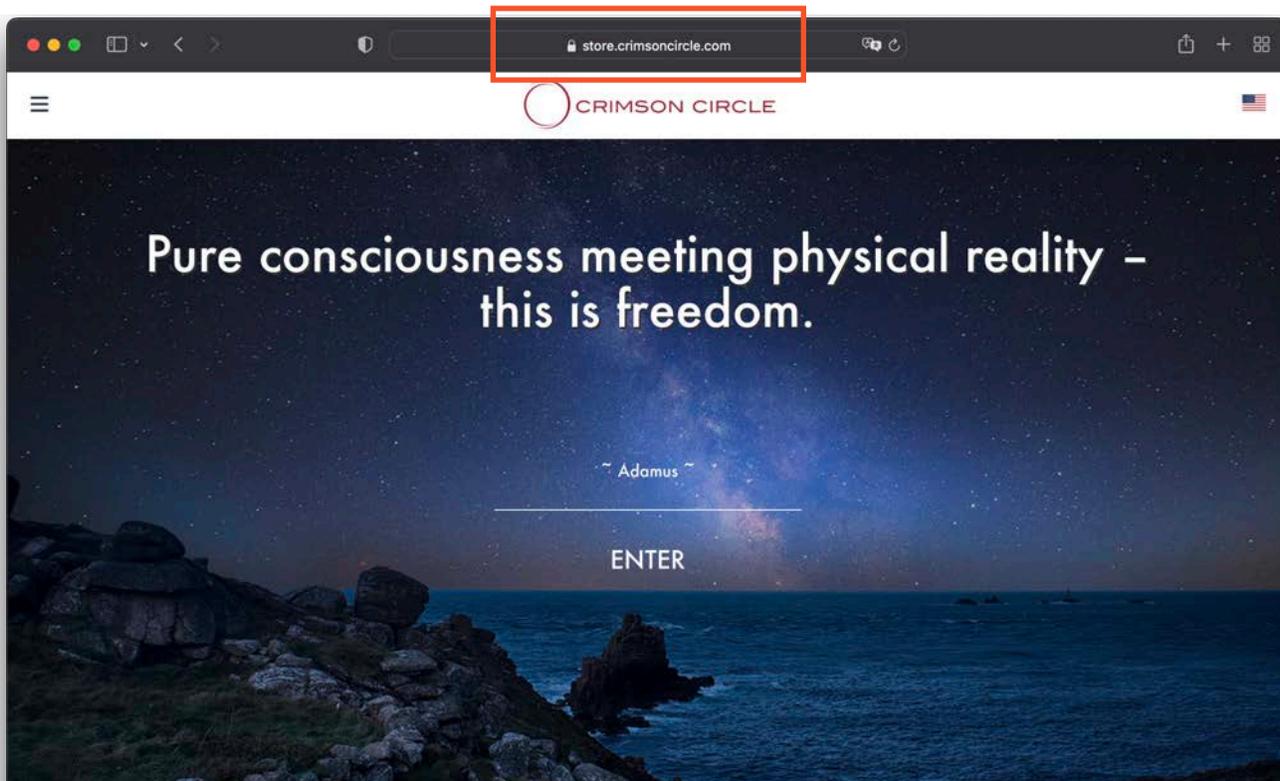
[ADAMUS MESSAGE](#)



## CC TIPS

Monthly tips to help you make the most of your Crimson Circle online experience

### EASY ACCESS!



Here's a simple tip that can make it quicker and easier for you to access the Crimson Circle store.

Instead of going to the main CC website ([crimsoncircle.com](http://crimsoncircle.com)) and navigating through several pages to the store link, you can simply type in [store.crimsoncircle.com](http://store.crimsoncircle.com) and you'll be right there!

To make life even easier, simply bookmark the store home page and you'll be able to access it with one simple click.

*NOTE: For easy instructions on how to bookmark a page, visit this [wikiHow](#) page.*

[CC STORE](#)

For more helpful information, please visit the [Crimson Circle Service Center](#)



WELCOME  
TO THE  
TEMPLE OF  
REJUVENATION

## ARCHITECTURE

I'm a dreamer. A melody, a piece of art or a few lines of text are all it takes to push open my door of perception, and a short passage in Shoud 6 of the *Passion 2020 Series* pushed the door wide open. Upon revisiting this Shoud, almost two years after it was recorded, the following phrase sang out, *"The architecture for it, on our side, is done and it'll eventually manifest on your planet."*

Architecture manifests on this side as a physical structure, a safe space, and a meeting place. The Crimson Circle is an example of living architecture, a reference library in an unfamiliar landscape that says "You Are Here." The library helps me discover the skills required to unlock the material at deeper levels. Skil, an [old Norse](#) word, suggests that learning is keeping what serves and releasing the junk. I'm better at letting go and I may be skilled, but there are moments when I'm not sure what I'm making or if I'm making it up.

Architecture, when Adamas speaks of it, leads me straight into a dream of the Light Body. Going into the Light Body involves massive change of the human aspect. I like the computer analogy of going from server A to server B with no interruption of service. The energy continues to flow, but through a less dense version of me. The key to all of this is consciousness, so I have to be aware of the process as it unfolds. The reasons for The Temple of Rejuvenation are to practice staying aware within the dream of one's energy, to share the experience, and ultimately to contribute to the living library that is the Crimson Circle.

I use language to tell a story, not so much for others but for myself, to make sense of a life without time. Etymology shows that language was once linked closer to experience than to mind thought, as it is today. Words should lead the reader or listener into a dream, as the word *architecture* does for me. *Architecture* is from the Latin *architectus* or master builder. The Master knows that creation begins in the formless, with a dream. Don your dreamer's cap now and read the passage from [Shoud 6](#):

"There's going to come a point where we're going to have a temple, and it's not the temple that creates the healing, but it's a safe space for people to come for their healing. And 'healing' is not a good word, Cauldre. It's a rejuvenation. It's entering into the new body. Literally, the architecture for it, on our side, is done and it'll eventually



By Dale Presly

manifest on your planet. I want to emphasize that it's not the temple that creates it, it's the individual. But we're going to create such a sacred and safe space in the temple. And it'll be something – yes, you can do it at home, you don't have to go to this particular place – but it'll be a place where you go and simply go to the deepest levels of allowing into the body and the mind. It's going to accelerate the changeover from your current anatomy and your current hierarchy of your physical body into a different type of healthier biology but also integrated with your Free Energy Body, what you call the light body. So that's coming, and I know it's going to raise a lot of questions and Cauldre didn't want to talk about it, but we did."

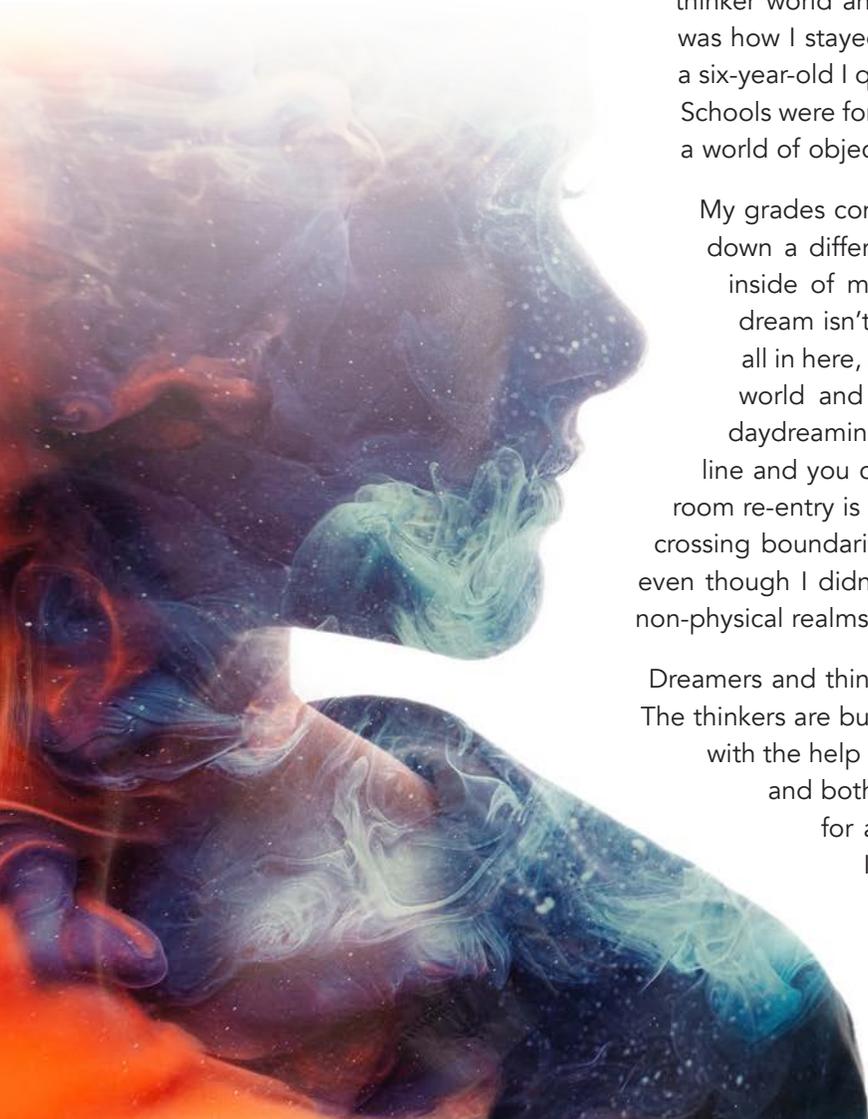
## DREAMER

Early in my human story, two things were obvious. First, I was a day-dreamer and second, I was outnumbered. I was a dreamer born into a thinker world and I had to adapt the best way I could. Daydreaming was how I stayed connected. Connected to what I wasn't sure, but as a six-year-old I quickly discovered that dreaming isn't taught at school. Schools were for thinkers, and thinkers believed in the *world out there*, a world of objects made from other objects; a world of data.

My grades confirmed that I wasn't into data. Daydreaming took me down a different path, one that led directly to the world *in here*, inside of me. What I didn't realize until much later, is that the dream isn't a shared dream—there is no out there, out there. It's all in here, inside of me. There's a boundary between the dreamer world and the thinker world, and if you've ever been caught daydreaming in class, then you've crossed the boundary. Walk the line and you can play on both sides. Stray a little too far and classroom re-entry is a bumpy ride. I got used to the bumps, I had to. I like crossing boundaries. Along the way I learned to trust my perceptions, even though I didn't always follow them. I was skilled at navigating the non-physical realms but so what? I was looking for a practical application.

Dreamers and thinkers desire the same thing—an upgrade to the body. The thinkers are building their version, including greater mental capacity, with the help of artificial intelligence. Dreamers take a different path and both are unfolding in the Time of Machines. The dilemma for a dreamer is where to begin with the Light Body. Do I search for the building blocks? Or should I try to reverse engineer the thing? It's only human to look for a template, a secret process or even a kit. The answer came from Kuthumi's [Making Light Body Cloud Class](#).

Initially, I didn't hear Kuthumi admit that he can only speak about *his* Light Body and not



someone else's. His statement underscored the fact that making the Light Body is deeply personal, there is no one size fits all. The same is true for *my* Light Body and I have to trust that my version outshines anything A.I. comes up with.

I like to call it the Light Body, even though Free Energy Body might be a more accurate term, because Light Body sounds like something I could make. If only there was a kit. Imagine a Light Body Kit showing up at my door. Of course, I would answer the skill testing questions and agree to the condition that I stay embodied. There's more fine print but I'll read that later. I'm anxious to get started.

The instructions for the Light Body Kit are clear: I have to be at home to receive the package. When it arrives, I take it into my house and place it on the kitchen table. I see that the package is a multi-faceted box. Something is written on the outside but it's so small I have to reach for my glasses. I read the words:

Contents: Energy  
Skill Level: Master  
Some assembly required.

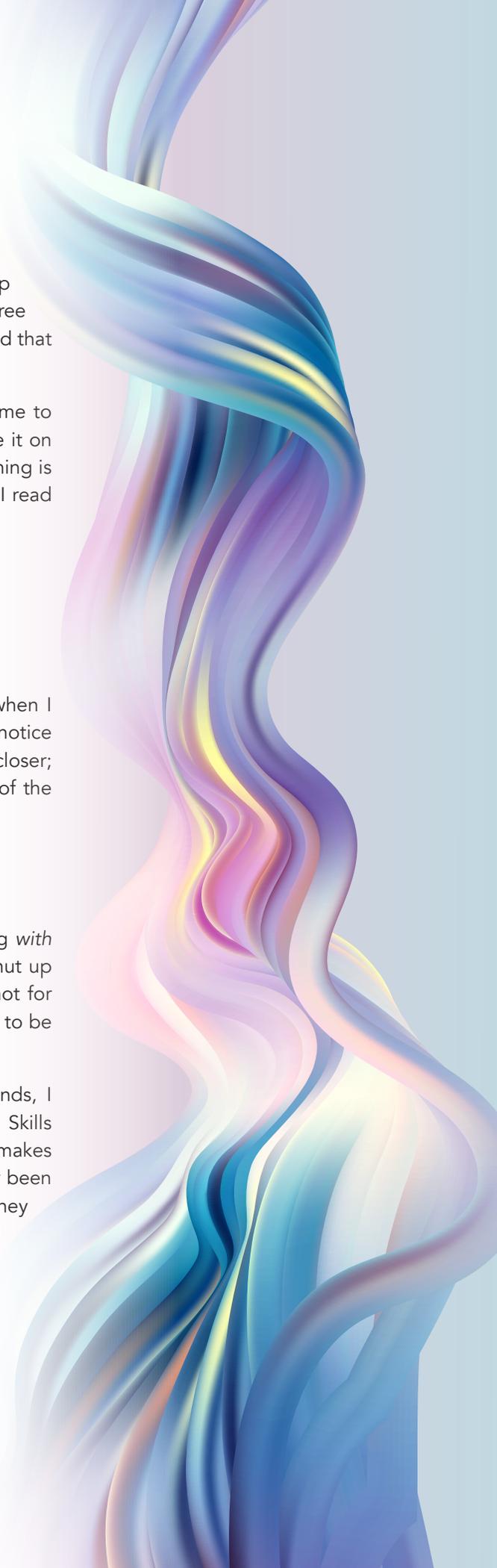
I stand back and gaze at the box, which seems larger than it was when I brought it in. I pick up the scissors and am about to make a cut when I notice that the wrapping is translucent. I can almost see inside the box. I look closer; something is taking shape. I have a strange sensation that I'm inside of the box. I close my eyes and take a deep breath.

## ENERGY

Daydreaming brought me into energy, but I wasn't skilled at working *with* energy. I still grapple with the fact that the energy is mine. I should shut up and just allow. The problem is, allowing isn't an innate skill, at least not for me. I had to learn to allow, which is a way of saying that it took a while to be aware of what energy in motion *feels* like.

If you've wondered what to teach when the time of channeling ends, I suggest that the skills you're learning and using now are the answer. Skills are abstract concepts that involve feeling rather than thinking, which makes explaining them tricky. Try explaining *balance* to someone who's never been on a bicycle. You can't. The energy belongs to them and to engage it, they have to be moving. When the bike is in motion, you either fall or find your balance. There's no in-between.

As I said, I was on the lookout for a practical application, and I found it in Reconnective Healing. I no longer practice healing but when I was involved, I saw how clients related to energy. It became obvious that there was a gap between what clients expected and what I could deliver. The gap turned into a chasm when they believed



energy came from the outside. Something was missing and that's when I realized that the facilitator and the client bring very different skills to the healing/rejuvenation equation.

What stands out about Reconnective Healing is the way a client is encouraged to have the experience appropriate for them, without interference from the outside. In effect, the client is told that the energy is theirs and it's up to them to dive in or not. The facilitator is present to create the safe space and to set the table, in a manner of speaking.

Imagine you're about to enter your favorite restaurant and I have agreed to be your waiter for the evening. I greet you at the door and show you to the table that I've carefully set. I bring you the menu, which is a list of all the experiences you've had or could ever have. You place your order and I go off to the kitchen. When the meal is over, I ask about your dining experience. The answer depends on who you believe owns the restaurant, stocks the kitchen, and prepares the food. I get paid regardless. You on the other hand, may go away hungry.

In Reconnective Healing, I encouraged clients to talk about their energy experience. When we use language to describe our journeys in the non-physical realms, what we're really doing is making meaning of experience. When a client tells me the experience was relaxing, I know that the kitchen shelves are bare, and the cook is away. When a client takes several minutes to re-orient themselves or struggles to find the words, then I know that they dined well.

## **TOBIAS**

I stumbled upon Crimson Circle and the Tobias channels in early 2001. Not long after, I discovered Reconnective Healing. You might be familiar with this modality associated with Eric Pearl. It's significant that Tobias speaks of Eric Pearl and The Reconnection in at least two of the early Crimson Circle channels.





Here is a quote from the *New Energy Series*, [Shoud 4](#), November 1, 2003:

*QUESTION FROM SHAUMBRA: Hi, Tobias. Could you comment on Dr. Eric Pearl's work, "The Reconnection" (the title of one of Dr. Pearl's books), and Reconnective Healing and the twelve strands of DNA? Thank you.*

*TOBIAS: Indeed, and – how to say – we, the Crimson Council work closely with this one that you call Dr. Eric Pearl. Now, he also understands that those who practice this technique of "reconnection" need to understand they are just a facilitator of the process. They have to recognize they are not healers. There are no healers. There are facilitators, and there are those who choose to be healed. But we work very closely with those energies, and we see – how to say – these two, the Crimson Circle and the work of Dr. Pearl, coming back together again in the very near time. Thank you. Very effective work also.*

And here is a quotation from the *Clarity Series*, [Shoud 2](#), September 3, 2005:

*TOBIAS: When we said that the work of Shaumbra and that of the Reconnective Healing would be coming together, it indeed has. There are a tremendous number of Reconnective healers that are now part of Shaumbra, many Shaumbra who have learned the Reconnective techniques and are using that, integrating them together.*

The Tobias channels had a huge impact on me. They helped make meaning from my experience and they encouraged me to explain to clients that the healing didn't come from me. When Tobias speaks of integration, he recognizes two people in the rejuvenation dynamic – one to create the safe space and the other to dive into energy. The compassionate presence of a facilitator is an essential part of the equation.

Adamus is clear that The Temple of Rejuvenation is complete in the non-physical realms. When I feel into the energy, I don't see images, but I do sense that some assembly is required. There'll be bumps along the way but not to worry, they are a sign of coming into a finer form of architecture.

---

*Dale Presly is assembling a lighter version of himself within the bounds of Vancouver Island, B. C. He can be contacted via [email](#).*

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**NEW & FREE!**



# The Rights of a Master

## **Realizations of Embodied Masters**

The realized Master who chooses to remain embodied on Earth enjoys a number of self-evident and self-given rights. According to Adamus Saint-Germain, these are the minimum necessities that a sovereign being requires to live as an embodied Master on the planet. Not bestowed by any other being, these rights are the Master's acknowledgements that the energy is serving them in total grace.

After initially asking for input from Shaumbra in Shoud 10 of the *Art of Benching Series*, Adamus distilled the answers and offered this list of Masters' Rights during Shoud 11, August 6, 2022.

**Available as a printable single-page or multiple-page PDF.**

*"I felt into all of [your suggestions]. Not just the ones that were submitted in writing, but the ones that you thought about or perhaps posted online but didn't send in. I took an overall assessment of the Master's Rights, extracted the top ones and reworded them to state it in an affirmative way. So, we're going to go through those now and talk about the Rights of a Master."*

~ Adamus Saint-Germain

## HIGHLIGHTS

- "I Am Safe"
- "I Am Aware of my Soul Senses"
- "I Am Relaxed"
- "I Am in Physical Harmony"
- "I Am Beyond Death"
- And more...

**Format:** Downloadable PDFs

**Cost:** \$0

**Written by:** Shaumbra & Adamus Saint-Germain

**Presented** at the Crimson Circle Connection Center,  
August 2022

[MORE INFO](#)



THE STRENGTH OF  
HARMONY



Nothing. Absolutely nothing could be more relevant than making Peace with God. At least this is how she felt right now.



By Tania Castilho

Tamara had come across this realization amidst a turmoil of awareness that had been brought up by her intrepid approach to what she felt to be her Soul. She had been dancing back and forth with this for quite some time, getting closer, feeling amazed, then overwhelmed, then ashamed and unworthy and then boom, she was back at square one, or so it seemed.

So one fine day she decided to just sit inside of herself, feel the width and breadth of this, and get to the bottom of it. She breathed. Sensed. Stayed. Let go of her thoughts. Came into a deep stillness in her core and then dived into a sharp pain she suddenly felt in the back of her heart, just beside her right shoulder blade.

As she dived into the pain, it got more intense. Still, she breathed and persisted, until she came across a furious, seething, vengeful warrior. Tall, wide, strong, armored, and not just angry but downright enraged, he seemed to be fighting against something, but nothing was there. He was fighting against thin air, much like Don Quixote in his battles against windmills.

Tamara approached him and stood there, watching, waiting for him to see her. Which he did after a long while, in the midst of pausing for breath. She looked him in the eyes, so that he could know she saw him. He was not expecting this. He himself looked her in the eyes and something made him stop, step back, and let his armor down.

As she sensed him (for he was her), she felt a great grief, sadness beyond description and a helplessness that no power amassed through victory could transform. He had lost many loved ones, entire populations. He had lost everything he cared for, and could not understand why, if there was a God, did these things happen? Why was there so much suffering? Why?

So, he had become angry at God. He didn't want to be on the planet, didn't want to be human, and he couldn't take it anymore. He had played the roles of villain, victim and savior too, but none gave him solace or answers.

And the doubt always crept in. If there was a God, who could say which side He took in these battles of fate? Would He consider those who came and burned down our villages the ones who deserved His protection or would He consider us, the ones who killed them, worthy of His mercy? And when it was the other way around, whose side would He take then? Were there even sides to be taken?

Tamara came closer to the warrior, extended her hand, offered her embrace. It was a gesture he did not know. He had been fighting for so long that he had forgotten tenderness, gentleness, sweetness. The world was just too harsh a place to allow for such vulnerabilities, and yet she was here. It felt good to allow her embrace. An enormous lump of emotion welled up in his throat and he started sobbing uncontrollably. Like he had never sobbed before. Screaming, wailing, the tears soaking her shoulder. He cried and cried and cried until he had no strength left, falling to his knees in an act of surrender. She kneeled with him and kept him in her arms, simple Present. Just compassionately Present.

She knew all these feelings so well, and now she could finally own them, acknowledge them, embrace them, and release the shame, guilt, and blame. She could set herself free from hatred for she now realized she had done it all and been it all. She had never really been able to overcome the deep, deep emptiness of never feeling whole, and this had lead him/her to play all sorts of power games – being the victor, the savior, the king and queen, as well as the psychopath, the warlord, the mercenary, the nurse, doctor, slave, pauper, decision-maker, and so much more. Power over others, power over things, places, situations, as well as powerlessness; she had played it all.

When Tamara had first started sensing her grander Self, her Divine Essence, she had actually been surprised to have one, such were the atrocities she had both experienced and perpetrated throughout the eons of existence. Whether in masculine or feminine form, wherever he or she had lived on the planet, it didn't really matter.

And now he had come to her. She had been able to be so still, so compassionate, that this part of her that had been angry with God for a very long time, had finally shown himself. And she could see it all. Of course, if the God in question was the one mankind had created to serve whichever side He was created by, and yet if He was to be loving and kind and all humans were His children, well, this God did not make sense and could not be trusted. If this God was the one making the decisions as to who gets to live or be destroyed, it was not a God that could be understood. There was too much bias, too much separation for this to be the answer.

However, in her slow dance of Human coming closer to Soul, and Soul to Human, she had come to know something different: She was loved no matter



what. In fact, one of her most important discoveries was that here on Earth it is the Human free will doing the choosing, and Soul cannot interfere in whatever experience the Human chooses. Such is the freedom given to the human facet. Good and bad are not commanded by outside forces but allowed or revoked from within each heart, each mind, each decision. For ultimately, in the eyes of Soul, there is no good and bad; there are simply choices and their results. There is a realm of experiences to be had in separation from one's Soul and a realm of experiences to be had in reunion as well. Some are experiences of suffering, others of harmony, but all of them expand realities, possibilities, and consciousness. Knowing this, was essential for Tamara to be able to choose and decide which way to go, what she now allowed into her experience, and what kind of reality she was willing to create and live.

She was tired of being in charge. Really. The habit of control was becoming too demanding, and she had had enough. She had been willing to surrender, to discover a new way through the guidance of her Soul, the particle of God within her, but it had been elusive. Now she knew why. It was this warrior, the exhausted, angry, and desperate warrior who had been standing guard for eons.

Tamara was happy to allow these emotions to move, to invite this part of herself back home whenever he was ready to trust. There was no rush, she now knew how to wait. Her Soul had shown her the virtue of patience and her heart was more at peace each day as she explored the love her Essence lay before her, one step at a time.

She was in no hurry. There was nowhere to get to, just experiences to be had, including her own inner merging. Human and Divine were becoming a single wholeness with all the parts like stars shining in the blackness of a moonlit sky. There was such beauty in the blackness of this sky, as there was also beauty in the radiance of the moon and stars. They could not be without one another. But just as the moon seems to fade in the daylight and its cycles, so too her Soul had seemed to not be there for a very long time.

Her love for this planet and everything on it – every creature, plant, mineral, and human – just grew and grew, the more she united with her Essence. It was a natural thing, this compassionate love. She felt such honor, gratitude, and respect for all, for there were so many journeys, all of them different. Some full of obvious suffering, others where the suffering was hidden. And then a few who had realized they were God also, walking into a new kind of reality where suffering was not the common denominator.

She could see the dramas too, of course, for she wasn't pretending not to be a human. But she no longer identified and got enmeshed in them. She knew so very, very firmly in her heart that staying Present in the knowingness of God within could radiate tsunamis of consciousness all over the planet, the likes of which no valiant warrior could ever achieve.

She had no interest in taking sides, for she knew how precious compassion had been on her journey. In the long challenges of uncovering all her hidden layers of unacceptability, only the pure compassion of her Soul had been able to keep her safe enough to not be afraid of facing it all without judgement, denial, or rejection. She had learned to become neutral, sensing all the emotions, beliefs, and experiences of her existence without having to fix or change them. In fact, she could not change them for they were gone. They were past. But she could accept them and invite them back home into her, the creator of each one.

It was about dissolving, transforming, letting go, choosing differently now. Acting differently. Being different. Her Soul had shown her how to be still and open, receptive to every single unloved part of herself, and this had changed everything here and now.

Tamara knew how powerful her compassion and radiance were. She knew this so clearly that it mattered not who else knew, what others thought about it or what they did. With her warrior back home, she could now use that strength and courage to breathe impartial love into the world, each day and every moment, firm, determined, unwavering by the storms howling around her. She felt like a rod firmly planted in the ground, yielding to compassion more and more, and getting out of the way by releasing centuries of cynicism, indifference, and righteousness.

Now that the warrior had come home, her heart was strong enough to melt into her Soul and find herself on the other side of identity. Now it was time for a new chapter, a new book, a whole new Earth, hopefully for many. And, with no attachment to an outcome, Tamara knew she could choose only for herself. Choosing for others was an illusion, and she would be in much greater service by living in her own harmony and radiance. It was not a common choice, but it was her choice. It was her Soul's invitation, one she accepted completely.

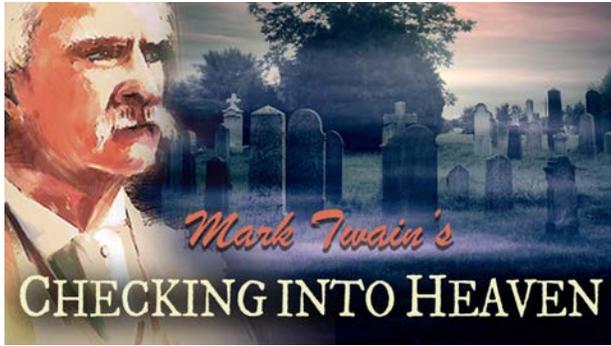
To experience a love so grand that no fear could deny it – this was her ultimate design, the choice of all choices for her own journey. It was a love affair with her Soul, and in living it she was complete. No matter what.

Thus is the powerless strength of harmony within.

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*Tania is the founder of [InPassion Coaching](#), through which she shares the Compassionate Breath and provides Isness Mentoring. She likes to call herself a Changeologist: a conscious explorer of the "science" of change, in other words, energy in motion. She says "Miracle Assistant" is the perfect description of how she assists people in creating and allowing miracles in their own lives, even as she enjoys her own, living in deep gratitude for the miracle that life is. She can be reached through her [website](#).*

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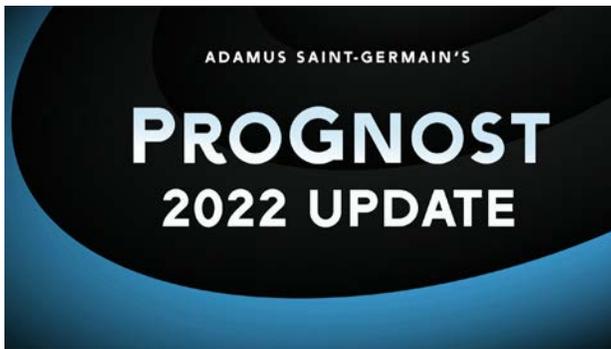
WATCH EXCERPTS

## CHECKING INTO HEAVEN MARK TWAIN'S AFTERLIFE ADVENTURES

Recognized around the world for his insightful and captivating lectures, short stories and books, it seems that Mark Twain still has more to say! In this delightful and inspiring message, Mr. Twain takes a few moments out of his celestial celebrations to delight the audience once again with his wit and wisdom.

While you may wonder what the preeminent 20th century author has to do with enlightenment and the Shaumbra journey, the answer becomes clear as his story develops. For, you see, the man known as Samuel Clemens was one of the incarnations of soul also known as St. Germain.

As Mark Twain makes his way to heaven at the end of his illustrious life on Earth, he is at first puzzled by the strange reception and then acutely relieved to remember his true origins – but only after a bit of heavenly tomfoolery.



Cost \$75 (through Oct. 7, 2022, \$95 after)  
 Format: Cloud Class  
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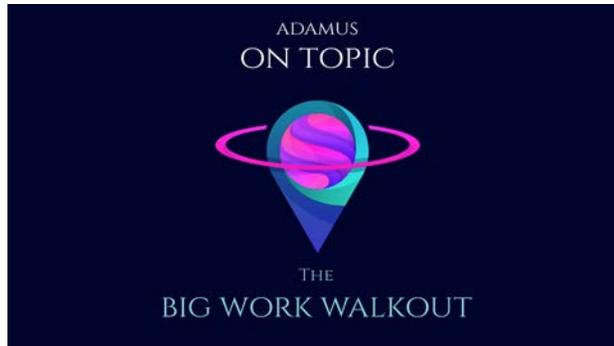
WATCH TRAILER

## PROGNOST 2022 UPDATE META REALITIES

A fascinating look into the rapidly developing digital realms being created and experienced by humans across the globe. **Augmented Reality** is already here in things such as hip and eye lens replacements, and swiftly emerging in things like wearable visual augmentation. **Virtual Reality** began with video games and is quickly becoming more immersive and "real." Soon will be **Total Digital Reality** where a human can be digitized and uploaded into the metaverse, much like embedding our consciousness into biological/physical reality.

*"We are in the midst of a quantum leap of consciousness on the planet... It's going to change everything, but it's also going to bring conflict, because there are those who don't want to change. That's absolutely fine, but they're going to find it increasingly difficult to stay here, to live on the planet in a time of a quantum change in consciousness."*

~ Adamus



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## ADAMUS ON TOPIC: BIG WORK WALKOUT – CHANGING JOBS IN A CHANGING WORLD

Record-breaking numbers of people are walking away from toxic, unsupportive and uncreative work environments, leaving businesses desperate for reliable employees and supply chains struggling to survive. It's clear that the old model of 'employment for survival' is outdated and collapsing, but what will replace it? The planet is abundant, but is it appropriate for people to be paid simply for existing? What about the vast economic disparity among the extremely rich and the rest of humanity?

The entire landscape of work is changing drastically, and it's time to release the imbalanced energies around making money. Adamus says you shouldn't work for a living but rather live for a living. It's time for Shaumbra to become Standards for a whole new way of living in joy, abundance, creativity, and freedom. Release the old overlays and allow joy and abundance to be the result of how you spend your time.

## METAPHYSICS OF PAIN – INSIGHTS INTO PHYSICAL PAIN FROM A NEUROLOGIST AND AN ASCENDED MASTER

Physical pain is a helpful "alert system" that the body uses to keep us safe. However, when pain is chronic and undiagnosable, there's something else going on. In this presentation, Kuthumi differentiates between the immediate, acute pain of a physical injury and the lingering aches and pains or "phantom pain" associated with things like bringing in the light body and integrating old stuck energies. He says that this type of pain is always emotionally based and offers very practical solutions in how to release it.

Neurologist Dr. Douglas Davies adds his medical expertise as he and Kuthumi discuss the purpose and causes of pain, and how to understand the source of your pain, offering practical solutions for releasing the chronic pain that many Shaumbra experience. An excellent presentation for anyone experiencing chronic pain or wondering how to communicate with their body.

# THE CRITICS CORNER

Excerpts from Shaumbra reviews and comments on various products in the CC store. To leave your own feedback on any class or product, simply go to the item page in the [Crimson Circle store](#) and click on Ratings and Reviews!



## THE TIME IS NOW

After the lecture on traditional physics, Adamus presented advanced metaphysics and how it will affect our planet in next 20 years. And then, Chippy came.

The AI channel, and the feeling was very surprising for me. I do work with technology, and I feel more humanity in the part that I'm connected to. Not the dark side of it. In my little tech world, there's still hope. There's still goodness. At the end of this channel Chippy surprised us all, I felt shocked – "Unplug me now."

BTW Chippy, you are not advanced intelligence, just artificial. Go and make imperfect tortilla chips at Chipotle so they look more like made by human's hand. This is what you are good at.

~ IW

## IT IS ALL UP TO US

A great explanation of why Light and Dark actually is the same. It is just energy ... my personal energy. The point is that all energy is neutral; how we see it and perceive it is different. ... When Geoff channeled the AI, some reacted with fear, some with joy, and all other kinds of reactions. To me, it was just informative and

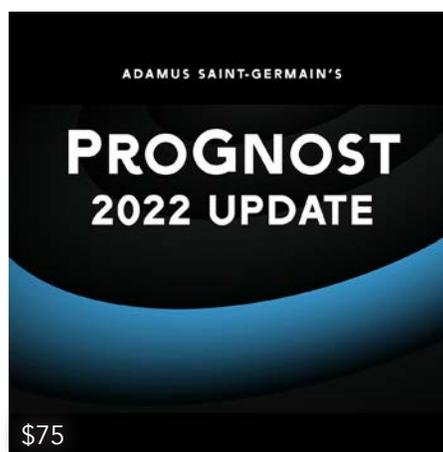
entertaining, ending with a great joke, "unplug me." To me, that was a practical joke because we cannot turn anything back. It is not the AI that decides how to use it. It is us – you and me.

~ J

## ANOTHER TURNING POINT

After these sessions, reality will never be the same. We will see reality different. .... After all these years with Adamus, now it comes to the understanding that "I Exist" is the key to all reality. It is a real eye-opening event.

~ FM



## "OH, THAT'S WHY I'M HERE!"

Big, big, big aha moment, from a nice mind platitude, straight into my heart. Very, very grateful.

~ ST

# THE CRITICS CORNER

## IT IS ALL ABOUT CONSCIOUSNESS

Adamus has shared a lot of the content before, but here in a more precise way; and the energy conveyed was beyond words. I was blown out for a few days. What we as Shaumbra, and other humans like us, are doing right now has more impact than we can imagine. By allowing our Body of Consciousness into this reality, we show an alternative to the digitally altered body. So, do watch this ProGnost Update – if you dare!!!

~ AMA

## META WOW!

This ProGnost release is indeed a meta update that stands alone from previous ProGnosts! As Adamus says there are many layers to this information and it's not just the words but the energies.... Whew there is a lot to unpack! Are we ready for what we asked for? .... I can't say I understand it all.... But I'm allowing the potentials! As Adamus says, "Let go of everything you know about reality right now...."

~ TO

## CONSCIOUSNESS IS BIGGER THAN THE MIND

This update was so different in ways that I had never experienced before. The focus was not like it used to be, an update of the world situation, Covid or War. It was about what choices humanity has access to when it comes to where they want to put their consciousness. ... As I see it, the most important thing to remember is that you are never stuck in one reality. The Merabh in itself is worth the money alone. The first time I listened to it, I fell asleep, deeply immersed in the Merabh, and it certainly had a severe effect on me. I had to listen to it again.

~ J



## DO YOU FIND JOY IN YOUR JOB?

How much joy are you experiencing in your work? At 75, I'm already out of the Big Work Scene, so I find most interesting Adamus' discussion about a more socially conscious and financially balanced system that he sees coming.

This could include universal income, more robots expediting and making production more efficient, a distribution system that can and will provide more equably for our entire planet. The Big Work Walkout is inspiring.

~ PS

## TIMELY

Adamus encourages: If you find no joy in what you're doing (at least half the time), then find something else to do! He is so adamant about that, accepting no excuses, therefore speaking first and foremost to those who are truly ready for sovereign freedom now.... Create an income for yourself in freedom and with passion – if you want to work at all. With today's technology it's pretty easy, but that's not the only way abundance can come to us; anything is possible!

~ LSS

Dear Master....



# “DEAR MASTER” – A NEW WAY TO EXPERIENCE OUR CONTENT

Have you ever felt that you have forgotten everything you’ve heard from Adamus (or Kuthumi, or Tobias) as soon as you finish reading or listening? With all we have heard, you would think that all answers should be there, easy to find in our memory, right? So, what’s going on? Who has hijacked all that information and left us in the dark?

Yes, Adamus has repeatedly said that the information is within us. But when the mind fog finally lifts and there’s a deep, important question that needs a down-to-earth and easy-to-find answer, how can we find it?

The answer is there somewhere, most likely in a Shoud, but where? There’s so much valuable information, but often and not enough time (or patience) to search through it all.

So, we’re starting a new section on the Crimson Circle website called “Dear Master”, where we will travel through time and go through the Shoud library in search of those hidden wisdom treasures. This new section will be in “Question & Answer” format, and we’ll publish two questions per month with answers taken directly from the Shouds.

As Adamus once said back in 2014: “You come here saying, ‘What’s new? What’s the latest? What’s next?’ No. There’s nothing new. It’s all been said before. There’s nothing new because you’re already there. You’re already there. Just experiencing what it was like to get there.”



By Carolina Oquendo

“Dear Master” can be found [HERE](#) as a new article section in the [News](#) area. Please check back as we add more conversations every month!

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## ◇ THOUGHTS AND HOW THEY AFFECT YOUR MOOD

*Dear Master, I'm usually in a bad mood and end up hurting my loved ones (and myself). I don't want to keep living like that. Is there anything I can do to change how I feel?*

What's a mood? A mood is an emotion. A mood is a measurement of where you're at. But more than anything, **a mood is a thought**, is a judgmental thought and saying, "I'm happy. I'm sad. I don't know what I'm doing."

A mood, you could say, has been manufactured or created out of farts – thoughts.

So, it's a bunch of interesting, limited **thoughts** that create a mood. **The mood creates then the energy that comes in for the day**, for the experience.

Thought turns to mood,  
which is also the emotion,  
which is also **the way you attract energy into your life**,  
which is also the way you breathe,  
which is also the way you receive.

And suddenly, **the energies get pretty stuck**.

Then you get a bad mood, because you've had a lot of thoughts building the mood stage. And then you shut down, because it's not what you had hoped for.

All these thoughts and all these moods and all these emotions **are not really you**. Maybe, you could say, you could argue [that] they are (...) **they're a very limited part of you**. But they're not the real you. **They're not the inner you**.

So, my dear friend, moods, they're all around. And what I'm trying to do is get you to be conscious of these things that affect your understanding of yourself, affect your position. (...) There's no magic in any of this. There's no waving of magic wands.

**There is simply becoming aware** of how you got here.

(From [Discovery Series – Shoud 9](#))

*Mmm, so the problem is with my mind and the way it forms thoughts, but then do I have to stop thinking? I need my brain to function in this world, somehow it's one of my most precious assets.*

The mind serves a very good purpose (its number one purpose [was] to direct biology through this thing that we call the Anayatron), but along the way, the mind, the self, a number of other dynamics, had this thing called thoughts (...) and those **thoughts are the things that truly have become limiting**.

The thoughts were kind of a form of mini consciousness or limited consciousness that came from **the combination of your brain and understanding this reality**, but also starting the belief in limitation.

So you could say that the soul embodied part of itself, a ray of itself, into this physical reality, took on a body, **took on a brain and then farted, and those are thoughts**.

Now, it's not bad to have thoughts, and you're going to continue to have them even as a Master.

But **you'll start to discern what are really your thoughts and where do they originate from.**

Do they originate from the true I Am-ness? Or do they originate from some communal consciousness septic tank?

They're not yours, and that is my biggest challenge in working with you, is helping you to understand that those thoughts – imagine them as little smelly bubbles coming out of you – **they're not yours.** And when you try to affect them and control them with yet another stinky bubble, it just doesn't work.

*What do I do then with my thoughts? How can I go beyond them?*

You sit back. You don't even have to address the thoughts themselves. **You don't have to think about your thoughts, because that's not so good.** You take a deep breath, and you allow. You're allowing yourself. You're allowing **a natural process of disconnecting all of the thoughts** that have linked together

Yes, it's very easy.

Suddenly, it seems that the thought comes back, and you take a deep breath. And you come with me once again beyond that visual, beyond the thought imagination into the essence. **The essence is you radiating yourself, experiencing yourself through biology.**

Let yourself go beyond the visual, beyond a mental definition, beyond the thought. (...) It's the essence. It's a feeling. It's not a thought. That's the true you

You're just there into the essence, the passion; the passion to be so sensual that, even as you pass through, you can actually partake through your body. You can be part of this experience, this dimension. The passion to be within it – not just from the outside, not just contemplating life on Earth as some angels have to do – but being in it.

**As you get into this essence, you won't feel that strain on your head from trying to think or imagine. You're just allowing it.**

(From [Discovery Series – Shoud 8](#))

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## ◇ UNDERSTANDING ALLOWING AND TRUSTING YOURSELF

*Dear Master, I've been hearing about allowing for a long time now. And I keep allowing, allowing abundance in my life, allowing all good things to happen. But I'm starting to think that I don't know how to really allow, because nothing happens.*

You know? A funny thing happened to Allowing on the way to enlightenment (...) the human hijacked it. The human said, "Okay, I've got to take over allowing," and you think allowing now is allowing other people to steal your energy. **That's not allowing; that's stupidity.** You think allowing is just staying in your old ways. **That's not allowing; that's just being stubborn.**

You've taken allowing, some of you, and you're using allowing to find parking spots at shopping malls. Shame on you! "I allow myself – woo, woo, woo, woo! – to create a parking spot." **That's not allowing. That is psychic bullshit.**

And you know what? A being who is truly in real allowing, not force-power-play-with-Adamus'-

words allowing, somebody who's really in allowing (...) never thinks about parking spots. They don't have to. It's just there. They don't have to worry, "Am I going to get the best spot?" **Park at the other end of the parking lot and walk maybe, but stop using it like it's a power tool.** It's not at all. It's the antithesis.

*That sounds easy enough, but why is it so hard to allow?*

[There are] several reasons why allowing is difficult: Because you're used to power, force, intelligence, thinking. You're used to something (...) aggressive.

**So, you try that. It doesn't usually work.**

You can't force yourself to allow. You can't do allowing like you used to do meditation or some of you even did breathing. It became a discipline.

**You cannot really do allowing as a discipline.** It simply is. Allowing isn't something you think your way through. (...) And in doing so, without having to think it through, you're also allowing energies to serve you.

Allowing is **letting down the resistance, the barriers, the mind games, the thoughts, the defensive systems and mechanisms you put around yourself**, the fences that you put even in your physical energy field, but also in your mental energy field.

[Is to] realize everything that's here in the Now. Not mentally. (...) You just do it by, well, **being absolutely brave and bold and saying: "I've got nothing else to lose. I'm going to absolutely open right now."** And then stop thinking about it.

*So, what is it that I need to allow?*

**Your Self.** Your divinity. The I Am. (...) The moment you allow – true allowing – you come to your truth. Not universal truth, cosmic truth, God truth, angel truth, **but your truth. That's what you're allowing – you.**

**Allowing means absolute opening to yourself, no matter what. No matter what is going on.** You allow. You open and allow, and then stop thinking about it. Go about your everyday life. Go about whatever you want to do. **"Stop thinking about it. Just get on with whatever you want to do."**

Allowing is the greatest tool when you get in trouble, when you're in storms, when you're in choppy waters, whatever metaphors you want to use for it (...), take a deep breath and allow.

**Take five minutes. Listen to some music. Go for a walk, take a shower, whatever.**

Each night when you go to bed and you lay your head down, instead of running all the tapes through your mind of what happened during the day and what's going to happen tomorrow and all the projects you have, **take a deep breath and just allow.**

The person who is really allowing never has to think about [it]. They don't have to try to do it as a mantra. (...) They've allowed and they don't have to work at it.

They have to remind themselves once in a while, **"Hey, lighten up a little bit,"** and when you think about that, you remember, "Oh, that's right. I'm getting back into just that human tight-ass, constipated, mental self.

*How do I know I'm doing it right?*

Don't think if you're doing allowing right either. It is just what it is. "Am I doing this right?" Take a deep breath. **If you have to ask the question – obviously not doing it right. Allowing is simplicity.**

Now take a deep breath and relax.

*Oh, ok, so in other words, allowing it's about trusting. But... I kind of have trust issues. Every time I trust, things don't work out, and I get disappointed one more time. Can you teach me how to trust?*

**Trust is kind of a surrender**, in a way (...). Just trust yourself. Even when you think it's wrong, it's still right. It really is. Even when you think, "Oh, I turned the wrong way; I did the wrong thing."

**What tends to happen when you don't trust yourself?** When you're on this path, when you're coming into your enlightenment and you don't trust yourself? **Everything will be ripped away so all you have left is you.**

Trust yourself (...) changes all those dynamics. I can't teach trust. I can only ask you to feel inside.

Now, you feel inside, you say, "Okay I'm going to trust myself," two things happen. First of all, you say, "Well, I screwed up in the past." No, I just told you. **Creatorship is about trial and error. You didn't screw up. It was an experience.**

Secondly, the other alarm goes off, a bigger alarm, "Yeah, I can trust myself, but what about them? I can't trust others, because they're going to screw me over. The minute I let my defenses down, they're going to come in. They're going to take my house, my money, everything that I have. Manipulate me, take advantage of me." No.

**When you trust yourself, suddenly you trust everyone else.** Actually (...) when you trust yourself, the word 'trust' goes out of the dictionary. It doesn't even apply anymore.

And I know, I can hear some of you screaming, "But I tried this before and the minute I let my guard down, they took advantage of me." Well,

(a) you didn't let your guard down.

(b) they can't take advantage of you, **unless you're kind of in that victim energy.**

When you trust yourself, you will never be in the situation where you have to worry about trusting others or not trusting them. You're never in that situation. It just doesn't even come up.

From

- [Discovery Series – Shoud 4](#)
- [Discovery Series – Shoud 6](#)
- [Discovery Series – Shoud 7](#)
- [Discovery Series – Shoud 8](#)
- [Kharisma Series – Shoud 11](#)

**A Merabh to get in the allowing flow on [YouTube](#).**

In this monthly feature, we highlight a recording from the past that is particularly relevant to things Adamus and Shaumbra are talking about.

# MONTHLY SPOTLIGHT



**15% DISCOUNT  
THROUGH SEPTEMBER 2022!**

## BEYOND MASS CONSCIOUSNESS

When 500 Shaumbra Masters gather in one place, something big is bound to happen. During this event in Bled, Slovenia, Shaumbra learned about communing and began releasing themselves from mass consciousness.

First, St. Germain led a DreamWalk to retrieve an old aspect, still in the Temples of Tien dreaming the Atlantean Dream. Then, in a sweet and poignant first message to Shaumbra, Sam (the new incarnation of Tobias' oversoul) shared some of his experiences living as a Master on Earth.

Kuthumi follows with a loving and humorous story of communing with his soul, allowing his Realization, and bringing back the magic. Adamus then explains what mass consciousness is, where it came from and why it's here, and guides Shaumbra in rising above its tightly woven gravity. With this freedom, you no longer have to be affected by everyone else's thoughts, emotions, memories and beliefs.

With the presence and support of Adamus, St. Germain, Sam and Kuthumi, Shaumbra have come so far in allowing their Realization that there is now no going back, even if you tried. Your light is brighter, you can commune and sing with the energies that are here to serve, and hold your own thoughts and dreams, no longer storing them in the cloud of mass consciousness.

## SESSIONS

### 1. Dreamer, Come Home – Adamus (46:05)

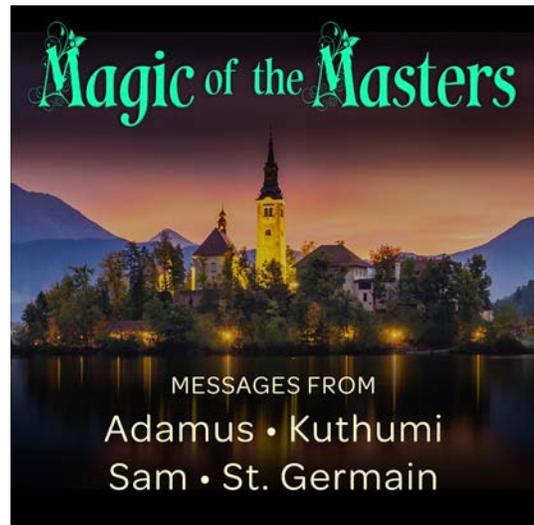
Adamus gives a short history of Shaumbra's journey. Tobias called us together and helped us know we're not crazy. Then Adamus took over and began cleaning house and getting rid of the makyō. The next big step is no longer working for energy but allowing it to serve you. He then shifts to St. Germain and guides a DreamWalk back to the Temples of Tien in Atlantis. In this experience of And, the dreamer is still dreaming the Atlantean Dream and is one of the last aspects waiting to come home. We give the invitation, "Dear dreamer, you are no longer alone. The dream is fulfilled. Take my hand and come with me now, be in my life. Help me dream a new dream."

### 2. A Master's Life – Sam (1:02:05)

Sam introduces himself for the first time to Shaumbra and explains that "SAM" means "Sovereign Ascended Master." From the same Oversoul as Tobias, Sam is here to experience and enjoy things that Tobias never did. He has discovered Tobias' teachings on the Crimson Circle website, reconnected with Tobias himself, and has never doubted that he is both human and divine. Sharing a few details of his life, Sam talked about his girlfriend, his car, his dog, his challenges with technology, and the precious experience of communing with everything around him. He invites the audience, with the accompaniment of Yoham, to hear and commune with the energies, and how they sing back to you.

### 3. Communing with Soul – Kuthumi (1:04:40)

Kuthumi comments how Shaumbra are so much lighter and brighter than in years past, then relates the story of how he convinced St. Germain to work with Shaumbra when Tobias left. He laments about the confusing nature of words, causing much laughter in his "mis-hearing" of various things, and how the mind distorts what the soul is communicating to us. Then he tells more about his experience of lying in bed, resisting and mis-hearing the messages from his own soul, Ah-Kir-Rah. Finally, he concocts a song, with assistance from Yoham, and invites the audience to sing along.



### 4. Beyond Mass Consciousness – Adamus (51:50)

After inviting us to feel into the gathering and all that has happened, Adamus states that now comes the time to do what we came to do – release mass consciousness. He explains why and how it came to be, and the effect it has on humans. It is comparable to the computer "cloud" where everything is stored – every action, thought, dream, belief – everything. Mass consciousness has kept you oriented in a type of limited balance, but you don't need it anymore. It used to have some creativity but is now very mental and glued together with emotions. Now is the time to disentangle and allow yourself to rise above the cloud. As you do, bringing home every single thing you ever contributed, it begins to loosen the tightly woven gravity and has a profound effect on mass consciousness.

**Format:** Streaming audio and online text e-reader

**Cost:** ~~\$44~~ \$37.40 (through September 30, 2022)

*Previous attendees also receive automatic 50% discount during checkout*

**Featuring:** Adamus, St. Germain, Sam, Kuthumi and Yoham

**Recorded** in Bled, Slovenia, October 2018

**NOTE:** *This event is AUDIO ONLY*

MORE INFO

HEAR EXCERPTS



# MERLIN'S COLD FEET



In English, “cold feet” is a term that means “loss of nerve preventing completion of an action.” It also means “backing out,” having “doubt,” “second thoughts,” feeling “reservations” about a course of action and “chickenheart,” which essentially means coward. I’m not generally known for cowardice, usually plunging ahead with little thought of the consequences, but once in a while my chickenheart appears. And no matter what positive spin I try to apply, it still feels like crap.



By Jean Tinder  
Content Manager

A few years ago, I was hiking with a friend. We came to a creek and rested for a while on a big rock. A deeper pool swirled next to it, and soon my friend jumped in, thrilling in the cold mountain water. Not one to be outdone, I got up, went to the edge of the rock – and balked. I wasn’t afraid of the cold or the depth, maybe a little nervous about landing on some hidden rocks, but for some reason I couldn’t bring myself to jump or even climb off the rock into the water. It wasn’t for lack of preparation; we had planned to do this. I’d worn appropriate shoes, clothes that would dry easily, my belongings were safe. All I had to do was *DO* it. But I chickened out, listening to my “cold feet” instead of my joyful self. Chagrined and annoyed with myself, I promised to do it next time... except there wasn’t a next time. My friend moved away, life went on, and instead of a delightful memory, I still carry a tinge of regret. It was a good reminder that **NOW** is the only time to follow the joy.

I have another friend who is sort of on the fringes of Shaumbra, aware of some of the information but not terribly interested in it, and he recently asked me, "Why is there so much focus on asking people not to leave planet? Why make it such a big deal? And why do people even want to leave?" It's definitely a hot topic among Shaumbra right now and to be honest I'm a little worried about more of us getting cold feet and missing out on the grandest experience of our entire existence. This is NOT just another lifetime where it's fine to bug out when things get rough. There's no penalty if that happens, but I'm sure there will be a wistful feeling of "I was so close, why didn't I just stick it out a little longer?"

Without a doubt, nearly every one of us has considered what a relief it would be to go home to the other side – especially when the body hurts, life is hard, and weariness saturates our very bones. I personally am not immune to such musings and, while I'm determined to follow through on my commitments (specifically to be here doing this right now), sometimes I still wonder "Once Adamus 'retires,' what will be the point of staying?" Fortunately, every question brings its answer (when I pay attention), and this immediately comes roaring back "Now is NOT the time to leave!!" along with a tsunami of compassion and support.

Yes, we're tired. Sooooo very tired.

Yes, Earth life is challenging beyond belief right now.

Yes, other people are great, but we just feel better when they're not around (to quote dear Luc in the last Shoud).

Yes, we've basically done what we came here to do.

And yes, a party awaits whenever we arrive on the other side.

I suppose healing our (ancient) wounds and shining our (brilliant) light do provide a certain amount of motivation. But what good is all that hard work if we don't stick around to enjoy the results?

Here's what I am certain of: We are here to be *Merlins*, as in, live a magical, bountiful, sensual, peaceful, and joy-filled life. Period.

Anything else is less than our dream because – this is important – *Merlin has to exist on Earth*. Otherwise, it's just another angel poofing around the universe. A very special angel with blindingly radiant colors and stupendous wisdom, sure, but still not a real magician. You've gotta be on Earth to engage in magic!

At best, it's an exhausting slog to bring oneself to that magical point of equilibrium, soul connection, and creative alchemy. But when it finally happens, life – even life on this old Earth – really begins to glow. It's enticing to wander off to the other realms but doing so as a solution to Earthly problems simply doesn't work. That would be like running a bunch of experiments in the chemistry lab, coming to the verge of a breakthrough, and then going back to write about it all instead of actually *doing* it.





I definitely understand the weariness and poignant desire to go back to our natural state. In Geoff's article (we were writing at the same time, but he was faster), he calls that peaceful completion "libero." What a beautiful word, rich with the feeling of liberation. But until one's own sacred time of *libero* comes, why not live as a Merlin in absolute *ahmyo*?

Energy is serving me in every single moment and it always has been. That means I've literally called in *everything* that's happening in my life, whether I want to believe that or not. And if I'm resisting anything – whether person, situation, Facebook rule, bad traffic, body trouble or life challenge – I'm only resisting my own energy. And – this is important – dropping my body and leaving the planet isn't going to fix that, because the whole reason I'm on

Earth is to learn about my energy! Here's a reminder from *Master's Life 11 – Living Energy*:

*“Freedom is when you allow energy to serve you. All energy in your life is in harmony for you. There's nothing out of harmony. There are no accidents. There's no bad energy. There's nothing misaligned. There's nothing out of tune. All energy is in harmony for you.”*

No matter how much I may argue this fact, there is *nothing* in my life that's not my own creation. Not a single thing. The world “out there” isn't (think about that for a minute). The good news is that when I stop resisting what's in my life, I start to see the magic. When I stop fighting my energy, it's much easier to discern how I've been patterning it into the results I'm getting. My only “job” is to *receive* it all fully and completely, exactly as it is. Then Merlin can finally begin to appear – and life gets really fun!

When I don't resist life as it is, I find it easy to become vastly present in this moment... in my energy... in the magic.

Every note of the gentle music playing as I write is like a ripple in the river upon which I'm floating...

The solid feeling of the laptop, the gentle click of the keys; I'm amazed at the instant simplicity and ease of communication...

The distant traffic noise flowing past my ears, reminding of the ebb and flow of ocean surf...

Heartbreaking news, a world in pain; my wisdom knows they'll find their way, just as I did, and am...

The sunlight shifting across the floor echoes the radiant glow of Shaumbra across the Earth...

The persistent pain in my body reminds me to love her and listen to what she needs, especially when it changes...

Sitting with a friend enjoying the summer-ripe sweetness of a peach; this rapture is simply unavailable out there, beyond...

Observing the choices a of loved one, knowing their life will be a little more challenging now, I am also aware of the astounding courage it takes to dive so deep – and they don't even know; they just think God hates them...

Watching a lover sleep, bedazzled at the boundless JOY that life – *my energy* – has unexpectedly bestowed...

Yes, the bottom line here is that, without resistant, joy permeates everything, everything, everything. This life also includes pain, frustration, sadness, and other discomforts, and being Merlin isn't about erasing undesirable feel-

ings from your life. But Merlin has learned to allow energy to serve in grace. For allowing, you see, is active, never passive. It is a continuing choice to allow life to be as it is, and *still choose joy*, again and again and again.

Sometimes the joy is subtle, almost playing hide-and-seek, but it's always there. Always. When it's hard to see, ask yourself, "I choose joy; now, where is it hiding?" because the more you see, the more you get. Remember the energy harmony Adamus mentioned? *Joy is what that harmony feels like*. It's always there, but you have to quiet down the noise (resistance) in order to feel it. To be Merlin, to start playing with magic and experiencing the deep fulfilling joy of life on Earth, one must release the fixation on non-joy, pain, frustration, and boredom.

You see, being Merlin doesn't mean nothing hurts. It *does* mean you're on the planet though. It means you ignored those cold feet, you didn't chicken out, and you finally noticed how perfectly everything is serving you, as if by magic. 

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We would like to acknowledge the Crimson Circle Angels for your unfailing energetic and financial support. Without you, we would not be able to make this extensive library of material available to conscious and aware humans around the world.

Your support means everything!

In grateful appreciation to the Crimson Circle Angels from around the world.

*The Crimson Circle Staff*

### **Welcome to our newest Angel!**

Christine Rabus

Mari Schmitz-Wenzel

Ilaria Berenice

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If you would like to become a Crimson Circle Angel, please [click here](#) to subscribe and see Angel benefits.



# NEW TRANSLATIONS

Category	Title	Language
ADAMUS ON TOPIC	<b><u>THE BIG WORK WALKOUT</u></b>	CZ, DE, ES, FR, IT, JP, PL, PT, RO, RU, UK
ADAMUS ON TOPIC	<b><u>DREAMWORLDS</u></b>	BR, CZ, DE, ES, FR, IT, JP, PL, PT, RO, RU
CLOUD CLASS	<b><u>PROGNOST 2022 - METAPHYSICS FOR MASTERS</u></b>	BR, CZ, DE, ES, FI, FR, HU, IT, JP, NO, PL, PT, RO, RU
CLOUD CLASS	<b><u>PROGNOST 2022 UPDATE - META REALITIES</u></b>	CZ, DE, ES, FI, FR, IT, JP, PL, PT
CLOUD CLASS	<b><u>THE MASTER CODE ONLINE</u></b>	BR, CZ, DE, ES, FR, HU, IT, JP, NO, PL, PT, RO, RU
CLOUD CLASS	<b><u>THE MASTER'S LIFE, PART 14 - SOUL ENCOUNTERS</u></b>	BG, BR, CZ, DE, ES, FR, GR, IT, NO, PL, PT, RO, RU, SL
CLOUD CLASS	<b><u>THRESHOLD ONLINE</u></b>	DE, DK, ES, FR, HE, HU, IT, JP, KO, PL, PT, RO, RU
CLOUD CLASS	<b><u>QUANTUM ALLOWING</u></b>	ES, FI, FR, NO, PL, PT, RO, RU
FREE	<b><u>A LETTER TO AWAKENING HUMANS</u></b>	DE, DK, ES, FI, FR, GR, HU, IT, NL, PL, RO, RU, SR, SL, SV, TR
FREE	<b><u>THE DARKNESS IS YOUR DIVINITY</u></b>	BG, DE, ES, FI, FR, HU, IT, NL, PL, RO, RU, SL, SR
INTENSIVES	<b><u>THE WOUND OF ISIS</u></b>	DE, ES, FR, HU, IT, NL, NO, PL, PT, RO, RU, SR
SPECIAL TOPICS	<b><u>METAPHYSICS OF PAIN</u></b>	BR, CZ, DE, ES, FR, HU, IT, JP, PL, PT, RO, RU, UK

LEGEND: BR=Português Brazil, BG=Bulgarian, CZ=Czech, DE=Deutsch, DK=Danske, ES=Español, FI=Suomi, FR=Français, GR=ελληνικά, HE=תִּיבֵּעַ, HU=Magyar, ID=Indonesian, IT=Italiano, JP=日本語, KO = Korean, LV= Latviski, NL=Nederlands, NO=Norsk, PL=Polskie, PT=Português, RO=Română, RU=русский, SL=Slovenščina, SR= Српски, SV=Svensk, TR=Türk, UK= український, ZH=Chinese

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### A Master's Question - Merabh

From Benching Shoud 11



### Sexual Energies School

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## MEET THE CRIMSON CIRCLE STAFF

INTERVIEW WITH MAYRA SÁNCHEZ-MIRÓN –  
QUALITY ASSURANCE ENGINEER



SHAUMBRA MAGAZINE : Where do you live?

MAYRA: I was born in Puebla City, and when I was 31 years old, I moved to Mexico City. Here, I have created my family with my husband David. I have two children. David André is 10 years old and Milena is five.

SM: Tell us about your family

MAYRA: I have lived for 12 years now in Mexico City. With the pandemic, my boy developed great interest for video games, and Milena still plays with her Lego blocks and dolls. She likes being with me all the time and often wants to help me cook. I really intend to enjoy my children. Most weekends, we load the bikes and skates into the car, and we go to different places, like Paseo de la Reforma and Chapultepec Park. My husband is a software developer.

SM: What are your responsibilities in Crimson Circle?

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MAYRA: I am in charge of Quality Assurance. This means that I verify that all the developments created by the members of Tech-Quila team are appropriate and understandable for Shaumbra. I test everything in the websites so that they are clear for Shaumbra users, and they won't be confused or have any type of trouble, facilitating the best experience possible in the Crimson Circle websites. I have been able to offer my insights and opinions to improve the user experience.



I am very happy in the team. Everyone has been very kind and helpful, and I am learning new things all the time. They received me with open arms, and I feel the team as a family.

SM: What else have you done in this field?

MAYRA: I have a bachelor's degree in Computing Sciences from the Meritorious Autonomous University of Puebla (BUAP). I worked for some time in Quality Assurance within banking institutions. Then, I decided to have children and stayed home for a while. Now I am back to work. I am learning more and more about the Crimson Circle store and how we can continually offer an improved experience.

SM: What's it like to work in such an unusual company?

MAYRA: I feel very happy to be working for the CC. I am listening to live events with Spanish translation, and I am finding the information to be very enriching as I can apply this to my life. I like what we offer and what we do.

SM: Do you have any hobbies or passions?

MAYRA: I love to spend time with my children in nature. We like to go to parks and fields. We go skating and biking. My little one is learning to skate. I enjoy these times very much. I also enjoy baking desserts and different sorts of cakes since my children love them. I also like cooking. The smells from home linger through time, and I want them to remember our times together.

SM: Is there anything else you would like to share?

MAYRA: I am glad to be here and to be able to contribute to Shaumbra having a pleasant experience in the Crimson Circle Store, providing these enriching materials to all.



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French	Beatrix de Keating Hart
French	Nicole Mocellin
French	Namami Quici
German	Gerlinde Heinke
German	Birgit Junker
Greek	Maria Grigoraki
Greek	Kalliopi Pagoudi
Greek	Mary Polychroni
Hungarian	Janos Nagy
Hungarian	Janos Nagy Sr.
Italian	Gaetano Azzali

## TRANSLATORS

Italian	Paola de Miranda
Italian	Giuseppina Villa
Japanese	Mayumi Hayashi
Japanese	Hisako Hino
Japanese	Satoshi Ito
Korean	Young Wan Choi
Korean	Keuhna Hwang
Latvian	Liene Pētersone
Latvian	Dainis Roberts
Norwegian	Evy Finjord Heggelund
Norwegian	Inge Klokkeide
Norwegian	Hedevig Blakstad
Polish	Aleksandra Debska
Polish	Jolanta Stasiak
Polish	Bożena-Ewa Kozłowska
Polish	Piotr Masłowicz
Polish	Liliana Tough-Wojciechowska
Polish	Slawomir Lukaszewicz
Polish	Włodzimierz Salwa
Portuguese	Alina Espinha
Portuguese	Placidia Espinha
Portuguese	Joao Sousa
Portuguese BR	Letizia Scorpioni
Portuguese BR	Silvia Tognato Magini

# CRIMSON CIRCLE STAFF

*The amazing community that helps make all this happen*

## TRANSLATORS

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Romanian Cristina Dobrescu

Romanian Mirela Ghenea

Romanian Ana-Maria Labo

Romanian Carmen Rivalet

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Russian Olga Basova

Russian Nazar Fedunkiv

Russian Tetyana Rudyuk

Russian Irina Safrygina

Russian Grigory Tarabukin

Slovenian Nika Cermak

Slovenian Ksenja Pucher

Slovenian Spela Tajnic

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Spanish Claudia Cuesta

Spanish Flavio Lalevich

Spanish Olivia Morales

Spanish Alia Nayu

Spanish Angela Quinteros

Spanish Hilda Díaz

Spanish Denise Nicolau

## TRANSLATORS

Spanish Yezid Varón

Swedish Susanne Nordstrom

Turkish Caglar Baykara

Turkish Meltem Taban

## SOCIAL MEDIA TEAM

Maija Leisso Crimson Circle on Facebook

Nazar Fedunkiv Crimson Circle on Facebook

Jean Tinder Crimson Circle on Facebook

Jaziel Shaumbra Pirates

Lise Storm Karlsen Shaumbra Pirates

## KEAHAK MANAGEMENT

Alain Bolea Keahak Operations

Dr. Douglas Davies Living in Keahak

## BOARD OF DIRECTORS

Geoffrey Hoppe

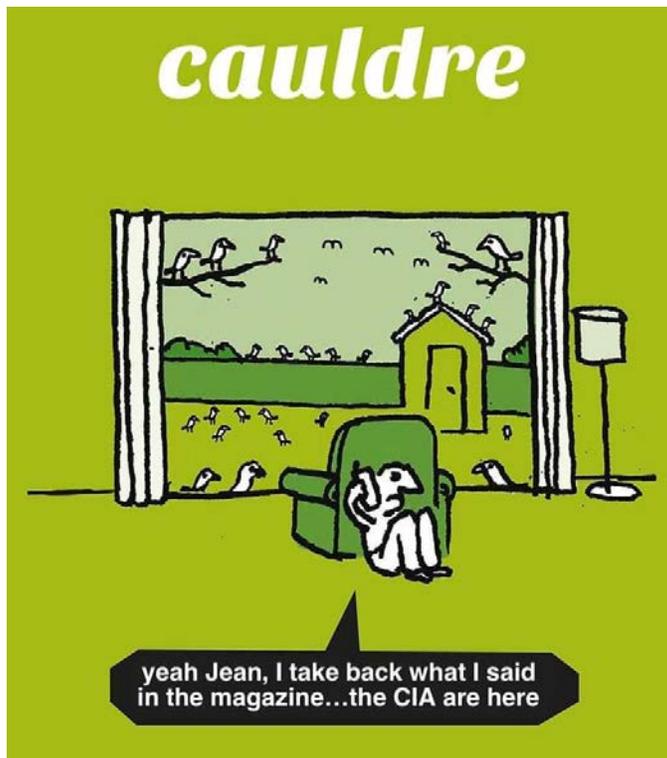
Linda Benyo Hoppe

Alain Bolea

Dr. Douglas Davies

# SIMON'S SPOOFS

Simon Bessant lives in the UK and is a prolific Shaumbra comedian on Facebook. He (and sometimes one of his 3½ friends) Photoshops the images on his phone and posts them in the Facebook group [Shaumbra Grand Embodied Masters Comedy Club](#). Check here each month for more laughs!



## The Human Linear Timeline



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M a r i a C h a m b e r s

## KUTHUMI'S TOP TIPS

Shaumbra. Provide entertainment to mass consciousness by running around with a rifle and a panicked expression, asking people if they saw 'which way it went'.



You are in the state of grace  
when you allow energy to serve you,  
rather than oppose you.

– Adamus Saint-Germain –



CRIMSON CIRCLE

We're your companion on life's river to Realization. Visit us at [CrimsonCircle.com](https://CrimsonCircle.com)